

SPRING 2025

# MALT

**MT. AIRY LEARNING TREE  
NEIGHBORS TEACHING NEIGHBORS**



**ANNUAL HIDDEN GARDENS TOUR  
SUNDAY, JUNE 1**



**SPRING TERM BEGINS  
APRIL 14**

**FLOWER+POWER WEEKEND**  
May 31 to June 1



**MT. AIRY  
LEARNING TREE**

**240+ COURSES!  
APR • MAY • JUNE  
IN PERSON • ONLINE**

## DIRECTOR'S NOTE

Dear Neighbors and Friends,

At MALT, our mission is simple and powerful: we celebrate diversity, build connections, and welcome everyone. As a nonprofit, we're dedicated to sharing resources that uplift and strengthen our community. As our late founder, Barbara Bloom, beautifully put it, "When you are teaching and learning, you are at your very best."

With spring's arrival, we're thrilled to launch a fresh term of classes! Join us in welcoming 19 new teachers and discovering 76 exciting new courses, along with the return of all your favorites. We can't wait to be outside—hiking, canoeing, forest bathing, camping, and painting!

Plus, we've got a fantastic lineup of nature and gardening classes—wreath-making, garden planting, botanical drawing, and so much more. Spring and summer promise plenty of fun, learning, and community connections.

And don't miss MALT's biggest fundraiser of the year: our **Annual Hidden Gardens Tour!** This special event supports our nonprofit and the 750+ classes we offer each year. A heartfelt thank you to our incredible volunteers, generous gardeners, and sponsors—we couldn't do it without you!

Janet Greenwood Gala  
Executive Director

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Thank You to Our Spring Term Main Sponsor  
Temple Health Chestnut Hill Hospital



**On the Cover:** Clockwise - Beginner Stand Up Paddleboarding with Roger Schradig and the Philadelphia Canoe Club, pg. 64; Drawing and Painting for Adults at Mindy Flexer's Art Studio, pg. 28; Ballroom Dancing classes with Debbie Klingler, pg. 30.

Graphic Design - Janet Greenwood Gala

## MALT Mission Statement

The mission of the Mt. Airy Learning Tree is to strengthen and enrich the diverse community of Northwest Philadelphia by providing opportunities for individuals to come together in educational and recreational activities.

### STAFF

<b>Executive Director</b> Janet Greenwood Gala	<b>Office Coordinator</b> Marisia Robinson
<b>Program Administrator</b> Sammy Lifson-Neubardt	

### BOARD OF GOVERNORS

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# FLOWER POWER WEEKEND

May 31 to June 1

## ANNUAL HIDDEN GARDENS TOUR

Sunday, June 1 from 11:00 am to 4:00 pm

Gardens will remain open until 4:00 pm., Tour is rain or shine.

Mt. Airy Learning Tree invites you to explore our beautiful neighborhood, filled with blooming trees, vibrant flowers and enchanted gardens. Enjoy a self-paced, self-guided tour of delightful gardens and learn tricks of the trade at each destination. Discover perennial favorites, vegetables, native and habitat-friendly plants, and those with innovative solutions to challenging terrains — there's something for everyone on this tour! Novices and master gardeners alike will find inspiration in the beauty of our neighborhood's unique green spaces.

Begin your adventure by picking up a booklet and map of garden destinations at Ned Wolf Park between 11:00 am and 1:00 pm.

**Ned Wolf Park, 7018 McCallum Street**  
at the corner of McCallum and Ellet Streets in Mt. Airy

**TWO1. \$35 advance registration; \$40 day-of-tour tickets**

### Nature Classes on Flower Power Weekend to enjoy!

- Birding In Your Neighborhood in Carpenter's Woods, pg 4
- Flowerfest! Artists' Excursion to Wyck Historic House and Rose Garden, pg. 4
- Spring Glow! Create Your Own Floral Anti-Aging Serum, pg 5
- Wyck's Historic Roses, pg 5

## Thank You to Our Generous Sponsors!

Sweet Sassafras



Flowering Dogwoods





Painted Bunting, photo by Troy Bynum.



Rose 'Chloris', an Alba rose introduced in 1890.

## BIRDING IN YOUR NEIGHBORHOOD



**TW08.** Join Troy Bynum, an avid birder and professional wildlife photographer, to explore different green spaces around NW Philadelphia in search of birds! Participants are advised to wear closed-toed shoes and anticipate trails with various terrains including grass, gravel, and/or asphalt sections. Binoculars are available for use on a first come first served basis. While the Introduction to Birdwatching class Online –see page 63– is not a prerequisite, you are encouraged to take that course prior to going on one (or all) of Troy’s birdwalks.

**Troy Bynum**, owner of TB Wildlife Photography LLC, is not only an enthusiastic birder but also a passionate wildlife photographer from Philadelphia, PA. Troy’s work focuses on capturing and showcasing the remarkable colors, intricate patterns, and rich textures that are abundant throughout the natural world. In his work, Troy draws attention to the oftentimes overlooked naturally occurring beauty found in the wild. Troy is on a mission to accentuate and celebrate the inherent magnificence of nature.

**A. May 24 | \$39**

Sa from 8:00 AM to 9:30 AM  
Awbury Arboretum, meet at 6060 Ardleigh St.

**B. June 1 | \$39**

Su from 8:00 AM to 9:30 AM  
Carpenter’s Woods, Mt. Airy

**C. June 7 | \$39**

Sa from 8:00 AM to 9:30 AM  
Meet at Houston Playground Andorra Rec Building, Andorra

## FLOWERFEST! ARTISTS’ EXCURSION TO WYCK HISTORIC HOUSE AND ROSE GARDEN



**Sa from 9:00 AM to 11:00 AM**

**AC05.** Join us for a vibrant morning of botanical appreciation and artistic exploration at the historic Wyck House. We’ll begin with a leisurely stroll through the gardens, drawing inspiration from its roses and spring blooms. The instructor will guide you through various drawing techniques using colored pencils, pastels, and more. After sketching in the gardens, we’ll move to the studio to develop our drawings into paintings, collages, or prints. Open to all levels of artistic and botanical knowledge, this session encourages free experimentation and creativity. Perfect for anyone who loves nature, Philly history, gardening, or visual art, this event offers a chance to refine your skills and express your impressions of a spring day with color, texture, and form.

**Andrew Christman** is a painter, printmaker and teaching artist based in Germantown and Mt. Airy. See full biography on page 6.

**May 31 | \$49**

Wyck House, 6026 Germantown Ave.

Materials provided. Students are invited to bring their own drawing, painting or collaging materials if they have favorites.

See Page 63

Intro to Birdwatching Online

Make it a  
FLOWER POWER  
WEEKEND!  
Enjoy all of our  
May 31 to June 1  
Nature Classes and Tours!

## WYCK’S HISTORIC ROSES

**Sa from 10:00 AM to 11:30 AM**

**TW17.** Take a horticultural tour of Wyck! This tour includes a brief tour of Wyck’s first floor focused on the horticultural influences, then continues outside to explore Wyck’s rose garden, the oldest in its original plan in the United States, and a general landscape overview.

**Kim Staub** is the Executive Director of Wyck with over 12 years of experience in historic site management. She holds an MA in History from Virginia Tech.

**A. May 17 | \$25**



**B. May 31 | \$25**

Wyck House, 6026 Germantown Ave.

## NEW SPRING GLOW: CREATE YOUR OWN FLORAL ANTI-AGING SERUM



**Sa from 1:00 PM to 3:00 PM**

**AC21.** Refresh and rejuvenate your skin this spring with a hands-on skincare workshop! Join licensed esthetician Latoya Johnson as she guides you through the process of crafting a custom anti-aging and hydrating face serum using botanical ingredients perfect for the season. Learn about the benefits of natural oils and extracts that nourish and restore your skin’s radiance. Leave with your handcrafted serum and the knowledge to continue your skincare journey at home.

**Latoya Johnson** is the founder of Natural Body Essentials. As a licensed esthetician with over 15 years of medical experience, she started her journey out of a personal need to find solutions for her family’s eczema. Today, she is proud to present a thriving business that offers natural alternatives for healthy skin and living.

**May 31 | \$44**

Wyck House, 6026 Germantown Ave.

\$10 materials fee payable to the instructor.

## A BEGINNER’S GUIDE TO GROWING FOOD IN YOUR BACKYARD

**Tu from 6:00 PM to 8:00 PM**

**FH09.** Learn how to maximize the success of growing food in your backyard! We’ll review tips to help maximize success in the garden from sunlight planning, soil fertility, spacing, succession planting for a classic vegetable garden as well as a brief discussion on creative edibles you might also consider in the landscape like mushrooms, berries, nuts, and windowsill greens.

**Allison Houghton**

**April 22-29 | \$64**

2 sessions

Chestnut Hill Hospital, 8835 Germantown Ave.

## GROW THE BEST DARN TOMATOES

**Sa from 1:30 PM to 4:00 PM**

**FH08.** Have you ever wondered what it takes to grow amazing, flavorful and abundant tomatoes? Get a rundown of some of the best tips to ensure success throughout the growing season from seeding, fertilizing, troubleshooting pest or disease problems, and pruning to give you some of the best tasting tomatoes ever! Take home a Tomato Grow Kit including your own tomato start of a variety of your choosing.

**Allison Houghton** is an author, educator, and soil nerd who is passionate about soil health, ecological design, and climate resiliency. She runs The Sparrow Underground: a business that works with gardeners and land managers to strategically build local ecological resilience. She has served in various leadership roles including at the Northeast Organic Farming Association, The Food Project, and the Mt Airy Ecolab.

**May 3 | \$44**

Mt. Airy Axis, 520 Carpenter Lane

\$15 materials fee is payable directly to the instructor.





Create a Beautiful Daffodil Wreath with Makiko.

## WYCK INSPIRED: NATURALIST'S NOTEBOOK

Tu from 5:30 PM to 6:30 PM

**AC13.** This is a rare opportunity to gain access to the Wyck House's collection of scientific and naturalist specimens. Using a sketchbook provided, we will observe and draw in each session, surveying a selection of animal, plant and mineral specimens. As we look and draw, we will learn about their history in the collection, the characteristics of the specimen itself and develop an artistic toolkit of drawing, coloring, and visual-note-taking. We will also look at decorative objects and (weather permitting) parts of the garden that relate to the specimen visually, historically or scientifically. Note: due to construction on Wyck house, studio/drawing sessions will be in the education studio and outside in the gardens.

**Andrew Christman** is a painter, printmaker and teaching artist based in Germantown and Mt. Airy. He received a BFA in painting at Pratt Institute Brooklyn and studied Art Ed at both Pratt Institute and Moore College of Art. He received an MA in East Asian Art History at Sotheby's Institute of Art / Manchester University, UK. Andrew is currently a teaching artist for the Philadelphia Museum of Art, and a co-founder of Way of Words, an interactive poetry and visual art project that integrates writing, book-making and collage. He has exhibited his work at the Muse Gallery, Awbury Arboretum, the Da Vinci Art Alliance and the Imperfect Gallery.

June 3-24

Individual | \$44  
3 sessions, (no class 6/10)

Wyck House, 6026 Germantown Ave.  
Bring a water bottle, snack and camp chair/  
stool (optional, recommended)

## NEW SPRING DAFFODIL WREATH WORKSHOP

F from 6:00 PM to 8:00 PM

**AC51.** Bright daffodils will start blooming soon, and they are a must for your garden and your home! Dried daffodils will last longer than fresh flowers so you can enjoy their color even longer. You will weave bunches of dried flowers with bamboo to create the foundation of your wreath yourself, and decorate with other dried spring garden flowers.

**Makiko Goto-Widerman** is a graduate of Showa Women's University in Japanese literature and language. She has organized award winning homestay tours to Japan, is a graduate of UMass Amherst's Arts Interdisciplinary Studies program, offers workshops in floral design, including Ikebana, and champions the art of traditional Japanese cooking.

April 18 | \$34

Wesley Enhanced Living, 6300 Greene St.  
\$15 materials fee payable to the instructor.

## OFF-GRID WATERING SOLUTIONS: SMALL-SCALE TECHNIQUES FOR SUSTAINABLE GARDENS

Su from 10:00 AM to 11:30 AM

**FH15.** Dive into the world of self-sustaining gardening with this workshop on Off-Grid Watering Solutions. Designed for gardeners at all levels, this session explores innovative, small-scale techniques that reduce reliance on conventional water sources. Learn to harness gravity-fed irrigation systems for efficient water delivery, unlock the potential of *hugelkultur* and straw-based water batteries for moisture retention, and master the ancient art of using Ollas. Whether standalone or integrated, these methods promise to revolutionize your garden's watering needs, ensuring sustainability and resilience. Whether you are interested in sustainability or maximizing your time in the garden this class will help with automating your watering needs.

**Marisia Robinson** is MALT's Office Coordinator, an avid urban gardener with 5 years of experience, as well as the secretary for Aspen Farms Community Garden. Marisia brings a wealth of knowledge about vegetable and herb growing and has taught for PHS, PASA, and the Philadelphia Free Library. Her teaching approach is interactive and pragmatic. She is passionate about the transformative power of urban gardening and advocates for its role in fostering community connections and cultivating an abundance mindset through sustainable food and seed production.

June 21 | \$39

Wyck House, 6026 Germantown Ave.

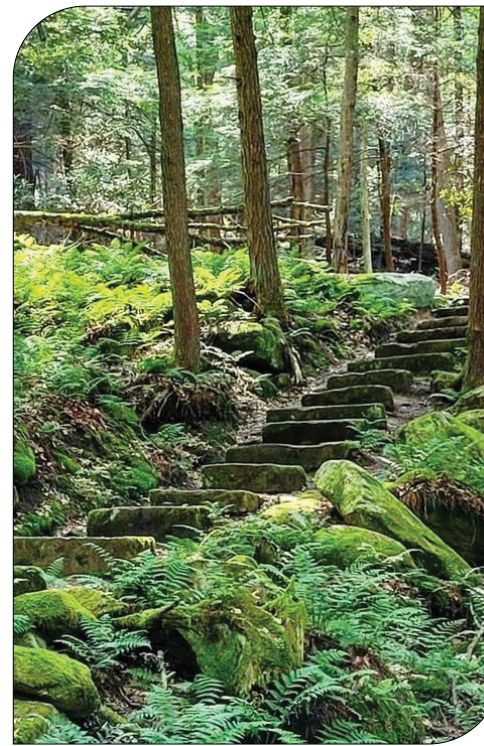


Photo by Jessica Kohn

## NEW NAVIGATING LOSS THROUGH NATURE

Sa from 9:00 AM to 12 N

**TW10.** Loss can be complex, and finding support can be challenging. Society continues to put a taboo on bereavement and a timeline in which to mourn and move on. Yet, grief is a natural part of the human experience. Anger, frustration, sadness, and emptiness are just a few of the many emotions we may have with any type of loss or hardship. Whether you're experiencing the loss of a job, relationship, health, friendship, loved one, or something else, you'll find a safe and welcoming space. We will engage with nature to build community and promote healing.

**Jessica Kohn** received her Masters in Social Work, along with a Gerontology Certificate, from West Chester University in May 2024. She also received certification as an End-of-Life Doula for humans in 2021 and companion animals in 2023, both from the University of Vermont. She is the staff social worker at Special Equestrians, an equine therapeutic riding center in Bucks County. As a social worker and outdoor enthusiast, she is prepared to help others seek solace, utilizing nature as an inspiration and guide.

May 3 | \$34

Meet at Valley Green Inn on Forbidden Drive

This course will be conducted outdoors, weather-permitting. Proper footwear is required. People of all abilities are welcome; we will be taking some easy hikes.

## NEW COMMUNITY TEACH-IN: COOL DOWN NORTHWEST PHILLY, GROWING OUR TREE CANOPY

F from 5:00 PM to 7:00 PM

**TW03.** Are you looking for ways to show up for your community during these stressful times? Stewarding our tree canopy here in Northwest Philadelphia is one way you can take meaningful action, with quick, tangible results. Whether you're already involved in re-treing our neighborhoods, or new to the tree scene and looking to jump in, join us for this action oriented Arbor Day event. Explore the far-reaching impact of tree cover on cooling down our homes and streets while raising property values, reducing crime and building mental health. Help identify what you can do to get more trees planted, pruned, and maintained and how individual actions add up to a cooler city. Snack on locally grown fruits and veggies and have a glass of wine while talking about trees on Arbor Day, what could be better?

**Liz Hersh, Grace Bingham, and Jo Winter** have been leading a hyper-local effort, Tree Equity Across Northwest Philadelphia, for the past several months, specifically targeting heat island blocks, where residents experience average temperatures 20 degrees higher than nearby tree-lined streets. Our efforts focus on empowering a new generation of tree activists from Northwest Philadelphia by ensuring that local residents have access to the resources, skills, and support needed to grow our tree canopy.

**West Mt. Airy Neighbors (WMAN)** is a member-supported, nonprofit civic organization whose mission is to support and advocate for the needs and concerns of the West Mount Airy community, nurture our social fabric in all its diversity, and help protect and steward the inevitable transformation of our beloved physical and natural environments.

April 25 | \$20

Work Mt. Airy, 6700 Germantown Ave Lower Level 19119

All attendees will have their course fee reimbursed in kind at the event. Scholarships available; call 215-843-6333 to inquire.



**WMAN** is partnering with MALT in presenting this class.

**Steve Kendall**, WMAN President and **Jo Winter**, WMAN Executive Director



Explore the glorious gardens of Chanticleer with our MALT tour.

## SPRING FORAGING FUN IN MT. AIRY

W from 4:30 PM to 7:00 PM

**TW19.** Even though there are thousands of edible species out there, we modern-day humans focus on less than 100 cultivated plant species for the majority of our diets! What flavors, delicacies, and nutrient-dense deliciousness do we miss? A lot. Come join me for a dive into the incredible wild edibles all around us and some of the history on why we eat what we eat and some enticing reasons (and recipes) on why we should. We'll learn about species like black walnut, garlic mustard, spicebush, hawthorn, nettles, turkey tail mushrooms or whatever we find on the trail!

**Allison Houghton** is an author, educator, and soil nerd who is passionate about soil health, ecological design, and climate resiliency. She runs The Sparrow Underground: a business that works with gardeners and land managers to strategically build local ecological resilience. She has served in various leadership roles including at the Northeast Organic Farming Association, The Food Project, and the Mt Airy Ecolab.

**A. May 14 | \$39**

Meet at High Point,  
Richard Allen Lane Train Station

**B. June 11 | \$39**

Allens Lane Art Center, 601 W. Allens Lane

## JOURNEY TO CHANTICLEER, A PLEASURE GARDEN

Th from 10:30 AM to 12 N

**TW09.** Chanticleer has been called the most romantic, imaginative, and exciting public garden in America. Enjoy a 90-minute walking tour featuring garden history, seasonal highlights, and tour of the first floor of the historic Chanticleer House. Chanticleer is a 35-acre pleasure garden, where gardeners lead the design and the garden is a study of texture, form, and color. It is an extraordinary garden, and MALT is delighted to offer this tour. We recommend that you dress for the weather, wear sturdy shoes, bring your water bottle, and be sure to bring a camera. This program will happen rain or shine. Course fee includes admission to the garden.

The tour is led by a guide from **Chanticleer**.

**June 5 | \$39**

Chanticleer, 786 Church Rd., Wayne, PA

Chanticleer requires parking reservations, so please make your free reservation in advance by visiting Chanticleer's website, [www.chanticleer-garden.org](http://www.chanticleer-garden.org). Reservations will be available 3 weeks before the tour. If you are unable to make a free parking reservation, please contact [info@mtairylearningtree.org](mailto:info@mtairylearningtree.org).



Maegan D'Amato with her child enjoying nature together.

## NEW FOREST BATH IN CARPENTERS WOODS

**MB33.** Immerse your senses in the restorative power of nature! Known as shinrin-yoku in Japan, forest therapy has scientifically shown to reduce stress, increase creativity, and improve overall wellbeing. In this introductory session we will engage in meditation, intention-setting, and restorative forest therapy practices followed with reflection and herbal tea. You will gain a sense of peace and experience deep feelings of gratitude along with the excellent healing benefits offered by nature.

**Maegan D'Amato** is a licensed mental health therapist and registered 500-hour yoga therapist. She has been using mindfulness meditation to help herself and others heal for nearly a decade. As a part of this, Maegan has been guiding Forest Baths in urban settings since 2018.

**A. April 27 | \$34**

Su from 10:00 AM to 11:30 AM

**B. June 21 | \$34**

Sa from 10:00 AM to 11:30 AM

Carpenter's Woods, Mt. Airy. This tour is for adults.



### Fern Bell Scholarships

Thanks to our donors we have a limited number of need-based scholarships available for the Spring term. Call our office if you need financial assistance to attend a class at 215-843-6333.

## NEW SPRING WELLNESS WALK & TALK: ALIGN WITH NATURE THROUGH THE SEASONS

W from 1:30 PM to 3:00 PM

**MB34.** Discover how the wisdom of Five Element-style acupuncture connects our inner and outer nature to promote year-round wellness. In this immersive class, we'll explore the unique energy of each season with guided walks in nature, where you'll learn Rachel's tips for staying well in springtime. Themes of spring include, vision, creativity, and how to be with our emotions (particularly anger). Together, we'll uncover what ancient wisdom can teach us about health, practice acupuncture points, and cultivate presence and insight from the natural world. Join us to nurture your well-being and align with the rhythm of the seasons.

**Rachel Kriger** has been practicing Five Element-style acupuncture for 15 years, and is continuously amazed by the wisdom of nature and how it guides her to align within herself and with the world around her. She loves helping others do the same.

**April 30 | \$34**

Wissahickon Park at Valley Green Inn

This a welcoming class for everyone. Parents and those attending with babies in strollers or carriers are welcome to attend. Meet at the wooden benches by the Valley Green Inn.

## EXPLORING OUTDOOR PAINTING

Sa from 9:00 AM to 12 N

**AC12.** Paint in the great outdoors! We meet in a different place each Saturday morning - in the woods, on the street, and always a couple of water sites to give variety and challenges. Some experience painting is needed; instruction will be tailored to each person. Oil, watercolor, pastel, or gouache are all good candidates for outdoor painting.

**Liese Sadler** has been an oil painter since 2012, learning to paint outdoors thru workshops, classes and 9 years of weekly "paint outs" as a member of the Plein Air Painters of Salisbury, NC. She is also a studio painter of still life and portraits. Her goal is to spark interest in outdoor painting and to help make the artform approachable for everyone.

**June 7-28 | \$125**

4 sessions

Pastorius Park, Chestnut Hill

Rain dates will be held on the Sunday of that week. A list of material suggestions and exact locations will be emailed to painters before class begins.



Explore the Cresheim Trail on this Mt. Airy hike!

## HIKE TO THE FUTURE ON THE CRESHEIM TRAIL

Sa from 10:00 AM to 12 N

**TW07.** For over a decade, Friends of the Cresheim Trail have been planning and advocating for future phases — while leading volunteer workdays to build the existing trail network. The existing 2-mile network between Allens Lane, Germantown Avenue, and Wissahickon Valley Park last year added a half-mile of old Pennsylvania Railroad corridor to extend to Stenton Avenue, which will soon be part of the Circuit Trails and eventually continue into Montgomery County toward a final destination of Fort Washington State Park. Join FOCT to preview the future trail and learn what goes into building a trail. This hike is roughly two and a half miles and will cover moderate terrain. Wear boots and long pants, and remember to bring water.

**Bradley Maule** is the Friends of Cresheim Trails (FOCT)'s President of the Board, serving in that role since 2022. A photographer by trade, he's also worked with Friends of the Wissahickon, Mt. Airy CDC, and Chestnut Hill Conservancy. You've definitely seen him at McMenamin's.

May 24 | \$32

Meet at Cresheim Valley Pergola

PLEASE NOTE: If you're driving, plan on parking on the 7500 block of Germantown Avenue. The Chestnut Hill Farmers Market will be happening and we want to keep parking in front of the pocket park open to market shoppers.

## WISSAHICKON INSPIRATION: COLLAGE, PRINTMAKING, BOOKMAKING

Sa from 10:00 AM to 12 N

**AC11.** Using the trees, parks, wildlife, landscapes and cityscapes of northwest Philadelphia as our inspiration, we will create and develop images that will unfold into vibrant patterned and textured prints, collages and art books that convey our experiences and journeys through the streets and trails of our city as the seasons change around us. Meeting in the Germantown studio of artist Andrew Christman, the goals of the course are to become familiar with simple printmaking and bookmaking techniques and to develop your own unique visual style. The studio sessions will be facilitated to encourage a positive community that fosters experimentation and discovery. All levels of art making experience are welcome.

**Andrew Christman** is a painter, printmaker and teaching artist based in Germantown and Mt. Airy. He received a BFA in painting at Pratt Institute Brooklyn and studied Art Ed at both Pratt Institute and Moore College of Art. He received an MA in East Asian Art History at Sotheby's Institute of Art / Manchester University, UK. Andrew is currently a teaching artist for the Philadelphia Museum of Art, and a co-founder of Way of Words, an interactive poetry and visual art project that integrates writing, book-making and collage. He has exhibited his work at the Muse Gallery, Awbury Arboretum, the Da Vinci Art Alliance and the Imperfect Gallery.

May 3 - 17 | \$84

3 sessions

Private studio near Wyck

All materials will be provided.



See Page 6

## Wyck Inspired: Naturalist's Notebook

See Page 4

## Flowerfest! Artists' Excursion to Wyck Historic House and Rose Garden



Rae Whatley, center in red, teaching her popular Camping for Women class in Pastorius Park.

## CAMPING FOR WOMEN

Sa from 2:00 PM to 5:00 PM

**SR07.** Ladies, let's talk about camping! If you love the outdoors like Rae does, but have never been sure about sleeping outside, join us for a hands-on exploration of what this could look like! We'll set up a tent, complete with basic amenities, and talk about the pros and cons of ground-dwelling. We'll also set up a camping hammock together with its comfort amenities, and explore sleeping in trees! (Take note - this is NOT your backyard hammock!) In addition to learning how to set up and take down basic equipment, we will discuss the realities of various camping sites. Whether you are completely at ease doing your business in the bushes or count flush toilets and hot showers as must-haves, you can design your own enjoyable camping experience. Bring all of your questions, a folding chair and a sense of adventure! See you outdoors!

**Rae Whatley** is a Jikiden Reiki therapist and wellness coach with a practice in Chestnut Hill. She loves sleeping outside and has been a hammock camper for 8 years. Before that she was a ground-dweller, sleeping in tents on family and Scout camping trips and even in her own backyard.

June 14 | \$44

Pastorius Park, Chestnut Hill

## BOTANICAL INK: COLOR FROM NATURE

Su from 10:00 AM to 12:30 PM

**AC20.** Explore the Wyck to identify botanical sources for natural color and create plant-based ink to bottle sensory experiences of the season. Together, we'll deepen our connection with nature and experiment with shifting ink colors to build a custom palette for drawing, printmaking, and writing with dip pens and brushes. In this workshop, we'll work with natural materials collected by gardeners and horticulture specialists as part of their care and maintenance practices—optimizing growth of fruit bearing trees, supporting biodiversity, and tending to community green spaces that contribute to local food and environmental justice initiatives. You'll leave with a bottle of your own handcrafted ink, ink samples, drawings, and a reference zine to continue your exploration of botanical color.

**Nicole Dupree** is a teaching artist and founder of Indigo in Green—a Mt. Airy-based creative workshop producing artisanal, natural art supplies and educational resources. You can find botanical inks made by Nicole in the museum shop at the Philadelphia Museum of Art and in the Welcome Center at Bartram's Garden. For more nature art projects, field trips to green spaces, and plant portraits, watch Nicole on Indigo in Green, Saturdays @ 9AM on PhillyCAM.

April 19 | \$49

Wyck House, 6026 Germantown Ave.

\$10 materials fee payable to the instructor.

## NEW DISCOVER THE LEGACY OF IRISH IMMIGRANTS IN PHILADELPHIA AND BEYOND

Sa from 9:00 AM to 11:00 AM

**TW26.** Step back in time as we explore Old City Philadelphia, from the days of William Penn and Ben Franklin to the Industrial Revolution. Along the way, uncover the stories of Irish immigrants—both celebrated and unsung—who shaped the city and the nation. Despite facing discrimination and hardship, they persevered, building communities, influencing politics, and leaving a lasting mark on Philadelphia's identity. This walking tour takes you past historic landmarks such as the Arch Street Meeting House, Betsy Ross

House, and Fireman's Hall, through the charming Elfreth's Alley, and inside the stunning Saint Augustine Church.

