

SPRING 2026

MALT

MT. AIRY LEARNING TREE
NEIGHBORS TEACHING NEIGHBORS



ANNUAL HIDDEN GARDENS TOUR
SUNDAY, JUNE 14

FEATURING CLASSES IN
Mt. Airy, Chestnut Hill
Germantown, East Falls
Roxborough & Manayunk



MT. AIRY
LEARNING TREE

250+ COURSES!
APRIL • MAY • JUNE
IN PERSON • ONLINE

SPRING TERM BEGINS APRIL 20



DIRECTOR'S NOTE

I have some updates to share from MALT! We're excited to welcome Lynne Hernandez back to our Board of Governors, along with new team members Alison Lauer, our office coordinator, and Jo Song, our graphic design intern.

Our spring catalog is bursting at the seams with over 64 brand-new classes! For example, Try Sashiko for Mending (pg. 17) and patch up life's little seams with a creative twist. Or take learning beyond the classroom—from delicious food tours around the city (pg. 12), to history tours celebrating our nation's 250th birthday (pg. 8), to garden and nature adventures like birdwatching and forest bathing in Carpenter's Woods (pg. 7).

A new catalog is a new start! Challenge yourself this season—learn new dance steps (pg. 26), write a poem or story (pg. 65), or get out on the Schuylkill River and paddle a dragon boat (pg. 65)! In June, don't miss our Annual Hidden Gardens Tour, a cherished tradition where generous local gardeners open their private spaces to support MALT's mission.

If teaching has ever crossed your mind, we'd love for you to share your skills with our community.

Dive in, have fun, and let your curiosity lead the way!

— Janet Gala, Executive Director

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Thank You to Our Main Sponsor
Temple Health Chestnut Hill Hospital



On the Cover: Clockwise from top left: Wyck's Historic Roses - photo by Ben Carlson pg 5; Dragon Boat Racing On the Schuylkill for Women pg 64; MALT's Annual Hidden Gardens Tour pg 4; and RowZone Fitness Row & Tone pg 36.

Graphic Design - Janet Gala

MALT Mission Statement
The mission of the Mt. Airy Learning Tree is to strengthen and enrich the diverse community of Northwest Philadelphia by providing opportunities for individuals to come together in educational and recreational activities.

STAFF

Executive Director Janet Gala	Assistant Director Sammy Lifson-Neubardt
Office Coordinator Alison Lauer	Graphic Designer Jo Song

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MALT'S ANNUAL HIDDEN GARDENS TOUR

Sunday, June 14, 2026 • 11am to 4pm

Mt. Airy Learning Tree invites you to explore our beautiful neighborhood, filled with blooming trees, vibrant flowers and enchanted gardens. Enjoy a self-paced, self-guided tour of delightful gardens and learn tricks of the trade at each destination. Discover perennial favorites and vegetables, native and habitat-friendly plants, and those with innovative solutions to challenging terrains — there's something for everyone on this tour!

Novices and master gardeners alike will find inspiration in the beauty of our neighborhood's unique green spaces.

The Annual Hidden Gardens Tour is MALT's biggest annual fundraiser. This event raises funds to support the programs of the Mt. Airy Learning Tree, but it's also about celebrating our community. Most importantly it's about neighbors teaching, and learning from, neighbors.

The garden locations remain "hidden" until you pick up your map and wristband on the day of the tour.

The Hidden Gardens Tour is NOT a walking tour; driving is recommended. For bike enthusiasts, we will have a bike map.

The tour is self-paced and self-guided, with gardeners available to answer questions at each stop.

Begin your adventure by picking up a booklet and map of garden destinations at Ned Wolf Park between 11:00 am and 1:00 pm.

Gardens will remain open until 4:00 pm. Tour is rain or shine.

Ned Wolf Park, 7018 McCallum Street at the corner of McCallum and Ellet Streets in Mt. Airy

\$35 advance registration

\$40 day-of-tour tickets

Thank You to Our Generous Sponsors!

Sweet Sassafras

Flowering Dogwoods





A view of the grand lawn at Chanticleer, A Pleasure Garden.

FORAGING FUN IN MT. AIRY

Sa from 1:00 PM to 3:30 PM

TW08. Even though there are thousands of edible species out there, we modern-day humans focus on less than 100 cultivated plant species for the majority of our diets! What flavors, delicacies, and nutrient-dense deliciousness do we miss? A lot. Come join me for a dive into the incredible wild edibles all around us and some of the history on why we eat what we eat and some enticing reasons on why we should. We'll learn about species like black walnut, garlic mustard, elderberry, hawthorn, juneberry, turkey tail mushrooms or whatever we find on the walk!

Allison Houghton is an author, educator, and soil nerd who is passionate about soil health, ecological design, and climate resiliency. She runs The Sparrow Underground: a business that works with gardeners and land managers to strategically build local ecological resilience. She has served in various leadership roles including at the Northeast Organic Farming Association, The Food Project, and the Mt Airy Ecolab.

A. May 2 | \$39

Meet at High Point - Richard Allen Lane Station, 7210 Cresheim Rd.

B. May 30 | \$39

Meet at Allens Lane Art Center, 601 W. Allens Ln.

JOURNEY TO CHANTICLEER GARDEN

TW09. Discover how Chanticleer, once a historic private estate, became one of America's most imaginative and beloved public gardens. On this private, guided 90-minute walking tour, explore 35 acres of artfully designed pleasure garden, where gardeners lead the creative vision and each space is a study in texture, form, and color. Enjoy seasonal highlights throughout the ever-changing landscape, and step inside the first floor of the 1913 Chanticleer House, the former Rosengarten family home, where history and design come together in elegant harmony. This tour takes place rain or shine. Please dress for the weather, wear sturdy walking shoes, and bring a water bottle and camera. Join us to discover what's new in this dynamic, living work of horticultural art!

Tours are led by our knowledgeable guides of both garden highlights as well as an exclusive tour of the first floor of the Chanticleer House.

A. April 24 | \$39

F from 1:30 PM to 3:00 PM

B. June 17 | \$39

W from 10:30 AM to 12 N

Chanticleer, A Pleasure Garden
- 786 Church Rd, Wayne

Course fee includes admission to the garden. Tour is rain or shine.

WYCK'S HISTORIC ROSES

W from 5:00 PM to 6:30 PM

TW07. Take a horticultural tour of Wyck! This tour includes a brief curator's tour of Wyck's first floor focused on the horticultural influences, then continues outside to explore Wyck's rose garden, the oldest in its original plan in the United States, and a general landscape overview, led by Wyck's horticulturist.

Kim Staub is the Executive Director of Wyck with over 12 years of experience in historic site management.

Jackson Warren is Wyck's Horticulturist and a graduate of the Barnes Horticulture program.



May 27 | \$25

Wyck House, 6026 Germantown Ave.

FLOWERFEST! ARTISTS' EXCURSION TO WYCK HISTORIC HOUSE AND ROSE GARDEN

Sa from 9:00 AM to 11:00 AM

AC12. Join us for a vibrant morning of botanical appreciation and artistic exploration at the historic Wyck House. We'll begin with a leisurely stroll through the gardens, drawing inspiration from its roses and spring blooms. The instructor will guide you through various drawing techniques using colored pencils, pastels, and more. Open to all levels of artistic and botanical knowledge, this session encourages free experimentation and creativity. Perfect for anyone who loves nature, Philly history, gardening, or visual art, this event offers a chance to refine your skills and express your impressions of a spring day with color, texture, and form.

Please note there will not be a studio portion of the class. This will be botanical drawing/painting only.

Andrew Christman is a painter, printmaker and teaching artist based in Germantown and Mt. Airy. He received a BFA in painting at Pratt Institute Brooklyn and studied Art Ed at both Pratt Institute and Moore College of Art. He received an MA in East Asian Art History at Sotheby's Institute of Art / Manchester University, UK. Andrew is currently a teaching artist for the Philadelphia Museum of Art, and a co-founder of Way of Words, an interactive poetry and visual art project that integrates writing, bookmaking and collage.

June 6 | \$49

Wyck House, 6026 Germantown Ave.

Materials provided. Students are invited to bring their own drawing or painting materials if they have favorites.



Join Carin to make a one-of-a-kind banner using seasonal botanicals.

BOTANICAL ALCHEMY: MANDALA BANNERS WITH NATURE

Sa from 1:00 PM to 3:00 PM

AC38. Step into the magic of the natural world through Botanical Alchemy. In this relaxing, sensory-rich workshop, students will create a nature mandala on a cotton banner using hand-dyed fabric and seasonal botanicals. We'll explore color, composition, and intuitive design as we work with plants to make something meaningful. You'll leave with a one-of-a-kind hanging artwork and a renewed sense of connection to nature, and yourself. All materials provided, but students are welcome to bring personal botanicals to infuse their story into the piece.

Carin Sauerwein is a natural dyer, artist, and educator with over 25 years of experience in botanical dyeing. After leaving the corporate fashion world, she founded Dye on the Side to reconnect with nature, creativity, and community. Her teaching practice is rooted in sustainability, sensory play, and creating calm through color.

May 9 | \$44

Woodmere Art Museum,
9201 Germantown Ave.

\$20 materials fee to be paid to instructor. Includes: prepped 22" x 22" cotton banner, dried/preserved/fresh botanicals, dye, and take-home packaging. Students may bring their own botanicals for added personalization.



CONTAINER GARDENING FOR FRESH FRUITS, VEGGIES, AND HERBS

Su from 2:00 PM to 4:00 PM

FH16. Step into the world of home gardening! Learn about the versatility of container gardening and break down the barriers of limited space to cultivate a flourishing, edible oasis right at your fingertips. Learn the ins and outs of growing your favorite produce in containers, from compact herbs on your windowsill to vibrant fruits and veggies on your balcony, deck or patio. Uncover the secrets to successful container gardening, ensuring a year-round harvest of flavorful and nutritious delights. Join us on a journey of discovery, where even the smallest spaces can yield bountiful results. Students will leave with a container, plant, and lots of resources.

Briana Smith-Torres

A. April 26 | \$44

B. May 17 | \$44

Church of the Annunciation, 324 Carpenter Ln.

BACKYARD CHICKEN KEEPING

M from 5:30 PM to 8:30 PM

FHo4. Now's the time to get a flock of your own! Learn the basics of keeping a healthy flock of backyard hens to produce eggs. Topics will include selecting chickens, raising them from chicks, the coop, the care and feeding of chickens, handling the eggs, and some of the challenges and pleasures of keeping backyard chickens.

Maureen Breen is the former president of Philadelphia Backyard Chickens, a local group that shares resources about backyard chicken keeping. She also conducts research in the value of backyard chickens to reduce food waste.

May 18 | \$39

Chestnut Hill United, 8812 Germantown Ave

NEW HYDROPONICS 101

Su from 2:00 PM to 4:00 PM

FH15. This course provides a comprehensive introduction to the science and art of soil-less cultivation. From ancient hanging gardens to modern-day high-tech apartments, we will explore how to grow nutrient-dense food using water, light, and a little bit of physics.

Briana Smith-Torres is owner of Growin Up Torres, a small family owned plant nursery in New Jersey. In addition, she lives with her family in an apartment, where indoor and outdoor space is extremely limited. However they manage to provide fruits, veggies, and herbs for their entire building. They have been doing this for the last 5 years and have gained the critical knowledge and the practical experience she hopes can benefit so many others.

June 21 | \$44

Church of the Annunciation, 324 Carpenter Ln.

CREATE YOUR OWN TERRARIUM

Su from 1:00 PM to 3:00 PM

FH17. In this engaging and hands-on experience, participants will explore the fascinating world of terrariums, learn essential techniques, and create their own unique green havens. Whether you're a nature enthusiast, DIY lover, or simply seeking a creative escape, this workshop is designed for everyone.

Briana Smith-Torres

May 24 | \$54

Church of the Annunciation, 324 Carpenter Ln.

Each student must bring their own glass container 1 gallon or smaller, all other materials and plants will be provided.



Fern Bell Scholarships

Thanks to our donors we have a limited number of need-based scholarships available for the Spring term. Call our office if you need financial assistance to attend a class at 215-843-6333.

FIVE ELEMENT WELLNESS: ALIGN WITH NATURE THROUGH THE SEASONS

W from 1:00 PM to 2:30 PM

MB20. Discover how the wisdom of Five Element Acupuncture connects our inner and outer nature to promote year-round wellness. In this immersive class, we'll explore the unique energy of the season with a guided walk in nature, where you'll learn practical tips for staying well in Late Spring. Together, we'll uncover what ancient wisdom can teach us about health, practice acupressure points, and cultivate presence and insight from the natural world. Join us to nurture your well-being and align with the rhythm of the seasons.

Rachel Kriger has been practicing Five Element-style acupuncture for 15 years, and is continuously amazed by the wisdom of nature and how it guides her to align within herself and with the world around her. She loves helping others do the same.

May 13 | \$34

Wissahickon Park at Valley Green Inn

This is a welcoming class for everyone. Parents and those attending with babies in strollers or carriers are welcome to attend. Meet at the wooden benches by the Valley Green Inn

FOREST BATH IN CARPENTERS WOODS

MB33. Immerse your senses in the restorative power of nature! Known as shinrin-yoku in Japan, forest therapy has scientifically shown to reduce stress, increase creativity, and improve overall wellbeing. In this introductory session we will engage in meditation, intention-setting, and restorative forest therapy practices followed with reflection and herbal tea. You will gain a sense of peace and experience deep feelings of gratitude along with the excellent healing benefits offered by nature.

Maegan D'Amato is a licensed mental health therapist and registered 500-hour yoga therapist. She has been using mindfulness meditation to help herself and others heal for nearly a decade. As a part of this, Maegan has been guiding Forest Baths in urban settings since 2018.

A. April 25 | \$34

Sa from 10:00 AM to 11:30 AM

B. June 21 | \$34

Su from 10:00 AM to 11:30 AM

Carpenter's Woods

Course titles in purple take place "Across the Creek" in Manayunk, East Falls, Roxborough or along the Schuylkill River.

INTRODUCTION TO BIRD WATCHING ONLINE

W from 6:00 PM to 8:00 PM

SR07. This introductory course is designed to provide participants with foundational knowledge and skills in bird watching, focusing on the birds found in and around Philadelphia. Participants will learn bird identification techniques, key characteristics of local species, and effective bird-watching methods. By the end of the course, participants will feel confident in identifying common birds found in and around the city. While this class isn't a prerequisite to go on Troy's birdwatching walks later in the term, it is encouraged.

Troy Bynum, owner of TB Wildlife Photography LLC, is not only an enthusiastic birder but also a passionate wildlife photographer from Philadelphia, PA. Troy's work focuses on capturing and showcasing the remarkable colors, intricate patterns, and rich textures that are abundant throughout the natural world. In his work, Troy draws attention to the oftentimes overlooked naturally occurring beauty found in the wild. Troy is on a mission to accentuate and celebrate the inherent magnificence of nature.