**Michael Wherrity** is a lifelong Philadelphia resident who has a passion for Philadelphia's rich history and how it relates to today's world. He is a certified tour guide and member of the association of Philadelphia tour guides.

May 10 | \$39

Meet at the southeast corner of 4th and Arch streets.

## NEW REMEMBERING PHILADELPHIA'S OLD NEIGHBORHOODS

W from 2:00 PM to 4:00 PM

**TW20.** Did you grow up in South, West or North Philadelphia, the Northeast, Logan, Germantown or West Oak Lane? There was nothing like it...the closeness the row house environment bred, and shopping or watching a movie on the avenue where all your needs were met within walking distance. Or, playing "half ball" in the back driveway in your own make-believe stadium. Utilizing filmed interviews, pictures, live commentary and audience participation, everyday Philadelphia life will be explored from the 1940s - 1970s.

**Rick Spector** founded Moviehouse Productions in 1983, educating and delighting community groups throughout the Delaware Valley with his multi-media nostalgia programs. His core works includes a multi-part series on the popular history of Philadelphia. His website is [www.moviehouseproductions.com](http://www.moviehouseproductions.com).

May 28 | \$34

Wesley Enhanced Living, 6300 Greene St.

## NORTHEAST PHILLY FOOD TOUR: UZBEK, RUSSIAN, AND MORE!

Su from 9:00 AM to 3:00 PM

**TW12.** Join ex Chef Glenn Bergman for a half day tour and tasting. Visit Uzbekistan, Georgia, and Russia without needing a passport or visa. Spend four hours learning about Georgian wines, breads and cheeses. Drink tea and perhaps some vodka while tasting delicious Uzbekistan food. Finish the day shopping in at least one Russian / Eastern European grocery store. How many different feta cheeses can you taste (each are different!)? Try smoked and cured fishes - more than you have ever seen in Philly! Enjoy camels milk, baked goods, and more!

**Glenn Bergman** is the former Executive Director of Philabundance, and previously served for 11 years as the General Manager of the Weavers Way Co-Op. He has led food tours of Chinatown for MALT and this term is also eager to share his food explorations to Northeast and Southwest Philly.

May 4 | \$42

Meet at High Point Cafe, Richard Allen Lane Train Station at 9:00 am, or meet at the Net Cost Store parking lot located at 11701 Bustleton Ave. at 10:00 am. Carpooling may be organized for those leaving from Mt. Airy's High Point Cafe.

\$25 materials fee payable to the instructor for food sampling. Be sure to bring additional funds to taste wine, beers or to purchase additional food for yourself and groceries to take home.

## SOUTHWEST PHILLY FOOD TOUR: WEST AFRICAN FOODS

Sa from 10:00 AM to 2:30 PM

**TW02.** Experience the rich flavors and vibrant culture of West Africa on this culinary tour of "Little Africa," located in Southwest Philadelphia around Woodland Ave. Home to one of the largest West African communities in the United States, this area is now being recognized for its profound influence on American cuisine. Delight your taste buds with traditional dishes like jollof rice, braised goat, cassava leaf stew, and more. For a deeper appreciation of the history and cultural impact of West African cuisine, before the tour consider watching the documentary "High on the Hog" (first two episodes) or reading the accompanying book for an in-depth history of how enslaved West Africans influenced American food.

**Glenn Bergman**

May 3 | \$42

Meet at High Point Cafe, Richard Allen Lane Train Station

\$25 materials fee payable to the instructor for food sampling.

## WALKING TOUR OF PHILADELPHIA'S CHINATOWN

**TW11.** Enjoy a guided tour of Philly's iconic neighborhood. The tour will include exploring delicacies at an Asian market, and end with a curated and delicious lunch at a Dim Sum restaurant with the tour group. Dim Sum, literally meaning "to touch your heart," is served as an innumerable assortment of delicacies, consisting of varieties of dumplings, steamed dishes, and other goodies. Students should bring money for lunch and any purchases they may want to make.

**Glenn Bergman**

A. May 6 | \$32

Tu from 9:30 AM to 1:30 PM

B. May 24 | \$32

Sa from 9:30 AM to 1:30 PM

M Kee Duck House, 1002 Race Street

Materials fee, bring money for dim sum lunch which will cost approximately \$25.

## TAKE A WALKING TOUR OF TOURISON

Sa from 1:00 PM to 3:30 PM

**TW06.** East Mt. Airy has a fascinating and little known history, and many fabulous houses. Who built and designed these houses, and created most of what we now know as East Mt. Airy? Native son Ashton Tourison, Sr. was a builder with strong principles and a respect for beauty, community and integrity. He and his family created stunning residential architecture and contributed to Mt. Airy's institutional architecture. Their legacy has lasted more than 100 years. Please join us as we journey back in time to circa 1905! Elise Rivers created and researched with the support of Historic Germantown.

**Elise Rivers** Esq., MAC, has worked in the field of historic preservation as Assistant Director of Preservation Worcester in Massachusetts and Executive Director of Landmark West, an historic preservation non-profit advocating for the Upper West Side of Manhattan. Her passion for beauty in architecture has never waned, and she was inspired to put together this walking tour, after living in, and loving, her own Tourison home.

May 10 | \$34

Meet outside at Lovett Library, 6945 Germantown Ave.

Optional \$20 fee payable to instructor for a guidebook and a video with much more information. All proceeds from sale of the guidebook donated to Historic Germantown.



Rebecca Fisher, center, leads our Philly Gayborhood and LGBTQ tour.

## PHILLY GAYBORHOOD AND LGBTQ TOUR: TELLING LGBTQ STORIES WITH PRIDE

Sa from 11:00 AM to 1:00 PM

**TW16.** Get under the skin of queer Philly. Discover the controversies, paradoxes, and hidden histories of the only formalized Gayborhood in the country. Tour includes: The evolution of Pride: from protest to parade; Kiyoshi Kuroki: inventor, architect, activist; the nation's longest continuously-operating LGBT-focused bookstore in the country; Barbara Gittings, the "Gay Pioneer"; controversies of racism in the Gayborhood; and a tribute to Gloria Casarez.

**Rebecca Fisher** is the cofounder of Philadelphia's top rated Beyond the Bell Tours. Beyond the Bell designs inclusive historical walking tours that put the people back into people's history. Rebecca is passionate about the intersection of social justice and tourism.

June 14 | \$39

Meets at 13th and Locust Streets



### Iconic Historic Maps!

David Schaaf with the Mt. Airy historic map he created in 1994. He has been leading his popular tour every year for MALT for the past 29 years. David's Mt. Airy and Chestnut Hill Maps are available at the MALT Office for \$20. All proceeds benefit MALT. Thank you David!

## SACRED SPACES & STORIED PLACES: WALKING TOUR OF LAUREL HILL WEST CEMETERY

Sa from 2:00 PM to 3:30 PM

**TW25.** The expansion of Fairmount Park in the 1860s prevented further growth of Laurel Hill East, and in 1869 Laurel Hill West cemetery was established just across the river in Bala Cynwyd. This walking tour provides a wonderful overview of Laurel Hill West's long and colorful history, including its architectural artistry, stunning trees and horticulture, and the stories of residents that encompass diverse and fascinating Philadelphia history. Sacred Spaces and Storied Places is the perfect introductory tour for anyone who wants to learn all that Laurel Hill West has to offer. Experienced tour guides offer visitors a unique perspective and every Sacred Spaces tour is different!

May 10 | \$32

Laurel Hill West Cemetery, 225 Belmont Ave, Bala Cynwyd

## PHILADELPHIA MUSICAL HISTORY BUS TOUR

Su from 10:00 AM to 2:00 PM

**TW13.** Join us for a mobile musical experience! We will teach you all about the talented musicians who were either born or raised in the Philadelphia area. Hop aboard our moving musical museum and prepare to be surprised and delighted to discover the great Philadelphians who revolutionized the music industry in Jazz, Classical, Gospel, Rock and Roll, Folk, R&B, Hip Hop and Country. Our signature sightseeing tour offers an in-depth guide to the rich musical history of our city. Video clips and a great musical soundtrack will enhance your tour experience. We bet you will tell everyone it is one of the best things to do in Philadelphia!

**Clayton Prince** is the owner and operator of The Philadelphia Musical History Tours.

May 18 | \$44

Meet the bus at the corner of Wayne Ave. and Cliveden.

Please note that there is a bathroom on the bus. Bring your own food or snacks. Timing subject to change due to traffic or other factors.

## MT. AIRY HISTORY AND ARCHITECTURE WALKING TOUR

Su from 1:00 PM to 3:30 PM

**TW22.** Take a walk of almost two miles, stepping back in history to discover the historic and architectural treasures along several of the oldest streets in Mt. Airy. The tour begins in front of the United Lutheran Seminary on Germantown Avenue. We will discuss Mt. Airy's many "pasts": Native American, Revolutionary War, railroad history, and the development of Mt. Airy as a streetcar suburb, as well as the contributions of George Woodward and others in the 20th century.

**David Schaaf** is a retired local architect and former director of the Urban Design Division of the City Planning Commission. Mr. Schaaf was a member of the City's Historical Commission for more than a dozen years. He has lived in Mt. Airy for nearly 40 years and has led this very popular MALT tour since 1992.

May 18 | \$34

Meet at United Lutheran Seminary, 7301 Germantown Ave.

NO WALK-INS. Meet directly in front of the United Lutheran Seminary, on Germantown Ave., across from Wawa. The tour ends in Fairmount Park near the ruins of the Buttercup Cottage at Cresheim Road; you may want to park near Richard Allen Lane train station. The walk can be challenging. Not recommended for young children. Walking surfaces are sometimes uneven, there are stairs to descend and we'll be using park trails as well.

## CIVICS

### NEW GOVERNMENT IMBALANCE: CHECKS AND BALANCES AND THE CURRENT ADMINISTRATION

W from 6:00 PM to 8:00 PM

**TW14.** This session delves into the current administration and explores executive power and traditional checks on the president's authority. The effectiveness of current court orders and Congressional functions will also be considered. Bring your questions and curiosity to this interactive session.

**David Freeman** is a lawyer and educator. His thirty years of legal experience includes work as a prosecutor, defense attorney, zoning board counsel and private general practice. He currently focuses on education law, representing children and their parents. He is also a full-time educator in the Criminal Justice curriculum at Community College of Philadelphia.

**Kathleen Smith, JD,** is an experienced educator and attorney. She is an associate professor at Chestnut Hill College and has received numerous awards recognizing her contributions to legal education, jurisprudence, civic engagement and public service.

April 23 | \$34

Mt. Airy Axis, 520 Carpenter Lane

### NEW THE MOVE BOMBING: 40 YEARS LATER

W from 6:00 PM to 8:00 PM

**TW15.** Forty years ago, Philadelphia dropped an incendiary device on the MOVE home resulting in the destruction of an entire block and the deaths of 11 people including 5 children. This interactive course will look back on that event and analyze the subsequent investigation and events with a critical lens.

**David Freeman and Kathleen Smith, JD**

April 30 - May 7 | \$44

2 sessions

Mt. Airy Axis, 520 Carpenter Lane

Course Titles in Purple take place "Across the Creek" in Manayunk, East Falls, Manayunk or Bala Cynwyd.

### NEW ENDING GUN VIOLENCE IN PA: WHAT CAUSES IT, AND HOW YOU CAN BE PART OF THE SOLUTION

Th from 6:30 PM to 8:30 PM

**TW21.** Gun violence in Philadelphia has dropped by 52% since 2022, yet many residents still feel unsafe, and too many neighbors and friends continue to be lost to this crisis. Gun violence isn't random or inevitable; it's driven by gaps in our safety system and historic disinvestment in communities, not by mental health, video games, or too few armed guards. In this session, you'll gain an understanding of the drivers of gun violence in the region, explore solutions that remain untapped, and learn how you can help create a safer Philadelphia and Pennsylvania. By the end, you'll have a clearer idea of how to address gun violence and feel empowered to take action, rather than feeling helpless the next time you hear about a shooting or a friend in crisis.

**Adam Garber** is CeaseFirePA's Executive Director. For nearly twenty years, Adam has led public policy efforts to ensure everyone can live healthily and safely in their communities. Whether leading investigations into price gouging and recalled products, building community support to clean up toxic air pollution, or building coalitions to address gun violence, his work has helped Pennsylvanians become experts on the issues affecting their lives and unleash their own power to address it.

May 15 | \$34

United Lutheran Seminary, 7301 Germantown Ave.

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Investing for Justice  
– Tools and resources  
Online



# HISTORIC GERMANTOWN

## NEW THE CRITICAL DECADE: AMERICAN SOCIETY AND CRISES IN THE 1850S

Th from 6:30 PM to 8:00 PM

**TW24.** The 1850s was a critical decade in American history, as the nation struggled with fundamental questions about its identity and future. Could the country hold together despite sectional strife following the conquest of new territories from Mexico? Could institutions like the presidency and the Supreme Court address the pressing issues of the time? With a string of presidents who seemed unable to manage these crises, the question of leadership loomed large. The decade also raised questions about national unity—what symbols could bring Americans together, and which ones failed? Popular culture, including literature and music, reflected these tensions in ways that shaped public sentiment. This course will explore these themes, beginning with America after the Mexican-American War in week one. In week two, we will examine American voices such as Frederick Douglass and Harriet Beecher Stowe, who played key roles in shaping public discourse. Week three will focus on the growing sectional crisis and the question: Can this government endure? Finally, in week four, we will consider old ideas and new leadership, exploring the shifting party system and the challenges of the new decade.

**George Boudreau** is a public historian who specializes in historic house museums. He holds a Ph.D. in American history and has held post-doctoral research fellowships at Monticello, Mount Vernon, Colonial Williamsburg, and Jamestown. His 2012 book *Independence* tells the story of the historic spaces around Independence Hall. He joined Ebenezer Maxwell Mansion in 2023 as executive director.

**June 12-26 | \$64**  
3 sessions

Ebenezer Maxwell Mansion,  
200 W Tulpehocken St.



See Page 5

Wyck's Historic Roses



George Boudreau

## NEW RAILROADING IN VICTORIAN GERMANTOWN: THE FIRST SUBURB AND THE IRON TRIANGLE

Th from 6:30 to 8:00 PM

**TW28.** On June 6, 1832, the Philadelphia, Germantown, and Norristown Railroad began operating a 6-mile railway line between Germantown and the city below. Now part of SEPTA's Chestnut Hill East line, it was the first railroad to operate within Philadelphia and established Germantown as America's first railroad suburb. Germantown became a popular commuter suburb for wealthy Philadelphians, especially after the Pennsylvania Railroad opened the Chestnut Hill West line in 1884. However, Victorian Germantown and its twin railroads are at the center of a larger story. The locomotives that traveled the East and West lines did not merely enable elite suburban living, they were also the engines that drove Germantown's manufacturing boom. This presentation will outline the history of railroading in Germantown, describe the changes that it wrought in the late nineteenth century, and contextualize these changes within the wider history of the Philadelphia region and—more broadly—the United States.

**John Ingram** grew up in Northwest Philadelphia. He holds a bachelor's degree in urban history from the University of Pennsylvania and a PhD in modern history from King's College London. His dissertation concerned the intersection of urban politics, patriotism, and civic building projects in Philadelphia and London.

**April 17-24 | \$44**  
2 sessions

Ebenezer Maxwell Mansion,  
200 W Tulpehocken St.

## STEPS TO FREEDOM: A GUIDED TOUR OF THE JOHNSON HOUSE HISTORIC SITE

Sa from 11:00 AM to 12:30 PM

**TW29.** Join Docent Jim Crichton for a 60-minute guided tour of the Johnson House Historic Site, a National Historic Landmark and Underground Railroad station. You will learn about the history of the Quaker abolitionist Johnson Family, the anti-slavery movement, the early history of enslavement in America, the Transatlantic Slave Trade, the Fugitive Slave Laws that kept the enslaved constantly on the run, and the collaborative efforts between Black - free and enslaved - and White abolitionists. The Johnson family history links it to the national anti-slavery movement and documents the family association with leading anti-slavery figures locally and nationally. The Johnson Family called themselves "infidel practitioners" and advocates of racial equality. The Johnson home provided refuge and a safe place for escaping enslaved Africans on the way to secure their freedom. The Underground Railroad was the embodiment of African Resistance during the era of enslavement of African people in America.

**James Crichton** is a tour guide, museum docent, tour escort and historical character re-enactor.

**June 21 | \$25**

Johnson House Historic Site,  
6306 Germantown Avenue

## NEW THE TURMOIL OF TRANSITION: AN IN-DEPTH EXPLORATION

Tu from 1:00 PM to 2:30 PM

**TW23.** Join Cliveden's Education Director Carolyn Wallace to explore the site's current exhibit *The Turmoil of Transition: The mid-nineteenth century at Cliveden*. Enter Cliveden as it was in the mid-nineteenth century - a household and country in turmoil and mourning over the loss of husband and father, Benjamin Chew, Jr. This period of tension explores household dynamics, substance abuse and violence, exacerbated by societal shifts of the mid-19th century and still relevant today.

**Carolyn Wallace** an interpreter, educator, and collections manager with over ten years of experience working with historic sites. In her current role as Education Director for Cliveden of the National Trust, her work focuses on research and interpretation of diverse narratives through sustainable programming for youth and adults and exhibit design.

**May 13 | \$25**

Cliveden Carriage House, 6401 Germantown Ave., rear

## JUNETEENTH CELEBRATION AT THE JOHNSON HOUSE

Saturday, June 14 from 12:00 PM to 7:00 PM  
6300 Block of Germantown Ave

Enjoy music, children's activities, food trucks and historical re-enactments.

## A GUIDED TOUR OF THE LEST WE FORGET MUSEUM OF SLAVERY

**TW18.** Join Gwen Ragsdale, Executive Director, for a 90-minute guided tour of the Lest We Forget Museum of Slavery that not only reviews slavery from capture to emancipation, but also covers today's social justice issues. It is the only slavery museum in Philadelphia and the only museum with an extensive collection of artifacts from the transatlantic slave trade. The collection includes iron shackles, chains and other forms of ironware, in addition to bill-of-sale documents, Jim Crow objects, segregation signs and a Black Inventors wall.

**Gwen Ragsdale** is the Executive Director of the Lest We Forget Museum of Slavery. She is a storyteller, novelist and filmmaker. Her films are award-winning. *Lest We Forget* won Best Documentary Award from HBO/Martha's Vineyard Film Festival, and *My Slave Sister, Myself* won both the Toronto and New York Best Documentary Awards.

**A. April 29 | \$20**  
Tu from 12 N to 2:00 PM

**B. May 8 | \$20**  
Th from 12 N to 2:00 PM

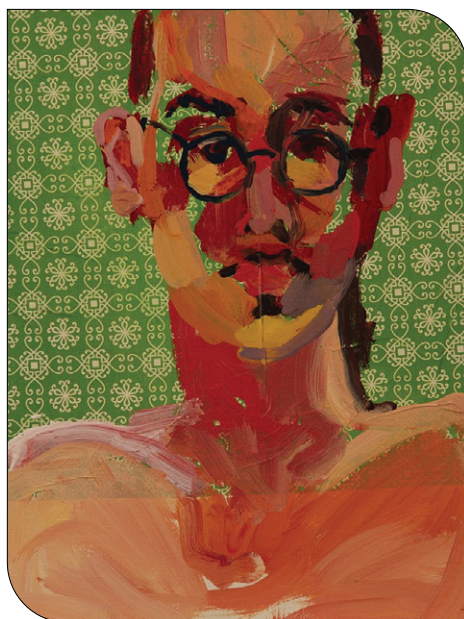
The Lest We Forget Museum of Slavery,  
5501 Germantown Ave.

MALT is honored to be offering tours in collaboration with Historic Germantown and its member organizations! Proceed from tours benefit the individual museums and MALT.



**HISTORIC  
GERMANTOWN**  
*Freedom's Backyard*

**Historic Germantown** is a partnership of eighteen extraordinary historic houses, destinations, and museums in Northwest Philadelphia that have joined together to protect, preserve, and share some of Philadelphia's prized historical assets.



*BP, date unknown, by Mickael Thurin.*

Woodmere Art Museum: Gift from the Robert Schoenberg Collection, 2021

## NEW IN THE EYE OF THE BEHOLDER: TWO PHILADELPHIA COLLECTORS VISION OF BEAUTY IN ART

Sa from 2:00 PM to 4:00 PM

**TW27.** In the Eye of the Beholder spotlights the recent gifts of two eminent collectors of Philadelphia artists, painter Bill Scott and activist Bob Schoenberg (d. 2021). The works on display reveal aspects of goodness and/or beauty that the artists have found in the human body, the city, the natural world, and in abstract forms. These qualities further witness the social causes that Scott and Schoenberg have championed—mentorship of younger artists and LGBTQ+ rights, respectively—showing that their support of Philadelphia artists has also strengthened our city.

**Hildy Tow** is the Curator of Education at Woodmere Art Museum.

**May 17 | \$34**

Woodmere Art Museum, 9201 Germantown Ave

## NEW FRENCH MODERN 'ISMS: SYMBOLISM, FAUVISM, SURREALISM ONLINE

Tu from 2:00 PM to 3:30 PM

**TW04.** In the 19th and early 20th centuries, Paris was the center of the Western artistic world. Exhilarating new art 'isms that shocked and delighted influenced artists all over the globe. Discover the impetus and impacts that led in short order to Symbolism, Fauvism, and Surrealism bristling with bold expressive styles and electrifying the art canon. The creative culmination brought new art stars to the fore while drenching the art world in a kaleidoscope of colors and patterns. Meet Redon, Tanguy, Varo, Derain and many more. Short videos enrich the conversation.

**Lynn Berkowitz**, MFA, BFA, with a career in art museums, has developed an array of award-winning gallery tours, experiences, and apps aimed at helping audiences of all ages and abilities engage with a diversity of art 'isms' and approaches.

**April 15-29 | \$49**

3 sessions

The Comfort of Your Own Home

## NEW DRESS & DRAPE IN WORKS OF ART ONLINE

Tu from 2:00 PM to 3:30 PM

**TW05.** Well-dressed works of art invite careful looking and reading of how artists present conceptual images and actual materials that convey the world of fashion. Fashion-forward styles, inherent symbolism, and the culture of the time and place impact the ways of considering what is on view. Drawn from museums near and far, paintings and sculptures from the past to the present uncover visual delights and hidden motivations. A diversity of artists and approaches from van Eyck to Judith Shea to Bisa Butler's quilts, bring the intimacy of textiles to the fore. Short videos enrich the conversation.

**Lynn Berkowitz**

**May 6-20 | \$49**

3 sessions

The Comfort of Your Own Home

## NEW BLACK WOMEN ARTISTS OF PHILADELPHIA

**AC07.** This course highlights the contributions of Black women artists in the Philadelphia arts scene, both past and present. By addressing the gaps in traditional art history education, this class focuses on their artistic achievements and lasting influence. Through this exploration, we recognize and celebrate their rightful place in both Philadelphia's cultural history and the wider artistic landscape.

**In a virtual, one-hour weekly class,**

students will learn about groundbreaking artists such as Sarah Mapps Douglass, an artist and educator; Anna Russell Jones, a pioneering surface designer, textile artist, and medical illustrator; Barbara Bullock, a renowned artist and arts educator; and Barbara Chase-Riboud, an acclaimed sculptor and writer. This course is perfect for history and art lovers alike, particularly those who want to deepen their understanding of Philadelphia's rich artistic history and the essential role Black women have played in shaping it.

For those looking to further engage through hands-on practice, we are offering a separate **in-person art-making class.** Students will create artwork inspired by the artists studied, using a variety of materials and techniques. All supplies will be provided, and students will take home their completed works each session. This is an opportunity to connect with the artistic legacies of these artists, explore personal creative expression, and actively participate in preserving and celebrating their contributions. No prior art experience is necessary—just bring your creativity!

**Jihan Thomas** is a Black visual artist, activist, Mother, and community/museum arts educator. To Jihan, art can be a conduit for empowerment and self-actualization. She shares her art and creativity wherever art is needed through art making and cultural experiences. As an art educator, Jihan believes in the power and spectrum of Black imagination and how it can support community empowerment. She has been teaching and facilitating arts, cultural and educational programming and courses for over 18 years.

**A. Online Art History Class**

**May 7 to 28 | \$49**

6:30 to 7:30 pm

4 sessions, In the Comfort of Your Own Home

**B. In Person Art Making Class**

**June 4 to July 2 | \$79**

6:30 to 8:00 pm

4 sessions, (no class 6/18)

Mt. Airy Art Garage (MAAG),

7054 Germantown Avenue

There is a \$25 materials fee payable to the teacher at the first class.



Jihan Thomas

## INTRODUCTION TO ZENTANGLE®

M from 6:30 PM to 8:30 PM

**AC28.** Learn 4-6 basic Zentangle-inspired designs. This art form is relaxing, creative, meditative and quite fun. Each structured pattern will be broken down into small steps, and what results are beautiful, creative and unique images. Tangles are created on small paper tiles using a special black drawing pen. You will leave class with one or two completed tiles and new skills to continue tangling on your own. No talent or experience is needed. The Zentangle® Method was created by Rick Roberts and Maria Thomas.

**Mindy Shapiro** is a papercut, Zentangle® and book artist. Mindy's love language is her art and she strives to share that with others through her work, teaching, engagement and communication.

**April 28 | \$32**

Summit Presbyterian Church, 6757 Greene St. at Westview

\$15 materials fee for pens, pencil, and Zentangle tiles will be collected upon registration.

## NEW FABRIC ARTS: CREATE COLORFUL FELTED FLOWER VESSELS

Sa from 12 N to 4:00 PM

**ACo3.** Are you fiber-curious? Have you ever wondered how felt is made or wanted to try it yourself? In this hands-on workshop, you'll explore the basics of felt-making, from its rich history to the essential tools and techniques needed to create unique, textured pieces. You'll learn about different fibers and embellishments that add depth and character to your designs while also gaining an understanding of the physical process of felting, which requires the use of hands, arms, and fingers. Using a resist technique, you'll craft a vibrant felt flower vessel with "stamens," transforming a flat design into a stunning 3D bowl or vase. By the end of class, you'll have the fundamental skills to create structural and sculptural felted pieces of your own!

**Marcie Ziskind** is an artist who works with animal fibers called "roving" to make felt and items that are created from felt. She always created using various textiles and embroidery because she comes from a family of textile workers and artists. Marcie has studied with fiber artists around the world and has been introduced to many different felting techniques and projects. She has refined her felting skills and is now a full-time artist. Marcie exhibits her work at notable crafts fairs in the Philadelphia area.

**May 3 | \$74**

Woodmere Art Museum,  
9201 Germantown Ave.

Students must bring the following to class: a small bucket for water, pen or sharpie marker, two bath towels, scissors, a small container of dish soap, and a tape measure. Roving (fiber) 10-15 oz. of Merino or Corriedale fiber in 2 colors. This can be found on Livingfelt.com or FeltriteFibers on Etsy, or can be purchased directly from the teacher for \$25 per person WHICH YOU WILL INDICATE ON REGISTRATION. Please DO NOT use any fibers that are not specific about the breed of wool (ie, Corriedale). Generally, fibers purchased from hobby stores are not good for wet felting. There is a \$5 materials fee for bubble wrap and resist material payable to the teacher at class for all participants.



*Whimsical felted flower vessels by Marcia Ziskind*

## DUST OFF YOUR SEWING MACHINE

Sa from 12:30 PM to 4:30 PM

**ACo1.** Do you have a sewing machine you inherited or bought years ago but never opened? Maybe you're thinking of getting one? Here's your chance to learn the basics of a sewing machine: threading, tension, needles, thread, and basic maintenance. We'll address simple clothing repairs such as hemming and re-stitching a seam. Students will complete an easy craft project in class.

**Bea Quindlen** learned from her high school art teacher that success can come from the learning process rather than the "perfect finished product." Those high school "discovery projects" led to a lifetime of crafting – and isn't life a "discovery project?" Bea is happily retired after a 47-year career at a data company. She attended a MALT class way back in 1994 but not again until 2008! Since then, she has taken over 20 classes. In 2017, she made the switch from student to instructor, teaching a variety of introductory craft classes.

**June 7 | \$54**

Mt. Airy Art Garage (MAAG),  
7054 Germantown Ave

Bring your own WORKING sewing machine. Instructions for testing your sewing machine will be sent out two weeks prior to class. Needles, thread, scissors, and fabrics will be provided. For ages 18 and up.

\$10 materials fee payable to the instructor.

## NEW COLORFUL CANVAS: A GUIDED PAINTING NIGHT

**ACo9.** Join Beth for an unforgettable painting experience! Whether you're a seasoned artist or a total beginner, Beth's step-by-step guidance makes creating your own masterpiece easy and fun. Enjoy a lively, upbeat atmosphere with great vibes, creativity, and laughter. We're offering two separate painting nights, each with its own unique theme—sign up for one or both of them! Come with friends or make it a fun date night. All supplies are provided, so you can focus on painting and making lasting memories. You'll leave each session with a painting on canvas that you'll be proud of, experiencing the process of creating a professional-quality work of art from start to finish. No need to invest in expensive materials or deal with cleanup at home—we provide everything you need so you can simply enjoy the creative journey.

**Beth Mead** has been teaching music for over 20 years to children and adults. She is a national performer and workshop leader.

**A. May 9 | \$34**

F from 7:00 PM to 9:00 PM

**B. May 28 | \$34**

W from 6:30 PM to 8:30 PM

Mt. Airy Art Garage (MAAG),

7054 Germantown Ave

There is a \$20 materials fee payable to the instructor at the class.



## SIP & CREATE POTTERY: BYOB INTRO TO CLAY

Sa from 6:30 PM to 9:00 PM

**ACo8.** Working with clay is meditative and relaxing. Learn how to make an awesome hand-built vase while relaxing with a glass of wine (BYOB), in a convivial and focused environment. This is the perfect low-key way to see why making pottery is so popular! Come find your inner artist with us!

**Janice Strawder** MFA, has been teaching the art of ceramics for over thirty years. She enjoyed a five year artist residency at The Clay Studio in Philadelphia, where she continues to teach. Janice is a co-founder of Rebel Potters in Germantown where she manages the studio and teaches clay classes. Janice's ceramic works include wood and salt fired functional pottery, mosaic, all with an emphasis on decorative surfaces.

Classes take place at **Rebel Potters Studio**, a newly arrived art space on Germantown Ave., that offers a variety of professionally led classes, workshops and private events, in a warm and welcoming atmosphere.

**May 17 | \$49**

Rebel Potters, 6139 Germantown Ave

\$22 materials fee payable to the instructor for clay, glaze, and firings.

## NEW BEGINNER CROCHET - LET'S GET CRAFTING

Th from 7:00 PM to 9:00 PM

**ACo4.** Learn a traditional craft that has seen a modern resurgence. Students will learn the basics of crochet and complete a few beginner projects, and then get started on an intermediate project of your choosing. We will learn how to read written crochet patterns, making it possible to continue with crocheting virtually anything: clothing, accessories, toys, gifts, and home decor! The only limit is your imagination.

**Amelia Geiser** has been crocheting for five years and has experience in a variety of other crafts. She is a full time high school science teacher, and has taught crochet as an elective and an after-school activity to elementary, middle school, high school, and adult students. She has found great success in teaching crochet to all ages by teaching basic skills that can apply to many projects, then assisting students while they create a product of their choice.

**April 24 - June 5 | \$99**

7 sessions

MALT Office, 6601 Greene St.

\$15 materials fee payable to the instructor for hooks & yarn for beginner projects. Students will bring their own yarn for their final intermediate project.

## NEW KNITTING FOR BEGINNERS: MAKE A NECK KERCHIEF FOR SPRING!

Tu from 6:30 PM to 8:30 PM

**ACo2.** Learn knitting basics with a seasonally appropriate accessory for the spring! The kerchief is a perfect project for beginners, folks who haven't knit in a while, or those who want a little help while learning some exciting new knitting skills. This is also a great class for folks who are interested in learning how to read knitting patterns. We will cast on, knit flat, increase and decrease, make i-cord edges, and bind off. Many of these are foundational knitting skills that you will take with you on your knitting journey.

**Hallie Newman** has been knitting for over a decade and is mostly self-taught (thank you, kind strangers on YouTube!) and is eager to pass along her skills and knowledge to local folks. She has recently mastered the art of knitting while in Zoom meetings, so during her work days she's never not knitting. Her favorite knitting projects are sweaters and hats. She has lived in Mt. Airy with her family since 2019 and adores the community, especially the fiber folks!

April 22 - May 20 | \$79

5 sessions

Kelbourne Woolens, 231 W. Mt. Pleasant Ave.

Students will need to bring their own materials and purchase the pattern. At least 95 yards/60 grams of yarn in a DK (double knit) or Worsted weight, which is about half a skein of yarn. Consider bringing a full skein for trial and error and flexibility. Wool is preferred but any yarn works besides cotton. US Size 4 Knitting needles (3.5 mm); Circular or straight needles work for this project. Students will also need to purchase the pattern online (about \$5); the link will be emailed to you upon registration.



Muyiwa Togun

## TRADITIONAL AFRICAN BATIK & ADIRE TEXTILES: TABLECLOTH OR WALLHANGING

Sa from 1:00 PM to 4:00 PM

**ACo6.** Take a creative journey into the world of batik and adire (tie and dye) textile-making. Drawing inspiration from his Yoruba roots and Nigerian heritage, Muyiwa, an expert in the field, will guide you through the process of using wax and dye to create intricate patterns and motifs. You will start by applying hot wax to 100% cotton fabrics to create patterns, then immerse them in vibrant dyes. Finally, we'll carefully remove the wax, revealing beautiful, colorful designs. Discover the influence of African culture as you explore the vibrant world of African textiles that hold deep cultural significance. You may infuse your designs with your unique voice, or use African patterns to create a beautiful tablecloth or wall hanging. By the end of the class, you'll have crafted textiles that reflect the beauty and essence of African traditions.

**Muyiwa Togun** is the Founder and CEO of Roy Urban Kollection (RUK), an African textile, art and fashion manufacturer and brand. He is an artist, textile and fashion designer, pulling inspiration from his Yoruba roots and his lived experience as a Nigerian youth assimilating into a new culture as a recently immigrated resident to the United States.

June 14 | \$95

Woodmere Art Museum, 9201 Germantown Ave.

\$30 materials fee payable to the instructor for fabric, wax, and dyes. If students want to create a wall hanging they will purchase the hardware separately.

## SHADOW & LIGHT DRAWING WITH CHARCOAL

Tu from 7:30 PM to 9:00 PM

**AC5o.** Why are shadow and light important in drawing? How can we create them using charcoal, kneaded erasers, and tortillon tools? Without shadow and light, the world would appear flat. To see an object, we need light to define it. Because there is light, a shadow will be cast, creating a sense of space and enveloping the object or person. Shadow and light can lend realism, mystery, and emotion. We will explore the subtleties of shadow and light through exercises, still life, and their use on the human face and body. We will study famous artists who are masters of shadow and light, such as John Singer Sargent, Kathe Kollwitz, and Rembrandt. We will also analyze photographs we bring in to assess their shadows and lights, and we will draw from a model. Charcoal is a traditional medium for this subject and can be manipulated in many ways to create beautiful artwork. Basic drawing tips will be provided throughout, and there will be homework to help maintain continuity between classes.

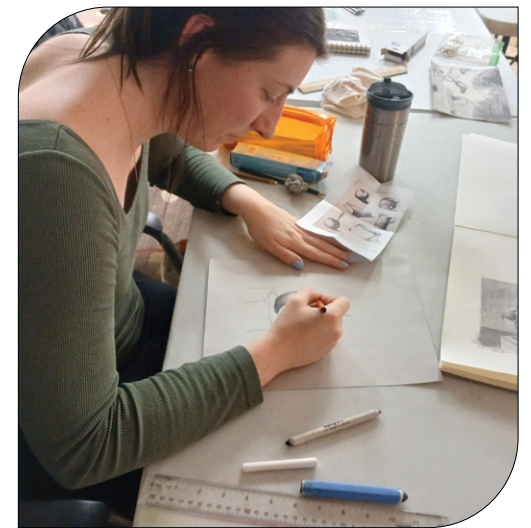
**Zipora Schulz** has been a drawer of line, shadow and light since she was little. She has been teaching kids and adults for over 20 years in schools and art centers, and co-hosts a weekly sketch club in East Falls. She welcomes all levels on the drawing journey and believes drawing is just another way of thinking.

April 29 - May 20 | \$64

4 sessions

Mt. Airy Art Garage- MAAG,  
7054 Germantown Ave.

Materials for first class: a variety of pencils, pack of vine charcoal (medium), a few charcoal pencils, kneaded erasers, and tortillon (rubbing) tools, any pad 11x8.5 or bigger (charcoal paper or newsprint). Bring in a favorite B&W photo (personal or clipped from a magazine/newspaper).



Learn how to draw with charcoal in Zipora's class.

## NEW WHAT TO DO WITH ALL THOSE T-SHIRTS?!

Sa from 2:00 PM to 5:00 PM

**AC1o.** Let's alter and repurpose tee shirts, sweaters, and sweatshirts. Do you have a stack of tee shirts sitting on a shelf or in a box that you just can't bring yourself to get rid of? Or, you rarely wear them because they don't fit right? So, make a memory quilt or a laundry bag, alter them to fit, turn a sweatshirt into a jacket with buttons, snaps or a zipper... There are all sorts of ways to alter or repurpose these garments into something you love. Video instructions and pictures included to remind you what we did in class. This class requires basic sewing machine skills and a working machine you can bring to class.

**Connie Koppe** has been a seamstress and crafter almost all her life. She learned sewing skills from her mother, her Great Aunts and Jr. High Home Economics and reading the patterns. Connie has always loved to craft and follows her mother's example of reusing cards and other items to make gifts and home decorations.

April 26 - May 24 | \$104

4 sessions, (no class 5/3)

MALT Office, 6601 Greene St.

### Fern Bell Scholarships

Thanks to our donors we have a limited number of need-based scholarships available for the Spring term. Call our office if you need financial assistance to attend a class at 215-843-6333.



## BEGINNING MOSAICS

W from 7:00 PM to 9:00 PM

**AC16.** Learn the art of mosaic! Make a beautiful wall hanging or mirror for your home. Explore the tools and techniques used in this ancient art form. Students will leave with a working knowledge of the art form and be able to do variations of the project at home.

**Jessica Liddell** is the owner of Bella Mosaic Art. It is the only studio in Philadelphia dedicated to the ancient art of mosaics. Artist-run and operated, we offer classes, facilitate community art projects, and create commissions.

**May 7-14 | \$59**  
2 sessions

Bella Mosaic, 6780 Germantown Ave.

\$25 materials fee payable to the instructor. This class may be taught by a staff member of Bella Mosaics.

## FUSED GLASS SUNCATCHERS

Sa from 10:00 AM to 12:00 N

**AC17.** In this workshop, students will learn the techniques for working with fusible glass. Explore how to cut and layer different types of glass to create a unique piece to hang in the window. On the second night of class, we'll use some simple wire working techniques and add hooks and beads to our projects. Have fun, get creative and make something special for your home!

**Jessica Liddell**

**June 7-14 | \$64**  
2 sessions

Bella Mosaic, 6780 Germantown Ave.

\$30 materials fee payable to the instructor at the time of the class. This class may be taught by a staff member of Bella Mosaics.

## CANDLE MAKING

Sa from 10:00 AM to 12:00 N

**AC18.** Using hands-on experience, learn candle making and get instruction on candle safety, marketing, and creativity in the craft industry. Learn the basics of the soy wax method and why it's so popular. We will also discuss other waxes. These new skills will help you create gifts for family and friends, and enjoy the benefits of aromatherapy from beautiful candles.

**Kaniesha Thomas**, MSW has been an entrepreneur for the last four years. The mission of her business is to create art that embodies spirituality, healing and self care.

**May 24 | \$44**

Wesley Enhanced Living, 6300 Greene St.

\$10 materials fee payable to the instructor.

## DESIGN YOUR OWN JEWELRY WORKSHOP FOR BEGINNERS

Sa from 1:30 PM to 4:00 PM

**AC19.** Design beautiful jewelry out of semi-precious stones, freshwater pearls and crystals. Learn how to make a pair of earrings using three essential tools. Learn to choose the proper beading wire for your necklace while attaching a clasp. Gain an introduction to basic wire wrapping techniques and terminology. Find out how best to navigate your way around a bead shop. 'Numi' teas and delicious vanilla boutique cupcakes will be served!

**Y'vonne Page-Magnus** has many years of experience in this field. She has a BA in Fine Arts from the Inter-Continental University in London where she learned jewelry making, knotting and silk threading from a private instructor. She also studied geology on her own and is deeply passionate about semi-precious stones.

**April 26 | \$34**

Wesley Enhanced Living, 6300 Greene St.

\$30 materials fee payable to instructor for semi-precious stones and jewelry findings.

## COLD PROCESS SOAP MAKING

Sa from 12:30 PM to 4:00 PM

**AC22.** Leave with 2 lbs. of your own customized soap incorporating oils such as coconut, olive, palm and cocoa butter with lye and water. The lye goes through the chemical reaction of saponification and is not present in the end product. This hands-on class will give you an overview of the process along with handouts to help your success making more in the future. After the soap has "cured," you will have hard, cleansing, lathering, moisturizing bars of soap. Give as gifts or keep for yourself.

**Dora Johns** has been a registered nurse for more than thirty years and uses her science and math skills in her cold process soap making classes. Dora has been teaching soap making to Mt. Airy Learning Tree students since 2014!

**May 10 | \$49**

Wesley Enhanced Living, 6300 Greene St.

\$48 materials fee payable to the instructor. Bring a sturdy bag to take home your soap.

No experience required. Due to the use of lye, you must wear a long-sleeved shirt (cotton or natural fiber preferred); instructor will provide all supplies including safety equipment. All students must be 18 years of age or older.

## MAKE YOUR OWN BODY BUTTER AND SUGAR SCRUB

Sa from 9:30 AM to 12:00 N

**AC23.** Looking for products to exfoliate and moisturize your skin? We will spend our time together learning to formulate our own recipe and how to mix butters, oils and waxes to create a silky smooth body butter and a whipped soap sugar scrub. Ingredients will be included in the supply fee.

**Cheri Skipworth** is the owner of the HandmadeU Studio. HandmadeU inspires creativity in others through offering a monthly craft subscription box as well as craft workshops. Cheri has been an avid crafter for more than 30 years and has been teaching arts and crafts for more than 20 years.

**May 17 | \$54**

Wesley Enhanced Living, 6300 Greene St.

\$25 materials fee payable to the instructor.

## CALLIGRAPHY

Sa from 1:00 PM to 4:00 PM

**AC29.** Add some flair to your signature, some pizzazz to your greeting cards! Don't worry—we're not going to recreate an ancient manuscript! Learn how to use a calligraphy marker, basic strokes, shapes, and formats. Students will do some practice exercises then develop their own alphabet script. Each student will take home 3 double-point pens and exercise sheets plus have access to an online library of class materials.

**Bea Quindlen** learned from her high school art teacher that success can come from the learning process rather than the "perfect finished product." Those high school "discovery projects" led to a lifetime of crafting – and isn't life a "discovery project?" Bea is happily retired after a 47-year career at a data company. She attended a MALT class way back in 1994 but not again until 2008! Since then, she has taken over 20 classes. In 2017, she made the switch from student to instructor, teaching a variety of introductory craft classes.

**May 24 | \$49**

Wesley Enhanced Living, 6300 Greene St.

\$10 materials fee payable to the instructor. Additional pens may be purchased for \$3 each.

## NEW WEAVE A DOOR BASKET

M from 12:00 PM to 4:00 PM

**AC52.** Weave an adorable basket to hang on your door or anyplace else in your house! A great class for beginners or experienced weavers. Fill it with dried flowers or leave it plain, it's lovely either way. The basket measures 8" x 4" x 12". You will learn start and stop weaving, how to shape the basket, make a handle and how to triple twine. There will be a choice of colors for twining.

**Sara Robbins**, a Mt. Airy native, is an award winning fiber artist who has been weaving baskets for over 30 years.

**May 31 | \$64**

Woodmere Art Museum, 9201 Germantown Ave.

There is a \$25 materials fee payable to the teacher.



Would you like to share a skill or talent with your neighbors?

June 1 is the deadline to submit class proposals at [www.mtairylearningtree.org](http://www.mtairylearningtree.org) for the Fall term.

## INTRODUCTION TO IPHONE PHOTOGRAPHY

Tu from 6:30 PM to 8:30 PM

**AC27.** iPhone cameras are continually improving and replacing point and shoot cameras with convenient and easier ways to capture and post produce images, and send via email, messaging or post on social media sites. However, the basic iPhone camera's app does have its limits, which is why utilizing a well designed secondary camera app can assist in turning these "smart" forms of equipment into a viable means of creating and capturing more sophisticated images. This workshop serves as an introduction to the continually evolving world of iPhone photography and its extensive capabilities. Instruction will include a brief history of photography, and basic composition. Students will learn not only the basics of the iPhone camera app, but about a highly recommended secondary app called ProCamera. Anyone interested in getting more out of using their iPhone camera app, taking better photos and experiencing the range of controls that the camera offers will gain an enormous amount of information and begin to create more well composed, dynamic photographs.

**Peggy Feerick** has taught traditional and digital photography for over 40 years including iPhone photography since 2017 for The Smithsonian Associates Studio Arts Program. She retired from George Mason University as Associate Professor and Coordinator of Photography in 2016 with prior teaching at various institutions including the University of New Mexico, Georgetown University, and the University of Pennsylvania. In addition, she was the photo archivist and curator for the Smithsonian's Archives of American Art photographic collection from 1988 to 1994.

**April 22 - May 6 | \$64**  
3 sessions

United Lutheran Seminary,  
7301 Germantown Ave.

Students will need to purchase an iPhone app called ProCamera© by the 2nd class for \$17.99.



*Learn all the techniques for taking great photos with Peggy Feerick on your iPhone!*

## NEW FINDING BEAUTY IN A TURBULENT WORLD

Sa from 10:00 AM to 12 N

**AC36.** The beauty of the world is all around us, often right in our own backyard or just up the street. In this class, you'll learn how to see it with a camera or your phone. This is not a technical class focused on operating your camera/phone, but a visual class that will teach you to use the camera to better see the world and share your vision with others. By the end, you'll come away with an understanding of how to create better photographs and capture the beauty around you in a way that reflects your unique perspective. Part of class time will be spent inside but most will be spent outside discovering and taking photographs together.

**David Fonda** is an award winning fine art photographer. David earned a Bachelors of Fine Arts in Photography from Ohio University, and worked as a photo-journalist at two suburban Philadelphia daily newspapers, including the award winning Today's Post. He went on to work as a corporate photographer for ARMCO, Inc., then a Fortune 50 industrial corporation, and CoreStates Financial, a regional bank. David has operated an independent photographic studio for more than 30 years, and for the last several years he has returned to his roots in fine art and travel the world creating fine art photography.

**May 3-17 | \$64**  
3 sessions

United Lutheran Seminary,  
7301 Germantown Ave.

## DIGITAL CAMERAS: SLRS & MIRRORLESS

M from 7:00 PM to 9:00 PM

**AC25.** Do you have a digital SLR but keep it on auto everything? Trying to get the most out of your camera but you don't know what all the buttons do? Bring your camera and learn how to take more control over your photography. The final class will be a feedback night during which each student will show off the skills learned throughout the course! Be sure to charge your battery before each class. Your camera must have the following letters on the top dial: P, M, A, & S or P, M, Av, & Tv.

**Nicki Toizer** was the Technical Director at MALT for ten years. She has loved photography for more than 25 years and enjoys teaching others how to use their cameras.

**April 28 - May 19 | \$84**  
4 sessions

MALT Office, 6601 Greene St.

Optional \$20 materials fee for book and handouts payable to the instructor.

## NEW CREATE GREETING CARDS WITH QUILLING

Sa from 10:00 AM to 12:30 PM

**AC30.** Unleash your creativity in our hands-on greeting card workshop! Join us for an inspiring session where you'll learn the art of quilling. Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. You will also explore a variety of techniques, including embossing, layering, stamping, and die cutting. By the end of the class, you'll have crafted a minimum of four stunning, personalized cards perfect for any occasion. Whether you're a beginner or looking to refine your skills, this workshop is designed for all levels. Bring your imagination, and let's create beautiful cards that will delight your friends and family!

**Dora Johns** is a self described "crazy crafter." She has has a passion for all things paper arts. With a wealth of experience in crafting stunning greeting cards using the quilling technique, she has turned her love for creativity into a thriving venture. Beyond quilling, her repertoire includes enameling, stained glass, wood turning and more.

**June 21 | \$39**

Wesley Enhanced Living, 6300 Greene St.

There is a \$30 materials fee due to the teacher at class.

## FUN WITH WATERCOLOR TECHNIQUES

F from 10:00 AM to 12 N

**AC31.** If you have always wanted to paint with watercolors, but have been afraid to try, this course is the perfect place to start. It's geared for beginners. Learn several tricks to creating beautiful watercolors even if you have never painted before. Each session will begin with a short demo of a different watercolor technique. Students will then have plenty of time to experiment.

**Rebecca Hoenig** has been an artist and art teacher for several decades. She is particularly inspired by nature and begins most of her work with drawing and observation from life.

**May 23 - June 13 | \$89**  
4 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill

8855 Germantown Ave.

BYO materials or buy them from the list provided upon registration.

## JAPANESE CALLIGRAPHY

Su from 1:30 PM to 3:30 PM

**AC34.** Experience the meditative and creative art of Japanese calligraphy in this unique and inspiring workshop. You'll practice basic brush strokes while learning proper posture and the mindful approach essential to this traditional art form. Explore the beauty of kanji characters, write your name in Japanese, and combine art, language learning, meditation, and self-expression in one enriching experience. No prior experience is necessary, as every step will be guided, allowing participants to follow along easily and create their own calligraphy masterpiece to take home. Embrace the opportunity to try something new and different, fostering a sense of accomplishment and self-efficacy through this timeless art. All materials are provided—just bring your curiosity!

**Natalie Mancini** grew up in Japan and is a native speaker of Japanese. She holds a master's degree in Japanese linguistics. Since 2009, Natalie has been teaching Japanese at various institutions across the U.S. and has developed curricula ranging from introductory to advanced levels. Additionally, she practiced calligraphy throughout her school years in Japan.

**May 18 | \$39**

Mt. Airy Art Garage (MAAG),  
7054 Germantown Ave

There is a \$5 materials fee payable to the instructor.



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[www.mtairylearningtree.org](http://www.mtairylearningtree.org).



Create a beautiful portrait of your beloved pet!

## PAINT YOUR PET!

Sa from 9:30 AM to 12 N

**AC32.** Painted pet portraits are a beautiful way to celebrate, honor, or memorialize your beloved pet. In this beginner-friendly class, you will create an acrylic painting of your pet based on a reference photo. In the process, you will learn techniques for accurately reproducing an image as well as adding your own personal imagination and style to the portrait. Every student will complete a pet portrait by the end of two sessions. We will also use group discussion to share and learn from one another. This class is open to adults, as well as kids ages 10+ to attend with an adult.

**Sondra Rosenberg** is a local artist and art therapist. She studied visual art at Oberlin College and earned her MA in art therapy at NYU. Working in a range of media and subject matter, she creates art for personal expression, private commissions, and in support of organizations that promote social justice and community development. Her art practice has been informed by her work as an art therapist for women with eating disorders and related mental health struggles.

May 3-10

Individual | \$64

Parent & Child | \$106

2 sessions

Unitarian Universalists of Mt. Airy,  
6900 Stenton Ave.

A supply list will be provided by the instructor after registration. Or, students may choose to purchase supplies at the first class for a \$20 materials fee.

## DRAWING AND PAINTING FOR ADULTS

**AC35.** Come to Mindy's studio, where you can work indoors, masked, or outdoors, unmasked. It's been a great place for making all kinds of art! This class is for teens and adults who want to develop their drawing and painting skills and hone their artistic vision. The focus will be on representational art work, but abstraction, invention, and three-dimensional projects will also be options. You will get to choose your own drawing and/or painting projects and materials, with as much guidance or freedom as you would like. Beginners, seasoned artists, and everyone in between are welcome. Come join this relaxed, supportive community of artists cheering each other on, learning from each other, and creating an artistic home together, while enjoying working in Mindy's studio! Note: Participants will need to wear masks at class.

**Mindy Flexer** is a professional artist and certified art teacher. She takes each student seriously as an artist and works to help each one meet their own artistic goals. She loves sharing her passion for art with people of all ages and walks of life, and believes in the power of art to transform people, communities, and the world.

A. April 29 - June 10 | \$168

Tu from 9:00 AM to 11:00 AM

B. May 1 - June 12 | \$168

Th from 2:00 PM to 4:00 PM

7 sessions

Mindy Flexer Art School, 5225 Greene St.

For painting: bring your own materials or use the acrylic paint at the studio for a \$10 fee.

## EXPRESSIVE COLLAGE

F from 10:00 AM to 12 N

**AC44.** Get your emotions and creative juices flowing, express your artistic vision or simply let your subconscious guide you as you combine images and colors to produce a work of art. Expressive collage is fun, playful and for everyone who wants to create with paper. Absolutely no previous art experience is necessary. You will be amazed at how easy, relaxing, and rewarding it is to make a collage. You are welcome to bring your own photographs, magazines and papers to class, but know that everything you need to create work will be provided. Rebecca has a vast collection of magazines, wrapping papers, newspapers and calendars. Scissors and glue will be provided as well.

**Rebecca Hoenig**

May 9-16 | \$49

2 sessions

Center on the Hill, Presbyterian Church of  
Chestnut Hill, 8855 Germantown Ave.

\$5 materials fee payable to the instructor.

## MAKING ART MAKES US SMARTER: PASTELS

W from 1:30 PM to 3:30 PM

**AC41.** This course welcomes newcomers as well as those who want to renew pastel skills. You will receive instruction in both chalk and oil pastels, including various color application techniques, and paper explorations. Pastel can be applied energetically in broad strokes like paint or in fine layers like drawing. Vibrant colors and strong covering power make this medium fun and exciting. We will be working in a safe, air-filtered room, and masks will be strongly recommended to protect our health.

**Marcia Jones**, MFA, is a teaching artist in Mt. Airy with 50 years experience teaching art to all ages, in art centers and art schools. Her instruction-based teaching method, which she named Making Art Makes Us Smarter (c.2010), represents her passionate belief in the regenerative power of creative art. Marcia's primary mediums are watercolor and pastel. Her work can also be seen at Le Bus in East Falls, and in private collections. She was awarded MALT's Barbara Bloom Teacher Award in 2022.

May 7 - June 4 | \$110

5 sessions

Center on the Hill, Presbyterian Church of  
Chestnut Hill, 8855 Germantown Ave.

Supply list provided by teacher after registration.

## WATERCOLOR & DRAWING LEVEL 2

Tu from 1:30 PM to 3:30 PM

**AC43.** This course is for those who have taken Watercolor & Drawing Foundations with Marcia, or for those who would like to take Level 2 again. Our projects vary from season to season and will primarily focus on advanced color mixing, brushwork and the handling of edges. We will expand the basic primary palette used in Watercolor & Drawing Foundations to learn more about the specific characteristics of watercolor. Our projects will include still life, landscape, or any other subject which inspires us!

**Marcia Jones**

May 6 - June 10 | \$120

6 sessions

Center on the Hill, Presbyterian Church  
of Chestnut Hill, 8855 Germantown Ave.

Supply list provided by teacher after registration.

## VIVID VISIONS: THE ARTISTRY OF ALCOHOL INKS

Sa from 10:00 AM to 12:30 PM

**AC14.** Step into the enchanting world of alcohol ink in this introductory class! Lori will be your guide through the magical, mercurial, and vibrant realm of this medium. Prepare for a hands-on experience filled with multiple demonstrations, a variety of techniques, and personalized assistance. Alcohol ink, with its incredible versatility and fun factor, is the perfect medium for unleashing your creativity. No prior experience is needed—everyone can be an artist! Be mesmerized by the magical properties of alcohol ink as you create your own abstract masterpiece and a unique switch plate cover. At the end of the workshop, your creations will be varnished, making them ready to adorn your space. Take home these tangible expressions of creativity and let the allure of alcohol ink inspire your artistic journey!