A. April 29 | \$34

B. June 3 | \$34

The Comfort of Your Own Home

BIRDING IN YOUR NEIGHBORHOOD

Su from 8:00 AM to 10:00 AM

SR08. Join Troy Bynum, an avid birder and professional wildlife photographer, to explore different green spaces around NW Philadelphia in search of birds! Participants are advised to wear closed-toed shoes and anticipate trails with various terrains including grass, gravel, and/or asphalt sections. Binoculars are available for use on a first come first served basis. While the Introduction to Birdwatching class online is not a prerequisite, you are encouraged to take that course prior to going on Troy's birdwalk.

Troy Bynum

A. April 26 | \$39

Meet at Awbury Arboretum, 6060 Ardleigh St.

B. June 7 | \$39

Blue Bell Park, 842 W. Walnut Ln.



We are delighted to offer 7 tours this spring that celebrate our nation's 250th birthday!

NEW WALKING TOUR OF GERMANTOWN: LIFE, CULTURE & HISTORY NORTH OF CHELTEN

Sa from 10:00 AM to 12 N

TW24. Since its origin in 1683, Germantown has been a vibrant and complex community. Join tour guide, Marty Foley, as he shares with you neighborhood lore that stretches back well over three centuries. This tour will focus on the streets north of Cheltenham Avenue, and will include sites that highlight the area's cultural, religious, and political past and present, like Germantown Town Hall, public art, and a dance hall for Black soldiers during World War II. The tour includes entry to a neighborhood historic site. Participants will gain a deeper appreciation of an important historical neighborhood, and recognize how stories enrich our understanding of communities.

Marty Foley is a long time educator and history teacher. Since retiring from Greene Street Friends School in 2022, he has been working as a professional tour guide for WeVenture Philadelphia, as well as a volunteer tour guide at Laurel Hill East Cemetery. Marty regularly hosts visitors from around the world on Old City history tours, South Philadelphia public art tours, and day trips to Valley Forge, Longwood Gardens and Lancaster County, in addition to weeklong tours from Virginia to Maine.

May 9 | \$34

Meet at 5722 Greene St.

Tour includes 1.5 miles total walking.

NEW DEFINED INDEPENDENCE: AFRICAN AMERICANS IN 18TH AND 19TH CENTURY PHILADELPHIA ONLINE

W from 6:00 PM to 7:15 PM

TW27. In this 6 week lecture series we will be discussing the lives, accomplishments and pathways towards independence of 6 African Americans: Ona Judge, the entrepreneurship of The Pepper Pot Women Street Vendors, writer and activist Francis E. W. Harper, silhouette artist and gallerist Moses Williams and baker and community leader Cyrus Bustill. Each person has carved out and defined their own way to independence, autonomy, personhood and economics during a time in Philadelphia where barriers and bias for African Americans were many, despite being one of the first states to abolish slavery and being a northern state. This lectures series is perfect for those interested in learning more about the narratives of African Americans in Philadelphia that have embodied the essence of what Independence means as we come into our 250 Anniversary of the United States and especially in Philadelphia.

Jihan Thomas is a Black visual artist, history lover and museum and community arts educator. She infuses her passion of art, research, history within her art history practice. Jihan uses elements of material culture, archives, and storytelling as an intersection to communicate the histories around us.

May 13 - June 17 | \$79

6 sessions

The Comfort of Your Own Home



Elfreth's Alley was laid out in 1703 and has been continuously inhabited since 1713. One of the stops on Michael Wherrity's tour!

STEPS TO FREEDOM: A GUIDED TOUR OF THE JOHNSON HOUSE HISTORIC SITE

Sa from 11:00 AM to 12:30 PM

TW15. Join Docent Jim Crichton for a 60-minute guided tour of the Johnson House Historic Site, a National Historic Landmark and Underground Railroad station. You will learn about the Quaker abolitionist Johnson family, the anti-slavery movement, early enslavement in America, the Transatlantic Slave Trade, the Fugitive Slave Laws that kept people on the run, and the collaborative efforts between Black (free and enslaved) and White abolitionists. The Johnson family's history connects to the national anti-slavery movement and includes ties to leading figures locally and nationally, as they advocated for racial equality and provided refuge for those escaping enslavement on their path to freedom.

James Crichton is an experienced tour guide, museum docent, and historical re-enactor known for his engaging presentation style.

June 6 | \$25

Johnson House Historic Site,
6306 Germantown Ave.

THE IMPACT OF IRISH IMMIGRANTS ON PHILADELPHIA AND THE NATION

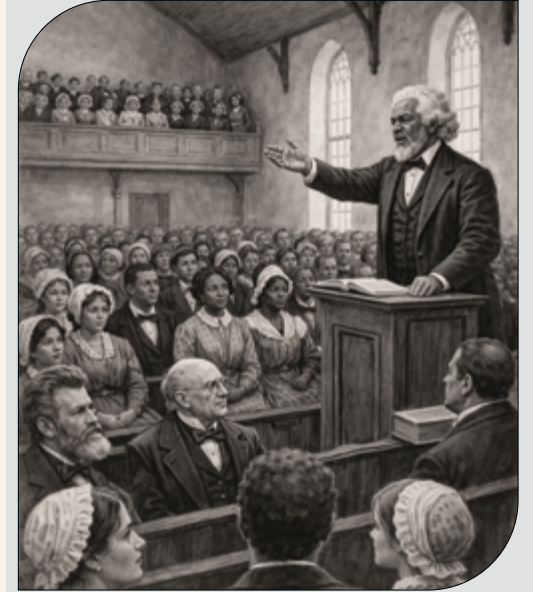
Su from 1:00 PM to 3:00 PM

TW26. Celebrate the month of Mother's Day and America's 250th birthday as we step back in time and explore Old City Philadelphia, from the days of William Penn and Ben Franklin to the Industrial Revolution. Along the way, uncover the stories of Irish immigrants—who celebrated and unsung—who shaped the city and the nation. Despite facing discrimination and hardship, they persevered, building communities, influencing politics, and leaving a lasting mark on Philadelphia's identity. This walking tour takes you past historic landmarks such as the Arch Street Meeting House, Betsy Ross House, and Fireman's Hall, through the charming Elfreth's Alley, and inside the stunning Saint Augustine Church.

Michael Wherrity is a certified member of the Association of Philadelphia Tour Guides and a volunteer guide with Independence Historical Trust.

May 17 | \$39

Meet at 4th and Arch St. in Center City



Frederick Douglass

NEW NOW OR NEVER! THE VOICES OF EMANCIPATION: AN INTERACTIVE ABOLITIONIST EXPERIENCE

TW18. Come take part in a living history experience where Frederick Douglass, Sojourner Truth, William Still, John Brown, and other influential abolitionists seek to enlist potential freedom fighters. The action unfolds in a church sanctuary within the footprint of historic Germantown, one of the nation's most documented Underground Railroad sites, where you have a front row seat as they strategize, speak out, and risk their lives and fortunes just miles from the birthplace of American democracy. Powerful reenactments, original-text speeches, and live spirituals by professional actors, singers, and musicians create an interactive experience ideal for groups, classes, history buffs, and lifelong learners interested in how voices from this pivotal era still echo today.

A. Interactive Experience | \$25

June 18, 6:30 pm – 8:00 pm, performance

B. Reception/Discussion | \$40

June 18, 6:30 pm – 9:00 pm
Includes performance, light historic bites, live music, re-enactor talkback/discussion.

\$10 optional materials fee for a commemorative program containing speeches, abolitionists flyers and prompts that highlights the life of each character.

Presented by **Christopher Ridenhour**, a lifelong Germantown and Mt. Airy resident and founder of The Welcome Home Collective, which produces concerts, theatre, and cultural events at Annunciation Church BVM. He is also a member of Playback for Change, an improvisational troupe focused on building community through theatre and shared cultural understanding.

Church of the Annunciation BVM,
324 Carpenter Lane

NEW PROCURING LIBERTY IN THE EMERGING NATION

W from 1:00 PM to 2:30 PM

TW14. Join Cliveden's Education Director Carolyn Wallace to explore the site's new installation focused on the 18th century and the exhibit "Procuring Liberty in the Emerging Nation." The North American continent became the site of war beginning in the 1750s and continued throughout the next three decades. The construction of Cliveden occurred during this violent time. A growing household of over twenty people at Cliveden reshaped their identities and looked to retain or procure their liberty at a time when discussions of freedom and independence were in everyone's thoughts. This exhibit explores their experiences and struggles as a new nation formed.

Carolyn Wallace is an interpreter, educator, and collections manager with over fifteen years of experience working with historic sites. In her current role as Education Director for Cliveden of the National Trust, her work focuses on research and interpretation of diverse narratives through sustainable programming for youth and adults and exhibit design. Carolyn is passionate about making connections between past and present and helping visitors to do the same.

June 3 | \$25

Cliveden Carriage House,
6401 Germantown Ave.



Visit
Cliveden

Tours start Friday, May 1, 2026

May - November
Thursday - Sunday, 12 pm - 4 pm

Tours begin on the hour.
Last tour at 3 pm.
Grounds open Monday - Friday

Visit our website
to schedule a tour

cliveden.org/tours/

TAKE A WALKING TOUR OF TOURISON: AN ARCHITECTURAL HISTORY OF EAST MT. AIRY

Su from 11:00 AM to 1:15 PM

TW25. East Mt. Airy has a fascinating and little known history, and many fabulous houses. Who built and designed these houses, and created most of what we know as East Mt. Airy? Attend "A Walking Tour of Tourison" to find out more! Ashton Tourison, Sr. was a builder with strong principles with respect to beauty, community and integrity, and he and his family created a residential architectural legacy that has lasted more than 100 years, as well as leaving other surprising Mt. Airy legacies. Please join us as we journey back in time to c. 1905!

Elise Rivers Esq., MAc, worked in the field of historic preservation in the 1990's as Assistant Director of Preservation Worcester in Massachusetts and Executive Director of Landmark West, an historic preservation non-profit advocating for the upper west side of Manhattan. Her passion for beauty in architecture has never waned, and she was inspired to put together this walking tour, after living in, and loving her own Tourison home. She is grateful for the extensive archives of Historic Germantown, without which this tour would not exist.

May 3 | \$34

Meet at Lovett Library, 6945 Germantown Ave.

For a donation of any size to Historic Germantown, at the conclusion of the tour, you will receive a link to a video that shows house interiors as well as many other details about the Tourison family and East Mt Airy history.

NEW ELECTIONS: WHO DECIDES?

Tu from 6:00 PM to 8:00 PM

TW03. Elections have been in the news recently. Our Constitution leaves the control of elections to the states but allows Congress to pass laws. What does this all really mean for our elections? What is the history of this division of labor among states and the federal government? This interactive course will seek to answer these questions.

Kathleen Smith, JD, is an experienced educator and attorney. She is an associate professor at Chestnut Hill College and has received numerous awards recognizing her contributions to legal education, jurisprudence, civic engagement and public service.

May 12 | \$34

United Lutheran Seminary,
7301 Germantown Ave.

DRAG ME PHILLY TOUR

Sa from 6:00 PM to 7:30 PM

TW17. Take a unique tour of Philadelphia, exploring the history of drag in the city, celebrating stories of our local drag performers, and hearing the ins and outs of our drag scene today. Drawing from oral history interviews of several drag artists, this tour will honor drag pioneers, spotlight defining moments in history, and point out murals that highlight Philly's LGBTQ history.

Rebecca Fisher

June 20 | \$39

Meet at Walnut St. Theatre,
825 Walnut St. in Center City

Tour is approximately 1.5 miles long and will end at Franky Bradley's, 1320 Chancellor Street. Tour will last approximately 90 minutes. Wheelchair accessible upon request.

RAILROADING IN VICTORIA GERMANTOWN: THE FIRST SUBURB AND THE IRON TRIANGLE

W from 5:30 PM to 6:30 PM

TW28. On June 6, 1832, the Philadelphia, Germantown, and Norristown Railroad began operating a 6-mile railway line between Germantown and the city below. Now part of SEPTA's Chestnut Hill East line, it was the first railroad to operate within Philadelphia and established Germantown as America's first railroad suburb. Germantown became a popular commuter suburb for wealthy Philadelphians, especially after the Pennsylvania Railroad opened the Chestnut Hill West line in 1884. However, Victorian Germantown and its twin railroads are at the center of a larger story. The locomotives that traveled the East and West lines did not merely enable elite suburban living, they were also the engines that drove Germantown's manufacturing boom. This presentation will outline the history of railroading in Germantown, describe the changes that it wrought in the late nineteenth century, and contextualize these changes within the wider history of the Philadelphia region and—more broadly—the United States.

John Ingram grew up in Northwest Philadelphia. He holds a bachelor's degree in urban history from the University of Pennsylvania and a PhD in modern history from King's College London. His dissertation concerned the intersection of urban politics, patriotism, and civic building projects in Philadelphia and London.

June 3-10 | \$44

2 sessions

Ebenezer Maxwell Mansion,
200 W Tulpehocken St.

PHILLY GAYBORHOOD AND LGBTQ TOUR: TELLING LGBTQ STORIES WITH PRIDE

Sa from 11:00 AM to 1:00 PM

TW16. Get under the skin of queer Philly. Discover the controversies, paradoxes, and hidden histories of the only formalized Gayborhood in the country. Tour includes: The evolution of Pride: from protest to parade; Kiyoshi Kuromiya: inventor, architect, activist; the nation's longest continuously-operating LGBT-focused bookstore in the country; Barbara Gittings, the "Gay Pioneer"; controversies of racism in the Gayborhood; and a tribute to Gloria Casarez.

Rebecca Fisher is the cofounder of Philadelphia's top rated Beyond the Bell Tours. Beyond the Bell designs inclusive historical walking tours that put the people back into people's history. Rebecca is passionate about the intersection of social justice and tourism.

June 13 | \$39

Meet at 13th and Locust Streets in Center City

NEW SUPREME COURT UPDATE

W from 6:00 PM to 8:00 PM

TW04. The Supreme Court has addressed some seminal issues in the last couple of terms including redistricting which impacts voting, immigration (mostly through the mysterious "shadow docket"), Presidential powers including the power to issue tariffs, and First Amendment rights. Still pending before the court this term are cases on LGBTQ+ rights and birthright citizenship. In other words there is SO much to discuss! This course will explain the role of the Supreme Court and discuss all of these issues and more. Bring your questions!

Kathleen Smith

April 29 | \$34

United Lutheran Seminary,
7301 Germantown Ave.

DEMOCRACY IS NOT A SPECTATOR SPORT

W from 6:30 PM to 8:30 PM

TW06. Become a more informed voter, community member, volunteer and activist! Learn about critical democracy policy issues including the policies, processes and political context that affect voting and election policies and critical current events, including how to get involved to help defend democracy. We'll discuss current hot topics and provide reputable resources and opportunities to help you become more informed, involved and help focus your energy in ways that can make a difference.

Susan Gobreski is a long-time policy advocate with extensive experience in public policy and civic engagement; she leads a strategic consultancy business, working with non-profit organizations engaged in democracy advocacy at the state and federal levels. She also currently serves on the state board of the League of Women Voters of Pennsylvania as the VP for government policy. She has served as director of several policy organizations, including Education Voters of PA, which she founded.

May 27 | \$34

United Lutheran Seminary,
7301 Germantown Ave.

PHILADELPHIA MUSICAL HISTORY BUS TOUR

Su from 10:00 AM to 2:00 PM

TW13. Join us for a mobile musical experience! We will teach you all about the talented musicians who were either born or raised in the Philadelphia area. Hop aboard our moving musical museum and prepare to be surprised and delighted to discover the great Philadelphians who revolutionized the music industry in Jazz, Classical, Gospel, Rock and Roll, Folk, R&B, Hip Hop and Country.

Our signature sightseeing tour offers an in-depth guide to the rich musical history of our city. Video clips and a great musical soundtrack will enhance your tour experience. We bet you will tell everyone it is one of the best things to do in Philadelphia!

Clayton Prince is the owner and operator of The Philadelphia Musical History Tours.

June 28 | \$59*

Meet the bus at the corner of Wayne Ave. and W. Cliveden St.

Please note that there is a bathroom on the bus. Bring your own food or snacks. Timing subject to change due to traffic or other factors. *Price increase due to rise in gas prices.

SOUTHWEST PHILLY FOOD TOUR: WEST AFRICAN FOODS

Sa from 10:00 AM to 2:30 PM

TW10. Experience the rich flavors and vibrant culture of West Africa on this culinary tour of "Little Africa," located in Southwest Philadelphia around Woodland Ave. Home to one of the largest West African communities in the United States, this area is now being recognized for its profound influence on American cuisine. Delight your taste buds with traditional dishes like jollof rice, braised goat, cassava leaf stew, and more. For a deeper appreciation of the history and cultural impact of West African cuisine, before the tour consider watching the documentary "High on the Hog" (first two episodes) or reading the accompanying book for an in-depth history of how enslaved West Africans influenced American food.

Glenn Bergman is the former Executive Director of Philabundance, and previously served as the General Manager of the Weavers Way Co-Op. He has led his popular food tours for MALT to Chinatown and Northeast Philly.

May 2 | \$42

Meet at High Point - Richard Allen Lane Station,
7210 Cresheim Rd.

\$25 materials fee payable to the instructor for food sampling.

WALKING TOUR OF PHILADELPHIA'S CHINATOWN

TW11. Enjoy a guided tour of Philly's iconic neighborhood. The tour will include exploring delicacies at an Asian market, and end with a curated and delicious lunch at a Dim Sum restaurant with the tour group. Dim Sum, literally meaning "to touch your heart," is served as an innumerable assortment of delicacies, consisting of varieties of dumplings, steamed dishes, and other goodies. Students should bring money for lunch and any purchases they may want to make.

Glenn Bergman learned Chinese cooking from his mother who had a cooking school in New York, spent time in a Chinese kitchen in Philadelphia watching and learning, and has been giving tours of Chinatown for years..

A. April 30 | \$34

Th from 9:30 AM to 1:30 PM

B. June 6 | \$34

Sa from 9:30 AM to 1:30 PM

Meet at Ting Wong Restaurant,
138 N. 10th St. in Center City

Materials fee, bring money to pay the instructor for dim sum lunch which will cost approximately \$30 to \$35.

NORTHEAST PHILLY FOOD TOUR: UZBEK, RUSSIAN, AND MORE!

TW12. Join ex-Chef Glenn Bergman for a half day tour and tasting. Visit Uzbekistan, Georgia, and Russia without needing a passport or visa. Spend four hours learning about Georgian wines, breads and cheeses. Drink tea and perhaps some vodka while tasting delicious Uzbekistan food. The tour includes shopping in at least one Russian / Eastern European grocery store. How many different feta cheeses can you taste (each are different!)? Try smoked and cured fishes - more than you have ever seen in Philly! Enjoy camels milk, baked goods, and more!

Glenn Bergman

A. May 1 | \$42

F from 9:00 AM to 3:00 PM

B. May 9 | \$42

Sa from 9:00 AM to 3:00 PM

\$35 materials fee payable to the instructor for sampling. Bring additional funds to taste wine, beers or for additional food to take home.

To carpool meet at High Point Café, Richard Allen Lane Train Station at 9:00 am OR meet us at Net Cost Store parking lot located at 11701 Bustleton Ave. at 9:45 am.

NEW CONSTRUCTING THE PICTURE PLANE: MODERN - CONTEMPORARY PAINTINGS ONLINE

Tu from 2:00 PM to 3:30 PM

TW02. Starting with Modernism and straight through Minimalism to the 21st century, artists have used elements and principles of art and design to construct a sense of space within 2- and 3-dimensional images and objects. We will consider how spatial organization has been shaped by 'isms as varied as Impressionism, Cubism, Precisionism, Regionalism and more with attention to how each new movement contrasted with art of the past. A range of artists from Toulouse-Lautrec and Norman Lewis to Eva Hesse show how geometric structure can define volume in works of art. Short videos enrich the conversation.

Lynn Berkowitz, MFA, BFA, with a career in art museums and online learning, has developed an array of award-winning gallery tours, experiences, and apps aimed at helping audiences of all ages and abilities engage with a diversity of art 'isms and approaches.

April 21 - May 19 | \$69

5 sessions

The Comfort of Your Own Home

WRONGFUL CONVICTIONS: HOW SYSTEMIC FAILURES IMPACT INNOCENT LIVES

Th from 6:30 PM to 8:30 PM

TW05. Tragically, wrongful convictions are a part of our criminal legal system. In this class, we will delve into how wrongful convictions occur at various levels of the legal system both locally and across the country. Students will get a firsthand account from someone who was wrongfully convicted and spent 27 years in prison for a crime he did not commit. Together, we will talk about the ways folks are working to change the system. True crime buffs and anyone who cares about civics, social justice, or the legal system: this class is for you.

Yahya Moore spent 27 years in prison for a crime he did not commit. While in prison, he facilitated a restorative justice education program, became a legal reference aid in the prison, and helped countless people earn their freedom. With the help of the Abolitionist Law Center, Yahya won his own freedom in July 2023, when his life sentence without parole was vacated. He is now a paralegal at the Pennsylvania Innocence Project. He is the co-founder of Way Moore Justice Support, a nonprofit supporting wrongfully convicted court petitioners, and co-author of The Little Book of Listening.

Tricia Way has been teaching in prisons and higher education institutions for over two decades and currently teaches about restorative justice and wrongful convictions at Chestnut Hill College. She is the co-founder of Way Moore Justice Support, a nonprofit supporting wrongfully convicted court petitioners, and co-author of The Little Book of Listening.

May 21 | \$34

Essential Community Connections,
8030 Germantown Ave



Deepen visual literacy in William's art appreciation course. Artwork pictured by photographer Steven C.W. Taylor

NEW LEARNING TO LOOK AT ART: MUSEUM TOURS AND DISCUSSION

Sa from 11:00 AM to 1:00 PM

TW22. This six-week visual art appreciation course introduces students to the foundations of seeing, interpreting, and enjoying art across history and contemporary practice. Participants explore key themes such as identity, storytelling, materials, and cultural context while engaging with painting, sculpture, mixed media, and global traditions. Through guided discussion and close looking, learners build confidence, deepen visual literacy, and develop a richer understanding of how artists communicate meaning across time and place. This class offers exposure to a wide range of artistic traditions — including historic, contemporary, and Black art — so participants feel empowered, curious, and connected to the art they encounter in the world. Museum locations will include Woodmere Art Museum, La Salle Art Museum, Herman Street Artists' Studios, Ubuntu Art Gallery, and Church of the Annunciation.

William Jiggetts has been collecting art for over thirty years and is the founder of the Museum of African American Art Collections. William is an active and engaged participant in the art world here in Philadelphia, and internationally. Currently, he serves as a trustee, board member, and advisor for several arts and community organizations.

May 9 - June 20 | \$104

6 sessions (no class 5/23)

First class will meet at Woodmere Art Museum, 9201 Germantown Avenue

\$20 materials fee for museum admission.

TOUR WOODMERE ART MUSEUM'S FRANCES M. MAGUIRE HALL FOR ART & EDUCATION

Su from 2:00 PM to 3:30 PM

TW23. Enjoy a guided tour of Woodmere's newly renovated Frances M. Maguire Hall for Art & Education, a 19th-century mansion thoughtfully transformed into 14 new galleries that showcase the strengths of the Museum's collection. The installation highlights contemporary art by Philadelphia artists alongside notable 20th-century works in Illustration Arts, Modernism and Realism, stained glass, and Pennsylvania Impressionism. Explore the Jewelry Vault, featuring both historical and contemporary pieces by Philadelphia artists, and experience Violet Oakley's "Building of the House of Wisdom" murals, originally commissioned in 1910 for Charlton Yarnall's mansion. Oakley was the first woman artist in the United States commissioned to create a public murals for the PA State Capitol. Learn about the history of this mid-19th-century mansion—once home to elegant parlors and bedrooms, now vibrant galleries—and admire Art Deco lighting and etched mirrors from Philadelphia's Boyd Theatre, along with Edward Maene's hand-carved woodwork, including intricate white oak panels adorned with medallions of cornucopia, fantastical creatures, flowers, and plants. The addition of Maguire Hall expands Woodmere's Outdoor Wonder from six to ten acres of lush greenspace, deepening the Museum's commitment to immersive "art + nature" experiences.

Hildy Tow is the Curator of Education at Woodmere Art Museum.

April 26 | \$34

Woodmere Art Museum, Frances M. Maguire Hall, 9001 Germantown Ave.

Class fee includes admission to the Museum.

WANT TO BE IN THE KNOW?

Class registration is open and our most popular classes are already filling up!

Sign up for our email newsletter!



Artist Sara Robbins is our broom and basket-making expert! Each term a different project, so fun!

NEW MAKE A TRADITIONAL APPALACHIAN COBWEBBER BROOM

Sa from 3:00 PM to 5:30 PM

AC14. Do you have cobwebs on your ceiling? Dust bunnies under the bed? Come on and admit it, we all do! Learn to weave a cobwebber broom to get to those hard-to-reach places. This broom is a great way to learn how to weave a broom with a handle. You will also learn to plait a lovely woven top using broom stalks. You will start by making a short whisk broom to get the feel of what tying on a broom is like. One end of the whisk can be used as a vegetable brush or to get crumbs off the table and the other as a pot scrubber or cake tester. Please note that broom making requires hand and shoulder strength. We will be using broom corn to make our brooms, and a variety of colorful nylon cord will be available for you to choose as your accent color.

Sara Robbins is an award winning fiber artist who resides in Mt. Airy. Sara weaves the traditional brooms and baskets of the Appalachian Mountains. She loves teaching the art of basket weaving and broom making and is grateful to those who take her classes with the desire to learn about and perhaps carry on these unique traditions.

May 16 | \$54

Mt. Airy Art Garage (MAAG), 7054 Germantown Ave.

\$25 materials fee payable to the instructor

DUST OFF YOUR SEWING MACHINE

Sa from 12:30 PM to 4:30 PM

AC01. Do you have a sewing machine you inherited or bought years ago but never opened? Maybe you're thinking of getting one? Here's your chance to learn the basics of a sewing machine: threading, tension, needles, thread, and basic maintenance. We'll address simple clothing repairs such as hemming and re-stitching a seam. Students will complete an easy craft project in class.

Bea Quindlen learned from her high school art teacher that success can come from the learning process rather than the "perfect finished product." Those high school "discovery projects" led to a lifetime of crafting – and isn't life a "discovery project?" Bea is happily retired after a 47-year career at a data company. She attended a MALT class way back in 1994 but not again until 2008! Since then, she has taken over 20 classes. In 2017, she made the switch from student to instructor, teaching a variety of introductory craft classes.

A. May 16 | \$54

B. June 13 | \$54

Church of the Annunciation, 324 Carpenter Ln.

Bring your own WORKING sewing machine. If you plan on purchasing a machine for class please email beaqucrafts@gmail.com for recommendations on machines and ones to avoid. Instructions for testing your sewing machine will be sent out two weeks prior to class. Needles, thread, scissors, and fabrics will be provided. For ages 18 and up.

\$15 materials fee payable to the instructor



Learn how to use your sewing machine. Above, one of our students shows off her lovely totebag.



Paint an elegant teacup masterpiece with Moneek for your mother, daughter, auntie, or friend!

NEW LET'S PAR-TEA: A MOTHER'S DAY TEACUP PAINTING EXPERIENCE

Su from 1:00 PM to 3:30 PM

AC46. This Mother's Day, we gather not simply for tea — but to paint it! Picture delicate florals, soft laughter, and the gentle clink of teacups... then add brushes, beautiful colors, and guided instruction as you create your very own elegant teacup masterpiece. A design fit for the most cherished woman in your life — or for yourself. So gather your mothers, daughters, aunties, and friends — and let's Par-Tea in the most artful way possible! And of course... wear your favorite tea party attire. Think florals, fascinators, pearls, soft pastels, gloves, bows — come dressed to sip, swirl, and serve elegance.

Moneek Pines has many years of experience in teaching art to children and adults. She currently teaches young children through Art Mt. Airy and believes everyone is an artist. Moneek has a BFA from Moore College of Art & Design.

May 3

Individual - One Adult | \$34

Tea for Two | \$44

ARTrageous Brush and Flow,
6345 Germantown Ave.

This event is kid-friendly! \$10 materials fee per person payable to the instructor for materials and refreshments.

BEGINNER CROCHET - LET'S GET CRAFTING

W from 7:00 PM to 9:00 PM

ACo2. Learn a traditional craft that has seen a modern resurgence. Students will learn the basics of crochet and complete a few beginner projects, and then get started on an intermediate project of your choosing. We will learn how to read written crochet patterns, making it possible to continue with crocheting virtually anything: clothing, accessories, toys, gifts, and home decor! The only limit is your imagination.

Amelia Geiser has been crocheting for five years and has experience in a variety of other crafts. She is a full time high school science teacher, and has taught crochet as an elective and an after-school activity to elementary, middle school, high school, and adult students. She has found great success in teaching crochet to all ages by teaching basic skills that can apply to many projects, then assisting students while they create a product of their choice.

April 22 - May 13 | \$69

4 sessions

Kelbourne Woolens, 231 W. Mt. Pleasant Ave.

\$15 optional materials fee for hooks & yarn. If you choose to shop for your own materials, instructor will provide guidelines prior to first class.

INTERMEDIATE CROCHET - LET'S FINISH THOSE PROJECTS

W from 7:00 PM to 8:30 PM

ACo3. Do you have an unfinished crochet project or a dream project you've been a little too intimidated to start? This class is for those who know the crochet basics (foundation chain, single crochet, double crochet, increases, decreases) but need some support with harder projects. You will have the opportunity to learn new skills and get help from an instructor while working on a project of your choice. Spend time in our craft circle and level up your skills!

Amelia Geiser

May 20 - June 10 | \$59

4 sessions

Kelbourne Woolens, 231 W. Mt. Pleasant Ave.

Students will bring their own materials best suited for their project, and/or ask for suggestions from the instructor as needed.