**Lori Crook**, a Licensed Social Worker with a lifelong creative passion, transitioned into a self-taught artist after discovering alcohol inks. Since 2021, she has led 80+ workshops at venues like Norristown Art League, Whitmarsh Art Center, Evansburg Vineyard, and through private sessions in Montgomery County.

May 3 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$20 materials fee payable to the instructor at the start of class - cash or Venmo only.

## ALCOHOL INKS: A DEEPER DIVE INTO A MAGICAL MEDIUM

W from 10:00 AM to 12:30 PM

**AC15.** This 3-week series will focus on many basic alcohol ink techniques with an emphasis on creating abstract art with a floral twist. Students will experiment with compressed air, puffers, saran/bubble wrap, stencils, gel pens, and a wide array of colorful alcohol ink. Instructor will provide demonstrations and will give lots of one-on-one assistance so that each student will progress over the three classes and ultimately come away with new skills and a love of this special medium. Final project will be a 5x7 floral masterpiece ready for framing in an 8x10 mat. No experience necessary, but this course pairs well with the Introductory Workshop!

**Lori Crook**

May 14 - 28 | \$97

3 sessions

Wesley Enhanced Living, 6300 Greene St.

\$35 materials fee payable to the instructor at the start of class - cash or Venmo only.

## BALLROOM DANCING 101: THE BASICS

Th from 7:45 PM to 8:40 PM

**DA01.** Experience the thrill of swirling around the dance floor with your partner in time to fabulous big band and Latin American music! Ballroom dancing is always in style. People of all ages can enjoy the rhythm of togetherness on the dance floor. Included in the class will be the smooth waltz and foxtrot, and the rhythmic rumba and swing. Don't miss out on this popular introductory course that will help you build the confidence you need to get out on the dance floor during all those special occasions!

**Debra Klingler** has been a MALT dance instructor since 1994. She teaches a wide array of partner dances, including ballroom, swing and Latin dancing throughout the Philadelphia area, and can be found enjoying dancing with her students and partners in many local dance clubs.

**April 24 - June 12**  
Couples Fee | \$170

8 sessions

Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.



## BALLROOM DANCING 102: BEYOND THE BASICS

Th from 8:45 PM to 9:40 PM

**DA02.** This is a continuation of the ballroom basics introductory course. It will be tailored to the interests of the participants. A poll will be taken, with choices from the dances covered in the basic classes (foxtrot, waltz, rumba and swing). The results will impact the course syllabus with the dance having the highest ranking included in the course. Add to your repertoire of steps, as we review and practice the dances to build confidence in leading and following.

**Debra Klingler**

**April 24 - June 12**  
Couples Fee | \$170

8 sessions

Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

**Prerequisite:** A basic ballroom dancing class taught by Debbie; this requirement can only be waived with permission of the instructor prior to the beginning of the course.

## BALLROOM DANCING 103: MORE FUNDAMENTALS

Th from 6:45 PM to 7:40 PM

**DA03.** This course is a faster-paced continuation class in ballroom dancing, geared toward those who are already comfortable with the core steps of the most common ballroom dances. Course focus will be on using proper technique while adding to your repertoire of steps. Develop your ability to lead or follow your partner, while letting the character and feeling of each dance shine through. This is an advanced-beginner level course.

**Debra Klingler**

**April 24 - June 12**  
Couples Fee | \$170

8 sessions

Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

**Prerequisite:** A basic ballroom dancing class taught by Debbie; this requirement can only be waived with permission of the instructor prior to the beginning of the course.

### For all Ballroom Classes

Students must register with a partner; students will not be switching partners. No make-ups will be offered for missed sessions unless cancellation is by the instructor or MALT.



Jazz Dance teacher Frances Emberley dancing with her husband, Chris Cocchiarella. Photo by Alissa Coddington.

## NEW JAZZ DANCE IMMERSIONS

Come learn solo (non-partnered) jazz dance movements that originated in Black communities during the jazz and swing era. This three-part series focuses on authentic, traditional solo jazz dance (before the Broadway or Bob Fosse styles). In addition to basic jazz movements, each class covers a specific jazz cultural theme. Classes may be taken together or separately and are designed for all levels—from anyone new to dance to more experienced dancers wishing to deepen their jazz dance knowledge.

**Frances Emberley** is a dancer, instructor, and researcher with an interest in early twentieth-century American social dances originating in Black communities, such as the Lindy Hop and Charleston. She has been teaching dance for the past nineteen years and holds an MA in Dance from Temple University where her research focused on both historical and ethnographic perspectives to explore the culture, aesthetics, pedagogy, and preservation of Black American social jazz dances.

Students may wear whatever clothing is comfortable, as long as they can move easily. Sneakers with a smooth sole are recommended (no heels). If you are unsure about your shoe or clothing choice, please contact the instructor.

### FINDING RHYTHM AND GROOVE

**DA04.** Do you feel like a robot when you dance? Do you know where the beat is but want to learn how to groove to the music? This class will teach beginner-friendly jazz movements with a focus on embodying pulse and groove.

**May 3 | \$34**

**Sa from 12:00 N to 1:30 PM**  
Chestnut Hill United Church,  
8812 Germantown Ave.

### APPROACHING MUSICALITY

**DA05.** Want to dance like the cool kids? After learning some simple jazz movements, this class will show students how to begin identifying and using the melody, timbre, and dynamics of a song to influence their movement.

**May 31 | \$34**

**Sa from 10:00 AM to 11:30 AM**  
Cliveden Carriage House, 6401 Germantown Ave., rear

### FOUNDATIONS OF IMPROVISATION

**DA06.** Interested in learning to dance but don't want to look like anyone else? Tired of doing the same moves over and over? Terrified of the word improvisation? Using simple jazz movements as our foundation, students will learn easy approaches to manipulating rhythm and movement to create unique content in the moment.

**June 7 | \$34**

**Sa from 10:00 AM to 11:30 AM**  
Cliveden Carriage House, 6401 Germantown Ave., rear





Marck "Flaco" Best, right, dancing in Love Park with MALT

## SALSA AND BACHATA CLASSES NOW IN CHESTNUT HILL!

### BACHATA FOR SINGLES AND COUPLES

**DA08.** For those of you who have avoided dance classes because you didn't have a partner, here's your chance! Or bring a partner and learn the steps to be able to feel confident on the dance floor. There's no excuse now! Bachata is one of the newer Latin rhythms rising in popularity, in no small part because it's as easy as 1-2-3 (4), as fun as Merengue, as sexy as Salsa, and as sensual as Tango. It doesn't take long to become good at this dance. Flaco calls it, "Instant Cool." After you learn to move, an optional outing to a real Latin night club is also a part of this experience!

**Marck "Flaco" Best** is a native of Mt. Airy. As a master teaching artist, he holds roster artist positions with such prestigious arts education agencies as Young Audiences of NJ & PA, AIE, and Arts Horizons, and has a long-standing relationship with The Painted Bride Art Center, where he appears frequently. His passion lies in teaching men to dance with the women in their lives.

#### NEW class in Chestnut Hill!

##### A. April 23 - May 28 with Himasha

W from 7:30 PM to 8:30 PM

Water Tower Recreation Center,  
Hartwell La & Ardleigh St

##### B. April 23 - May 28 with Flaco

W from 7:30 PM to 8:30 PM

Flaco's Dance Factory, 411 Old York Rd,  
Jenkintown, PA

Individual | \$89

Couples Fee | \$169

6 sessions

### CLASSIC R&B LINE DANCING!

##### Sa from 10:00 AM to 11:00 AM

**DA12.** These dances go back to the days of Dick Clark, The Geator and The Guy with the Goods. We'll groove to the music of the 60's and 70's learning the line dances from that same period, some of which are still enjoyed in clubs! This class is designed to focus on memory and sequencing, and is low to medium impact.

#### Tony McFadden

##### April 26 - June 7 | \$89

6 sessions (no class 5/24)

Flaco's Dance Factory, 411 Old York Rd,  
Jenkintown, PA

### BEGINNING SALSA

**DA07.** Immerse yourself in the vibrant and rhythmic world of salsa with our dynamic dance class. Originating in the lively streets of New York in the 1960s, salsa is a fusion of Cuban dance music, like Son and Rumba, and American influences such as swing and tap. This class will not only teach you the fundamental steps and techniques of salsa but also delve into the rich cultural history that shaped this energetic dance form. From its roots in Cuba, where the influence of Latin American rhythms met American creativity, to the emergence of distinct styles like Cuban and Colombian salsa, our class explores the global journey of salsa. Whether you're a beginner or an experienced dancer, join us as we celebrate the universal appeal of salsa, a dance that has captivated hearts and moved feet across continents, from New York to Benin and Ghana. Get ready to step into the rhythm and embrace the passion of salsa!

#### Marck "Flaco" Best

**Himasha Gunasekara's** love for dance began in 2010 in Sri Lanka when she took Latin dance classes with her sister. After moving to New York in 2013, she fell in love with salsa and continued dancing after relocating to Philadelphia in 2019. At Flaco's Dance Factory, she found a welcoming community and now enjoys teaching, sharing her knowledge, and inspiring others with the joy of dance.

#### NEW class in Chestnut Hill!

##### A. April 23 - May 28 with Himasha

W from 6:30 PM to 7:30 PM

Water Tower Recreation Center, Hartwell Ln.  
& Ardleigh St

##### B. April 26 - June 7 with Flaco

Sa from 6:30 PM to 7:30 PM (no class 5/24)

Flaco's Dance Factory, 411 Old York Rd,  
Jenkintown, PA

Individual | \$89

Couples Fee | \$169

6 sessions

### CONTINUING BACHATA

W from 8:30 PM to 9:30 PM

**DA09.** Bachata is a very easy partner dance to acquire for almost anyone. Its formula is very simple, and once you know that formula, it's time to add tricks, new turns, footwork and styling! Continuing Bachata is for anyone who wants to stay challenged and learn new things. This class will feature guest teachers, recommendations for music to practice to, and more!

#### Marck "Flaco" Best

##### April 23 - May 28

6 sessions

Individual | \$89

Couples Fee | \$169

Flaco's Dance Factory, 411 Old York Rd,  
Jenkintown, PA

### PHILLY BOP

Th from 6:30 PM to 7:30 PM

**DA10.** Philly Bop is hot right now, and MALT has its hottest teacher. Begin with the basic steps of jitterbug at a slightly slower tempo and with more graceful and fluid movements. Then learn the more challenging part of improvisation. Bringing a partner is optional but always encouraged. This is the real deal, ladies and gents. The success rate of students in this class is astounding! Try it for yourself. You won't believe your feet.

**Tony McFadden** began dancing 50 years ago, and for over 20 years he has taught dance. He finds fulfillment in teaching students how to groove to great music and have fun. Since retiring eight years ago, he's been traveling nationwide, competing in dance competitions and leading dance events. Alongside line dancing, Tony teaches classes in Bop, Cha Cha, Salsa, Strand, 2-Step and Basic Line Dance. He also enjoys teaching basic Waltz, Bachata, Tango, Hustle, Foxtrot, Chicago Steppin, Etc.

##### April 24 - May 29

Individual | \$104

Couples Fee | \$180

6 sessions

Flaco's Dance Factory, 411 Old York Rd,  
Jenkintown, PA

#### For Classes at Flaco's Dance Factory:

The dance studio is located close by in Jenkintown. The classes include MALT students and students from the dance studio. Students will change dance partners in class.



### DATE NIGHT DANCES

F from 6:30 PM to 9:00 PM

**DA13.** Grab your dancing shoes and a partner for an evening at Flaco's Dance Factory! Dance your way into an exciting date night, learning new moves that you can take out again and again. You'll be impressing your friends with your dance skills in no time, and having fun doing it! This date night evening will include lessons in two different rhythms.

#### Marck "Flaco" Best

##### May 2 | \$40

Flaco's Dance Factory, 411 Old York Rd,  
Jenkintown, PA

### 1,2,3 LINE DANCE WITH ME...B-LUV

W from 6:30 PM to 7:30 PM

**DA11.** Learn a variety of line dances in this fun-filled experience, featuring both classic and new, easy, popular dances. Enjoy step-by-step instruction for dances commonly enjoyed at parties, on cruises, at weddings, and other festive events. Join B-Luv for a delightful dance class suitable for everyone.

**B-Luv**, a Choreographer/Instructor is a 31 year pioneer, trailblazer in the line dance community. She has won a plethora of awards including 2 Lifetime Achievement Awards, Choreographer of The Year and Philadelphia Dance Legend! She has worked with several artists in the music industry which include Grammy Award Winner Peabo Bryson! She has been given the gift to do what she truly LOVES to do....choreography and dance and it is her passion!

##### May 21 - June 25 | \$89

6 sessions

United Lutheran Seminary,  
7301 Germantown Ave.



## BALLET FOR ADULTS AND TEENS

W from 7:30 PM to 8:45 PM

**DA14.** Have you always wanted to try ballet, or did you take it as a child? This beginning to intermediate ballet class is an opportunity to begin, resume, or continue ballet, stay in shape, and have fun! You will learn ballet vocabulary and through the traditional sequence of exercises at the barre and in the center, you will improve balance, coordination, and flexibility. Enjoy exploring this beautiful art form with a creative and inspiring instructor experienced in teaching adults and meeting them at their level. This class is for ages 14 and older. Please wear comfortable dance/athleticwear and ballet shoes.

**Christina Castro-Tauser** is the founding director of Expansions Contemporary Dance Ensemble and Executive Director of International Ballet Exchange. She earned her MFA at Temple University and was the recipient of the Rose Vernick MFA Choreographic Achievement Award. Christina is an adjunct faculty at Temple University and Teaching Artist for Taller Puer-torriqueno. In January of 2023 she became the owner of Wissahickon Dance Academy.

April 16 - June 4 | \$144  
8 sessions

Wissahickon Dance Academy,  
38 E School House Ln

## NEW INTRO TO GOLDEN AGE BELLYDANCE

Sa from 10:00 AM to 11:15 AM

**DA15.** American bellydance pulls movements from North African and other international cultures such as Egypt, Turkey, Lebanon and more. In the 1970s and 80s, the 'Golden Era' bellydance style was incredibly popular in the United States. It pulled from mid-century Egyptian cinema with a focus on simple graceful movements and repetition. This class will teach core American bellydance movements and then a Golden Age bellydance-inspired choreography.

**An Nichols** is an established performer in the Philadelphia community. In the world of dance, she is a certified BellyQueen bellydance instructor who started in 2001 and went onto study with June Seaney, Tessa Myers, Habiba, Kaeshi Chai (BellyQueen), Oreet (bellydancer of the year) and Zoe Akili. She specializes in body positivity, teaching veil, floor routine, and assisting beginners in enjoying the basics of the dance.

May 3-24 | \$69  
4 sessions

Chestnut Hill United, 8812 Germantown Ave.

## NEW DANCE INTO RENEWAL: A SPRINGTIME CELEBRATION

Sa from 6:00 PM to 8:00 PM

**DA16.** In hard times, joy is the most important fuel. In this dance of renewal, we will celebrate our bodies and being alive, connecting with ourselves and one another. Expect to wake up your muscles and bones, feel more present, and shake off your blues. We will dance in circles, lines, and be invited into our own expressive dance. Inspired by contemporary folkloric dancing, this class is accessible to many ability levels.

**Natanya Apfelbaum** is a movement explorer, always discovering something new. The past two years, she lived in Sicily studying folkloric dances from Southern Italy and the Romani people. She has a BA in dance from Smith College and has spent countless hours in intuitive movement practice, discovering what is natural, spontaneous, and free. Knowing that dance is an integral part of culture-making, she is excited to be facilitating community movement classes.

May 3 | \$34  
Chestnut Hill United, 8812 Germantown Ave.

## NEW WINE TASTING: SAUVIGNON BLANC

W from 7:00 PM to 9:00 PM

**CK01.** Among the white noble varietals, Sauvignon Blanc often gets short shrift as an also-ran next to Chardonnay and Riesling. Nevertheless, this particular varietal enjoys a myriad of expressions throughout the Old and New Worlds, and is now getting more recognition among some wine critics as a world class wine with ever increasing point scales worthy of accolades previously reserved for its sibling varietals. Join us as we delve into the particularities of the terroirs from around the world that are instrumental in producing distinctive tasting profiles that will delight and tantalize your taste buds as we move into the spring season.

**Rodney Chonka** has toured wineries throughout Europe and the US and has led wine tastings at MALT since 2009.

A. May 14 | \$34

B. May 21 | \$34

Cliveden Carriage House, 6401 Germantown Ave., rear

\$13 materials fee will be automatically added upon registration.

## BEER TASTING: HOPPING INTO SPRING

F from 7:00 PM to 9:00 PM

**CK04.** In this class, you'll taste your way through a variety of hoppy beers, from pilsners to pale ales to the ever-expanding spectrum of what's considered an IPA. You'll learn about the history of this special flower's use in beer, and how its varieties have evolved over time to keep bringing us exciting new flavors and aromas. Join us around the table for a convivial night of tastes and conversation!

**Orr Shtuhl** is a James Beard-nominated food writer and educator. He has taught beer classes at Murray's Cheese, the Bedford Cheese Shop, and with his own beer tours project, The Bestest. He was the Washington City Paper's first beer columnist, and his writing has also appeared in The New York Times, Gastronomica, Serious Eats, and NPR.

April 25 | \$34

Private home near Mower and Sedgwick Streets

\$15 materials fee payable to the instructor.



Taste and learn all about beer with Orr Shtuhl, a Beer Expert and Mt. Airy Neighbor!

## NEW BEER TASTING: DEMYSTIFYING THE BEER AISLE

Sa from 5:00 PM to 7:00 PM

**CK07.** Ever feel overwhelmed by choice when trying to buy beer? Join Orr Shtuhl for a special new class — set in a bottle shop! You'll taste through the best finds of the day while learning how to choose the beer that's best for you, as well as advanced tips like selecting for freshness and Philly's hidden gems. The class will end with some guided shopping time, so you can try out your new skills and bring some beer home.

**Orr Shtuhl**

May 17 | \$34

The Foodery Chestnut Hill, 7829 Germantown Ave.

\$13 materials fee payable to the instructor. Bring funds to shop after class!

## THE ART OF CLASSIC MIXOLOGY

M from 7:00 PM to 9:00 PM

**CK05.** The classic cocktail is back in fashion. As in old fashioned, Sazeracs and sidecars. Your friends will be stirred by your mixological prowess while you remain unshaken as you pour the perfect martini. In this introductory class, you will learn how to create a dozen or so elixirs that have stood the test of time. In the process, you'll learn some entertaining history of each to pass along to your guests along with the hors d'oeuvres.

**Liz Aubry** began her restaurant career as a host and busser in order to put herself through college. Her experiences in the hospitality industry led to her infatuation with it. At 22 she became a bartender and never looked back. She loves the creativity, sounds, smells, and tastes involved in mixing a drink, and the fast paced yet family-like vibe of restaurants. She sees making cocktails akin to cooking: an emotionally rewarding way to bring people together. She is a bartender at Mt. Airy's own Commodore Barry Club and Bar Lizette.

April 28 | \$34

Commodore Barry Arts and Cultural Center, 6815 Emlen St.

Class is from 7:00 to 9:00 pm with optional after class socializing til 9:30 pm. There is a \$15 materials fee payable to the instructor at the class.

## THE SCIENCE OF NOUVEAU MIXOLOGY

M from 7:00 PM to 8:30 PM

**CK06.** Graduates of "The Art of Classic Mixology" and other wet-bar wizards will enhance their art of classic cocktail making with some intoxicating science. Discover special ingredients and techniques; make split based cocktails; produce syrups and shrubs; and learn how to fat-wash your favorite drink (yes, those bacon-infused old fashioned are delish!) Incorporate herbs, fruits and spices sagely and invent your own unique signature cocktail!

**Liz Aubry**

June 9 | \$34

Commodore Barry Arts and Cultural Center, 6815 Emlen St.

Class is from 7:00 to 8:30 pm with optional after class socializing til 9:00 pm. There is a \$15 materials fee payable to the instructor at the class.

## INFLUENCED BY INDIA

Tu from 6:00 PM to 8:00 PM

**CK08.** Think flavorful, delicious, and a little spicy! We will explore the flavors and textures inspired by Indian cuisine, with a twist. All recipes are gluten and dairy free and sweetened when necessary with low glycemic sweeteners. The menu will include mango chutney, spinach paneer, non-Naan, samosas, and a chai cheezecake. We will go through a variety of ways to create healthy, nutritious and delicious food. Bring an appetite and take away containers for leftovers.

**Dorothy Bauer** spent most of her adult life in Berkeley, California where she was able to take classes at Living Light Culinary Institute and study with world renowned raw chef and author, Elaina Love.

April 29 | \$34

Unitarian Society of Germantown, 6511 Lincoln Drive

\$20 materials fee payable to the instructor.

## FERMENTING FOR FUN AND YOUR HEALTH

Tu from 6:00 PM to 8:00 PM

**CK09.** Come learn the basics of turning veggies into delicious art that works wonders on your intestinal tract! "Probiotic" isn't just a buzzword— probiotics are a key to lasting health and immunity. Students will be amazed at how fun and easy it is to transform the contents of their refrigerator into nutritious condiments and sides. This class will cover sauerkraut, kimchi, pickles, rejuvelac and non-dairy cheeses.

**Dorothy Bauer**

May 27 | \$34

Unitarian Society of Germantown, 6511 Lincoln Drive

\$15 materials fee payable to instructor for all veggies and quart mason jar

See Page 41

## Kitchen RX: Your Health with Food as Medicine

## NEW CAKE DECORATING FOR BEGINNERS

Tu from 5:00 PM to 8:00 PM

**CK02.** Learn to stack and decorate a single-tier, three-layer cake with Swiss meringue buttercream frosting and to create a beautiful fondant spring flower wreath design! We will go over the best cake and icing recipes for stacking cakes (using pre-made cakes), as well as how to achieve a smooth finish on a buttercream cake, and how to sculpt using fondant and fondant tools. Students will leave with recipes for cake layers and icing, a cake to enjoy, and a set of beginner cake decorating tools to try again at home. No previous cake decorating experience needed!

**Samantha Humes** has been providing custom cakes to local Philly-area residents since 2021. Baking is her therapy and her joy in life, and she loves creating unique cake designs that look as good as they taste!

May 13 | \$64

Airy Kitchens - 88 W Johnson St.

\$30 materials fee will be automatically added upon registration. Students will receive a beginners decorating set including cake wheel, recipes to take home, and a beautiful cake to enjoy!

## I SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM!

Tu from 6:00 PM to 8:00 PM

**CK10.** Let's get your freezer full of healthy, delicious, and nutritious treats to pull out when you need them. No added sugar or processed ingredients will be used. Trying to eliminate dairy from your diet? We got your back! This class covers flavor, gluten and dairy free, and low glycemic index. We will include ice cream pie, ice cream cake, sandwiches, popsicles, fudgesicles, chocolate or carob covered frozen bananas on a stick and more! Don't forget your appetite or a container for samples to go!

**Dorothy Bauer**

June 24 | \$34

Unitarian Society of Germantown, 6511 Lincoln Drive

\$20 materials fee payable to the instructor. Bring to-go containers to transport your ice cream sandwiches and treats!



We are delighted to bring Cake Decorating to MALT! And this class takes place in the beautiful showroom of Airy Kitchens.

## NEW BREAD BAKING: EASTER BUNS

F from 6:00 PM to 8:30 PM

**CK19.** Learn the ins and outs of baking delicious sweet holiday breads, from hot cross buns to challah! June will guide you through measuring dry and wet ingredients, waiting patiently through the proofing process, and whipping up some mouthwatering icing. While your rolls are baking, take some time to learn braiding techniques as well. Don't miss this opportunity to wow your family and friends at your next gathering!

**June Daley** is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

April 18 | \$34

Unitarian Society of Germantown, 6511 Lincoln Drive

\$20 materials fee payable to the instructor. Bring an apron if available - flour gets messy - and a kitchen towel.



Jacqueline Jonas

## A VEGETARIAN TASTING

Su from 3:00 PM to 5:00 PM

**CK03.** Join Jackie Jonas for a demonstration and tasting of some of her recipes featured in her memoir/cookbook “Cooking from Memory.” Jackie will walk you through the preparation of some recipes from the “cooking up the world” chapter including vegetable couscous with harissa sauce. You will also sample a Mediterranean salad, shakshuka, and Southern lemon ginger tea. Jackie has worked to make healthier and vegetarian friendly meals that still delight the taste buds. Recipes will be distributed for each dish and you will leave with a spice kit for making the dishes on your own. The class meets at Jackie’s home and spaces are limited.

**Jacqueline Jonas** is a storyteller, seamstress and cooking coach. Through her work as The Kitchen Doula, she seeks to empower everyone to cook well and often.

**May 18 | \$34**

Private home near East Allens Lane and Ardleigh St.

\$20 materials fee payable to the instructor

## THE ULTIMATE SCONE

F from 6:00 PM to 8:30 PM

**CK20.** An evening of hands-on fun. JuneBug will teach you the keys to making flaky and tender scones, including how to properly cut the butter into the flour; the results might even convert any scone skeptics in your life into scone lovers. Together, we’ll make two varieties of buttery scones.

**June Daley** is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

**May 9 | \$32**

Unitarian Society of Germantown,  
6511 Lincoln Drive

\$20 materials fee payable to the instructor.

## MAKING SOURDOUGH BREAD

Sa from 3:00 PM to 6:00 PM

**CK21.** Are you interested in learning the art of sourdough baking? Join our workshop to discover the entire process, from creating and caring for your own starter (it’s easy!) to baking delicious bread. During the session, you’ll taste a sample of freshly baked bread and leave with your own small loaf, dough to make another loaf, and a starter to continue baking at home.

**Nathan Long** has been baking bread for 30 years. He has worked at a commercial bakery as well as cooked at an organic restaurant, a commune, and for a meditation retreat. During the pandemic, he took on making sourdough when he was gifted a 15 year old starter, which he will share with the participants.

**A. April 26 | \$39**

**B. May 17 | \$39**

Unitarian Society of Germantown,  
6511 Lincoln Drive

Please bring a medium (2 quart) bowl, a 12-20 oz jar with lid, and a sturdy stirring spatula. There is a \$10 materials fee payable to the instructor.

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## NEW Father's Day Cupcake Decorating for Kids



MALT has 242  
classes in our  
Spring term.

MALT classes in cooking, yoga, pilates and dancing will give you and yours healthier bodies all year long. Our classes in financial planning can give your family peace of mind for years to come. Our music and art classes make the world a better place. With such a variety of offerings the possibilities are endless!

**Give a MALT Gift Certificate!**

## THE ROWZONE FITNESS WORKOUT

Th from 5:30 PM to 6:15 PM

**EX03.** The Rowzone Fitness indoor studio workout is a perfect combination of cardio, strength, and technical rowing training with the use of Concept2 rowing machines. We add in body toning exercises. Our upbeat classes are taught by the RowZone Staff who are rowers, rowing enthusiasts and trainers, and suit all levels and ages. This class will challenge your mind and body while giving you a workout that you will never forget.

**May 15 - June 5 | \$80**

4 sessions

The Wall Cycling, 132 Levering St 19127

## BOXING FITNESS ACTION

M from 7:00 PM to 7:45 PM

**EX05.** Do you need stress relief? Looking for fitness that gives you a happy high? Put on boxing gloves and do a fun, challenging workout guided by a National Golden Gloves champion. Learn how to throw a real punch and get in some strong kicks. Boxing is considered by researchers to be one of the most effective workouts you can do for overall toning, strength and conditioning. All levels of fitness.

**Rochelle Brenner** is a Black Belt and full-time martial arts instructor for children and adults. She is also a former amateur boxer and includes training that can challenge every level. She is the owner of Action Karate in Mt. Airy.

**A. April 14 - May 5 | \$89**

**B. May 19 - June 9 | \$89**

4 sessions

Action Karate, 11 W Mt Airy Ave.

A \$59 materials fee will be required at the first class for Action Karate boxing gloves. Please note no outside equipment allowed.