NEW SLOW STITCH: SASHIKO FOR MENDING, DECORATIVE STITCHING, AND TEXTILE ART

Tu from 6:00 PM to 8:00 PM

ACo4. Sashiko is a simple Japanese hand stitch that creates beautiful patterns through repetition and rhythm. In this two-week workshop, we'll explore sashiko as a quiet, meditative way to work with cloth—strengthening fabric, adding pattern, and creating small quilted and stitched pieces. The first class will work on technique, the second will be for student projects including mending or decorative textiles. Samples will be created and you will leave with ideas for using sashiko in quilts, clothing, and home textiles. This class is suitable for beginners and experienced stitchers who enjoy slow handwork and pattern.

Abby Link is a lifelong maker with decades of experience in sewing, quilting, and textile arts. She has a particular passion for finishing vintage quilt tops from the 1930s, '40s, and '50s, honoring the original maker's hand. She believes textiles carry memory, meaning, and emotion. She believes Mending Matters!

June 2-9 | \$54

2 sessions

MALT Office, 6601 Greene St.

Sashiko needles and thread will be available for \$10 at the first class. You may choose to shop your own or use conventional needle and embroidery thread. Fabric for samples and practice will be supplied.



Learn the Japanese art of visible mending with Abby.

NEW BEGINNER KNITTING - MAKE A TEXTURED SCARF

Tu from 6:30 PM to 8:30 PM

ACo5. This class is for true beginners or anyone looking to brush up on some basic knitting skills. We'll be making The Road Scarf which is great for new knitters to learn different types of textures and stitches. For this project, we'll learn to make a knit and purl stitch, some basic increases and decreases, casting on and binding off, reading your work, and reading a pattern.

Jason Hellmann lives in Chestnut Hill with his family, and is a self-taught knitter with seven years experience. His favorite things to make are textured sweaters, and he enjoys helping several Philadelphia-based fiber companies with their digital marketing and media through his company Local Thread.

April 21 - May 26 | \$84

6 sessions

Kelbourne Woolens, 231 W. Mt. Pleasant Ave.

Students should bring a minimum of 600 yards of worsted weight yarn (suggested is Kelbourne Woolens Germantown), and US size 8 needles. Needles can be either wooden or metallic, and circular needles with a 24 inch cable can also be used to work this scarf flat if that is preferred. Purchase materials before class, and instructor can provide a discount code for MALT students to Kelbourne Woolens upon request. The link to the free pattern will be emailed.

NEW DIP IT RED: Madder DYE WORKSHOP

Sa from 1:00 PM to 4:00 PM

ACo7. In this hands-on workshop, participants will explore the glowing reds of madder (*Rubia tinctorum*), a plant dye used for thousands of years. Using simple shibori-inspired folding and binding techniques, we'll shape cotton or silk and dye everything together in a shared madder bath, revealing bold patterns in shades of coral, rose, rust, and brick red. Short stories woven into the process trace madder's journey across time and cultures. Everyone will leave with several finished pieces to take home.

Nya Patrinos is an artist and textile designer whose work explores history, material culture, and the stories carried by cloth. Her practice draws on natural dyes, pattern, and process to connect making with memory, labor, and place. Through hands-on workshops, she invites participants to learn by doing while engaging with the long, cross-cultural histories of textiles and color.

April 25 | \$49

Wyck House, 6026 Germantown Ave.

\$10 materials fee payable to the instructor at class (cash, check, or venmo).

CREATE TRADITIONAL AFRICAN BATIK & ADIRE TEXTILES

Sa from 1:00 PM to 4:00 PM

ACo8. Take a creative journey into the world of batik and adire (tie and dye) textile-making. Drawing inspiration from his Yoruba roots and Nigerian heritage, Muiyiwa, an expert in the field, will guide you through the process of using wax and dye to create intricate patterns and motifs. You will start by applying hot wax to 100% cotton fabrics to create patterns, then immerse them in vibrant dyes. Finally, we'll carefully remove the wax, revealing beautiful, colorful designs. Discover the influence of African culture as you explore the vibrant world of African textiles that hold deep cultural significance. You may infuse your designs with your unique voice, or use African patterns to create beautiful cotton fabric or a cotton shirt. By the end of the class, you'll have crafted textiles that reflect the beauty and essence of African traditions.

Muyiwa Togun is the Founder and CEO of Roy Urban Kollection (RUK), an African textile, art and fashion manufacturer and brand. He is an artist, textile and fashion designer, pulling inspiration from his Yoruba roots and his lived experience as a Nigerian youth.

A. April 18 | \$95

B. June 27 | \$95

Woodmere Art Museum, 9201 Germantown Ave.

\$30 materials fee payable to the instructor

CANDLE MAKING

Sa from 10:00 AM to 12:30 PM

AC18. Using hands-on experience, learn candle making and get instruction on candle safety, marketing, and creativity in the craft industry. Learn the basics of the soy wax method and why it's so popular. We will also discuss other waxes. These new skills will help you create gifts for family and friends, and enjoy the benefits of aromatherapy from beautiful candles.

Kaniesha Thomas, MSW has been an entrepreneur for the last seven years. The mission of her business is to create art that embodies spirituality, healing and self care.

May 30 | \$44

Wesley Enhanced Living, 6300 Greene St.

\$10 materials fee payable to the instructor



Matt Fitzsimons made this full leather suit of armor!

NEW INTRODUCTION TO LEATHERCRAFTING

Sa from 1:00 PM to 3:00 PM

AC13. Learn the basics of leathercrafting! Students will gain an understanding of working with leather, how to plan a project with the material and execute it with the tools and techniques taught in this course. They will learn this by hands-on crafting a small project of their choice, selecting between a bracelet, bookmark, tray, or other similar small craft.

Matt Fitzsimons is a mechanical engineer living in Roxborough. He has been leathercrafting for about three years; his biggest achievement is making a full leather suit of armor that he has worn to many Renaissance Festivals. He is excited to open the door to this fun and rewarding craft to others.

May 16 | \$39

Cathedral Village, 600 E. Cathedral Rd., Roxborough

\$10 materials fee payable to the instructor for dyes, hardware, and other materials

NEW MAKE A QUILLOW FROM T-SHIRTS AND OTHER FABRIC SCRAPS ONLINE

W from 1:00 PM to 4:00 PM

AC10. What's a quillow? It's a quilted pillow! A quillow is a lap blanket, about 5 ½ feet by 4 feet wide, with a pocket, that allows you to fold it up and turn the pocket around it to make a pillow. It's great for in the car or on the couch. Opened up, you can keep your toes warm in the pocket while you are warming the rest of you. Using old t-shirts is a way to preserve the design, emblem, and memory that it represents while repurposing the shirts that don't fit or you have too many of. If you have no t-shirts to use, you can use any fabric.

Many of you know **Connie Koppe** as a singing teacher, but in addition, she has been a seamstress and crafter almost all her life. She learned sewing skills from her mother, her Great Aunts, Jr. High Home Economics and reading the patterns.

May 6 and May 20 | \$64

2 sessions

The Comfort of Your Own Home

Basic sewing machine skills and a working machine are necessary. Supplies include about 20 tee shirts (or enough fabric to make 20: 12x12 squares and a 17x17 pocket), quilt batting and backing. Pattern and a complete list of supplies will be provided well before the class begins.

BEGINNING MOSAICS

Th from 7:00 PM to 9:00 PM

AC15. Learn the art of mosaic! Make a beautiful wall hanging or picture frame for your home. Explore the tools and techniques used in this ancient art form. Students will leave with a working knowledge of the art form and be able to do variations of the project at home.

Jessica Liddell is the owner of Bella Mosaic Art. It is the only studio in Philadelphia dedicated to the ancient art of mosaics. Artist-run and operated, we offer classes, facilitate community art projects, and create commissions.

April 30 - May 7 | \$59

2 sessions

Bella Mosaic, 6780 Germantown Ave.

\$25 materials fee payable to the instructor. This class may be taught by a staff member of Bella Mosaic.

INTRODUCTION TO EMBROIDERY WORKSHOP

Tu from 6:00 PM to 7:30 PM

ACo6. Embroidery is a beautiful way to decorate and personalize clothes, pillows, and even create whole pictures! Come and learn three or four basic embroidery stitches, which can be used for decorative purposes, fix holes in clothes or to create whole pictures. During these two classes, you will learn stitches that you can apply to a project of your choosing and, if you feel ready, you can bring an embroidery project that you would like to work on to the second class.

Claudia Apfelbaum taught her first MALT class in 2009. Her mother taught her embroidery stitches when she was eight years old. Since then, she has decorated items of clothing, pillow covers, and created two "paintings," using only embroidery stitches. She loves sitting with friends and working on a project.

April 28 - May 5 | \$44

2 sessions

Unitarian Society of Germantown, 6511 Lincoln Drive

Bring some simple cotton material (10"x10" or larger), embroidery thread and needles, scissors, and an embroidery hoop (8" diameter recommended; smaller or larger is OK too). Consider bringing an item of clothing that you would like to embroider.

FUSED GLASS SUNCATCHERS

Th from 7:00 PM to 9:00 PM

AC17. In this workshop, students will learn the techniques for working with fusible glass. Explore how to cut and layer different types of glass to create a unique piece to hang in the window. On the second night of class, we'll use some simple wire working techniques and add hooks and beads to our projects. Have fun, get creative and make something special for your home!

Jessica Liddell

May 21-28 | \$59

2 sessions

Bella Mosaic, 6780 Germantown Ave.

\$30 materials fee payable to the instructor at the time of the class. This class may be taught by a staff member of Bella Mosaic.



CUSTOMIZE YOUR OWN LIP GLOSS

Sa from 11:00 AM to 1:00 PM

AC20. Let's make our own lip gloss in this engaging and informative workshop. We'll provide step-by-step guidance, recipes, vendors, and empowerment to create your own unique lip glosses that reflect your style and personality. You will make several lip glosses that you can keep or gift to your friends. Teens and adults are welcome.

Cheri Skipworth is the creative behind Hand-made U Studio, a craft space in North Philadelphia where crafting and community come together. Cheri has over 20 years of experience teaching arts and crafts to others. Additionally Cheri is passionate about exploring the intersections between creativity and technology. Cheri has utilized Google Suites since 2006 and is a certified AI consultant.

June 20 | \$34

Chestnut Hill Hospital, 8835 Germantown Ave.
\$20 materials fee per person payable at time of registration.

DIGITAL CAMERAS: SLRS & MIRRORLESS

M from 7:00 PM to 9:00 PM

AC25. Do you have a digital SLR but keep it on auto everything? Trying to get the most out of your camera but you don't know what all the buttons do? Bring your camera and learn how to take more control over your photography. The final class will be a feedback night during which each student will show off the skills learned throughout the course! Be sure to charge your battery before each class. Your camera must have the following letters on the top dial: P, M, A, & S or P, M, Av, & Tv.

Nicki Toizer was the Technical Director at MALT for ten years. She has loved photography for more than 25 years and enjoys teaching others how to use their cameras.

April 27 - May 18 | \$84

4 sessions

MALT Office, 6601 Greene St.

Optional \$20 materials fee for book and handouts payable to the instructor.

INTRODUCTION TO ZENTANGLE®

Tu from 6:30 PM to 8:30 PM

AC28. Learn 4-6 basic Zentangle-inspired designs. This art form is relaxing, creative, meditative and quite fun. Each structured pattern will be broken down into small steps, and what results are beautiful, creative and unique images. Tangles are created on small paper tiles using a special black drawing pen. You will leave class with one or two completed tiles and new skills to continue tangling on your own. No talent or experience is needed. The Zentangle® Method was created by Rick Roberts and Maria Thomas.

Mindy Shapiro is a papercut artist, Past-President of the Guild of American Papercutters and a Certified Zentangle® Teacher (CZT). Mindy's love language is her art and she strives to share that with others through her teaching.

May 5 | \$34

Cathedral Village, 600 E. Cathedral Rd, Roxborough

\$15 materials fee for pens, pencil, and Zentangle tiles will be collected upon registration.

NEW ZENTANGLE®: BEYOND THE BASICS - RENAISSANCE & BLACK TILES

W from 6:45 PM to 8:45 PM

AC27. During the Renaissance, artists often worked on neutral-toned paper using white pencil, black ink, graphite, and earthy colors such as brown, sepia, and terra cotta. In this two-week workshop, we will create Zentangle Renaissance tiles inspired by that tradition, and students will learn techniques that give their work a distinctive Renaissance look and feel. In week two, students will explore the beauty of drawing on black tiles using white gel pens and will learn shading techniques with white pencil while building on tangles introduced in the first class, refining them into more sophisticated designs and learning new tangles to expand their practice.

Mindy Shapiro

May 13-20 | \$44

2 sessions

Cathedral Village, 600 E. Cathedral Rd, Roxborough

\$20 materials fee payable when you register

NEW BLOOM & GLOW: THE SPRING SERUM

Sa from 3:00 PM to 4:30 PM

AC29. Ditch the heavy winter layers and prep your skin for the sun. Join us for a hands-on session where you'll create your own custom Hyaluronic Acid Face Serum. Using fresh floral waters and skin-loving botanical extracts, this class is all about deep hydration and getting that effortless spring glow. Lightweight, refreshing, and made by you—it's the ultimate reset for your skincare routine. Come craft your glow!

Latoya Johnson is the founder of Natural Body Essentials. As a licensed esthetician with over 15 years of medical experience, she started her journey out of a personal need to find solutions for her family's eczema. Today, she is proud to present a thriving business that offers natural alternatives for healthy skin and living.

May 16 | \$44

United Lutheran Seminary,
7301 Germantown Ave.

\$15 materials fee payable to the instructor.

COLD PROCESS SOAP MAKING

Sa from 12:30 PM to 4:00 PM

AC30. Leave with 2 lbs. of your own customized soap incorporating oils such as coconut, olive, palm and cocoa butter with lye and water. The lye goes through the chemical reaction of saponification and is not present in the end product. This hands-on class will give you an overview of the process along with handouts to help your success making more in the future. After the soap has "cured," you will have hard, cleansing, lathering, moisturizing bars of soap. Give as gifts or keep for yourself.

Dora Johns has been a registered nurse for more than thirty years and uses her science and math skills in her cold process soap making classes. Dora has been teaching soap making to Mt. Airy Learning Tree students since 2014!

June 13 | \$49

Wesley Enhanced Living, 6300 Greene St.

\$48 materials fee payable to the instructor. Bring a sturdy bag to take home your soap.

No experience required. Due to the use of lye, you must wear a long-sleeved shirt (cotton or natural fiber preferred); instructor will provide all supplies including safety equipment. All students must be 18 years of age or older.



Painted pet portraits are a beautiful way to celebrate, honor, or memorialize your beloved pet.

PAINT YOUR PET!

Sa from 9:30 AM to 12 N

AC32. In this beginner-friendly class, you will create an acrylic painting of your pet based on a reference photo. In the process, you will learn techniques for accurately reproducing an image as well as adding your own personal imagination and style to the portrait. Every student will complete a pet portrait by the end of two sessions. We will also use group discussion to share and learn from one another. This class is open to adults, as well as kids ages 10+ to attend with an adult.