## KALI STICK TRAINING

Th from 7:30 PM to 8:15 PM

**EX06.** Learn basic stick strikes and blocks while developing hand-eye coordination, general coordination, discipline and general athleticism. Kali stick work develops quicker reflexes and reaction times, which is so important for self defense. Being able to react quickly also helps develop balance and response time for simple tasks throughout our daily lives. Single and double sticks will be utilized. All experience levels welcome!

**Tim Wetzel** is a 2nd degree Black Belt in Kenpo karate with a passion for stick training. He is currently the head instructor at Action Karate Mt. Airy.

**May 1 - June 5 | \$99**

6 sessions

Action Karate, 11 W Mt Airy Ave.

A \$59 materials fee will be required at the first class for sticks and case.

## NEW YOU CAN DO A CARTWHEEL!

W from 3:00 PM to 4:00 PM

**EX10.** Have you always wished you could do a cartwheel? You can do it! In this 3-week class, we will learn all of the pieces: stretching, lunges, kicks, landing, and balancing, culminating in your first cartwheel! We will also work on forward rolls, handstands, and cartwheel variations. Gymnastics isn’t just for little kids anymore; it can have many benefits for adults, like improved balance, coordination, flexibility, and strength. All body types and sizes welcome.

**Sammy Lifson-Neubardt** is MALT’s Program Administrator. She is a former amateur gymnast and a current gymnastics fan!

**May 28 - June 11 | \$49**

3 sessions

Water Tower Recreation Center, Hartwell La & Ardleigh St

Wear comfortable form-fitting clothing like bike shorts. Gymnastics requires bare feet, your hair tied up, and jewelry removed.

Support  
**MALT** with a  
tax-deductible donation!



Visit: [mtairylearningtree.org/donate](https://mtairylearningtree.org/donate)

Consider designating your gift to support our **Fern Bell Scholarship Fund**, which provides a 50% discount off classes to those in financial need.

## NEW CHAIR CARDIO

Th from 1:00 PM to 2:00 PM

**EX12.** Dance, stretch, move and groove with Megan for an all levels Chair Cardio Class where we will use light weights, and a fun playlist to get our heart rate and energy levels up. Be prepared to laugh and have fun!

**Megan Do Nascimento** is a breast cancer survivor and yoga and fitness instructor known for her outgoing personality and inclusive teaching style. She has taught in the Philadelphia prisons, the school district, Magee Rehabilitation Hospital and various fitness centers in the area. Megan is the wellness coordinator at Awbury Arboretum in East Mt. Airy and offers yoga classes and walks.

**May 1 - June 5 | \$64**  
6 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

## YOGA/PILATES MIX

Th from 6:30 PM to 7:30 PM

**EX13.** Stretch the muscles of the core with yoga, then strengthen the muscles with Pilates. This is a great combination for the body and mind. Suitable for those familiar with yoga and athletic beginners. Bring a mat.

**Christopher Coan** is a certified Pilates and Kripalu Yoga teacher with nearly a decade of experience. His classes are influenced by martial arts study, Buddhism and various healing modalities such as acupuncture and Ayurveda.

**April 24 - June 26 | \$99**  
8 sessions, (no class 5/15 & 6/19)

Summit Presbyterian Church, 6757 Greene St. at Westview

## PRESERVING BONE DENSITY THE HEALTHY WAY ONLINE

Tu from 6:30 PM to 8:00 PM

**EX14.** Come for a discussion that could change your life! Anyone with bone loss is usually told by their doctor simply to take calcium and this is not enough. There are so many more factors to consider and we will go into all of them, including the controversy around cardiovascular health when supplementing with calcium. You will learn specifics about the vast array of supplements and how to find the best forms of each necessary ingredient. We will also discuss dietary tips and lab testing. Bring your questions and allow Dr. Gannon to help you figure out your best strategy for a healthy future!

**Paul Gannon, ND**, is a naturopathic doctor in practice for over twenty years, helping clients reach and maintain their health goals, tailoring the most effective cutting edge natural treatment protocols. He specializes in women's health, cancer co-management and post-treatment thriving, gastrointestinal health, acute and chronic illness, as well as allergies and rheumatism.

**May 6 | \$34**  
The Comfort of Your Own Home

## FOAM ROLLING FOR FLEXIBILITY AND AGILITY

Sa from 11:00 AM to 12:15 PM

**EX15.** As we age, our muscles, tendons, and fascia lose elasticity. Foam rolling is a low-impact approach that improves the pliability of the body's soft tissues, allowing for better range of motion, reducing stiffness, and preventing injury. Despite their benefits, foam rollers are typically underutilized. This course offers an extensive approach to foam rolling for the neck, back, shoulders, hips, and legs. Students will leave with tools to keep their musculoskeletal system more pliable and elastic, with a better range of motion, thus reducing the risk of soft tissue injuries.

**Dr. Jeffrey Sklar** has been a chiropractor and educator in Philadelphia and across the country for over two decades. He has spent half of his career treating cancer patients for quality-of-life challenges through their treatment. He has lectured overseas and coast to coast. His Chestnut Hill practice continues to focus on quality of life for all his patients.

**June 14 | \$39**  
Balance Fitness, 12 W Willow Grove Ave.

\$30 materials fee payable to the instructor for foam roller if the student does not have their own roller.

## NEW MAT PILATES

W from 6:30 PM to 7:30 PM

**EX16.** Join our Mat Pilates class for a full-body workout designed to strengthen, lengthen, and tone your muscles while improving flexibility and posture. This low-impact class focuses on core stability, breath control, and mindful movement using just your body weight and a mat. This class is not a beginners class. Whether you're looking to enhance strength, increase mobility, or simply unwind with controlled, flowing movements, this class will leave you feeling refreshed, aligned, and energized. No equipment needed—just bring your mat, water, and a positive mindset!

**Christopher Coan** is a certified Pilates and Kripalu Yoga teacher with nearly a decade of experience. His classes are influenced by martial arts study, Buddhism and various healing modalities such as acupuncture and Ayurveda.

**April 23 - June 18 | \$99**  
8 sessions, (no class 5/14)

Summit Presbyterian Church, 6757 Greene St. at Westview

## KITCHEN RX: RESTORE YOUR HEALTH WITH FOOD AS MEDICINE

Tu from 7:00 PM to 9:00 PM

**CK16.** Make your pantry a better path to health than your medicine cabinet. Plant-based eating is a proven antidote to many of the chronic illnesses of our time. Medical research, for example, has validated nutritionist claims that the condition of pre-diabetes (affecting one in three adult Americans) can be reversed with a plant-based diet. Eating a whole foods diet has been shown to strengthen our immunological resistance and to prevent many other illnesses including heart disease, and even some forms of cancer. This lifestyle aligns us with creating more peace in the world--by making a choice to reduce the suffering caused by unaware food choices, reducing animal cruelty and supporting the health of the planet. Get inspired prior to class by watching The Game Changers documentary, available on several platforms.

**Elise Rivers** Esq., MAC, has practiced holistic medicine for more than twenty years and is the founder of the Northwest Center for Food As Medicine, teaching people how to prevent and reverse the chronic diseases of our time. Learning from renowned functional medicine doctors, she has studied the benefits of plant-based nutrition since 2013, and is certified by Cornell University's program in plant-based nutrition.

**April 29 | \$34**

Private home, Chestnut Hill near Mermaid Ln and Huron



Elise Rivers

## NAVIGATING HEARTBURN AND REFLUX ONLINE

Tu from 6:30 PM to 8:00 PM

**EX24.** If you suffer from heartburn and or reflux, even occasionally, then this talk should be a must on your list. Those with heartburn or reflux are commonly prescribed proton pump inhibitors or H2 blockers which do not treat the cause of your problem at all, and have been implicated in serious ailments such as dementia, osteoporosis, and cancer. This highly informative and comprehensive talk will discuss gastric physiology, testing as well as effective alternatives for addressing reflux safely and without side effects. Find out if you could manage your health in a more comprehensive way and enjoy more of life and the food you are eating. Additionally, this presentation will help you to have an informed conversation with your doctor and to explore safer, over-the-counter alternatives to reflux and heartburn medications.

**Paul Gannon, ND**, is a naturopathic doctor in practice for over twenty years, helping clients reach and maintain their health goals, tailoring the most effective cutting edge natural treatment protocols. He specializes in women's health, cancer co-management and post-treatment thriving, gastrointestinal health, acute and chronic illness, as well as allergies and rheumatism.

**May 13 | \$34**

The Comfort of Your Own Home

## NEW INFANT/CHILD CPR AND FIRST AID

Sa from 11:00 AM to 2:30 PM

**EX17.** Are you a parent/caregiver of an infant? Are you a first time parent? Do you have any grandchildren, nieces, or nephews? If you answered yes to one or two of those questions consider taking this course. It can be an added resource to make sure the little ones in your life will be protected if the unexpected occurs. You will learn how to identify and respond to medical emergencies, perform high quality CPR and simple first aid. Additionally, you will gain the confidence to act when an emergency arises. If you would like to be certified, the certification lasts for two years.

**Anna Dayle** is an educator who teaches Pre-Kindergarten and also leads our CPR/First Aid classes. Teaching CPR/First Aid is one of her favorite subjects to teach because emergencies can occur at a moment's notice and it is important to be prepared!

**May 31 | \$64**

Mt. Airy Art Garage, MAAG,  
7054 Germantown Ave.

There is a \$4 materials fee payable to the instructor. If you would like a certificate there is an additional cost of \$40 once you complete the requirements.

## NEW ADULT CPR AND FIRST AID

Sa from 11:00 AM to 2:30 PM

**EX18.** In this course participants will gain the knowledge and skills they need to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. Students learn skills such as how to respond to choking, anaphylaxis, and asthma issues. This course also teaches Adult High Quality CPR. This course is a mixture of lecture, videos, and demonstration along with hands-on practice and assessment scenarios. It is for students with limited or no medical training who may need a CPR card AND a First Aid card to meet a job requirement or for personal reasons. If you've taken CPR classes in the past, update your emergency response knowledge. Students are required to participate in the demonstration portion of the course in order to receive a passing score and a certificate of completion. The certification the participants will be receiving is from the American Red Cross and lasts for two years. We are pleased to be able to offer this training to the community.

**Anna Dayle**

**June 21 | \$64**

United Lutheran Seminary,  
7301 Germantown Ave.

There is a \$4 materials fee payable to the instructor. If you would like a certificate there is an additional cost of \$40 once you complete the requirements.



Noah Teachey

## NEW PODCASTING: SHARE YOUR STORY WITH THE WORLD

W from 6:30 PM to 8:00 PM

**CCo8.** You have a story that needs to be heard, and thanks to developments in technology of the past decade, it has never been easier to put it out into the world. Learn how to craft a compelling narrative and leverage inexpensive recording and editing workflows to sound your best and reach your audience. In this course, you will plan, record, edit, and release an audio podcast. You will find yourself a full member of a world of audio storytellers, able to hold your own artistically and technologically in a relatively new, ever-evolving creative pursuit.

**Noah Teachey** is an audio educator with an MA in Music & Music Education from Columbia University Teachers College. He has released 165 hours of audio podcasts and worked with hundreds of students on their own audio creations. Before moving to Philadelphia, Noah worked as a public school music teacher in the Bronx.

**May 21 - June 25 | \$89**

6 sessions

Mt. Airy Axis, 520 Carpenter Lane

## NEW GETTING STARTED WITH USING COMPUTERS FOR AUDIO RECORDING

W from 6:30 PM to 8:30 PM

**CCo7.** Dive into the world of digital audio recording in this beginner-friendly workshop! With recording technology more accessible than ever, it can still be challenging to navigate the terminology, software, and hardware needed to get started. This hands-on session breaks down the essentials, from setting up and using a basic recording setup to troubleshooting real-life technical issues. Whether you're an aspiring musician, podcaster, or just curious about audio production, you'll gain the confidence to start creating with ease. No prior experience required—just bring your creativity and curiosity!

**Jeremy DePrisco** is a Pennsylvania musician, composer, performer, and sound artist with over twenty five years of recording and performing experience. As a studio owner in Central PA, Jeremy recorded bands and singer-songwriters. Today, Jeremy helps people set up their home studios and get the most out of their technology.

**April 30 | \$42**

United Lutheran Seminary,  
7301 Germantown Ave.

## INTRODUCTION TO 3D PRINTING

F from 6:00 PM to 7:30 PM

**CC11.** 3D printers allow you to turn digital into reality, and over the last several years have reached both a price point and an ease of use that makes them as accessible as ever. This course will cover the very basics of 3D printing, including how the machines work, the different types available, how a digital file is processed through to being a printed object, and where to find content to print. Get ready to take the plunge into the world of 3D printing!

**Mike Finnell** is a Philadelphia based IT professional with over 20 years of experience working with new technologies. He began his own dive into 3D printing in 2022 and what started as curiosity quickly expanded into designing and publishing his own 3D models for others to enjoy, primarily around his other hobby, Geocaching.

**May 9 | \$39**

Chestnut Hill Hospital, 8835 Germantown Ave.



### Mt. Airy Learning Tree is led by a working board of volunteers who are neighbors and friends.

Mt. Airy Learning Tree's Board of Governors at a recent board meeting at the MALT office.

Left to right, around the table: Janet Hoffman, Rae Whatley, Rene Vargas, John E. Stanchak, Lanina Nelson-Cavicchio, Rachel Falkove, Christopher Coan, Allyson L. Katzman, Patricia Robinson, Bob Rossman.

Attending online, Allison Cooper, Annette Gibbs, and Cheri Skipworth.

Learn more about MALT's Board of Governors at [www.mtairylearningtree.org](http://www.mtairylearningtree.org).

## GETTING TO KNOW YOUR IPHONE

Sa from 10:00 AM to 12 N

**CCo1.** Have you just purchased a new iPhone, which was recommended by your daughter or son who told you that you can't live without it? Or are you seriously considering buying one and want to learn more beforehand? Were you advised that it would help you organize your life? Discover some of the wonders of the iPhone and learn how to become more productive in this fun and hands-on two-part course. Students with an iPhone should bring it to class and are encouraged to discuss their favorite apps. Designed for all iPhone models currently in use.

**Nina Epstein** is known as the Digital Diva and has been an information technology instructor and consultant for over 25 years, helping individuals and small business owners use technology to solve their computing problems.

April 26 - May 3 | \$49

2 sessions

Chestnut Hill United, 8812 Germantown Ave.

## INTRODUCTION TO MICROSOFT EXCEL

Tu from 10:00 AM to 12 N

**CCo2.** The spreadsheet is the tool for anyone who has to manage numbers. Learn to create, save, modify and print spreadsheets. Begin using formulas and functions, and format your own worksheets to make them more understandable and easier to read. While this is an intro class, some experience with Excel is helpful. Students will need to bring their own laptop with Excel installed.

**David Grauel** comes to MALT by way of NYC where he was a Technical Support and Training Specialist in Microsoft Office products for such companies as Goldman Sachs and Morgan Stanley. As part of the Human Resources Administration, he trained supervisors and staff, worked the Help Desk, and performed network troubleshooting.

May 13 - June 3 | \$89

3 sessions, (no class 5/20)

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Students will use laptops with Windows 11, Office 2010. Please bring your own laptop to class. Please let us know if you will need to borrow a laptop for class; limited supplies available.

You must have a copy of Excel on your computer. If it is a trial version, start the trial the day before class begins, to make sure you can open it.

## CREATE YOUR WEBSITE WITH WORDPRESS

Tu from 10:00 AM to 12 N

**CCo3.** WordPress makes it possible to have your website up and running in 24 hours. The reason it continues to be a popular choice for website building is that no coding is necessary. We will start from the beginning and gradually build on the previous material. It is recommended (but not required) that you already have a WordPress site.

**David Grauel**

June 17 - July 1 | \$89

3 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Please bring your own laptop to class if possible. Please let us know if you will need to borrow a laptop for class; limited supplies available.

## WINDOWS 11 MADE SIMPLE

Tu from 10:00 AM to 12 N

**CCo4.** Windows 11 is a Microsoft operating system for personal computers and tablets. In this class you will learn to use Windows - how to access multiple programs, organize files, change computer settings, arrange your desktop, save and print documents. This class is for any device using the Windows 11 operating system. Students may bring their own laptop with Windows 11 installed.

**David Grauel**

April 22 - May 6 | \$89

3 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Please bring your own laptop to class if possible. Please let us know if you will need to borrow a laptop for class; limited supplies available.

## BACKYARD ASTRONOMY

Tu from 6:30 PM to 8:00 PM

**CCo5.** Do you ever look up on a clear night and wonder what is up there? Well, with a little planning and some affordable equipment, you can find out! Join us for four classes covering observing techniques, how to find interesting objects in the sky, and equipment like binoculars and telescopes to enhance your journey through the sky. Join us to take the first steps in becoming an amateur astronomer.

**Ben Buono** has a B.S. in Astrophysics from Mount Union College and 7 years with NASA in Greenbelt MD working with the unmanned spacecraft attitude and orbit determination sections.

May 6-27 | \$69

4 sessions

Church of St. Martin-in-the-Fields  
8000 St. Martin's Lane

## NEW EMAIL BASICS: UNDERSTANDING AND USING EMAIL

Th from 6:00 PM to 7:30 PM

**CCo9.** Email is an essential communication tool, connecting people with loved ones, services, and opportunities. It allows for quick, convenient communication, easy access to important information, and the ability to stay organized and informed. For many, though, it can feel intimidating or confusing, and without it, you might feel like you're missing out on important connections and opportunities. This two-week course is designed to get you up to speed with email and its many benefits, from personal to professional use. With a small class size limited to 10 students, you'll receive personalized attention to ensure you feel confident using email effectively and securely.

**Michael Reese** has over 15 years of experience in information technology, specializing in instructional course design with hands-on activities to enhance learning. He has developed 10 interactive classrooms for Penn State Abington, creating dynamic environments that support effective teaching and engagement.

May 8-15 | \$49

2 sessions

Chestnut Hill Hospital, 8835 Germantown Ave.

## Weekday Daytime Classes

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### Tuesday

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### Friday

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Fun with Watercolor Techniques	pg 27
Writing the Personal Essay (Online)	pg 69
Yoga, a Chair and You	pg 57

## INVESTING FOR JUSTICE - TOOLS AND RESOURCES ONLINE

M from 7:00 PM to 9:00 PM

**FCo3.** Impact investing, socially responsible investing and ESG (Environmental, Social and Governance) risk assessments are tools and strategies to help you align your money with your values. This online class will share actionable resources like the new justice-focused ETFs, ImpactPHL's Philly project list, crowdfunding platforms, networks for learning together in study groups, and what a few faith communities are doing to invest deeply in racial justice and reparations. We'll look at some of the newest rating tools to see how funds score on climate, gender, racial justice, and other impacts. This will be an interactive session, so bring your resources and strategies to share. Let's move our money for justice and invest in the world we want to see!

**Vanessa Lowe** can be heard on G-Town Radio and the Spotify podcast, Vanessa's Money Hour. She spent 21 years in federal service supporting access to capital for underserved communities. Retired at age 56, she continues that work by leading Invest for Better circles – Impact Investing Learning Circles for Women, financial coaching via VLL Consulting. She's committed to moving personal and institutional money toward justice.

May 19 | \$39

The Comfort of Your Own Home



Cheri Skipworth

## NEW SELLING DIGITAL PRODUCTS

Th from 6:30 PM to 8:30 PM

**FCo2.** Learn how to make and sell journals, e-books, templates, and more. Did you know you can take your original designs created in Canva and sell them as digital products? In this class, we will discuss what digital products are, how to make them, and where to sell them. We'll guide you step by step, making the process simple, approachable, and even a little fun! It's time to discover how easy and enjoyable digital product design can be. Bring your talent and your laptop, and let's create something amazing together.

**Cheri Skipworth** is the owner of the HandmadeU Studio. HandmadeU inspires creativity in others through offering a monthly craft subscription box as well as craft workshops. Cheri has been an avid crafter for more than 30 years and has been teaching arts and crafts for more than 20 years.

May 1 - 8 | \$49

2 sessions

United Lutheran Seminary,  
7301 Germantown Ave.

## NEW CASH FLOW POWER: CREATE PASSIVE INCOME ONLINE

M from 6:30 PM to 9:00 PM

**FCo6.** Need extra cash in your budget? Would you love to have some extra income, now or in the future – even if you're not working? This information-packed course will teach you ideas for how to generate passive income by utilizing powerful business strategies that only take an evening or a weekend to implement, but can pay dividends for days, weeks, or longer! Even if you have no start-up cash, experience, or knowledge...even if you are a total "newbie" or have zero expertise, you can start creating your financial success in this one-session course.

Paul Mladjenovic

May 12 | \$49

The Comfort of Your Own Home

## MYSTERY SHOPPING – GET PAID TO SHOP! ONLINE

Th from 6:30 PM to 9:00 PM

**FCo7.** Do you like to shop? Who doesn't! You can get paid to shop at almost every local store in your area, or even from your own home! Mystery shopping has become the most cost-efficient way for stores and businesses to know their customers and stay in business. And you can even mystery shop on vacation to get perks while you travel! You will learn how to avoid scam companies and work for the best mystery shopping companies that pay the most, and we will review actual shopping assignments and paperwork so you know exactly how it works. Get ready to shop 'til you drop!

**Gina Henry** created Go Global, Inc. to empower people to travel as much as they want. She has been taking about ten free vacations per year over the past quarter-century.

April 24 | \$39

The Comfort of Your Own Home

A \$15 materials fee will be added to your course fee for instructor's 100-page digital book "Mystery Shopping - Get Paid to Shop" (a \$39.95 value).

## FIRST TIME HOME BUYER CRASH COURSE

Tu from 5:30 PM to 7:30 PM

**FC11.** Buying your first home can be an intimidating process, but beyond that it can also be educational, fun, and most importantly, rewarding. In this class, we will explore questions such as: How much house can I afford? How do I choose a lender? How do I select a Realtor? Is it the right time to buy? What should I expect from an inspection? What is a buyer's market and what is a seller's market? What are the most important things to look for when shopping for a home? By the end of the evening, you'll have answers to all these and more and you'll be ready to begin your house search with confidence.

**Eric Moore** is an experienced real estate professional who has sold houses for the past eight years. Before that he was a co-founder and chief technology officer at TLA Video for 32 years. He loves Philadelphia with a passion.

April 29 | \$39

MALT Office, 6601 Greene St.

## LISTING YOUR HOME FOR SALE

Sa from 10:00 AM to 1:00 PM

**FHo5.** Learn what kind of preparation you can do in order to list your home and get the best price you can. Topics include the best time to list your home, when to set your asking price, how to choose a sales agent, how to improve your home's appeal to the buyer, what repairs you should do if you have a tight budget, and more!

**Dora Johns** is a realtor, associate broker with Keller Williams Realty and an avid analyst of the real estate marketplace. Her classes help the consumer make informed decisions about their real estate needs.

April 26 | \$39

MALT Office, 6601 Greene St.

\$5 materials fee payable to the instructor.



## GETTING READY TO RETIRE: WHAT SHOULD YOU DO ABOUT MEDICARE? ONLINE

M from 1:30 PM to 3:30 PM

**FC12.** If you are working and over 65, you are probably covered by your employer's Group Health Plan. This means that you do not have to be enrolled in Medicare until you are ready to retire and your Health Plan ends. This class will help you get ready for retirement Medicare coverage and help make a smooth transition. We will discuss how to sign up for Medicare, Part A & B, costs, plans, low-income programs, high income adjustments, and more. If you have some sort of retirement coverage, we will explain how that works with Medicare.

**Joan Adler** is the former Director of APPRISE Medicare Counseling at the Mayor's Commission on Aging in Philadelphia. She has been a Medicare counselor in the community for the last 6 years.

May 12 | \$34

The Comfort of Your Own Home

## UNDERSTANDING MEDICARE CHOICES ONLINE

Th from 7:00 PM to 9:00 PM

**FC21.** Medicare has gone from a single choice - turn 65 and enroll in Medicare - to a multiple choice challenge. Medicare eligibles face choices of a traditional plan, supplemental plans, Medicare managed care, and Medicare fee-for-service. Unscrupulous marketing techniques can prey on the unwary. Interactive and tailored to the needs of its participants, this course will provide a basic introduction to the choices available to Medicare-eligible persons and will provide resources for further information.

**Joan Adler**

May 29 | \$34

The Comfort of Your Own Home

## YOUR TIME TO SHINE: FREE AND LOW-COST MARKETING ONLINE

Th from 12 N to 1:30 PM

**FC22.** When you're an entrepreneur or a small nonprofit, you have myriad competing priorities. But you always need cashflow! So how do you bring in more clients and funders? By marketing yourself to the right people, at the right time, with the right message. Students will learn to create a communication strategy that includes free and low-cost easy-to-implement tactics to increase awareness and funding, like how to segment your audiences, build relationships with the right people, and market smarter, not harder.

**Stef Arck-Baynes** is a mission-driven communications professional with over 20 years of experience developing strategy, relationships, and compelling content for nonprofit brands and socially responsible for-profits. As the founder and CEO of Achieving Good Communications Co., clients have included: The Conferences for Women; Bucks County United Way; Atlanta Habitat for Humanity; and The Jewish Relief Agency. Prior to Achieving Good, she directed in-house communications at organizations such as Philabundance and Brooklyn Public Library. A born-and-bred Philadelphian, Stef attended Central High School (251!) and lives happily in Mt. Airy with her husband, their daughter, and dog.

May 15 | \$39

The Comfort of Your Own Home

## NEW THOUGHT LEADERSHIP ONLINE

Th from 12 N to 1:30 PM

**FC23.** In many marketing roles, part of the job responsibility is thought leadership. But what is thought leadership? What isn't it? And how do you practice it? In this 90-minute seminar, we'll explore the elements of thought leadership, how to effectively practice it, where, when, and how to harness its power to elevate your profile as a leader, and a human.

**Stef Arck-Baynes**

April 24 | \$39

The Comfort of Your Own Home

## \$50 WEALTH BUILDER

Sa from 10:30 AM to 1:00 PM

**FC04.** Safely invest with as little as \$50! Learn how you can grow money even in this tough market. In one information-packed session you can learn how to wisely and profitably begin building your own financial empire as a small investor. This seminar was created specifically to meet the needs of the low- and middle-income investor. Safely buy high-potential stocks for as little as \$50 a month (with no commissions!) while minimizing risk; buy gold and silver for as little as \$50; start a high-powered financial portfolio for \$100; invest in mutual funds; and virtually guarantee \$1 million for your retirement!

**Paul Mladjenovic** is an educator, national speaker and author of Stock Investing for Dummies and the owner of RavingCapitalist.com. He has taught with MALT for over 25 years

May 17 | \$49

United Lutheran Seminary,  
7301 Germantown Ave.

Optional \$10 materials fee payable to the instructor for resource-packed DVD.

## ULTRA-INVESTING USING OPTIONS

Sa from 2:00 PM to 4:30 PM

**FC05.** Aggressive investing might make you a fortune! This class is not for the financially risk-averse. Learn strategies that experienced investors are using to make tremendous profits in the world of options. The instructor has students and clients who have turned \$2,000 into \$100,000 in under 6 months! Using options on stocks, indexes, gold, oil, currencies or other commodities, you can make a small fortune overnight or (if you're not careful) lose one. Learn safe strategies, how to speculate with as little as \$200, how to use options for quick gains or steady income. Learn all about commodities, how to make money no matter which way the markets go, and resources and websites that can help you.

**Paul Mladjenovic**

May 17 | \$49

United Lutheran Seminary, 7301 Germantown Ave.

\$10 materials fee for software payable to instructor.



*Paul Mladjenovic has taught with MALT since 1997. He has presented 246 classes over the years (wow!) and this Spring he will be back in Mt. Airy to offer his classes in person. Sign up early, his classes are popular!*

## HOW TO DEVELOP SUCCESSFUL JOB SEARCH STRATEGIES ONLINE

W from 7:00 PM to 8:30 PM

**FC24.** Having a plan with multiple job search methods can help you find positions more quickly if you're a job seeker in career transition. Preparation is key. This session will provide a range of strategies, tactics, and career resources to help you reach your goals, with a focus on essential topics like keywords, Applicant Tracking Systems (ATS), LinkedIn databases, word clouds, and portfolio presentations. If you are currently employed, it's always better to be proactive than reactive, so engaging in career management will ensure you're always prepared. By attending, you will learn effective strategies to tap into the hidden job market, research and apply the best keywords to your resume and LinkedIn profile, customize your base resume to match job-specific keywords for ATS applications, and prepare a portfolio presentation to stand out in interviews.