Sondra Rosenberg is a local artist and art therapist. She studied visual art at Oberlin College and earned her MA in art therapy at NYU. Working in a range of media and subject matter, she creates art for personal expression, private commissions, and in support of organizations that promote social justice and community development. Her art practice has been informed by her work as an art therapist for women with eating disorders and related mental health struggles.

May 16-23 | \$64

Parent & Child | \$106

2 sessions

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

A supply list will be provided by the instructor after registration. Or, students may choose to purchase supplies at the first class for a \$20 materials fee.



Calligraphy by Natalie Mancini

DRAWING AND PAINTING AT MINDY'S STUDIO

AC35. Come to Mindy's studio, where you can work indoors, masked, or outdoors, unmasked. It's been a great place for making all kinds of art! This class is for teens and adults who want to develop their drawing and painting skills and hone their artistic vision. The focus will be on representational art work, but abstraction, invention, and three-dimensional projects will also be options. You will get to choose your own drawing and/or painting projects and materials, with as much guidance or freedom as you would like. Beginners, seasoned artists, and everyone in between are welcome. Come join this relaxed, supportive community of artists cheering each other on, learning from each other, and creating an artistic home together, while enjoying working in Mindy's studio! Note: Participants will need to wear masks at class.

Mindy Flexer is a professional artist and certified art teacher. She takes each student seriously as an artist and works to help each one meet their own artistic goals. She loves sharing her passion for art with people of all ages and walks of life, and believes in the power of art to transform people, communities, and the world. She has taught with MALT since 2009!

A. April 21 - June 9 | \$192
Tu from 9:00 AM to 11:00 AM

B. April 23 - June 11 | \$192
Th from 2:00 PM to 4:00 PM

8 sessions

Mindy Flexer Art School, 5225 Greene St.

If you would like to paint, you may bring your own materials or use the acrylic paint at the studio for a \$10 fee.

JAPANESE CALLIGRAPHY

Su from 10:30 AM to 12:30 PM

AC34. Experience the meditative and creative art of Japanese calligraphy in this unique and inspiring workshop. You'll practice basic brush strokes while learning proper posture and the mindful approach essential to this traditional art form. Explore the beauty of kanji characters, write your name in Japanese, and combine art, language learning, meditation, and self-expression in one enriching experience. No prior experience is necessary, as every step will be guided, allowing participants to follow along easily and create their own calligraphy masterpiece to take home. Embrace the opportunity to try something new and different, fostering a sense of accomplishment and self-efficacy through this timeless art. All materials are provided—just bring your curiosity!

Natalie Mancini grew up in Japan and is a native speaker of Japanese. She practiced calligraphy throughout her school years in Japan and enjoys sharing this traditional art form with her students.

June 7 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$5 materials fee payable to the instructor

CREATIVE DRAWING & JOURNALING

Th from 7:00 PM to 8:30 PM

AC33. Explore techniques that include imaginative drawing, collage, existing poetry, and our own writing. We will draw inspiration from nature, dream imagery and known artist's works. This pictorial/literacy union enhances the imagination and allows the mind to make mysterious connections. We'll practice drawing techniques along with using other media (collage, paint, fabric, sewing, some simple book-making art, bamboo and sumi ink brush, etc). We will also look at "altered books." At the end, each student will have created a personal art journal. This class is for all levels; adults and teens welcome.

Zipora Schulz has been a drawer of line, shadow and light since she was little. She has been teaching kids and adults for over 20 years in schools and art centers, and co-hosts a weekly sketch club in East Falls. She welcomes all levels on the drawing journey and believes drawing is just another way of thinking.

May 7-28 | \$64
4 sessions

Friends Free Library Germantown Friends School, 5418 Germantown Avenue

Bring a blank journal: 8x8, 9x12, or 6x12 and a copy of your favorite poem to the first class.

FUN WITH WATERCOLOR TECHNIQUES

F from 10:00 AM to 12 N

AC31. If you have always wanted to paint with watercolors, but have been afraid to try, this course is the perfect place to start. It's geared for beginners. Learn several tricks to creating beautiful watercolors even if you have never painted before. Each session will begin with a short demo of a different watercolor technique. Students will then have plenty of time to experiment.

Rebecca Hoenig has been an artist and art teacher for several decades. She is particularly inspired by nature and begins most of her work with drawing and observation from life.

May 8-29 | \$89
4 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

BYO materials or buy them from the list provided upon registration.

VIVID VISIONS: THE ARTISTRY OF ALCOHOL INKS

Sa from 10:00 AM to 12:30 PM

AC37. Step into the enchanting world of alcohol ink in this introductory class! Lori will be your guide through the magical, mercu-rial, and vibrant realm of this medium. Prepare for a hands-on experience filled with multiple demonstrations, a variety of techniques, and personalized assistance. Alcohol ink, with its incredible versatility and fun factor, is the perfect medium for unleashing your creativity. No prior experience is needed—everyone can be an artist! Be mesmerized by the magical properties of alcohol ink as you create your own abstract masterpiece and a unique switch plate cover. At the end of the workshop, your creations will receive the finishing touch and will be varnished, making them ready to adorn your space. Take home these tangible expressions of creativity and let the allure of alcohol ink inspire your artistic journey!

Lori Crook, a Licensed Social Worker with a lifelong creative passion, transitioned into a self-taught artist after discovering alcohol inks. Since 2021, she has led 80+ workshops at venues like Norristown Art League, Whitemarsh Art Center, Evansburg Vineyard, and through private sessions in Montgomery County.

May 16 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$30 materials fee payable to the instructor at the start of class - cash or Venmo only.



"To draw, you must close your eyes and sing"
- Pablo Picasso. Artwork by Barbara Macauley

NEW BASIC DRAWING FOR ADULTS AND TEENS (AGE 16+)

Tu from 6:00 PM to 8:00 PM

AC39. In this class, we will use drawing as a way to see the world, as a path of endless discovery. We'll explore the lyrical quality of line and gesture, texture and light. We'll work from nature, the human figure, and the built environment in a variety of media: pencil, charcoal, conte crayon, pastel. Please join us!

Barbara Macauley is an architect with over twenty years teaching experience, and the art of drawing has been a passion throughout her life. She coordinated and taught freshman drawing classes at Thomas Jefferson University for ten years, and currently teaches freshman drawing class in the interior design department of Harcum College. She's also taught at Moore College of Art, The Rhode Island School of Design, and Roger Williams University in Rhode Island.

April 28 - June 9 | \$129
6 sessions (no class 5/19)

Cathedral Village, 600 E. Cathedral Rd, Roxborough

Please bring the following materials to class: Drawing pad, 18" x 24" Strathmore or Utrecht, smooth surface; Kneaded eraser; White vinyl eraser; Soft charcoal square drawing sticks (not thin vine charcoal). Other possible supplies to be discussed.

WATERCOLOR AND DRAWING FOUNDATIONS

Tu from 1:30 PM to 3:30 PM

AC40. Join in the fun of learning how to handle materials and processes in drawing and watercolor in a supportive, friendly environment. Receive hands-on instruction in basic watercolor washes, color mixing, line drawing and shading techniques. We do a few projects together with plenty of hands-on instruction. The class welcomes newcomers as well as those who want to brush up on their skills!!

Marcia Jones, MFA, is a teaching artist in Mt. Airy with 50 years experience teaching art to all ages, in art centers and art schools. Her instruction-based teaching method, which she named Making Art Makes Us Smarter (c.2010), represents her passionate belief in the regenerative power of creative art. Marcia's primary mediums are watercolor and pastel. She was awarded MALT's Barbara Bloom Teacher Award in 2022.

April 21 - May 19 | \$110

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Supply list provided by instructor after registration.

WATERCOLOR AND DRAWING LEVEL 2

Tu from 1:30 PM to 3:30 PM

AC41. This course is for those who have taken Watercolor & Drawing Foundations with Marcia, or for those who would like to take Level 2 again. Our projects vary from season to season and will primarily focus on advanced color mixing, brushwork and the handling of edges. We will expand the basic primary palette used in Watercolor & Drawing Foundations to learn more about the specific characteristics of watercolor. Our projects will include still life, landscape, or any other subject which inspires us!

Marcia Jones

June 2-30 | \$110

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Supply list provided by instructor after registration..

MAKING ART MAKES US SMARTER: PASTELS

W from 1:30 PM to 3:30 PM

AC42. This course welcomes newcomers as well as those who want to renew pastel skills. You will receive instruction in both chalk and oil pastels, including various color application techniques, and paper explorations. Pastel can be applied energetically in broad strokes like paint or in fine layers like drawing. Vibrant colors and strong covering power make this medium fun and exciting. We will be working in a safe, air-filtered room, and masks will be strongly recommended to protect our health.

Marcia Jones

April 22 - May 20 | \$110

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Supply list provided by instructor after registration.

COMIC BOOK CREATION: CHARACTER DESIGNS AND SEQUENTIAL STORYTELLING

W from 6:30 PM to 8:00 PM

AC47. Let's travel through the multiverse of comic books and bring your stories to life! This workshop will take intrepid creators through the basics of illustration, writing and character design. Students will learn how to develop scintillating stories, design captivating characters, and draw (and ink) sensational sequentials. Whatever your style or medium, you can turn your dreams into tangible reality, perfect for the next comic book masterpiece! As Stan Lee would say, "EXCELSIOR!"

Shawn Alleyne is a multi-talented Creator with a 13-year career that includes work in comics, novels, video game design, and more. He has self-published two anthologies, two novellas, a comic book series, and multiple art books. As an educator, he has taught his Comic Book and Literacy Arts Program for 12 years, collaborating with various institutions, both nationally and internationally.

May 20 - June 10 | \$59

4 sessions

Cathedral Village, 600 E. Cathedral Rd, Roxborough

Materials needed: 2hb pencils, erasers, kneaded erasers, micron ink pens, whiteout, 8.5x11 artpad, lined notebook, 11 bx17 bristol board artpad. (approx \$50 total)



Michelle Marcuse' art titled, Bridge Under a Fairytale (2024).

NEW TRANSFORMING CARDBOARD AND DISCARDS INTO SCULPTURE

Sa from 10:00 AM to 4:00 PM

AC43. This workshop will introduce participants to creating artwork with mostly found materials. Participants will create small-scale sculptures or wall pieces through creative experimentation with cardboard, wire, fabric, egg cartons, packing materials, and paint. Learn innovative techniques for working with and repurposing found objects and materials. The workshop will present the concept of "art as activism," by creating work using recycled materials and gaining a critical understanding of sustainable art practices. Start saving cardboard and any of the above materials to bring to the workshop. All other materials will be supplied.

Michelle Marcuse has taught at the Pennsylvania Academy of the Fine Arts, Moore College of Art, Main Line Art Center, Howard Pyle Studios, and other institutions. Her work has been widely exhibited across the U.S.

May 2 | \$105

Woodmere Art Museum, 9201 Germantown Ave.

EXPRESSIVE COLLAGE WORKSHOP

F from 10:00 AM to 12 N

AC44. Get your emotions and creative juices flowing, express your artistic vision or simply let your subconscious guide you as you combine images and colors to produce a work of art. Expressive collage is fun, playful and for everyone who wants to create with paper. Absolutely no previous art experience is necessary. You will be amazed at how easy, relaxing, and rewarding it is to make a collage. You are welcome to bring your own photographs, magazines and papers to class, but know that everything you need to create work will be provided. Rebecca has a vast collection of magazines, wrapping papers, newspapers and calendars. Scissors and glue will be provided as well.

Rebecca Hoenig has been an artist and art teacher for several decades. She is particularly inspired by nature and begins most of her work with drawing and observation from life.

April 24 | \$34

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

\$5 materials fee payable to the instructor.

PAINT, ROLL & CREATE!

Su from 1:00 PM to 3:00 PM

AC45. Join award-winning artist Moneek Pines in a one-of-a-kind workshop to create bold, vibrant abstract art! Using paint rollers, canvases, and a stunning array of metallic acrylic paints, from 24 karat gold to magenta, you'll explore a fun and unconventional painting method. No experience is required—just bring your imagination, your bestie, and let's have fun! You'll learn to create unique, textured masterpieces using paint rollers. Take this class to explore and develop your creativity in a relaxed, enjoyable environment, experimenting with unconventional painting techniques to produce vibrant abstract art.

Moneek Pines has many years of experience in teaching art to children and adults. She currently teaches young children through Art Mt. Airy and believes everyone is an artist. Moneek has a BFA from Moore College of Art & Design.

April 26 | \$34

ARTrageous Brush and Flow, 6345 Germantown Ave.

\$15 materials fee payable to the instructor

BALLROOM DANCING 101: THE BASICS

Th from 7:45 PM to 8:40 PM

DA01. Experience the thrill of swirling around the dance floor with your partner in time to fabulous big band and Latin American music! Ballroom dancing is always in style. People of all ages can enjoy the rhythm of togetherness on the dance floor. Included in the class will be the smooth waltz and foxtrot, and the rhythmic rumba and swing. Don't miss out on this popular introductory course that will help you build the confidence you need to get out on the dance floor during all those special occasions!

Debra Klingler has been a MALT dance instructor since 1994. She teaches a wide array of partner dances, including ballroom, swing and Latin dancing throughout the Philadelphia area, and can be found enjoying dancing with her students and partners in many local dance clubs.

April 23 - June 18

Couples Fee | \$169

8 sessions, (no class 4/30)

Presbyterian Church of Chestnut Hill,
8855 Germantown Ave.

BALLROOM DANCING 102: BEYOND THE BASICS

Th from 8:45 PM to 9:40 PM

DA02. This is a continuation of the ballroom basics introductory course. It will be tailored to the interests of the participants. A poll will be taken, with choices from the dances covered in the basic classes (foxtrot, waltz, rumba and swing). The results will impact the course syllabus with the dance having the highest ranking included in the course. Add to your repertoire of steps, as we review and practice the dances to build confidence in leading and following.

Debra Klingler

April 23 - June 18

Couples Fee | \$169

8 sessions, (no class 4/30)

Presbyterian Church of Chestnut Hill,
8855 Germantown Ave.

Prerequisite: a basic ballroom dancing class taught by Debbie; this requirement can only be waived with permission of the instructor prior to the beginning of the course.

BALLROOM DANCING 103: MORE FUNDAMENTALS

Th from 6:45 PM to 7:40 PM

DA03. This course is a faster-paced continuation class in ballroom dancing, geared toward those who are already comfortable with the core steps of the most common ballroom dances. Course focus will be on using proper technique while adding to your repertoire of steps. Develop your ability to lead or follow your partner, while letting the character and feeling of each dance shine through. This is an advanced-beginner level course.

Debra Klingler

April 23 - June 18

Couples Fee | \$169

8 sessions, (no class 4/30)

Presbyterian Church of Chestnut Hill,
8855 Germantown Ave.

Prerequisite: a basic ballroom dancing class taught by Debbie; this requirement can only be waived with permission of the instructor prior to the beginning of the course.

For all Ballroom Classes

Students must register with a partner; students will not be switching partners. No make-ups will be offered for missed sessions unless cancellation is by the instructor or MALT.