**Lynne Williams**, EdD candidate, is the Executive Director of the Philadelphia Area Great Careers Group, which provides online career education and networking. She writes resumes, LinkedIn profiles and company pages, and focuses on keywords. She is writing her doctoral dissertation on LinkedIn.

June 18 | \$39

The Comfort of Your Own Home

## NEW THE SECRETS TO A STANDOUT COLLEGE ESSAY ONLINE

Sa from 10:00 AM to 11:30 AM

**FHo6.** Time and time again, students and parents cite the writing of the essay as the most stressful part of the college application process. But it doesn't have to be that way. By understanding the purpose of the essay, key elements, and common mistakes, you can ease the stress. Through an understanding of adolescent development, we will explore why the essay-writing process can be difficult for many students. Parents will leave with a deeper understanding of how best to support their children, and students will gain a newfound confidence in their essay writing abilities. Participants will also receive an "essay writing timeline"

for regular decision, early action, and early decision deadlines.

**Andrea Elovson** has been a freelance writer, a professional writing tutor at Penn State Abington, and now a college essay professional. Her training and experience includes a B.A. in creative writing from UCLA, an MFA from Temple University, a background in adolescent development and completion of the UCLA College Essay Writing Boot Camp. She has coached dozens of students, both privately and as the co-facilitator of the Kick Start Program - a series of week-long essay writing workshops for rising seniors.

May 31 | \$34

The Comfort of Your Own Home

This course is designed for parents, guardians and students. One registration per household.

## CLUTTER TONIC: THE EASY WAY TO ORGANIZE YOUR HOME AND OFFICE

Th from 6:00 PM to 8:00 PM

**FHo2.** Do you feel overwhelmed by stuff? Drown in papers? Have unpacked boxes from your last move? Enjoy some Clutter Tonic. Make happy decisions about what to let go of and how to organize the rest. Participants in this course have created significant change in their homes. And made shifts in their routines to make it last! Buy no containers! Learn where to donate or recycle nearly anything! Discover how liberating some clutter tonic feels.

**Rachel Martin** is the founder of Clutter Tonic. She finds tremendous pleasure in teaching people to organize and maintain the homes they crave.

April 17 - May 1 | \$64  
3 sessions

Mt. Airy Axis, 520 Carpenter Lane



Erica Johnson

## NEW GREENER LIVING: INTRODUCTION TO HOUSEPLANTS AND REPOTTING WORKSHOP ONLINE

Sa from 10:00 AM to 12:30 PM

**FHo10.** Join us for a journey into houseplant care! Discover essential insights on proper lighting, watering, soil, and repotting techniques. Learn to recognize when your plant needs repotting, how to safely remove it from its current pot, and gain valuable knowledge for the general care of your repotted plant. Additionally, explore the fascinating world of different houseplant varieties, understanding the specific needs of each to elevate your indoor gardening skills with this enriching experience! This class will be very interactive and students will have a chance to show all their plants and where they are in their homes.

**Erica Johnson's** passion for plants has roots that extend beyond memory, nurtured by the influence of her mother and grandmother. Since 2019, she has been sharing her horticultural expertise through teaching. Erica also owned a plant store, "Collective Artistry," located in Maplewood Mall, where she imparted her knowledge to the community. She has also conducted plant care workshops across the city in collaboration with the Free Library of Philadelphia.

May 10 | \$49

The Comfort of Your Own Home

Students will receive a materials list for the class which includes tools, soil, and other items that cost approximately \$12.

## NEW FIND THE LIGHT: UNDERSTANDING AND COPING WITH GRIEF

Sa from 10:00 AM to 11:30 AM

**FHo7.** We have all experienced loss of some kind in our lives. Even when the pain seems insurmountable, there is light at the end of the tunnel if you choose to look for it. This safe space will go over the different types of grief (i.e. loss of a loved one, a relationship, a job, a pet, and more) and understand the common emotions and the effects on mental health. We will explore a few tools to get you on the road to healing, and you will learn about the professional help options available.

**Denise Thomas** has over 20 years of experience in Human Resources, and has dedicated her career to empowering individuals and fostering growth. As a certified grief coach, she brings compassion and expertise to help individuals navigate loss and healing. Additionally, her commitment to supporting women against domestic violence underscores her passion for creating safe, supportive spaces for personal transformation.

May 10 | \$39

MALT Office, 6601 Greene St.

## NEW CHERISHED ITEMS: DOWNSIZING WITH PURPOSE

Tu from 3:00 PM to 4:30 PM

**FHo1.** Most of us, especially our country's 70 million Baby Boomers, realize we have too much stuff. Downsizing presents emotional and logistical challenges, confronting not only our material accumulation but also what these belongings represent to us. This 2-session class is focused on finding new homes for heirlooms and sentimental items. You are invited to bring a few meaningful family heirlooms, reflect on their significance, and consider what to do with them next. We will learn from one another, listening empathetically and thinking creatively without judgment. By the end, you'll gain insight into the emotional complexity of the downsizing process and learn how to begin "Swedish Deathcleaning," tackling the task of finding the right place for your cherished belongings yourself, rather than leaving that burden for others.

**Betsy Teutsch** has written a monthly column for Weavers Way for decades, focusing on sustainability and greener living. She co-founded Philly Freecycle and is at present a co-moderator of West Mt. Airy Community Gifting. As a founding member of Shtetl 2.0: Northwest Philly Jews & Friends Aging in Community, she is familiar with the challenges of downsizing.

May 6-13 | \$39  
2 sessions

MALT Office, 6601 Greene St.

## BACKYARD CHICKEN KEEPING

Tu from 6:30 PM to 8:30 PM

**FHo4.** Now's the time to get a flock of your own! Learn the basics of keeping a healthy flock of backyard hens to produce eggs. Topics will include selecting chickens, raising them from chicks, the coop, the care and feeding of chickens, handling the eggs, and some of the challenges and pleasures of keeping backyard chickens.

**Maureen Breen** is the former president of Philadelphia Backyard Chickens, a local group that shares resources about backyard chicken keeping. She also conducts research in the value of backyard chickens to reduce food waste.

May 6-13 | \$49  
2 sessions

Mt. Airy Axis, 520 Carpenter Lane

## PREPARING FOR THE END OF LIFE: CREATING A DEATH FILE

**FHo3.** You do not need a terminal diagnosis to think about and plan for the end of your life. There are many things you can do right now to prepare yourself and your loved ones for before and after your death. This class is designed to educate you on decisions you can make right now, how to document them, and ways to communicate them with loved ones. Together, we will work on creating a "Death File" - a collection of documents that contains everything your loved ones will need if/when you are ready to choose hospice if you face a terminal illness, or should you face death unexpectedly. "How we live is how we die." The more prepared you are for death - internally and with your worldly affairs - the easier your transition from life will be. The goal of this class is to help you on your journey to cultivating peace in your relationship with death, an end we will all eventually face. A positive and intentional relationship with our mortality can help inspire us to live our lives with a greater sense of ease and purpose, and to ensure that no matter how the end of our life looks for us, we will feel ready and prepared.

There is a \$15 materials fee for an expanding file folder and document print-outs payable to the instructor.

**Lexie Ruth Mitchell** is an end-of-life doula, hospice volunteer, and teacher passionate about living intentionally and dying consciously.

May 14-21 | \$44  
W from 6:30 PM to 8:30 PM

Chestnut Hill Friends Meeting House,  
20 E. Mermaid Ln

## NEW TEEN COMIC BOOK CREATION: CHARACTER DESIGNS AND SEQUENTIAL STORYTELLING AGES 13-18

W from 6:30 PM to 7:30 PM

**KDo1.** Calling all young creators! Step into the exciting world of comics and bring your stories to life. In this hands-on workshop, teens will dive into the fundamentals of illustration, writing, and character design. Learn how to craft compelling stories, create dynamic characters, and master the art of sequential storytelling. Whether you love superheroes, fantasy, manga, or indie comics, this class will help you turn your ideas into a visual masterpiece. Get ready to sketch, ink, and unleash your imagination—because your comic adventure starts here! Excelsior!

**Shawn Alleyne** is a multi-talented Creator with a 13-year career that includes work in comics, novels, video game design, and more. He has self-published two anthologies, two novellas, a comic book series, and multiple art books. As an educator, he has taught his Comic Book and Literacy Arts Program for 12 years, collaborating with various institutions, both nationally and internationally.

April 30 - June 4 | \$74  
6 sessions

Water Tower Recreation Center, Hartwell La & Ardleigh St

Class fee includes an art pack: 2hb mechanical pencil, eraser, kneaded eraser, art paper, lined paper, 2(two) 11x17 bristol board sheets

## BEGINNING PIANO AGES 5-10

Th from 7:30 PM to 8:00 PM

**KDo4.** Piano is a wonderful first instrument for children. Easier than many, you just press a key and it sounds great. Plus the layout of white and black keys makes an understanding of the basics of music visually understandable, even to kids. Learn proper posture, hand positions, the musical alphabet, the math of music, basic note reading and much more.

Offered by the staff of **Chestnut Hill Music Academy** under director **Mickey Leone**. CHMA is a full service school in Chestnut Hill providing private lessons and training on all instruments and voice to all ages.

April 17 - May 8 | \$44  
4 sessions

Chestnut Hill Music Academy,  
22 E. Chestnut Hill Ave.



Teens will love Shawn Alleyne's class on Comic Book Creation: Character Designs and Sequential Storytelling!

## NEW FATHER'S DAY CUPCAKE DECORATING FOR KIDS

Sa from 2:30 PM to 4:00 PM

**KDo2.** Enjoy an afternoon of fun on Father's Day weekend! This is an educational, hands-on experience where participants will learn various techniques to beautifully decorate pre-baked cupcakes. We will use buttercream frosting to learn piping skills like stars, rosettes, leaves, and flower designs. Students will create visually appealing cupcakes while gaining proficiency with decorating tools and achieving a professional-looking result. Ages 4-16 with an adult.

**June Daley** is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

June 14

Parent & Child | \$44  
Additional Child | \$10

Unitarian Society of Germantown,  
6511 Lincoln Drive

There is a \$15 materials fee per kit to make 6 cupcakes payable to the teacher. Parent and child may share the kit or reserve an additional kit for \$10.

## BEGINNING GUITAR AGES 5-10

M from 6:00 PM to 6:30 PM

**KDo5.** Has your child been asking about guitar? All the basic elements of guitar playing will be introduced in this fun class. Work on easy chords, strumming and accompanying all types of music from Rock to Pop to Gospel and Country. Then we'll do a quick intro of note reading and playing so kids can learn what all those little dots mean. Students need to have their own instrument.

Offered by the staff of **Chestnut Hill Music Academy** under director **Mickey Leone**. CHMA is a full service school in Chestnut Hill providing private lessons and training on all instruments and voice to all ages.

April 14 - May 5 | \$44  
4 sessions

Chestnut Hill Music Academy,  
22 E. Chestnut Hill Ave.

## NEW RECORDER FOR KIDS

**KDo6.** Play your favorite songs and nursery rhymes on the recorder! Historically, the recorder has been a great tool for learning about music, sound, and melody. This course will teach breathing, finger positions, listening, rhythm concepts, and more. Once students start to pick it up, they become empowered by their improvement and innate abilities. Feel the joy of music!

**Tacuma Bradley**, a Brooklyn native, played piano, trumpet, and violin before studying saxophone at Wesleyan University. A pediatric nurse by profession, he's also a bandleader, sideman, and record artist. His passion for music now drives him to teach and share his joy with students.

A. May 15 - June 19 | \$84  
Th from 4:30 PM to 5:00 PM  
Ages 4 to 6

B. May 15 - June 19 | \$84  
Th from 5:05 PM to 5:35 PM  
Ages 7 to 10

6 sessions  
Unitarian Society of Germantown,  
6511 Lincoln Drive

Parents/guardians must stay during class. A beginner recorder is included in the course fee.

## NEW IMPROV GAMES FOR KIDS!

Sa from 1:00 PM to 3:30 PM

**KDo3.** Has your kid been bitten by the acting bug? Are they interested in old school improvised sketch shows like *All That*? If so, we're holding an afternoon intro to Short Form Improv workshop. If you've seen *Whose Line is it Anyway*, that's short form improv. This workshop will include introductory improv games such as Freeze, Rewind, Human Puppets, New Choice, and then move into 3-line scenes and creating your own music-based character. This will help kids focus on positive interactions and public speaking.

**An Nichols** is an established performer in the Philadelphia community. Within the world of Improv, she trained at Philly Improv Theater and the Magnet and has performed in the PA & NJ Ren Faires, Bright Invention Ensemble, Philly Improv Theatre Conservatory, Lancaster Improv, and more! She has served as the diversity advisor for ImprovUtopia and directed Improvised Star Trek for ImprovFest Ireland.

May 31 | \$39

United Lutheran Seminary,  
7301 Germantown Ave.

Suggested Age Range: Grades 6-8 (5th and 9th are allowed as well) - Parents are encouraged to stay in the room.

## ART FOR CHILDREN, TEENS, AND TWEENS

Su from 11:00 AM to 12:30 PM

**KD22.** Young artists will get to work with a whole range of 2D and 3D materials, be inspired by the natural world and the art world, enjoy each other's company, and have their own artistic vision celebrated. We'll create art and an artistic community together! Artists 8 years old and up are all invited. Please contact Mindy if you have a younger child who would like to participate. Please bring a mask so we can be safe in the studio.

**Mindy Flexer** is a professional artist and certified art teacher. She takes each student seriously as an artist and works to help each one meet their own artistic goals. She loves sharing her passion for art with people of all ages and walks of life, and believes in the power of art to transform people, communities, and the world. She has taught with MALT since 2009!

April 27 - June 15 | \$126  
7 sessions, (no class 5/25)

Mindy Flexer Art School, 5225 Greene St.

\$10 materials fee payable to the instructor.

See Page 34  
Ballet for Adults and Teens

## T'AI CHI CH'UAN: BEGINNING

Th from 8:00 PM to 8:45 PM

**MBo1.** Yang style T'ai Chi, as handed down by the T'ai Chi Master Cheng Man-ch'ing, is a low-impact exercise that can also be considered a moving meditation. It has a wealth of benefits for physical and mental health. The physical benefits include improvement of balance, thus decreasing risk of injury from falls, as well as aiding in pain relief for musculoskeletal problems. It has been shown to be more helpful in controlling high blood pressure and fostering a healthier heart than aerobic exercise. The mental benefits include lowering stress, improving focus and resilience, helping reduce age-related cognitive decline and serving as an aid in controlling depression. This class

is for those who are new to T'ai Chi. The only equipment necessary are loose, comfortable clothing and flat-soled shoes.

**Kurt Findeisen** has studied T'ai Chi Ch'uan with Maggie Newman since 1979 until her retirement from teaching several years ago. With her consent, he began his own teaching in the late 1980's through the auspices of Mt. Airy Learning Tree. He is a retired physician who believes his T'ai Chi instruction is as valuable as any drug he ever prescribed.

**April 24 - June 26 | \$109**  
10 sessions

Chestnut Hill United, 8812 Germantown Ave.

## T'AI CHI CH'UAN: INTERMEDIATE

Th from 6:30 PM to 7:15 PM

**MBo3.** For the intermediate T'ai Chi student. Continue the study of T'ai Chi Ch'uan through the Short Yang solo form. This course is designed for students who have had some previous study experience with the Cheng Man-ch'ing short form. The postures reviewed will be commensurate with the knowledge of participating students.

**Kurt Findeisen**

**April 24 - June 26 | \$109**  
10 sessions

Chestnut Hill United, 8812 Germantown Ave.



Vicki Mehl

## T'AI CHI CH'UAN: CONTINUING

Th from 7:15 PM to 8:00 PM

**MBo2.** Continue the study of T'ai Chi Ch'uan through the Short Yang solo form. This course is designed for students who have had significant previous study experience with the Cheng Man-ch'ing short form. The postures reviewed will be commensurate with the knowledge of participating students.

**Kurt Findeisen**

**April 24 - June 26 | \$109**  
10 sessions

Chestnut Hill United, 8812 Germantown Ave.

See Page 9

**NEW**  
Spring Wellness Walk Talk:  
Align with Nature Through  
the Seasons

**NEW**  
Forest Bath in  
Carpenters Woods

## T'AI CHI FOR HEALTH

Tu from 7:00 PM to 8:00 PM

**MBo4.** Since ancient times, T'ai Chi's soft, flowing movements have been used to improve and maintain health. Golden Breath T'ai Chi focuses on breath control with movement and adapts easily for those who have trouble standing. This moving meditation is also great for improving general fitness, balance, coordination, and stress reduction. A valuable adjunct to pre-hab and rehab therapy. Enjoy a gentle, complete workout to relax the mind, restore the body and rejuvenate the spirit!

**Kirsten Erwin** has studied T'ai Chi since 1982 and is a senior student of the late Sibok Robert Kassof. She has taught regularly for MALT since 2002! Related areas of training include long and short Yang T'ai Chi forms, Qigong, Reiki, Kung Fu, and meditation. She is a Certified Instructor of T'ai Chi for Arthritis.

**May 6 - June 10 | \$79**  
6 sessions

Grace Epiphany Church, 224 E. Gowen Ave.

## TAIJI QIGONG: SHIBASHI (SET 1)

Th from 10:00 AM to 11:00 AM

**MBo5.** Taiji Qigong Shibashi is one of the most popular and fastest growing exercise forms practiced by millions of people around the world. Combining the slow and even movements of Taiji (Tai Chi) with Qigong breathing and meditation, participants will be led through the full 18-movement series, taking extra time to focus on 3-4 specific movements each class while learning and integrating key theoretical concepts of Oriental Medicine. It is the perfect practice for anyone seeking to improve health, encourage longevity, or address other issues like back and neck pain. The practice is performed standing but can be modified to any level of fitness.

**Daniel Nemer, L.O.M.** is the owner of G-town Acupuncture with over 20 years experience as a licensed practitioner of Acupuncture, Chinese Herbal and Oriental Medicine. He has practiced various styles of Taiji (Tai Chi), Qigong, meditation and Yoga for over 30 years. Since September 2022 he has been studying Taiji Qigong Shibashi, the 18 movements, in the lineage of its creator Professor Lin Housheng and is certified to teach Sets 1 and 2.

**May 15 - June 12 | \$74**  
5 sessions

Grace Epiphany Church, 224 E. Gowen Ave.

## T'AI CHI - YANG STYLE: BEGINNING

**MBo8.** T'ai Chi (or t'ai chi ch'uan) is claimed to be the oldest martial art. It is also a gentle exercise that can provide innumerable health benefits for body, heart, and mind. Practiced consistently, it can improve balance, lower blood pressure, reduce anxiety, ease depression, and boost the immune system. T'ai Chi requires no special equipment and can be practiced anywhere there is a flat surface and a 5-6 ft. square of open space. The Beginning class is open to anyone who is interested. Wear loose, comfortable clothing and flat, flexible shoes. (Running shoes are not recommended.)

**Vicki Mehl** has studied T'ai Chi since 1995. She enjoys T'ai Chi because of its innumerable physical and mental health benefits, and because there is always more to learn.

**A. April 16 - June 18 | \$129**  
W from 10:00 AM to 11:00 AM

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

10 sessions

**B. April 15 - June 24 | \$129**  
Tu from 11:30 AM to 12:30 PM, (no class 5/20)

North Light Community Center, 175 Green Lane

10 sessions

## T'AI CHI - YANG STYLE: INTERMEDIATE

W from 12:30 PM to 1:30 PM

**MBo9.** In the Intermediate class, students will continue to learn Prof. Cheng's 37 postures of the Yang style form. This part of the form includes various kicks and single leg turns. As always, the form is practiced in smooth, slow movements while developing strength and flexibility in the legs and whole body balance. The Intermediate class is for those who have learned the postures of the "first third" of the form, (in the Beginning level), and/or have the teacher's permission. Wear loose, comfortable clothing and flat, flexible shoes.

**Vicki Mehl**

**April 16 - June 18 | \$129**  
10 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

This class will take place in Widener Hall.

## T'AI CHI - YANG STYLE: CONTINUING

W from 11:15 AM to 12:15 PM

**MB10.** Cheng Man Ch'ing's T'ai Chi form is an art that can be a life-long study. Learning the movements in the Form is just the beginning. In the Continuing class, we begin to delve more deeply into the internal energetics of movement and a deeper understanding of the word Relax. We will work on whole body synchronicity, sinking and releasing, and developing root. Enrollment in the class is by permission of the instructor.

**Vicki Mehl**

April 16 - June 18 | \$129

10 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

This class will take place in Widener Hall.

## HOLDEN QIGONG: 5 ELEMENTS PRACTICE

M from 7:00 PM to 8:00 PM

**MB15.** In today's fast-paced world, many of us are experiencing increased levels of stress, fatigue, and lack of time for self-care. This Qigong class can help you replenish your energy levels, find relaxation, and enhance your overall vitality not only in your body but also in your emotions and mind. The program offers a complete routine that includes breathing techniques, warm-ups, stretching, invigorating exercises, gentle flowing movements, and a brief closing meditation. If you've been interested in learning more about these ancient Chinese fitness exercises and accessing your healing energy, this is the ideal class for you.

**Kelly McLeod** is a devoted Qigong practitioner with over a decade of experience. After spending 33 years in the pharmaceutical field, Kelly decided to pivot her career towards her deep passion for the fascinating ancient Chinese healing arts and obtained her certification as a Holden Qigong teacher. Kelly believes that Qigong should be a fun and accessible experience for all. She aims to create a comfortable learning environment that appeals to her students while making the practice enjoyable and relatable.

April 14 - June 9 | \$109

8 sessions, (no class 5/26)

Unitarian Society of Germantown, 6511 Lincoln Drive

## MINDFULNESS OF QIGONG RETREAT

Sa from 3:00 PM to 5:00 PM

**MB14.** This 2 hour Qigong class brings health practices from antiquity to the 21st century. We will establish a foundation, build on it and put it into practice. Wellbeing is strengthened by unifying Mind-Heart, breath and movement. Using practices that have been passed along for thousands of years, we mindfully transform energy-depleting stress into energy and vitality. Qigong forms are easily adapted to most physical abilities. This course is ideal for students new to Qigong as well as those who wish to deepen their practice.

**Paul Martin** has been teaching regularly since 2000. He has trained under internationally recognized Masters in QiGong, Tai Chi, and Healing Arts. He has taught several times at the prestigious National QiGong Association Conference.

May 17 | \$34

Unitarian Society of Germantown,  
6511 Lincoln Drive

## YOGA TO MOVE, FEEL, AND SLEEP BETTER

Tu from 7:00 PM to 8:15 PM

**MB12.** Reconnect your body to your mind, and help overcome the joint pain and postural imbalances that affect all of us in our modern lives. We'll practice a combination of yoga, functional movement, brain mapping, and breathing for a fun, low-impact, anatomy-based workout. This class is based on LYT Method, a yoga system designed by physical therapists to improve core strength, flexibility, and balance for humans of every age. All levels, from experienced yogis to beginners, are welcome. Every movement we practice will include modifications.

**Karen Rile** is a writer, editor, and yoga teacher. She is a practitioner and Level 2, 500-hour certified instructor of the LYT Method, the only yoga system created and mentored by physical therapists. She is also a certified Flexibility Coach, Yoga Trapeze, and Yoga Breathing coach through Yoga Teachers College, where she earned her first 200-hour yoga teacher certification.

April 15 - June 10 | \$109

8 sessions, (no class 5/20)

Chestnut Hill United, 8812 Germantown Ave.

What to bring: a yoga mat, plus one or two yoga blocks. If you have knee pain, also bring a foldable blanket or towel.



Genie Ravital (right) guiding her beginning yoga students

## YOGA FOR STRENGTH AND STRESS RELIEF

**MB11.** In yoga, movement and breath are equal partners in promoting strength, self-awareness, and relaxation. In this class, we work on overall strength and mobility, with an emphasis on poses that increase core strength and balance. We use breathing techniques for core engagement and others for relaxation. This class is appropriate for beginners and for those looking to focus on fundamentals. Props are used strategically to maximize the strength-building and relaxing qualities of the poses. Chairs are used to progress in balancing sequences and to build endurance in positions like plank pose. Blocks and straps are used to make stretching more comfortable, to allow access to deep breathing, and to enhance the stress-relieving potential of the practice.

**Jen May** has been practicing yoga for 20 years, and she is sure that yoga has helped her balance her physical body, create a more resilient nervous system, and be more present for all the moments of life. With a background in biology research and teaching, Jen loves learning and teaching about bodies and movement. Jen has a 200 hr. certification in vinyasa yoga from Wake Up Yoga. She has also completed a 300 hr. Yoga Wellness Educator Training from Yoga U. Online, which emphasized teaching beginners and older beginners how yoga can benefit body awareness, posture, and healthy aging.

A. April 21 - June 9 | \$120

M from 10:00 AM to 11:15 AM

B. April 23 - June 11 | \$120

W from 10:00 AM to 11:15 AM

8 sessions

Unitarian Society of Germantown,  
6511 Lincoln Drive

## CLASSIC YOGA FOR BEGINNERS

M from 5:00 PM to 6:30 PM

**MB16.** Based on the teachings of Swami Sivananda, this classic hatha yoga has a strong focus on the health and physical well-being of the yogi. In addition to classic asanas, or postures, it involves regular periods of relaxation and yogic breathing techniques, or pranayama. In this four class course, you will receive guidance in learning the dynamic sun salutation and nine classical hatha yoga postures, including the shoulderstand, sitting forward bend and the cobra. The focus is on learning the postures properly, at a steady pace to ensure correct practice. Learn the art of proper breathing, with the practice of yogic breathing techniques and discover the bliss of deep relaxation. Attendance at all four classes is necessary, as each class builds on the last one. Students will get a relaxing and invigorating yoga class. Accessible to beginner and experienced yoga students alike. Bring a yoga mat, light shawl or blanket, and a water bottle to class.

**Genie Ravital**, LCSW, is an Integrative Mental Health Provider, working for over 25 years at Mt. Airy Psychotherapy & Wellness. She was trained as a yoga teacher in the Sivananda lineage in 2023 and trained to lead Yoga Nidra in 2025. Genie loves sharing this relaxing and rejuvenating practice with the community.

April 28 - May 19 | \$64

4 sessions

Unitarian Society of Germantown,  
6511 Lincoln Drive

## YOGA, A CHAIR AND YOU

F from 11:30 AM to 1:00 PM

**MB13.** Everybody can enjoy the benefits of yoga. It's not necessary to get on the floor to explore this gentle and effective exercise system that creates strength, flexibility and balance. Our class is classically structured with breathing techniques, asana (postures for strength and stretching) and meditation based in the Integral Tradition. Added benefits include improving balance and rotation. Everyone is welcome. Standing is optional. We also encourage laughter and fun.

**Grace Perkins** developed the chair yoga class at the request of the Chestnut Hill Senior Center in 1985. She has created a unique program that integrates posture, metaphors, poetry, seasonal energetic awareness and stories to enhance the basic Integral Yoga approach she teaches.

April 25 - May 23 | \$74

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

## CRYSTAL ALCHEMY BOWL SOUND MEDITATION

M from 7:00 PM to 8:15 PM

**MB19.** Join Anne for a relaxing sound meditation with Crystal Tones singing bowls and vocal sounding. The crystal bowls activate the crystalline nature in the higher brain centers and restore balance between your mind and body. We begin by creating an intention together. You will be introduced to the unique alchemy signatures of the bowls and begin to feel how your body responds to them. We will then be held in the expansive vibrations of a 45 minute sound bath meditation.

**Anne Johnson** is a graduate of The Sacred Science of Sound Crystal Alchemy Training with Jeralyn Glass. She brings her wisdom and experience from 25 years teaching the Alexander Technique into her explorations with sound healing with her Crystal Alchemy Bowls and her own voice.

**A. April 28 | \$34**

**B. June 2 | \$34**

St. Paul's Episcopal Church,  
22 E. Chestnut Hill Ave.