DATE NIGHT DANCE

F from 7:30 PM to 9:00 PM

DA06. Grab your dancing shoes and a partner for an evening at Flaco's Dance Factory! Dance your way into an exciting date night, learning new moves that you can take out again and again. You'll be impressing your friends with your dance skills in no time, and having fun doing it! This date night evening will include lessons in two different rhythms.

Marck "Flaco" Best is a native of Mt. Airy. As a master teaching artist, he holds roster artist positions with such prestigious arts education agencies as Young Audiences of NJ & PA, AIE, and Arts Horizons, and has a long-standing relationship with The Painted Bride Art Center, where he appears frequently. His passion lies in teaching men to dance with the women in their lives.

May 8

Couples Fee | \$50

Flaco's Dance Factory, 411 Old York Rd,
Jenkintown

Flaco's Dance Factory is located close by in Jenkintown, and the classes include MALT students and students from the dance studio



An Nichols, left, with her bellydance students! American bellydance is all about body positivity and internal muscle movement – take your practice to the next level!

FUSION BELLYDANCE

F from 5:15 PM to 6:30 PM

DA04. Discover the joy of movement in our fusion belly dance class, where you'll explore a variety of rhythms, styles, and expressive techniques. We'll start with small, precise isolation exercises and gradually build into larger, flowing movements that bring the whole body into the dance. Along the way, you'll learn essential belly dance fundamentals while moving to diverse music styles, helping you develop a rich sense of musicality and personal expression. More than just a dance class, this is a welcoming space to connect, build confidence, and cultivate a supportive community as you move and grow together.

Natalie Phoenix began her dance journey over 20 years ago. She has taught and performed extensively throughout Hawaii and California, appearing at a wide range of events and shows. She has trained primarily with renowned bellydancers such as Zoe Jakes, Kami Liddle, and Kalae Kaina, and she has further expanded her skills through workshops with dancers and musicians from around the world. She was also a member of Shakti Dance Movement, a Hawaii-based troupe known for its dynamic fusion-style choreography.

May 8 - June 19 | \$99

6 sessions, (no class 5/15)

Wissahickon Dance Academy,
38 E School House Lane

NEW BELLYDANCE 2: YOU BETTER WORK!

Sa from 10:00 AM to 11:30 AM

DA05. Have you been bitten by the bellydance bug? Have you taken an intro to bellydance class already and are ready for the next step up? Well, come on out to learn undulations, layering, turns and travel steps! We'll do drills and choreography to our hearts content. So, if you are returning to bellydance or already learned the basics, come on out and dance!

An Nichols is a certified BellyQueen bellydance instructor who started in 2001 and went on to study with June Seaney, Tessa Myers, Habiba, Kaeshi Chai (BellyQueen), Oreet (Bellydancer of the year, 2007) and Zoe Akili. She specializes in body positivity, teaching veil, floor routine, and assisting beginners in enjoying the basics of the dance.

May 9-30 | \$69

4 sessions

Chestnut Hill United, 8812 Germantown Ave.

\$5 materials fee payable to the instructor at the first class.



Would you like to share a skill or talent with your neighbors?

June 1 is the deadline to submit class proposals at www.mtalrlearningtree.org for the Fall term.

BEGINNING SALSA

DA07. Immerse yourself in the vibrant and rhythmic world of salsa with our dynamic dance class. Originating in the lively streets of New York in the 1960s, salsa is a fusion of Cuban dance music, like Son and Rumba, and American influences such as swing and tap. This class will not only teach you the fundamental steps and techniques of salsa but also delve into the rich cultural history that shaped this energetic dance form. From its roots in Cuba, where the influence of Latin American rhythms met American creativity, to the emergence of distinct styles like Cuban and Colombian salsa, our class explores the global journey of salsa. Whether you're a beginner or an experienced dancer, join us as we celebrate the universal appeal of salsa, a dance that has captivated hearts and moved feet across continents, from New York to Benin and Ghana. Get ready to step into the rhythm and embrace the passion of salsa! Note: Students will change dance partners.

Himasha Gunasekara's love for dance began in 2010 in Sri Lanka when she took Latin dance classes with her sister. After moving to New York in 2013, she fell in love with salsa and continued dancing after relocating to Philadelphia in 2019. At Flaco's Dance Factory, she found a welcoming community and now enjoys teaching, sharing her knowledge, and inspiring others with the joy of dance.

Jelissa Figueroa began her Salsa dance studies at a young age at the now famous former Philly dance studio, Salseros Intl. Coincidentally, she studied there at the same time as MALT board president, Rene Vargas. Her energy and passion for dancing is always a part of her classes, as is her sense of humor. She truly makes learning fun!

A. April 29 - June 3

W from 6:30 PM to 7:30 PM
Himasha Gunasekara

Flaco's Dance Factory, 411 Old York Rd
Jenkintown

B. May 2 - June 13

Sa from 6:30 PM to 7:30 PM, no class 5/23
Jelissa Figueroa

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

6 sessions

Individual | \$108

Couples Fee | \$169

Classes at Flaco's Dance Factory.

The dance studio is located close by in Jenkintown. The classes include MALT students and students from the dance studio. Students will change dance partners in class.

BACHATA FOR SINGLES AND COUPLES

W from 8:30 PM to 9:30 PM

DA08. For those of you who have avoided dance classes because you didn't have a partner, here's your chance! Or bring a partner and learn the steps to be able to feel confident on the dance floor. There's no excuse now! Bachata is one of the newer Latin rhythms rising in popularity, in no small part because it's as easy as 1-2-3 (4), as fun as Merengue, as sexy as Salsa, and as sensual as Tango. It doesn't take long to become good at this dance. Flaco calls it, "Instant Cool." After you learn to move, an optional outing to a real Latin night club is also a part of this experience!

Marck "Flaco" Best is a native of Mt. Airy. As a master teaching artist, he holds roster artist positions with such prestigious arts education agencies as Young Audiences of NJ & PA, AIE, and Arts Horizons, and has a long-standing relationship with The Painted Bride Art Center, where he appears frequently. His passion lies in teaching men to dance with the women in their lives.

April 29 - June 3

6 sessions

Individual | \$108

Couples Fee | \$169

Flaco's Dance Factory, 411 Old York Rd,
Jenkintown

Flaco's Dance Factory is located close by in Jenkintown, and the classes include MALT students and students from the dance studio. Students will change dance partners.

RUEDA DE CASINO

F from 6:30 PM to 7:30 PM

DA10. Did you know there are different types of Salsa? In fact, each Latin American country has its own expression of the dance we know as Salsa. In Cuba, that dance is called Casino, which is based on Son, another dance style and musical offering originating in Cuba. Rueda De Casino is a communal dance style designed for a group of dancers, all working together with the help of a "Caller," very much like Square Dance, but much more intense, and much, much more fun! Think of it as Salsa meets "Simon Says". It can be challenging, but that's why it's so much fun. Grow your dancing AND your Spanish vocabulary at the same time.

Marck "Flaco" Best

May 1 - June 5 | \$108

6 sessions

Flaco's Dance Factory, 411 Old York Rd,
Jenkintown



Learn all the cool moves with line dance teacher B-Luv!

1,2,3 LINE DANCE WITH ME...B-LUV

W from 6:00 PM to 7:00 PM

DA11. Learn a variety of line dances in this fun-filled experience, featuring both classic and new, easy, popular dances. Enjoy step-by-step instruction for dances commonly enjoyed at parties, on cruises, at weddings, and other festive events. Join B-Luv for a delightful dance class suitable for everyone.

B-Luv, a Choreographer/Instructor is a 32 year pioneer, trailblazer in the line dance community. She has won a plethora of awards including 2 Lifetime Achievement Awards, Choreographer of The Year and Philadelphia Dance Legend! She has worked with several artists in the music industry which include Grammy Award Winner Peabo Bryson! She has been given the gift to do what she truly LOVES to do....choreography and dance and it is her passion!

May 27 - June 24 | \$79

5 sessions

Cliveden Carriage House,
6401 Germantown Ave.

SCAN TO WATCH

Rueda de Casino

A joyful group dance from Cuba



CLASSIC R&B LINE DANCING!

Sa from 10:00 AM to 11:00 AM

DA09. These dances go back to the days of Dick Clark, The Geator and The Guy with the Goods. We'll groove to the music of the 60's and 70's learning the line dances from that same period, some of which are still enjoyed in clubs! This class is designed to focus on memory and sequencing, and is low to medium impact.

Tony McFadden began dancing 50 years ago, and for over 20 years he has taught dance. He finds fulfillment in teaching students how to groove to great music and have fun. Since retiring eight years ago, he's been traveling nationwide, competing in dance competitions and leading dance events.

May 2 - June 13 | \$89

6 sessions (no class 5/23)

Flaco's Dance Factory, 411 Old York Rd,
Jenkintown

NEW HIP HOP FOR ADULTS & TEENS

Tu from 5:30 PM to 6:30 PM

DA12. An introduction into the vocabulary of Hip-hop social dance. Delivering the essence of the foundational moves into each movement while also discussing the intent and history behind each. While learning and implementing the foundation for your dance, we will go over your internal groove starting from a two-step into your own style of dance that is conveyed by your own groove. We'll discuss topics like how to listen to music on multiple levels going into a dive into musicality and implementing it within your dance. We'll also explore how to dissect the music by instrument and apply it to your dance. Speaking on polyrhythms, pockets of music, and discovering how to freestyle and speak the language of dance with your artistry. Also, we'll go over how to string these moves and concepts together to create an image and to be able to create choreography of your own in the most vibrant and fluid of fashions.

Christina Castro-Tauser is the founding director of Expansions Contemporary Dance Ensemble and Executive Director of International Ballet Exchange. She earned her MFA at Temple University and was the recipient of the Rose Vernick MFA Choreographic Achievement Award. Christina is an adjunct faculty at Temple University and Teaching Artist for Taller Puertorriqueno. She is the owner of Wissahickon Dance Academy.

April 28 - May 26 | \$100

5 sessions

Wissahickon Dance Academy,
38 E. School House Ln.



Natanya (center) believes in the power of dance!

NEW COMMUNITY AFRICAN DANCE CLASS

Sa from 9:30 AM to 10:30 AM

DA13. This community African dance class is open to all ages and levels. Geared towards students interested in learning the nuance, technique, history, and meaning of African dance. Students will learn foundational movements to embody the basic understanding of Guinea African dance forms. This class will help beginner, intermediate, and experienced dancers internalize the movement, song, and dance into their own personal style.

Angela Watson, also known as “Mama Sadio,” is the founder of Camara Arts, an arts organization focused on youth rites of passage. She is a recipient of the 2018-19 Leeway Transformation Award and was honored by the Drum Tribute in 2016 for her work in African dance. A published author in the *Encyclopedia of Africa and the Americas*, Angela holds a Master’s in Dance Research from Temple University and a Bachelor’s in African Studies from Howard. A Fulbright scholar and longtime performer, Angela has studied and taught African arts globally, sharing her expertise at universities and through community programs.

A. April 25 - May 23 | \$100
5 sessions

B. May 30 - June 20 | \$80
4 sessions

Wissahickon Dance Academy,
38 E. School House Ln.

NEW TURKISH ROMANI DANCE

W from 6:30 PM to 8:00 PM

DA14. Do you need more joy in your life? In a time that feels dark, Roma dance has a deep wisdom to alchemize suffering into joy. Learn this unique Turkish Roma dance, called Roman Havasi. Sassy, spunky, and expressive, this dance will liberate your soul and your hips! This is the traditional dance of the Turkish Romani people, danced improvisationally at weddings and festivals.

Natanya Apfelbaum has been dancing improvisationally as a form of emotional expression for most of her adult life, having discovered and majored in dance in college. After taking a deep dive into intuitive movement, she felt the call to learn more folk dancing. She lived in Sicily from 2022-2024, learning traditional Southern Italian dances, Romani dances, and Bendir. She then sought out deeper training in Turkish Romani dance in Istanbul in 2025.

May 20 | \$34

Unitarian Society of Germantown,
6511 Lincoln Dr.

BEGINNING TAP FOR ADULTS AND TEENS

Sa from 3:30 PM to 4:30 PM

DA16. Looking for a fun way to stay active and relieve stress? Step into the rhythm with this beginner-friendly tap dance class! We’ll cover basic tap vocabulary and technique through center warm-ups and lively combinations. Along the way, you’ll also learn some fascinating facts about the history of tap, and its unique connection to Philadelphia. No experience necessary, just bring your enthusiasm!

Corinne Karon is an internationally recognized tap dancer, choreographer, and educator who has performed on every continent — including Antarctica. She is the Executive Director of Tap Team Two and the Founder of Uniting Colleges Through Tap, with over 30 years dedicated to preserving and evolving the tap tradition. Her work often explores the intersection of movement, history, and social change, and she has led residencies and performances from Taiwan to Brazil. Corinne currently teaches at Rowan University, Bryn Mawr College, Chester Valley Dance Academy, and Wissahickon Dance Academy, and has guest-taught at Temple and the University of the Arts.

A. April 25 - May 23 | \$100
5 sessions

B. May 30 - June 20 | \$80
4 sessions

Wissahickon Dance Academy,
38 E. School House Ln.



Frances will teach you the Charleston!

SOLO VERNACULAR JAZZ DANCE

Sa from 10:00 AM to 11:00 AM

DA17. Come learn the Charleston and other non-partnered jazz movements that originated in Black communities during the jazz and swing era. This class focuses on authentic, traditional solo jazz dance, distinct from Broadway or Bob Fosse styles. Class material will be tailored to the overall needs of the class, but students should be ready to have their balance and coordination challenged.

Frances Emberley is a dancer, instructor, and researcher with an interest in early twentieth-century American social dances originating in Black communities, such as the Lindy Hop and Charleston. She has been teaching dance for the past nineteen years and is a first-year PhD student in Dance at Temple University, where her research focused on both historical and ethnographic perspectives to explore the culture, aesthetics, pedagogy, and preservation of Black American social jazz dances.

June 6-27 | \$69
4 sessions

Unitarian Universalist of Mt. Airy,
6900 Stenton Ave.

Students may wear whatever clothing is comfortable, as long as they can move easily (no tight miniskirts, please!). Recommended shoes include sneakers with a smooth sole (Keds, Vans, and TOMS all make good options) or shoes with leather soles (loafers, dress shoes, etc.). Please avoid heels. If you are unsure about your shoe or clothing choice, please contact the instructor.

NEW DANCE FOR GRACE, POWER, JOY, NIA WITH REBECCA

Tu from 6:00 PM to 7:00 PM

DA25. If you love to move and express yourself to music, come step with ease into the Nia Technique’s gifts of Joy, Grace and Power, appropriate for all fitness levels. Experience the fun of jazz rhythms, the focused power of martial arts and the release and stillness of Yoga, all in your body’s way from beginner to athletic. Starting right where you are, follow pleasure into greater strength, stamina, flexibility and agility because your body grows healthy through fun and feeling good. Warm up is gentle and focused on joints. Next, free dance and simple choreography raise energy through classic movement forms and world beat music. To cool down, we return to the floor to rest, restore and emerge refreshed. Come and experience how the joy of movement heals, strengthens and grows all of who you are, body, mind and spirit.

Rebecca Narva has been teaching group fitness and dance since 1995, and she is a Black Belt Nia Technique Instructor since 2004. She is also a certified Yoga Instructor. Most of all, she is a lover of music and dance because of its life enhancing magic in all aspects of health. Mom, Grandmom, Coach and Chaplain, Rebecca is dedicated to sharing this empowering embodied practice for the benefit of all.

April 28 - June 16 | \$109
8 sessions

Chestnut Hill United, 8812 Germantown Ave.



MALT has 254 classes in our Spring term!

MALT classes in cooking, yoga, pilates and dancing will give you and yours healthier bodies all year long. Our classes in financial planning can give your family peace of mind for years to come. Our music and art classes make the world a better place. With such a variety of offerings the possibilities are endless!

Give a MALT Gift Certificate!



NEW WINE TASTING: ITALY OFF THE BEATEN TRACK

W from 7:00 PM to 9:00 PM

CKo1. Most wine drinkers know about popular Italian wines such as Pinot Grigio, Chianti, Moscato, Prosecco, and perhaps even some of the high-end libations like Barolo and Brunello. But have you ever heard of Schioppettino, Pecorino, Gaglioppo, Bombino Nero or Pignolo? In fact, there are over 300 different varietals that are grown to produce wine in Italy; however, most of them never make it across the Atlantic or require some extra effort to find in area wine shops. Join us as we delve into lesser known wines from the “Boot” that offer intriguing surprises and will delight the senses and tantalize the palate while expanding your knowledge of Italy’s enological treasures.

Rodney Chonka has toured wineries throughout Europe and the US and has led wine tastings at MALT since 2009.

A. May 6 | \$48

B. May 13 | \$48

Airy Kitchens, 88 W Johnson St.

\$14 materials fee is included in the \$48 course fee per person for this class to be paid when you register.

NEW BEER TASTING: DEEP DIVE WITH FOREST & MAIN

W from 7:00 PM to 9:00 PM

CKo2. Join us for a new tasting series where we go deep on local breweries and what makes them special. First up is Forest & Main, whose obsessions span from modern lagers to complex saisons to the restrained beauty of English pub ales. Join us at their new Fishtown location for a spirited evening!

Orr Shtuhl is a James Beard-nominated food writer and educator. He has taught beer classes at Murray’s Cheese, the Bedford Cheese Shop, and with his own beer tours project, The Bestest. He was the Washington City Paper’s first beer columnist, and his writing has also appeared in The New York Times, Gastronomica, Serious Eats, and NPR.

May 13 | \$34

Forest and Main Brewing Co.,
1416 Frankford Ave, Fishtown

\$30 materials fee payable to the instructor for beers, light snacks, and gratuity. Be sure to bring funds to purchase additional beers to take home.

NEW PIZZA IN THE BAKEHOUSE

F from 6:00 PM to 8:00 PM

CKo3. With its impressive 16½ foot hearth, the Bake House fed generations of Rittenhouse family and mill workers. The ca. 1753 Bake House has been restored and boasts a working beehive oven – and it’s pizza time! Students will visit the RittenhouseTown site, prepare an authentic Colonial recipe, and learn about food preparation from this time.

Rose Hammerman creates programming for participants to engage in their natural surroundings through crafts and ancestral skills. Philly Free Range creates programming for all ages in a variety of ways: school and homeschooling groups, family programs, local events, and summer camps. Rose has collaborated to create programs for HRT, The Schuylkill Center, Echo Hill Outdoor School, The Land Health Institute, Yo! Just Ride, and more.

May 1 | \$54

Historic Rittenhouse Town, 208 Lincoln Dr.

THE ART OF CLASSIC MIXOLOGY

M from 7:00 PM to 8:30 PM

CKo5. The classic cocktail is back in fashion. As in old fashioned, Sazeracs and sidecars. Your friends will be stirred by your mixological prowess while you remain unshaken as you pour the perfect martini. In this introductory class, you will learn how to create a dozen or so elixirs that have stood the test of time. In the process, you’ll learn some entertaining history of each to pass along to your guests along with the hors d’oeuvres.

Liz Aubry began her restaurant career as a host and busser in order to put herself through college. Her experiences in the hospitality industry led to her infatuation with it. At 22 she became a bartender and never looked back. She loves the creativity, sounds, smells, and tastes involved in mixing a drink, and the fast paced yet family-like vibe of restaurants. She sees making cocktails akin to cooking: an emotionally rewarding way to bring people together. She is a bartender at Mt. Airy’s own Commodore Barry Club and Bar Lizette.

April 20 | \$34

Commodore Barry Arts and Cultural Center,
6815 Emlen St.

Class is from 7:00 to 8:30pm with optional after class socializing til 9:30pm. There is a \$15 materials fee payable to the instructor at the class.

THE SCIENCE OF NOUVEAU MIXOLOGY

M from 7:00 PM to 8:30 PM

CKo6. Graduates of “The Art of Classic Mixology” and other wet-bar wizards will enhance their art of classic cocktail making with some intoxicating science. Discover special ingredients and techniques; make split based cocktails; produce syrups and shrubs; and learn how to fat-wash your favorite drink (yes, those bacon-infused old fashioned are delish!) Incorporate herbs, fruits and spices sagely and invent your own unique signature cocktail!

Liz Aubry

April 27 | \$34

Commodore Barry Arts and Cultural Center,
6815 Emlen St.

Class is from 7:00 to 8:30pm with optional after class socializing til 9:30pm. There is a \$15 materials fee payable to the instructor at the class.

NEW CRAFTING HERBAL MOCKTAILS

Sa from 6:30 PM to 8:30 PM

CKo7. Looking for a fun night out without the hangover? Making herbal mocktails can be a delicious, fun, and refreshing way to incorporate herbs into your life. Infusing botanical elements into nonalcoholic drinks can add new flavors, complexities, and health benefits to your libations. Together, we will explore the wonders of using leaves, flowers, bark, seeds, and berries in a range of alcohol-free recipes. You will use your senses to get to know these medicinal herbs, their actions, and their energetics. Join us as we infuse, shake, stir, and sip our way to tasty, aromatic mocktails!

Simone Davis is an herbalist, gardener, educator, and founder of Nommo Apothecary. As a practicing herbalist of 9 years, she has run a Brooklyn Apothecary for 3 years and oversees a free Community Herb Clinic. Her work takes on many forms and particularly upholds sharing plant wisdom with marginalized communities to foster empowerment through collective well-being. She is guided by regenerative practices that focus on seasonal attunement.

June 6 | \$39

Airy Kitchens, 88 W Johnson St.

\$15 materials fee payable to the instructor.



Dorothy's (left) culinary classes specialize in dairy-free, gluten-free, and low glycemic index foods.

MUSHROOM MAGIC

Tu from 6:00 PM to 8:00 PM

CK08. Come explore the many delicious and creative ways to use mushrooms, nature's superfood! From faux crab cakes and shroom jerky to mushroom crackers and beverages (with and without caffeine), we'll taste and talk about it all. You'll also enjoy familiar favorites like pizza and quiche, reimagined with a healthy twist. All recipes are dairy-free, gluten-free, and low glycemic index. Mushrooms are great for immunity, focus, and mood. Plus, they're packed with umami flavor! Bring to-go containers for samples. If you have any food sensitivities or aversions, please let us know in advance so we can offer substitutions.

Dorothy Bauer spent most of her adult life in Berkeley, California where she was able to take classes at Living Light Culinary Institute and study with world renowned raw chef and author, Elaina Love.

May 5 | \$34

Unitarian Society of Germantown,
6511 Lincoln Dr.

\$20 materials fee payable to instructor at the first class.

MAKE WATER KEFIR (KOMBUCHA'S COUSIN)

Tu from 6:00 PM to 8:00 PM

CK09. Learn how to make your own home brew of this tasty probiotic beverage for a fraction of the store cost. We will cover the health benefits and the many flavoring possibilities, not to mention the gift potential. You will get a kit to take with you that includes everything you need to start your own batch (except the water). The cost of the kit is \$15 paid directly to the instructor at class.

Dorothy Bauer

May 12 | \$34

Unitarian Society of Germantown,
6511 Lincoln Dr.

\$15 materials fee payable to the instructor.

I SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM!

Tu from 6:00 PM to 8:00 PM

CK10. Let's get your freezer full of healthy, delicious, and nutritious treats to pull out when you need them. No added sugar or processed ingredients will be used. Trying to eliminate dairy from your diet? We got your back! This class covers flavor, gluten and dairy free, and low glycemic index. We will include ice cream pie, ice cream cake, sandwiches, popsicles, fudgesicles, chocolate or carob covered frozen bananas on a stick and more! Don't forget your appetite or a container for samples to go!

Dorothy Bauer

June 23 | \$34

Unitarian Society of Germantown,
6511 Lincoln Dr.

\$20 materials fee payable to the instructor. Bring to-go containers to transport your ice cream sandwiches and treats!

NEW MOTHER'S DAY CUPCAKE DECORATING - FOR KIDS!

F from 2:30 PM to 4:00 PM

CK11. Enjoy an afternoon of fun on Mother's Day weekend! This is an educational, hands-on experience where participants will learn various techniques to beautifully decorate pre-baked cupcakes. We will use buttercream frosting to learn piping skills like stars, rosettes, leaves, and flower designs. Students will create visually appealing cupcakes while gaining proficiency with decorating tools and achieving a professional-looking result. Ages 4-16 with an adult.

June Daley is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

May 8

Parent & Child | \$44

Additional Child | \$10

Unitarian Society of Germantown,
6511 Lincoln Dr.

There is a \$15 materials fee per kit to make 6 cupcakes, payable to the teacher at class. Parent and child may share the kit or reserve an additional kit for \$10.

MAKING SOURDOUGH BREAD

Sa from 3:00 PM to 6:00 PM

CK21. Are you interested in learning the art of sourdough baking? Join our workshop to discover the entire process, from creating and caring for your own starter (it's easy!) to baking delicious bread. During the session, you'll taste a sample of freshly baked bread and leave with your own small loaf, dough to make another loaf, and a starter to continue baking at home.

Nathan Alling Long has been baking bread for 30 years. They worked at a commercial bakery as well as cooked at an organic restaurant, a commune, and for a meditation retreat. During the pandemic, they took on making sourdough when they were gifted a 15 year old starter, which they will share with the participants.

A. May 2 | \$42

Unitarian Society of Germantown,
6511 Lincoln Dr.

B. May 9 | \$42

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

Please bring a medium (2 quart) bowl, a 12-20 oz jar with lid, and a sturdy stirring spatula. There is a \$10 materials fee payable to the instructor.

THE ULTIMATE SCONE

F from 6:00 PM to 8:30 PM

CK20. An evening of hands-on fun. JuneBug will teach you the keys to making flaky and tender scones, including how to properly cut the butter into the flour; the results might even convert any scone skeptics in your life into scone lovers. Together, we'll make a sweet and a savory variety of buttery scone.

June Daley

June 5 | \$34

Unitarian Society of Germantown,
6511 Lincoln Dr.

\$20 materials fee payable to the instructor.

FAMILY CHALLAH BAKE WITH THE MT. AIRY CHALLAH FAIRY

Tu from 6:00 PM to 8:00 PM

KD10. Did you know that challah making is an art that you can do with your family? Kids, parents, guardians, grandparents, etc. are invited to join this class to learn how to make challah in your own home. Students will learn how to braid and bake challah, and they will come out of the course with a challah recipe and challah to bake at home. Come enjoy a wonderful bonding opportunity for families! Ages 3+ with an adult.

Paige GoldMarche received a breadmaker as a gift in 2018, and has found joy in the last year of making challah for the Mt. Airy community. She runs Kol Koleinu, a teen feminist fellowship, by day and is the Mt. Airy Challah Fairy (and mom) by night.

April 28

Per family | \$34

Additional Person (child or adult) | \$10

Ridge Avenue United Methodist Church,
7811 Ridge Ave., Roxborough

The cost is \$34 per family (up to 3 people).

There is a \$15 materials fee per family payable to the instructor at class (cash, check, or venmo). Please bring: one dry measuring cup, one liquid measuring cup, measuring spoons, mixing spoon, medium size bowl for mixing/kneading, and aprons.

'80S AEROBICS

EX01. Remember when exercise was fun? It can be again. Experience this moderate level traditional, '80s style aerobics class. The easy-to-follow routine is choreographed to a fabulous eclectic mix of music. This one-of-a-kind class is fun and energizing in a supportive and inclusive environment. The philosophy of this moderate level class is to encourage exercisers to work at their own pace and within their own challenges. Bring a mat, water bottle and light free weights if you wish. Beginners are welcome – no stress.

Lisa Klauder has been a fitness instructor for more than thirty years. She has taught corporate and public classes including kids and senior fitness classes. Lisa has a certification in Group Exercise from the Aerobics and Fitness Association of America (AFAA).

A. May 2 - June 20 | \$99

Sa from 8:30 AM to 9:30 AM

B. May 4 - June 29 | \$99

M from 6:45 PM to 7:45 PM (no class 5/25)

8 sessions

Chestnut Hill United, 8812 Germantown Ave.

Please bring a mat, light weights and a water bottle.

ROWZONE FITNESS ROW & TONE

Su from 8:00 AM to 8:45 AM

EX03. The Rowzone Fitness workout is a perfect combination of cardio, strength, and technical rowing training with the use of Concept2 rowing machines. We add in body toning exercises. Our classes are taught by the **RowZone Staff** who are rowers, rowing enthusiasts and trainers, and suit all levels and ages. This class will challenge your mind and body while giving you a workout that you will never forget.

May 3-31 | \$80

4 sessions (no class 5/24)

The Wall Cycling, 132 Levering St., Manayunk

XTREME HIP HOP STEP WITH ROBYN

Tu from 7:00 PM to 8:00 PM

EX02. Xtreme Hip Hop is a high-energy fitness class that combines step aerobics with hip hop, R&B, and pop music. This cardio and strength workout uses an aerobic step board to help participants burn calories and build stamina through choreographed routines led by an instructor. Xtreme Hip Hop Step focuses on lower body strength while also improving coordination, balance, endurance, and overall stamina, all in a fun and motivating environment.

Robyn Polk is a RRCA Run Coach and long distance runner for the last 20 years completing races from 5k's to fitness races and ultra-marathons. She has been teaching group fitness since 2008, teaching step, strength, boot camps, etc. Robyn loves movement and all things FITNESS!

May 26 - June 30 | \$74

6 sessions

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.



Have fun while improving your strength and endurance with Robyn!



Learn how to throw a real punch and get a great workout with Rochelle Brenner in Boxing Fitness Action.

BOXING FITNESS ACTION

M from 7:30 PM to 8:15 PM

EX05. Do you need stress relief? Looking for fitness that gives you a happy high? Put on boxing gloves and do a fun, challenging workout guided by a National Golden Gloves champion. Learn how to throw a real punch and get in some strong kicks. Boxing is considered by researchers to be one of the most effective workouts you can do for overall toning, strength and conditioning. All levels of fitness.