## LEARNING TO READ TAROT

W from 7:00 PM to 9:00 PM

**MB21.** Just as the decks we use are diverse, so are the ways in which we look at the cards. Examine the cards and ways to interpret them, be it through color, symbolism or sheer instinct. Learn the differences between the major and minor arcana as well as how to interpret simple tarot spreads.

**Karen Bruhin** is a 3rd degree initiate within the Assembly of the Sacred Wheel (ASW), a Wiccan syncretic tradition. She is the High Priestess of Tenders of the Earth Temple founded in 2011 based in NW Philadelphia. A practitioner of a variety of esoteric disciplines, Karen has been active in Wicca and the local Pagan community for the past 20+ years and has been reading tarot for 45+ years. She is a past board member for Philadelphia Pagan Pride and has previously taught at Spring Magick, Autumn Magick, Philadelphia Pagan Pride, South Jersey Pagan Pride, Sacred Space/Between the Worlds, and Free Spirit Gathering.

**April 16 - May 7 | \$64**

4 sessions

Chestnut Hill United, 8812 Germantown Ave.

Please bring a tarot deck to class (preferably Coleman/Waite a.k.a Rider-Waite) or a deck that you have been using for a while.

## NEW FROM SELF CRITIC TO SELF CARE

Sa from 6:30 PM to 8:30 PM

**MB23.** Many of us are filled with self-critical inner voices. These voices or messages negatively impact our lives, affecting our self-confidence and our sense of worth. Living with these critical messages undermines our sense of well-being. Can we change the messages in our heads? The answer is YES! Befriending ourselves is a little-known art of meeting your deepest needs. At this workshop, you will have a chance to reflect on the cost of this self-critique, understand its origins and, most importantly, learn strategies for countering that inner, negative voice. You will come away feeling better about yourself and better able to love the people you love.

**Claudia Apfelbaum**, LCSW, offers her intelligence, intuition and knowledge for your own re-emergence. She received her master's degree in social work from Bryn Mawr College and has many years of experience and training, including Gestalt, Sand Tray, and Family Systems work. She loves walking in the Wissahickon and doing creative arts projects.

**May 3 | \$34**

Chestnut Hill United Church,  
8812 Germantown Ave.

## MINDFULNESS THROUGH ACTIVE LISTENING

Sa from 10:00 AM to 12 N

**MB24.** There is something magical that can happen when we listen to another person with our full attention, curiosity, empathy, and an open heart and mind. In this course, we will explore the act of listening as a type of mindfulness practice, where we remain grounded in the present moment, and our attention is focused on hearing and understanding what the other person is telling us. Students will learn how to convey that they are listening and understanding, such as through asking questions and reflecting. Finally, students will have the chance to engage in listening exercises and discover how active listening can deepen and strengthen relationships, as well as be helpful during challenging conversations and interactions.

**Susie Moore** is a licensed professional counselor, with 8 years of experience working with teenagers and adults. She utilizes active listening skills with her clients on a daily basis, believes strongly in the power of these skills, and is eager to share her knowledge about this topic with others.

**May 24 | \$36**

Private home near Upsal and Greene Streets

## ALEXANDER TECHNIQUE: RETURNING TO YOUR EXPANSIVE NATURE

Tu from 7:00 PM to 8:30 PM

**MB35.** This 4-week class will help you create a practice of self-care that will enliven and unify mind, body and breath. By exploring the relationship between thoughts and the physical body, Anne will guide you to release anxiety, tension and pain and return to a sense of wholeness and well-being.

**Anne Johnson**, a certified teacher of the Alexander Technique and Art of Running instructor, joyfully teaches in-person and online classes worldwide, through MALT (since 1995!) and for her private local students in Mt Airy. She taught at the Boyer College of Music and Dance at Temple University for 15 years. She continues her outreach to people of all ages, professions, skill levels and diverse backgrounds.

**April 22 - May 13 | \$69**

4 sessions

St. Paul's Episcopal Church,  
22 E. Chestnut Hill Ave.

## MORNING GUIDED MEDITATION ONLINE

Tu from 9:00 AM to 9:30 AM

**MB41.** Guided meditation is a beautiful healing and transformative tool for well being. Sophie will lead you to bring about a deep sense of peace and centeredness. In the 30 minutes of guided meditation she will help you feel a sense of inner harmony, balance, groundedness, self esteem, while you let go of unnecessary baggage to clear a path for a more fulfilling day.

**Sophie Bernard** has been doing yoga for nearly 18 years. In 2007, she obtained her 200 hour yoga certification in Inner Fire Yoga from Yoga on Main. She is certified in Ericksonian hypnosis to deepen her students' experiences while following her guided meditations. She is also a Reiki Master.

**April 15 - May 6 | \$48**

4 sessions

The Comfort of Your Own Home

## GENTLE AWAKENING YOGA

Su from 10:00 AM to 11:15 AM

**MB43.** This gentle awakening class includes yoga basics and seasonal poses infused with Reiki. You will come away with knowledge of how we connect yogi breath with gentle yoga postures. We will be using belts and blocks to assist with correct alignment of the poses. For all levels.

**Linda Kish** obtained her MS from Temple School of Pharmacy and is a Reiki Level II practitioner. For over fifteen years Linda has led and taught various yoga classes including vinyasa, Hatha, restorative and chair yoga. She is a registered Yoga Alliance instructor (200 plus hours) and for over twelve years has also been a helpline volunteer for Living Beyond Breast Cancer.

**April 27 - June 1 | \$95**

6 sessions

**A. In Person**

Mt. Airy Performing Arts, 230 E. Gowen Ave.

**B. Online**

The Comfort of Your Own Home

## NEW YOGA NIDRA

Th from 5:00 PM to 6:00 PM

**MB50.** Yoga Nidra is a state of consciousness between waking and sleeping. It is a state in which the body is completely relaxed, and the practitioner becomes systematically and increasingly aware of the inner world by following a verbal set of instructions. Yoga Nidra is among the deepest possible states of relaxation while still maintaining full consciousness. Yoga Nidra is good for stress, insomnia, anxiety, depression, promoting creativity

**Genie Ravital**, LCSW, is an Integrative Mental Health Provider, working for over 25 years at Mt. Airy Psychotherapy & Wellness. She was trained as a yoga teacher in the Sivananda lineage in 2023 and trained to lead Yoga Nidra in 2025. Genie loves sharing this relaxing and rejuvenating practice with the community.

**May 15 - 29 | \$49**

3 sessions

Unitarian Society of Germantown,  
6511 Lincoln Drive

## YOGA FOR BONE HEALTH

W from 6:00 PM to 7:15 PM

**MB44.** Learn the twelve yoga postures that support bone health. A ten-year study done by Columbia, NYU, Rockefeller University and Brigham & Women's Hospital proved this sequence supports bone health for both men and women. Previous experience is helpful but not required.

**Linda Kish** obtained her MS from Temple School of Pharmacy and is a Reiki Level II practitioner. For over fifteen years Linda has led and taught various yoga classes including vinyasa, Hatha, restorative and chair yoga. She is a registered Yoga Alliance instructor (200 plus hours) and for over twelve years has also been a helpline volunteer for Living Beyond Breast Cancer.

**April 23 - May 28 | \$95**  
6 sessions

### A. In Person

Mt. Airy Performing Arts, 230 E. Gowen Ave.

### B. Online

The Comfort of Your Own Home

## ANCIENT WISDOM FOR THE PRACTICAL MYSTIC

Tu from 6:00 PM to 8:00 PM

**MB45.** Would you like to learn techniques for clearing, balancing, and raising vibration? Every age and every tradition has found effective ways to create light and wellness in times of darkness. Together we will explore ancient as well as contemporary esoteric techniques that help us increase our health and well-being. Using the ageless wisdom from Sufism, Kabbalah, and other mystical teachings, students will learn practical techniques for everyday life.

**Laura Richlin**, a life-long student of the mysteries, is a practicing cranial therapist, Reiki practitioner, certified teacher in the School of Integrative Energy Healing, and a university professor of psychology and communications.

**April 29 | \$39**

Unitarian Universalists of Mt. Airy,  
6900 Stenton Ave.

## NEW METHODS OF MEDITATION

Th from 10:00 AM to 11:30 AM

**MB49.** People have different levels of interest in meditation and different dispositions for practicing it. You need to find a method and level of intensity that is right for you. In this course we'll explore different basic methods of internal and external focus common to all mystical traditions, and then figure out your best circumstances for doing it. Because actual meditation instructions are very simple, in addition to doing it in class we will look at psychological, philosophical, and spiritual understandings of what motivates some people to practice.

**David Low**, MS, Ph.D., DTh, is a former religion adjunct professor, substance abuse counselor, entertainer (small-circus juggler), and spirituality textbook author (Universal Spiritual Philosophy and Practice), and an ordained interfaith minister who maintains a private counseling practice in Philadelphia. Years ago he spent two years with rural travelling circuses, and does occasional charity gigs today.

**May 1 - 29 | \$79**  
5 sessions

Unitarian Society of Germantown,  
6511 Lincoln Drive

## CONTEMPLATIVE JUGGLING FOR FUN AND RELAXATION

M from 2:00 PM to 3:30 PM

**MB48.** In this three-session course you will start learning basic 3-ball juggling in a way that is both relaxed and disciplined. Whatever your level of ability turns out to be, the emphasis will be on achieving a meditative state of mind/body movement, so that mistakes and frustration are minimized! Nonbouncing juggling balls are available online or can be made from bean bags. Experienced jugglers will be asked to conform to the format and apply the methods when it comes time to practice.

**David Low**

**May 5 - 19 | \$44**  
3 sessions

Grace Epiphany Church, 224 E. Gowen Ave.

## INTRODUCTION TO JUGGLING

M from 6:00 PM to 7:15 PM

**SR05.** Learn the fundamentals of juggling and explore the possibilities that juggling patterns create. This is a path for absolute beginners to this playful art. Besides being pure fun, practice will enhance your dexterity, powers of concentration, and physical confidence. The practice will evolve from one to two to three ball components, with plenty of exercises that you'll be able to take home with you and continue to develop.

**Luther Bangert** has been juggling for twenty years. Performing and teaching has taken him around the world. His interest in the expressive potential of juggling technique has led him to also explore various movement frameworks and body methods within yoga, qigong, and contemporary dance. Luther brings this diverse skill set and his unique way of working with juggling to his classes for beginners and advanced practitioners.

**May 12 - 19 | \$49**  
2 sessions

Mt. Airy Art Garage (MAAG),  
7054 Germantown Ave

## PING PONG: FROM BASEMENT HOBBY TO CLUB PLAYER

Su from 10:00 AM to 11:30 AM

**SR01.** Whether you are new to the sport or champion of your basement ping pong game, this class will help you improve. A fun sport that can be enjoyed at any age, table tennis is a great form of exercise that builds hand/eye coordination, reflexes and mental stamina. Improve with the best! Paddles are available for your use during this class. Please wear sneakers with non-marking soles.

**Henry "Hank" McCoullum** is a retired Master's Class Table Tennis Instructor from Pennsylvania State University. He is a credentialed coach and umpire for table tennis events. Currently, he is an active tournament participant and enjoys competing as a lifelong member of the United States Table Tennis Association (USTTA). Hank has also served on the National Governing Body of Table Tennis as Vice President of Collegiate Affairs. In this role, he coordinated and organized national competitions for the National Collegiate Table Tennis Association and the Association of College Unions International.

**April 27 - May 18 | \$64**  
4 sessions

Trolley Car Table Tennis Club, 3300 Henry Ave.



Luther Bangert

## BEGINNER MAH JONGG

W from 1:00 PM to 3:00 PM

**SR02.** Have fun learning this ancient Chinese tile game. Using 152 tiles, players form hands and earn points. It's an intricate game that provides an exercise for the mind, an opportunity for social groups to get together, and is played competitively in tournaments throughout the US.

**Barbara Delp**, a local trust and estate attorney, has been teaching American Mah Jongg for over a decade. She enjoys introducing beginners to the basic rules of the National Mah Jongg League and teaching the finer points and strategies of this challenging game.

**April 30 - June 18 | \$109**  
8 sessions

Grace Epiphany Church, 224 E. Gowen Ave.

First class is MANDATORY for new students of the game.

## NEW LEARN TO PLAY CHESS

M from 6:30 PM to 8:30 PM

**SRO4.** Learn the basics of chess! This course will familiarize you with the chess board and how each piece moves, then we will delve into the concepts needed to improve your game and win. Students will play complete games against other students and study analysis of one another's games.

**Robert Sadler** has been playing chess in casual and tournament settings for somewhere around 60 years. He has been active in Chess Clubs since college, and is currently organizing the chess club at Lovett Memorial Library on Tuesdays at 5 pm. You can find him playing chess at many other venues around the Philadelphia area.

April 28 - May 19 | \$74

4 sessions

Water Tower Recreation Center, Hartwell Ln. & Ardleigh St.

Chess sets will be available for you to borrow and use during class. This is an adult class.

## PICKLEBALL FOR BEGINNERS

Sa from 10:00 AM to 12 N

**SRO3.** Ready to dip your toes into America's fastest growing sport? Come learn the rules and basics of pickleball! We will master the scoring system (why are there 3 numbers?) and practice serves, strokes and volleys (never in the "kitchen," of course). By the end of the course, players will be able to independently participate in a doubles game of pickleball. Pickleball can be played indoors, and is accessible for a wide range of ages and physical abilities. No need to bring any equipment. Paddles and balls will be provided for use during the class, and the instructor can recommend paddles to purchase if you decide you want to purchase your own before, during, or after the term.

**Victoria Kager** is a former middle school teacher turned attorney, who has been playing pickleball for over four years. Growing up, she competed in tennis tournaments, and as an adult she has competed in pickleball tournaments. Victoria also has many years of experience teaching horseback riding.

May 10-17 | \$69

2 sessions

Water Tower Recreation Center, Hartwell La & Ardleigh St

\$10 materials fee payable to the instructor for court line tape and balls.

## CONTINUING MAH JONGG

M from 1:00 PM to 3:00 PM

**SRO6.** For the serious players who would like to advance their Mah Jongg skills, this class offers an opportunity to gain insight into playing strategies and the finer points of this fascinating and challenging game. The focus remains on fun and meeting players with the common goal of elevating their skill level. Prerequisites include possessing an understanding the basics of play and the possession of a current year NMJL Mah Jongg card (preferably large print).

**Barbara Delp**

April 28 - June 23 | \$109

8 sessions (no class 5/26)

Grace Epiphany Church, 224 E. Gowen Ave.

## NEW DISC SPORTS: INTRO TO DISC GOLF

Su from 3:00 PM to 4:30 PM

**SRO9.** This course will teach students all the basics to enjoy the game of disc golf! From driving with a forehand and backhand, to approach shots and putting, we want to make sure all ages can enjoy the game. People love disc golf for the community, the ability to explore many different terrains across the 15,000+ courses worldwide, and the puzzle and challenge that comes from constantly improving your game. Disc golf was first invented in the early 1970s and Sedgley Woods is the first disc golf course on the east coast, built in 1977. There are many course clubs in the surrounding area including the Friends of Sedgley Woods, Haverford Disc Golf, South Jersey Disc Golf, and Delaware Disc Golf. UDisc is the go to course directory offering both web and mobile app offerings for free and paid versions.

**Joel Prushan** has 15 years of disc sports experience, playing and coaching ultimate frisbee and disc golf. In ultimate, he has played at the high school, collegiate, club, and professional levels. As a coach, he has coached at the college, club, and professional levels. In 2024, he was an Assistant Coach for the Philadelphia Surge in the Premier Ultimate League, a semi-pro women's and non-binary ultimate league. In disc golf he has competed in the Recreational, Intermediate, and Advanced divisions before cashing for the first time as a Professional in October of 2022.

April 27 - June 8 | \$79

6 sessions (no class 5/25)

Sedgley Woods Disc Golf Course, 33rd & Oxford Sts.

## INTRODUCTION TO GEOCACHING, A GLOBAL TREASURE HUNT

Sa from 11:00 AM to 1:00 PM

**SRO8.** Geocaching is a secret, global, treasure hunt happening all the time in the world around us, with hidden geocaches located on top of the highest mountains, deepest oceans, and a neighborhood park near you. Join us in the classroom to learn the rules of the games and become a member of the global Geocacher community! Geocaching is a great hobby that has very little overhead and can add a fun activity to both your everyday life as well as your travels, vacations and family time. Families are encouraged to take this class together.

**Mike Finnell** is an avid player with 18 years experience in the game. He has found over 1,000 Geocaches and placed nearly 75 more in the Philadelphia Metro area, including at the MALT office. Those hides include the top five (by quality) of Philadelphia's over 900 Geocaches caches and have received recognition by Geocaching.com.

June 7 | \$34

Parent & Child | \$39

MALT Office, 6601 Greene St.

## INTRODUCTION TO BIRD WATCHING ONLINE

Sa from 6:00 PM to 8:00 PM

**SR10.** This introductory course is designed to provide participants with foundational knowledge and skills in bird watching, focusing on the birds found in and around Philadelphia. Participants will learn bird identification techniques, key characteristics of local species, and effective bird-watching methods. By the end of the course, participants will feel confident in identifying common birds found in and around the city. While this class isn't a prerequisite to go on Troy's birdwatching walks later in the term, it is encouraged.

**Troy Bynum**, owner of TB Wildlife Photography LLC, is not only an enthusiastic birder but also a passionate wildlife photographer from Philadelphia, PA. Troy's work focuses on capturing and showcasing the remarkable colors, intricate patterns, and rich textures that are abundant throughout the natural world. In his work, Troy draws attention to the oftentimes overlooked naturally occurring beauty found in the wild. Troy is on a mission to accentuate and celebrate the inherent magnificence of nature.

April 26 | \$34

The Comfort of Your Own Home



Get your boating license in time for summer fun!

## INTRO TO BOATING WITH USCG BOAT AMERICA

W from 6:30 PM to 8:30 PM

**SR16.** Ready to ride the waves this summer down the shore or on the Chesapeake, or perhaps even on the upper Schuylkill River? This beginner boating course offers comprehensive instruction to obtain a Boating Safety Education Certificate recognized in multiple states. Taught by a US Coast Guard Auxiliary certified instructor, it covers topics like Boating Law, Safety Equipment, Navigation, Emergencies, Trailing, Sports, and more. Completion of the course often leads to insurance discounts from many boat insurance companies. Additionally, three hands-on classes are provided for practical skills such as VHF radio use, knots, and marine chart navigation. Recognized by the U.S. Coast Guard and approved by the National Association of State Boating Law Administrators (NASBLA), this class grants certification accepted in PA, NJ, MD, DE, and others. Students will be prepared to take the certification test at the last class. The course fee includes a book and all materials.

**Capt. Peter Lacey** brings extensive boating expertise, piloting power, and sailboats across diverse waters, including the Atlantic and Pacific Oceans, the Caribbean, and more. With a U.S. Coast Guard Master License, Sail, and Towing Endorsement, along with certifications as a USCG AUXILIARY and US Power Squadron Certified Instructor, he's a seasoned mariner. Lacey's professional background includes sales of Marine Equipment for West Marine, and he also served in the US Navy.

April 16 - May 21 | \$85

6 sessions

Chestnut Hill Hospital, 8835 Germantown Ave.

There is an additional \$10 fee payable to the Pennsylvania Fish and Boat Commission for the certificate.



## LEARN TO CANOE

Tu from 10:00 AM to 1:00 PM

**SR13.** Ever drive along the Schuylkill and wonder what it would be like to be out on the water? Now is your chance to come out and paddle! This three-hour class is designed for the beginner, no experience necessary. Class is offered for either solo or tandem students (tandem students must come with their partner). You will learn about the features of the canoe and how to control the boat on calm water. We will row together on the Schuylkill River, led by members of the Philadelphia Canoe Club Clubhouse. Join us on the water -- you won't regret it!

The **Philadelphia Canoe Club** (PCC) is one of oldest and most distinguished paddling organizations in the United States, headquartered in an 18th century mill on the picturesque banks of the Schuylkill River.

This course will be taught by ACA (American Canoe Association) Instructor **Looie Voorhees**. She has a lifetime of paddling experience and is certified by the ACA to teach both flatwater and whitewater canoeing and kayaking, and beginner Stand Up Paddleboard.

**July 8 | \$59**

Philadelphia Canoe Club, 4900 Ridge Ave.

An additional \$10 insurance fee is due when you register.

### For Canoe and Kayak Classes:

You will get wet with these classes, as being in the water for a short safety lesson is required. Please do not wear cotton. It is usually more comfortable wearing quick drying shorts and shirt. Please protect your feet. No sandals, crocs or open toed shoes. Water shoes or sneakers work best, make sure they are secure on your feet. Please bring snacks, drinking water in a plastic bottle and a change of clothes for after the class.

## KAYAKING ON THE SCHUYLKILL

Tu from 10:00 AM to 1:00 PM

**SR14.** Along with simply being a fun and enjoyable activity, kayaking has numerous health and physical benefits! From stress relief to stronger abs, kayaking is good for you, body and soul. This class is designed for the beginner, no experience necessary. You will learn about the features of a kayak and how to control the boat on calm water. It will be taught on the Schuylkill River by the Philadelphia Canoe Club Clubhouse.

**Steve Levick** has many years of paddling experience and is certified by the ACA to teach recreational kayaking.

**July 22 | \$59**

Philadelphia Canoe Club, 4900 Ridge Ave.

An additional \$10 insurance fee is due when you register.

## BEGINNER STAND UP PADDLEBOARDING

Th from 10:00 AM to 1:00 PM

**SR15.** This class is a beginner introduction to the wonderful world of Stand Up Paddleboarding (SUP). We will review paddling safety and learn the basics of getting out on a board and enjoying yourself. This will include: launching safely from a dock, hand paddling, kneeling paddle, standing and balance, basic forward stroke, falling from a SUP safely, bracing strokes, turning strokes, rescue and more.

**Roger Schrading** is a longtime member of the Philadelphia Canoe Club. He is a Certified Instructor in Stand Up Paddleboarding by the American Canoe Association. Certification includes Wilderness First Aid and CPR. Roger has taught many students this introductory course. Students will be required to sign a waiver issued by the American Canoe Association to participate in this course.

**June 19 | \$79**

Philadelphia Canoe Club, 4900 Ridge Ave.

An additional \$10 insurance fee is due when you register.

The class requires getting wet and fully immersed in the Schuylkill River. Basic Swimming is required. No paddling experience is required -- but it is highly recommended. All equipment is provided except swim clothing. You are welcome to bring your own equipment if you prefer. Life jackets are provided and will be required while we are on the water.



An Nichols, right-first row, with her amazing improv students from our Winter term class.

## NEW INTRODUCTION TO SHORT FORM IMPROV THEMES

Tu from 7:00 PM to 8:30 PM

**SR11.** If you've seen *Whose Line is it Anyway*, you've experienced short form improv. This workshop will introduce the class to a series of improv games such as Freeze, Rewind, Party Quirks, Human Puppets, Audience Notes, New Choice, Tag Outs, and more. Because the scenes are 'shorter,' there is a focus on heightened energy. This will serve as a very gentle introduction to short form with a focus on fun.

**An Nichols** is an established performer in the Philadelphia community. Within the world of Improv, she trained at Philly Improv Theater and the Magnet and has performed in the PA & NJ Ren Faires, Bright Invention Ensemble, Philly Improv Theatre Conservatory, Lancaster Improv, and more! She has served as the diversity advisor for ImprovUtopia and directed *Improvized Star Trek* for ImprovFest Ireland.

**June 3-17 | \$59**

3 sessions

Church of St. Martin-in-the-Fields,  
8000 St. Martin's Lane

## NEW THE BASICS OF ACTING

W from 5:30 PM to 7:00 PM

**WM07.** Discover the fundamentals of acting in this comprehensive 8-week course. Explore physical and emotional techniques, acting principles, and scene study methods to bring characters to life. Develop emotional recall, sense memory, and imagination skills to create authentic performances. Through interactive exercises, scene work, and discussions, students will be well on their way to launching their acting career, or simply enhancing their creative expression. This course is perfect for individuals seeking to overcome stage fright, develop confidence, and pursue their passions.

**Denisha Marriott** has over 17 years of experience in the entertainment industry. She began her acting journey in theater and later transitioned to working in TV and film; and soon began training actors. She has worked with actors that have booked work on Disney, Hulu, HBO, Comedy Central, Universal Studios, Netflix, and more. She is a huge believer that every actor in the world can reach their goals by being grounded in their faith and putting the work in to excel to new heights.

**April 23 - June 11 | \$104**

8 sessions

Chestnut Hill United, 8812 Germantown Ave.

Prior to class, please purchase "The Power of the Actor" by Ivana Chubbuck.

## INTRODUCTION TO SCREENWRITING

Tu from 6:30 PM to 8:30 PM

**WM01.** This class teaches the practical, technical and creative approaches to writing for the screen. Students learn about visual storytelling, screenplay structure and formatting from an experienced working screenwriter. Students who have an interest in screenwriting will have their eyes opened and minds blown in this comprehensive course, learning how to conceive of a story for the screen, writing an outline for a screenplay and then start to write a screenplay.

**David Greenberg** has been writing screenplays professionally for over twenty-five years. He teaches screenwriting at Drexel University and has also taught at University of the Arts, Temple University, Moore College of Art, Arcadia University and Montgomery County Community College. His book *Screenwriting for Micro-Budget Films* has been called one of the greatest screenwriting books of all time by bookauthority.org. His feature writing-directing debut, *Stomping Ground*, is distributed by Breaking Glass Pictures.

April 22 - May 27 | \$119

6 sessions

Mt. Airy Axis, 520 Carpenter Lane

## NEW JAPANESE CINEMA OF THE 1960'S

Th from 6:00 PM to 9:00 PM

**WM41.** Breaking from the tight formalism and traditional beauty of 50's post-war cinema, a new wave of exciting filmmakers (many of whom were former apprentices) experimented with form and style in an effort to reflect the cynicism, uncertainty, and fast pace of modern Japanese society. Come explore these bold and subversive films that depict the transgressive behavior, forbidden love, and restless yearning of a generation in search of itself. Each week we'll watch a celebrated film from the era, followed by a fun and thoughtful discussion on what we've just seen. The course is ideal for both foreign film lovers, as well as beginners to Japanese cinema.

**Justin Ahlback** has an MA in Literature and an interest in contemporary film.

May 1-29 | \$79

5 sessions

Wesley Enhanced Living, 6300 Greene St.

## NEW SILENT MOVIES: THE DRAMAS

M from 5:00 PM to 8:00 PM

**WM42.** Let's take a look at the silent dramatic films of the 1920's. The work done by such artists as Lon Chaney, Lillian Gish, Mary Pickford, and Douglas Fairbanks continues to captivate audiences more than a century after they were made. Each film will be accompanied by vintage short films of the time period. Students will learn about filmmaking of the silent era and will see rare films they are unlikely to see elsewhere.

**Andrew Gilmore** has been studying the history of American entertainment since 1995, and has a BA from Arcadia University in Theater and American Recorded Popular Entertainment.

April 14 - June 16 | \$99

10 sessions

Private home near Millman and Rex in Chestnut Hill

## WRITING THE BROKEN HEART

Tu from 6:00 PM to 7:30 PM

**WM03.** There's no denying how heavy, overwhelming, and disorienting grief is, which leads many of us to resist giving it space in our lives, or to carry it like a private, unspoken burden. But to avoid our grief is to also limit our capacity to engage with all of life, including its beauty and joy. This class offers a gentle, guided space to explore the words, the stories, the memories and feelings in your heart that are longing to be expressed. We'll use poetry and the practice of writing to honor your grief. Sessions will include grounding meditations and visualizations, shared poems about grief to help you access your emotions around your losses, and invitations to journal in response to guided prompts. We'll explore poems about connecting with your loved ones, how grief manifests in your body, and self-care while grieving. This is a space to be validated and affirmed in your experience while also finding comfort, support and connection with other grievers.

**Naila Francis** is a writer/poet, certified grief coach and death midwife. She helps people transform their relationship to grief and loss through one-on-one coaching, workshops, rituals and ceremonies. Her work is often informed by her love of poetry, nature and community. She is also a founding member of Salt Trails, a Philadelphia collective honoring grief through community rituals.

April 29 - May 20 | \$64

4 sessions

Unitarian Society of Germantown, 6511 Lincoln Dr.

Please bring a journal to write in to class.

## MEMOIRS AND ESSAYS: KEEPING THE MOMENTUM

Sa from 1:00 PM to 4:00 PM

**WM04.** Do you have more chapters from your memoir, new personal essays, percolating ideas, writing questions, or discussion points since you last took Nancy's "Memoirs: More Than Memories" class? This workshop, a continuation of "Memoirs," is for previous students to keep you enthused and productive: writing, sharing, receiving Nancy's written feedback, doing new in-class exercises and discussions!

**Nancy Rasmussen** has taught non-fiction writing courses at three universities in addition to her long-running memoir class for MALT. She has also written short pieces for several magazines along with personal essays for her writers' group and online contests. Currently, Nancy edits for and coaches various clients, helping them share their stories with others.

May 31 - June 14 | \$74

3 sessions

United Lutheran Seminary, 7301 Germantown Ave.

\$5 materials fee payable to the instructor.

## CRIME FICTION WORKSHOP

Tu from 6:30 PM to 8:00 PM

**WM05.** Have you ever thought about writing crime fiction but have no idea where to begin? This course provides a pragmatic, workman-like approach to crafting stories, focusing on but not limited to crime fiction. Through selected readings in the genre, we will discuss and dissect styles and techniques, as well as the nuts and bolts of good storytelling, like clarity and accuracy. Students will complete quick pieces of in-class writing as well as read and critique longer pieces of each other's work in a supportive, encouraging workshop atmosphere. This class is a gas!

**Tony Knighton** is the author of the collection *Happy Hour and Other Philadelphia Cruelties*, and three novels, *Three Hours Past Midnight*, *A Few Days Away*, and *A Night at the Shore*, all published by Brash Books. Some of his short stories are included in anthologies from Cemetery Dance, Grey Matter Press and Close to the Bone.

May 13 - June 17 | \$89

6 sessions

North Light Community Center, 175 Green Lane



Martha Cooney

## NEW FINDING YOUR FUNNY: WRITING HUMOROUS ESSAYS

W from 6:30 PM to 8:00 PM

**WM09.** Do you love humor, especially funny personal stories? Want to get yours on paper? In *Writing the Humorous Essay*, you'll dive into examples of great humor writing, learn how to mine your life for material, and practice crafting personal essays with a humorous point of view. You'll experiment with different writing techniques and styles, share your work, and receive feedback from fellow writers in a supportive and fun atmosphere. This class offers an inclusive, experimental environment to help you find your unique voice as a funny writer while honing your craft.

**Martha Cooney** is a humor writer and teaching artist with experience teaching story-loving folks of all ages. Her humor essay collection, *Walk Me Through Your Resume*, was released in 2023, and the one-hour storytelling show based on the book won Best Storytelling Performance at the 2024 Philadelphia Fringe Festival. Martha is a winner of The Moth GrandSLAM storytelling competition and writes a regular humor newsletter, YO from Martha Cooney.

April 23 - June 4 | \$99

6 sessions (no class 5/14)

Summit Presbyterian Church, 6757 Greene St. at Westview.

There is a \$5 materials fee payable to the instructor at the first class.



## NEW BOOK TALK: WRITTEN BY IMMIGRANTS

Tu from 5:30 PM to 7:00 PM

**WM14.** Representative of recent immigrant literature, the books we will discuss focus on the individual authors' lives and experiences. We will start with *Little Failure* (2004), "a ruthlessly brave and funny memoir" by Russian-born Gary Shteyngart (read in two parts). Next, we will discuss *The Undocumented Americans* (2021), a "deeply personal and groundbreaking portrait of a nation," by Ecuadorean Karla Cornejo Villavicencio. We will end with Laila Lalami's exploration of a Moroccan family in *The Other Americans* (2019), "at once mystery novel, character study and poignant reflection on the immigrant experience."

### Book list:

- **April 15:** Gary Shteyngart, *Little Failure: A Memoir*, Chapters 1-12
- **May 6:** Gary Shteyngart, *Little Failure: A Memoir*, Chapters 13-25
- **May 27:** Karla Cornejo Villavicencio, *The Undocumented Americans*
- **June 17:** Laila Lalami, *The Other Americans*

**Gabriella Ibieta** holds a PhD in Comparative Literature from the City University of New York and was Associate Professor of English at Drexel University for many years. She's editor of *Latin American Writers: 30 Stories*, and co-editor (with M. Orvell) of *Inventing America: Readings in Identity and Culture*, both published by St. Martin's Press, and she's presently working on a personal history of her Cuban family. Gabriella started MALT's Book Club in 2022 and is delighted to share her passion for reading, researching, and discussing literature with the community

**April 15 - June 17 | \$44**  
4 sessions

Hilltop Books, 84 Bethlehem Pike

## POETIC APPROACHES TO JUMPSTART YOUR WRITING ONLINE

Th from 6:30 PM to 8:30 PM

**WM11.** Get inspired and carve out time to work on your craft! This four-part class equips new and seasoned writers with the information and tools to write using different poetic and literary methods. Each week, we'll learn about a new approach, read and respond to pieces that use that method, generate new work, and have the opportunity to give and receive feedback. Part discussion group, part lecture series, and part writing workshop, this class is open to all writing levels, and though the primary focus will be on poetry, writers of all genres are encouraged to join.

**Chelsea Jackson** is a writer, editor, and writing coach, and the author of the poetry collection *All Things Holy and Heathen* (April Gloaming). Chelsea uses their writing to ask hard questions and explore what it means to be human. Their work has been featured in *Fatal Flaw*, *Coffin Bell Journal*, and *Beyond Queer Words*, among other publications, and they were a finalist in *Animal Heart's 2022 Poetry Collection Contest*. Chelsea has an MFA in Poetry from Drew University and is the Co-Editor of *The Maine Review*. After moving around for over a decade, they returned to their home state of Virginia in 2022. They live in Richmond with their partner and cuddly pitbull.

**May 1-22 | \$64**  
4 sessions

The Comfort of Your Own Home

## POETIC APPROACHES TO JUMPSTART YOUR WRITING PART 2: POETRY FORMS ONLINE

Tu from 6:30 PM to 8:30 PM

**WM12.** We're back with some new poetic approaches to activate your writing! Poetry forms can feel confusing for new and seasoned writers alike. But they can also stretch us in surprising ways and challenge us to write more creatively. In that spirit, throughout this class, we'll read, discuss, and generate new work using four unique poetic forms. Students will also have the opportunity to workshop their work with fellow participants. Part discussion group, part lecture series, and part writing workshop, this class is open to all genres and writing levels. It is NOT necessary to have taken Part 1 to join.

**Chelsea Jackson**

**June 3-24 | \$64**  
4 sessions

The Comfort of Your Own Home

## WRITING THE PERSONAL ESSAY ONLINE

F from 12 N to 1:00 PM

**WMo6.** If you want to write about your own life, but don't know where to start, the personal essay offers a unique and accessible formal container requiring both deep self-reflection and cultural observation. In this class, we will study selections from Philip Lopate's seminal collection, *The Art of the Essay*, including essays by Montaigne, Woolf, and Baldwin. Simultaneous to studying the masters of this genre, students will brainstorm, draft, and revise their own personal essay through in-class prompts, writing exercises, and teacher feedback.

**Llana Carroll** holds a BA in Literature from Purchase College/SUNY and an MA and PhD in English: Cultural and Critical Studies from the University of Pittsburgh. Llana has taught non-fiction and essay writing at several colleges and universities and is currently an Assistant Teaching Professor of English and Philosophy at Drexel University. Her own writing has been published in several academic journals.

**April 25 - May 30 | \$79**  
5 sessions, (no class 5/9)

The Comfort of Your Own Home

## NEW PUBLISH YOUR BOOK NOW—FOR FREE!

W from 7:00 PM to 8:30 PM

**WMo8.** Everyone has a book inside them—what's yours? Whether your manuscript is fully polished or still a work in progress, this hands-on, four-session class will guide you step by step through Amazon's free self-publishing platform. You'll upload your book in real time, set your pricing, and make it available worldwide in Kindle and print-on-demand formats—at no cost to you! Amazon's system allows you to update your book, title, and cover anytime, so you don't have to wait until it's "perfect" to publish. By the end of this course, your book will be live and ready for readers. Let's get your book out into the world—starting now!

**Max Rivers** is the lead mediator at Two Rivers Mediation where he is a professional couple's mediator. He is the author of "Loving Conflict."

**May 14 - June 4 | \$74**  
4 sessions

Wesley Enhanced Living, 6300 Greene St.

## BEGINNING ADULT PIANO

W from 6:30 PM to 7:30 PM

**WM15.** Improve your listening, memorization and problem-solving skills, while learning to play beautiful music! This course will cover the essentials: clefs, note reading, fingering, counting/meter, dynamics, body/hand position, and basic music theory. A look into the piano will help you understand how this classical instrument works as well. You will gain a sense of accomplishment in the multitasking aspects of playing the piano. Simple at-home exercises will reinforce the class work, and daily practice is strongly encouraged. Students will need to bring their own keyboards to class.

**Stephanie Ben-Salem** holds a BA and MA in piano performance, as well as a MA in education, and has been teaching students from all ages, abilities and backgrounds for the past 44 years. Besides the piano, she is very proficient in violin, cello, sitar, darbouka, santoor, and tabla as well as a plethora of other instruments. She has been a performing artist for over 50 years throughout the US and Europe.

**May 7 - June 11 | \$109**  
6 sessions

Presbyterian Church of Chestnut Hill,  
8855 Germantown Ave.

\$10 materials fee payable to the instructor at the first class for a piano lesson book.

## SINGING ROUNDS, PARTNER SONGS, AND HARMONY

W from 7:00 PM to 9:00 PM

**WM22.** Be prepared to sing fun and beautiful rounds and songs you may have learned in childhood as well as new ones. Voices blending in harmony is soothing and invigorating. Songs used will include music of the 1940s, 50s and 60s as well as some newly written. Reading music is helpful, but not necessary. All songs will be new this term so if you've taken Connie's class in the past, sign up again to learn even more rounds, partner songs, harmonies!

**Connie Koppe** has been finding joy in singing since she was 6. She has been teaching actors, singers and CEOs to build and use their voices more effectively for over 30 years. She has taught at the University of the Arts and gives private speech and singing lessons from her home in Germantown.

**April 23 - May 28 | \$89**  
6 sessions

St. Paul's Episcopal Church,  
22 E. Chestnut Hill Ave.

## FRAME DRUMMING FOR BEGINNERS

Sa from 3:00 PM to 5:00 PM

**WM16.** Would you like to learn the art of the frame drum? In a world full of rushing, disconnection, and chaos, the frame drum – the world's oldest instrument – can be an amazing antidote. This class will soothe your nervous system, shift you into a more connected way of being, and strengthen your own inner rhythm. Frame drumming together creates a sense of community! This class is an introduction to the upright style of the frame drum, the most ancient way of playing the drum. No musical experience is required. Expect to learn the basic strokes and a couple of rhythms to play.

**Natanya Apfelbaum** has devoted herself to studying and playing the frame drum since she discovered it; this instrument connects her to a deep pulse of life. The past two years, she has studied in Sicily, focusing on frame drumming and dance. She is a deep aficionado of the path of the drum and is excited to build community through this beautiful instrument.

May 10 | \$34

Chestnut Hill United, 8812 Germantown Ave.

Instructor will have frame drums available for use during the class; these can be purchased directly if interested.

## BEGINNING GUITAR

W from 6:30 PM to 7:30 PM

**WM32.** Did you always want to learn to play the guitar? Join us for a small group class that covers the essentials. Learn the parts of your instrument, basic skills for playing chords and basic rhythm skills while having fun. Students will need to provide their own instrument and personal patience.

**Craig Carracappa** is a recently retired high school media production teacher. He has volunteered at the Philadelphia Folk Festival for over 40 years and has 45 years of experience playing guitar and singing.

May 7 - June 11 | \$89  
6 sessions

Grace Epiphany Church, 224 E. Gowen Ave.



Natanya Apfelbaum

## NEW COMMUNITY JAM SESSION

Su from 12:00 N to 2:00 PM

**WM17.** Are you a “closet musician”? Been meaning to dust off your instrument? Professional shower singer? Let's jam! Any musician, from novice to professional, is welcome to join for a low-stakes, easygoing jam session. Let's make music together with no expectations and no audience. Music and genre will be guided by participants, but please advise in advance if your instrument needs electricity. A laptop, tablet, smartphone is recommended to download chord charts that we select at the jam. This will be a great way to experiment, have fun, and meet other musicians in the community.

**Ben Buono** has been playing guitar since he was eight. He has played in a number of bands over the years, but has recently moved away from performing to concentrate on arranging. He has organized a private jam session locally over the past few years, and loves to play.

June 8 - July 6 | \$44  
4 sessions, (no class 6/15)

Wesley Enhanced Living, 6300 Greene St.

## NEW BEGINNER FRENCH

Tu from 4:45 PM to 6:15 PM

**WM38.** Join our beginner French class, led by a native French speaker, and start learning essential language skills for everyday life. You'll learn how to greet and introduce yourself, talk about your passions, order food at a restaurant, ask for directions, and explore basic vocabulary for colors, numbers, and the city. We'll also cover pronunciation tips and basic grammar to help you build a strong foundation. This fun and practical course is a great way to meet new people from the community and share a common curiosity for the French language and culture!

**Julia Podgorsek** was born and raised in France and has been teaching French in the US for 10 years.

May 20 - June 24 | \$89  
6 sessions

Mt. Airy Learning Tree, 6601 Greene St.

## NEW IMPROVE YOUR FRENCH THROUGH CONVERSATION!

Tu from 6:30 PM to 8:00 PM

**WM39.** This intermediate French conversation group is perfect for anyone looking to improve their speaking skills in a friendly, relaxed setting with fellow francophiles and a native speaker. You'll engage in lively discussions, watch French videos, listen to podcasts, and read articles from France to expand your vocabulary and boost comprehension. We'll also address tricky grammar and pronunciation issues to help you feel more confident. If you want to speak French with confidence while meeting new people, this class is for you! You'll practice with real French materials, improve your pronunciation, and tackle grammar in a fun, practical way. You'll leave each session feeling more fluent and connected to the language—and enjoy every minute of it!

**Julia Podgorsek** was born and raised in France and has been teaching French in the US for 10 years.

May 20 - June 24 | \$89  
6 sessions

Mt. Airy Learning Tree, 6601 Greene St.

## NEW UNO DOS TRES - VERY BASIC SPANISH

Th from 11:30 AM to 12:30 PM

**WM33.** Have fun with your friends and neighbors by learning common Spanish words and phrases. We will play games, listen to music, and focus on greetings and introductions. This class is for the ultimate beginner, with absolutely no Spanish knowledge.

**Megan Do Nascimento** is a Mt. Airy resident who is trilingual in Spanish, English and Portuguese. Megan lived in Spain, works in International sales and has travelled extensively throughout the Spanish-speaking world. Megan is passionate about immigration issues and dedicated some of her time doing work in Matamoros, Mexico with Team Brownsville.

May 1 - June 5 | \$74  
6 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

## INTRODUCTION TO SPANISH

Tu from 4:30 PM to 6:00 PM

**WM34.** ¡Vamos! You've been wanting to learn a new language for ages - now is the time to get started! This small, entertaining instructor-led course will give you a jump-start on speaking Spanish right away. It's so much more effective and organic than those language apps. This is a beginner-level course for folks with little-to-no Spanish experience.

**Megan Do Nascimento**

April 29 - May 27 | \$74  
5 sessions

Wesley Enhanced Living, 6300 Greene St.

## CONVERSATIONAL SPANISH

Tu from 6:00 PM to 7:30 PM

**WM35.** Have you been practicing your Spanish on your own, but ready to learn in community? Let's take it to the next level! This Spanish course is for folks who have a basic grasp of Spanish language (vocabulary, basic conjugations) and are ready to apply those skills in a laid-back setting. Class participation is encouraged in this conversational class!

**Megan Do Nascimento**

April 29 - May 27 | \$74  
5 sessions

Wesley Enhanced Living, 6300 Greene St.

## INTRODUCTORY JAPANESE CONVERSATION

Sa from 2:30 PM to 4:00 PM

**WM36.** Learn how to speak Japanese! In this course, we will practice basic Japanese conversations using a lot of example model dialogs and various speaking exercises. You will be able to ask and answer simple questions in Japanese. At the end of the session, you will hold dialogues between a worker and a customer and be able to order at restaurants. We will cover some Katakana character reading as well. No prior experience in Japanese necessary. Connect with others through having fun speaking Japanese!

**Natalie Mancini** grew up in Japan and is a native Japanese speaker. She holds a master's degree in Japanese linguistics. Since 2009, Natalie has been teaching Japanese at various institutions across the U.S. and has developed curricula ranging from introductory to advanced levels. Additionally, she practiced calligraphy throughout her school years in Japan.

**May 3 - June 7 | \$94**  
6 sessions

Church of St. Martin-in-the-Fields,  
8000 St. Martin's Lane

## ASL 1: AMERICAN SIGN LANGUAGE: BEGINNERS

W from 2:00 PM to 4:00 PM

**WM18.** Learn American Sign Language (ASL) in a relaxed learning environment with structured and spontaneous dialogue. You will develop appropriate conversational strategies unique to Deaf Culture while learning ASL vocabulary, ASL grammar, and the history of Deaf culture and ASL. A Deaf individual will teach this class.

**Deaf-Hearing Communication Centre, Inc. (DHCC)** accomplishes their mission through communication access services, education and advocacy. DHCC advocates for Deaf and Hard of Hearing individuals to help them gain communication access to services, businesses, educational institutions and their own places of employment. All DHCC ASL classes are taught by experienced Deaf instructors who look to not only teach ASL, but will also cover key ideas and stories about Deaf culture and history.

**April 16 - June 18 | \$193**  
10 sessions

Church of St. Martin-in-the-Fields,  
8000 St. Martin's Lane

Textbook Required: "ASL at Work," can be purchased at the first class from the instructor for \$75. Cash or card accepted.

## ASL 2: AMERICAN SIGN LANGUAGE: BEGINNERS (UNITS 5-8)

M from 6:30 PM to 8:30 PM

**WM19.** This is the second level of American Sign Language (ASL) classes. This class is intended for beginners with some prior knowledge of ASL – specifically, students who have already taken and passed ASL 1 or who have been evaluated into this level (in the case of students who already have prior knowledge but didn't take classes with DHCC). In this class, you will continue to learn ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL. A Deaf individual will teach this class.

**Deaf-Hearing Communication Centre, Inc. (DHCC)**

**April 14 - June 16 | \$193**  
10 sessions

United Lutheran Seminary,  
7301 Germantown Ave.

Textbook Required: "ASL at Work." If you do not already have a copy of the textbook, please contact [asl@dhcc.org](mailto:asl@dhcc.org).

## ASL 3: AMERICAN SIGN LANGUAGE: LEVEL 3 (UNITS 9-12)

W from 10:00 AM to 12 N

**WM20.** This is the third level of American Sign Language (ASL) classes. This class is intended for students with some prior knowledge of ASL – specifically, students who have already taken and passed ASL Levels 1 and 2 or who have been evaluated into this level (in the case of students who already have prior knowledge but didn't take classes with DHCC). In this class, you will continue to learn ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL. A Deaf individual will teach this class.

**Deaf-Hearing Communication Centre, Inc. (DHCC)**

**April 16 - June 18 | \$193**  
10 sessions

Church of St. Martin-in-the-Fields, 8000 St. Martin's Lane

Textbook Required: "ASL at Work." If you do not already have a copy of the textbook, please contact [asl@dhcc.org](mailto:asl@dhcc.org).

Thank you to our Venue Sponsor  
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**Northwest Village Network (NVN) and Shtetl 2.0 members receive up to 10% off two MALT classes per term.**

MALT, NVN and Shtetl 2.0 are nonprofits, and members of Mt. Airy Community Services Corporation. Are you a nonprofit and interested in learning more about how MACSC can support your organization? Visit [www.macscorp.org](http://www.macscorp.org)

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LIVE JAZZ  
JAM SESSION**  
5:30 - 8:30 PM

[mtairyartgarage.org](http://mtairyartgarage.org) 267-323-2312  
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# MALT General Policies

## Non-Discrimination

Mt. Airy Learning Tree (MALT) believes our community should be truly open for everyone. We are committed to providing a friendly, safe and welcoming environment for all, regardless of race, gender, sexual orientation, disability, ethnicity, national origin or religion.

## Code of Conduct

It is the responsibility of all MALT instructors and students to:

1. Foster an education community supportive of continued learning;
2. Maintain the safety and welfare of all members in our MALT community; and
3. Respect the rights of others, engage in civil discourse, and refrain from harassment or discrimination.

MALT reserves the right to remove instructors and students who engage in any disruptive, disrespectful, and/or unlawful behaviors.

## Common Sense and Consideration

Common sense and consideration for others are what we aim to practice at all times. All MALT class venues may be shared with members of the public; please be respectful to all patrons of these locations.

Unacceptable behaviors include:

- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning conduct by any MALT student or instructor towards another person.
- Drinking during class in instances when alcohol is not an identified part of the class environment (i.e., wine tasting).

## Consequences of Unacceptable Behavior

- Anyone made aware of unacceptable behavior is expected to comply with MALT policies, immediately. If a participant engages in unacceptable behavior, MALT will take any appropriate action, as necessary, up to and including expulsion from the course without refund.

## What To Do If You Witness Or Are Subject To Unacceptable Behavior

- If you are a MALT student or instructor and witness or are subject to unacceptable behavior, or have any other concerns, please notify the MALT office as soon as possible: (215) 843-6333

## Age Policy

Except where noted in our course catalog, all classes are for ages 18 and up. Adult students may not bring their children to class without explicit permission from the MALT office and instructor.

## Liability

Students take courses at their own personal liability and agree to waive and release MALT administrators and staff from any and all claims. The opinions and recommendations expressed by instructors are personal. MALT is not responsible for faculty views.

## Access

Access for students with disabilities varies by venue. Please let us know if you have limitations climbing stairs or have difficulty walking. Alerting us will help us make adjustments to the extent possible.

## Below is a list of wheelchair accessible MALT locations:

- Center on the Hill
- Church of St. Martin-in-the-Fields
- Cliveden Carriage House
- Grace Epiphany Church
- Mt. Airy Axis
- Presbyterian Church of Chestnut Hill
- St. Paul's Episcopal Church
- Summit Presbyterian Church (gym)
- Unitarian Society of Germantown
- Unitarian Universalists of Mt. Airy
- United Lutheran Seminary
- Wesley Enhanced Living
- Woodmere Art Museum
- Wyck Historic House and Garden

## Very Important, Please Check Your Email!

If there is a change to your class we will notify students by email. This could be due to weather or if we have to schedule a make-up class.

# 4 Easy Ways to Register

- 1. Online:** www.mtairylearningtree.org, by Visa or MasterCard.
- 2. Phone:** Call us at 215.843.6333 and leave a message. We will return your call.
- 3. Visit:** Open to the public on Monday - Thursday from 9 AM to 2 PM. Friday 9 AM to 2 PM, we work remotely

**Deadlines** Early registration is strongly encouraged. While we permit late registration, you may find that a class has filled or has been cancelled.

**Returned Check Policy** We must charge students \$15 for returned checks.

**Age Policy** Except where noted, all classes are for ages 18 and up.

**Deciding Upon a Course** Read the course descriptions carefully. If you are uncertain about whether a course will meet your needs, call us at 215.843.6333.

**Withdrawals** If you cannot attend a course, you can receive a refund, less the \$6 registration fee, by notifying us **no later than** 2 days (48 hours) before the first class begins.

- 4. Mail:** Fill out registration form on the next page. Enclose a check, money order or MasterCard/Visa number (with expiration date) and mail to:

**Mt. Airy Learning Tree**  
6601 Greene Street  
Philadelphia, PA 19119

**Refunds** will be issued if MALT cancels a course. Refunds or credits cannot be issued for classes missed as a result of illness, personal emergencies, or any other event beyond our control.

**No Walk In** Students must pre-register.

**Discounts and Scholarships** Discounts cannot be combined. Not available online, please call our office to register.

- **WHYY Discount:** 10% off up to two classes per term. Member number required.
- **Northwest Village Network and Shtetl 2.0™ Discount:** 10% off up to two classes per term.
- **Fern Bell Scholarship Fund:** Need-based scholarships are available; call to request financial assistance.

## REGISTRATION FORM

name

address

city

zip code

day tel.#

eve.#

email

I prefer not to receive MALT's weekly email newsletter.

**Title of Course or Workshop Code** (e.g. AC01)    **Section** (A, B, C, etc.)    **Fee**

1.		
2.		
3.		
4.		
<b>Subtotal:</b>		
Add non-refundable   \$6 registration fee per person, per term.		<b>\$6</b>
Optional donation to the Fern Bell Scholarship Fund		
<b>Total:</b>		

### Make check payable to MALT.

I hereby authorize the use of Mastercard/Visa:

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card #

exp. date

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**Send us a self-addressed stamped envelope or provide your email address and we'll send you a confirmation.**

**Mail to: MALT**  
6601 Greene Street  
Philadelphia, PA 19119-3114

Questions: call **MALT** at **215.843.6333**

**Don't forget to write start dates and locations on your calendar!**  
**We do not send reminders.**

## LOCATIONS

**We are thankful for the support of our neighborhood venues that host our classes each term!**

### Action Karate

11 W Mt Airy Ave.  
Philadelphia, PA 19119

### Allens Lane Art Center

601 W Allens Ln  
Philadelphia, PA 19119

### Airy Kitchens

88 West Johnson St.  
Philadelphia, PA 19144

### Awbury Arboretum

*Cope House:* 1 Awbury Rd  
*The Farm:* 6336 Ardleigh St.  
Philadelphia, PA 19138

### Bella Mosaic

6780 Germantown Ave  
Philadelphia, PA 19119

### Center on the Hill Presbyterian Church of Chestnut Hill

8855 Germantown Ave.  
Philadelphia, PA 19118

### Chestnut Hill Friends Meeting

20 E. Mermaid Lane  
Philadelphia, PA 19118

### Chestnut Hill Hospital

8835 Germantown Ave  
Philadelphia, PA 19118

### Chestnut Hill Music Academy

22 East Chestnut Hill Ave.  
Philadelphia, PA 19119

### Chestnut Hill United Church

8812 Germantown Ave.  
Philadelphia, PA 19118

### Church of St. Martin-in-the-Fields

8000 St. Martin's Lane  
Philadelphia, PA 19118

### Cliveden Carriage House

6401 Germantown Ave.  
Philadelphia, PA 19144

### Commodore Barry Arts and Cultural Center

6815 Emlen Street  
Philadelphia, PA 19119

### Flaco's Dance Factory

411 Old York Rd.  
Jenkintown, PA 19046

### Grace Epiphany Church

224 East Gowen Ave.  
Philadelphia, PA 19119

### MALT Office

6601 Greene Street  
Philadelphia, PA 19119

### Mindy Flexer Art School

5225 Greene St  
Philadelphia, PA 19144

### Mt. Airy Art Garage

7054 Germantown Ave.  
Philadelphia, PA 19119

### Mt Airy Axis

520 Carpenter Lane  
Philadelphia, PA 19119

### Mt. Airy Performing Arts Academy

230 E Gowen Avenue  
Philadelphia, PA 19119

### North Light

**Community Center**  
175 Green Lane  
Philadelphia, PA 19127

### St. Paul's Episcopal Church

22 E. Chestnut Hill Avenue  
Philadelphia, PA 19118

### Summit Presbyterian Church

6757 Greene St.  
Philadelphia, PA 19119

### Trolley Car

**Table Tennis Club**  
3300 Henry Ave  
Philadelphia, PA 19129

### Unitarian Society of Germantown

6511 Lincoln Drive,  
Philadelphia, PA 19119

### Unitarian Universalists of Mt. Airy

6900 Stenton Ave.  
Philadelphia, PA 19119

### United Lutheran Seminary

7301 Germantown Ave  
Philadelphia, PA 19119

### Water Tower Rec. Center

209 East Hartwell Ln  
Philadelphia, PA 19118

### Wesley Enhanced Living at Stapley

6300 Greene Street  
Philadelphia, PA 19144

### Wissahickon Dance Academy

38 E School House Lane  
Philadelphia, PA 19144

### Woodmere Art Museum

9201 Germantown Ave.  
Philadelphia, PA 19118



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