Rochelle Brenner is a Black Belt in karate and a full-time martial arts instructor for children and adults. She is also a former amateur boxer and includes training that can challenge every level. She is the owner of Action Karate in Mt. Airy.

A. May 4-25 | \$89

B. June 8-29 | \$89

4 sessions

Action Karate Mt. Airy, 11 W. Mt. Airy Ave.

A \$59 materials fee will be required at the first class for Action Karate boxing gloves. Please note no outside equipment allowed.

REAL MEN STRETCH

W from 11:00 AM to 11:45 AM

EX09. Designed specifically for men, this class focuses on improving flexibility, increasing range of motion, and easing tension in tight muscles and joints. Through guided stretches and simple mobility exercises, participants will reduce stress and enhance their overall ability to move with greater ease and comfort—both in daily life and physical activity.

Yvonne Ferguson-Hardin

A. May 6-27 | \$64

B. June 3-24 | \$64

4 sessions

Fit Foundation, 47 E High St.

NEW STRONG AGAIN

F from 1:30 PM to 2:30 PM

EX08. This class is designed to improve strength and overall activity level of folks over 50. Are you stiff when you wake in the morning? Do your joints ache and creak when you move? Do you lack energy and endurance? Are your abs weak and is your lower back always sore? If you answered yes to two or more of these questions, you need this class! Become stronger, more agile, and improve your overall functional fitness with this class.

Yvonne Ferguson-Hardin has been in the fitness industry for over 25 years. She is a degreed Fitness professional with certifications in Cancer Exercise, Gerontology, Physical education and more. Changing lives through specialized programming aimed to improve functional fitness in the 55 and over population is her goal.

A. April 24 - May 22 | \$74

B. May 29 - June 26 | \$74

5 sessions

Fit Foundation, 47 E High St.

Enjoy Our Fitness Classes!

Whether your goal is to get in shape, or build stamina and flexibility we want to you enjoy your classes at MALT!

If you have a health concern or a chronic condition, it is always best to check with your physician before beginning a new exercise program. When you register, you will be reminded of this, and prompted to complete a waiver. We hope you have a great time taking classes this spring with MALT!

FOAM ROLLING FOR FLEXIBILITY AND AGILITY

Sa from 11:30 AM to 12:45 PM

EX15. As we age, our muscles, tendons, and fascia lose elasticity. Foam rolling is a low-impact approach that improves the pliability of the body's soft tissues, allowing for better range of motion, reducing stiffness, and preventing injury. Despite their benefits, foam rollers are typically underutilized. This course offers an extensive approach to foam rolling for the neck, back, shoulders, hips, and legs. Students will leave with tools to keep their musculoskeletal system more pliable and elastic, with a better range of motion, thus reducing the risk of soft tissue injuries.

Dr. Jeffrey Sklar has been a chiropractor and educator in Philadelphia and across the country for over two decades. He has spent half of his career treating cancer patients for quality-of-life challenges through their treatment. He has lectured overseas and coast to coast. His Chestnut Hill practice continues to focus on quality of life for all his patients.

June 6 | \$39

Balance Fitness, 12 West Willow Grove Ave.

\$30 materials fee payable to the instructor for foam roller if the student does not have their own roller.

KALI STICK TRAINING

Th from 7:30 PM to 8:15 PM

EX06. Learn basic stick strikes and blocks while developing hand-eye coordination, general coordination, discipline and general athleticism. Kali stick work develops quicker reflexes and reaction times, which is so important for self defense. Being able to react quickly also helps develop balance and response time for simple tasks throughout our daily lives. Single and double sticks will be utilized. All experience levels welcome!

Tim Wetzel is a 2nd degree Black Belt in Kenpo karate with a passion for stick training. He is currently the head instructor at Action Karate Mt. Airy.

April 23 - May 28 | \$89
6 sessions

Action Karate Mt. Airy, 11 W. Mt. Airy Ave.

A \$59 materials fee will be required at the first class for sticks and case.

YOGA/PILATES MIX

Th from 6:30 PM to 7:30 PM

EX13. Stretch the muscles of the core with yoga, then strengthen the muscles with Pilates. This is a great combination for the body and mind. Suitable for those familiar with yoga and athletic beginners. Bring a mat.

Christopher Coan is a certified Pilates and Kripalu Yoga teacher with nearly a decade of experience. His classes are influenced by martial arts study, Buddhism and various healing modalities such as acupuncture and Ayurveda.

April 23 - June 11 | \$99
8 sessions

Summit Presbyterian Church,
6757 Greene St. at Westview

MAT PILATES

W from 6:30 PM to 7:30 PM

EX16. Join our Mat Pilates class for a full-body workout designed to strengthen, lengthen, and tone your muscles while improving flexibility and posture. This low-impact class focuses on core stability, breath control, and mindful movement using just your body weight and a mat. This class is not a beginners class. Whether you're looking to enhance strength, increase mobility, or simply unwind with controlled, flowing movements, this class will leave you feeling refreshed, aligned, and energized. No equipment needed—just bring your mat, water, and a positive mindset!

Christopher Coan

April 22 - June 17 (no class 5/13) | \$99
8 sessions

Summit Presbyterian Church,
6757 Greene St. at Westview

FERGIE'S SATURDAY BOOTCAMP

Sa from 6:30 AM to 7:30 AM

EX10. This is bootcamp! Class held outdoors in the woods 100% of the year. Burpees, pushups, running, climbing, jumping, lunges etc. Participants always go at their own level. Arrive on time because this class often changes destinations once the class begins. Tools used include ropes, tire, and sandbag. Participants will be encouraged to pace themselves but challenge their bodies. This class is for all levels.

Yvonne Ferguson-Hardin

A. April 25 - May 23 | \$74

B. May 30 - June 27 | \$74

5 sessions

Northwestern Stables,
120 W. Northwestern Ave.

Bring water and a small towel.



Jeremy DePrisco is an avid podcaster and will teach you how to get started in the field.

PODCAST CREATION: PLAN, RECORD, LAUNCH SUCCESSFULLY!

Sa from 10:00 AM to 12 N

CC45. Podcasts are everywhere. They've become extremely popular, even spawning movies and television programs. Podcasts can also take many forms. But what is a podcast? Why do people make them? How are they made? What do you need to learn to create your own podcast? In this introductory workshop, we will break down the process of podcast creation by examining both non-technical and technical aspects of this art form. No prior experience is required.

Jeremy DePrisco is a Pennsylvania musician, composer, performer, and sound artist with over twenty five years of recording and performing experience. As a studio owner in Central PA, Jeremy recorded bands and singer-songwriters. Today, Jeremy helps people set up their home studios and get the most out of their technology.

May 16 | \$42

United Lutheran Seminary,
7301 Germantown Ave.

DEMYSTIFYING AI: A FRIENDLY NEIGHBORHOOD INTRODUCTION ONLINE

W from 7:00 PM to 8:00 PM

CC03. In this welcoming community workshop, neighbors will explore the world of Artificial Intelligence (AI) together in an approachable, jargon-free way. Participants will uncover what AI, Machine Learning, and Large Language Models really are and see how these technologies influence everyday tools such as search engines, shopping platforms, health apps, and customer service. Through interactive discussions and hands-on exercises, learners will gain confidence in talking to AI through prompt engineering, discovering how their words can shape real results. Along the way, the group will consider AI's opportunities, limits, and ethical implications, sharing ideas about where these tools can and cannot be helpful in daily life. By the end, participants will not only understand the basics of how AI works but will also feel empowered to keep learning, experiment responsibly, and apply what they have learned to their own interests and projects while connecting with neighbors in a spirit of shared discovery.

Abraham Doe is an educator and technologist with a Master's in Education from the University of Pennsylvania. Trained in both Machine Learning/AI Engineering and iOS Development, he combines technical expertise with a talent for teaching. Abraham makes complex topics like Artificial Intelligence, Machine Learning, and app development accessible and engaging, helping learners connect technology to everyday life.

May 13 - June 17 | \$89
6 sessions

The Comfort of Your Own Home

NEW BUILD YOUR WEBSITE FASTER, SMARTER WITH AI

Tu from 10:00 AM to 12 N

CC05. Ready to launch a website without spending weeks learning complicated platforms? In this hands-on class, you will learn how to create a professional website using today's latest AI-powered tools. Whether you are building a site for yourself, your business, or a community organization, you will explore how AI can help you design, write, and publish a polished website in a fraction of the time. Using Wix's AI website builder, you will create and customize a live site while learning how to choose the right template, prepare images and text, and identify your target audience.

We will also discuss whether AI is the right option for your needs and review other website-building approaches. Additional topics include hosting, newsletters and social media integration, basic search engine optimization, and ongoing maintenance and backup, so you leave with the knowledge and confidence to build, launch, and manage your own website.

David Grauel

April 28 - May 12 | \$89

3 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

WINDOWS 11 MADE SIMPLE

Tu from 10:00 AM to 12 N

CC04. Windows 11 is a Microsoft operating system for personal computers. In this class you will learn to use Windows - how to access multiple programs, organize files, change computer settings, arrange your desktop, save and print documents. Students will need to bring their own laptop with Windows 11 installed.

David Grauel began his teaching career in NYC in 1980 - just as Microsoft was about to change the face of consumer computing. Many of the students where he taught were employees of Goldman Sachs and Morgan Stanley. Today, David lives in Philadelphia and teaches Windows 11, the entire Microsoft Office Suite and Build Your Website Faster, Smarter with AI in both classroom and one-on-one sessions.

May 26 - June 9 | \$89

3 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Please bring your own laptop to class if possible. Please let us know if you will need to borrow a laptop for class; limited supplies available.

DESIGNS MADE SIMPLE: CANVA FOR BEGINNERS

Sa from 10:00 AM to 12 N

CC07. Learn how to create stunning designs in Canva, even if you're brand new! Canva is a free online graphic design tool that anyone can use. This beginner workshop walks you step-by-step through Canva's tools, templates, and elements so you can confidently design social media posts, flyers, and more.

Janice Henderson was an educator for 34 years, and used Canva during her teacher career to create worksheets, displays, and instructional resources. She now uses those same skills to design images for tumblers, t-shirts, and party favors. Her passion has always been crafting, whether it is scrapbooking, creating balloon displays, or designing digital images. Janice has a Masters degree in Instructional Technology and is Google certified.

May 2-9 | \$49

2 sessions

MALT Office, 6601 Greene St.

PROTECTING YOURSELF, YOUR DEVICES AND YOUR DATA ONLINE

Th from 7:00 PM to 9:30 PM

CC08. This class will focus on what you need to know to stay safe in an increasingly digital world. Topics to be covered include identifying and avoiding spam, scams, ripoffs and invasions of privacy, preventing hackers from taking over your device, protection against viruses and other malware, using backups to avoid data loss, and keeping your private information out of the wrong hands both before and after your device reaches the end of its life. While much of the discussion will involve Windows PCs, most of the concepts involved also apply to Apple computers, and Android/iOS phones, tablets and other devices.

Alan Silverblatt has been a caseworker and an attorney. More recently he's had a decades long career in information technology, serving as a programmer, technical instructor and writer, and now an independent computer consultant to individuals, small businesses and nonprofits. After retiring from his last day job, he's enjoying model railroading, hosting a rock and blues show on G-town Radio, playing in a band, and sharing with others his knowledge of technology, car buying and investing.

April 23 | \$39

The Comfort of Your Own Home



Mike also teaches geocaching (see p. 59); here he is with Signal the Frog, the official mascot of Geocaching!

EXCEL FOR BEGINNERS ONLINE

Tu from 7:00 PM to 8:00 PM

CC09. In this three-part course, students will be introduced to the many potential uses of Microsoft Excel, a surprisingly fun software for creating spreadsheets, organizing information and crunching numbers. Learn the fundamentals of how to create, read, edit, search, and print spreadsheets with confidence.

Liz Shea is a documentary producer who relies on Excel daily to manage complex film budgets. She moved to Mt. Airy from Los Angeles in 2024 and loves sharing the magic of Excel with anyone willing to learn.

May 19 - June 2 | \$49

3 sessions

The Comfort of Your Own Home

GETTING TO KNOW YOUR IPHONE

Sa from 10:00 AM to 12 N

CC01. Have you just purchased a new iPhone, which was recommended by your daughter or son who told you that you can't live without it? Or are you seriously considering buying one and want to learn more beforehand? Were you advised that it would help you organize your life? Discover some of the wonders of the iPhone and learn how to become more productive in this fun and hands-on two-part course. Students with an iPhone should bring it to class and are encouraged to discuss their favorite apps. Designed for all iPhone models currently in use.

Nina Epstein is known as the Digital Diva and has been an information technology instructor and consultant for over 25 years, helping individuals and small business owners use technology to solve their computing problems.

April 25 - May 2 | \$49

2 sessions

Ridge Avenue United Methodist Church, 7811 Ridge Ave., Roxborough

INTRODUCTION TO 3D PRINTING

Sa from 10:30 AM to 12:30 PM

CC11. 3D printers allow you to turn digital into reality, and over the last several years have reached both a price point and an ease of use that makes them as accessible as ever. This course will cover the very basics of 3D printing, including how the machines work, the different types available, how a digital file is processed through to being a printed object, and where to find content to print. Get ready to take the plunge into the world of 3D printing!

Mike Finnell is a Philadelphia-based IT professional with over 20 years of experience working with emerging technologies. An avid Geocacher for nearly two decades, he has found over 1,000 caches and hidden more than 70 of his own, including some of the highest-rated caches in the Philadelphia area. In 2022, his curiosity about 3D printing led him to start designing and publishing his own models—many inspired by his Geocaching adventures. He brings a unique blend of technical expertise and hands-on creativity to both his 3D printing and Geocaching classes.

May 16 | \$39

MALT Office, 6601 Greene Street.



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mtairylearningtree

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NEW BRANDING AND MARKETING FOR SMALL BUSINESSES

Th from 6:30 PM to 8:30 PM

FCo1. You need marketing and branding if you want to be seen! In this class, you will gain clarity around your brand identity, target audience, and messaging. You will learn how to confidently market your small business (or your personal brand!) without feeling overwhelmed. By the end of the course, you will have a defined brand voice, content ideas tailored to your niche, and a practical marketing roadmap you can use right away.

Cierra Robbins is an entrepreneur and small business mentor who has launched multiple successful ventures in healthcare, beauty, and lifestyle. With experience in branding, marketing, and content creation, she has built businesses from scratch using social media as the main driver. Cierra

teaches in a relatable, hands-on style, helping students feel empowered to take control of their online presence.

April 23 - May 7 | \$59

3 sessions

MALT Office, 6601 Greene St.

BUDGETING BASICS ONLINE

FCo2. We use money on an everyday basis, but most of us were never taught how to manage a basic budget. The good news is that budgeting is a skill that anyone can learn, even children! Students will be able to become better money managers by learning about the four functions of money: to give, save, invest and spend. Make it a family affair and build a foundation for future financial success.

Ericka Neville has been a financial educator for 20+ years and she is dedicated to empowering individuals through financial literacy. She simplifies complex financial concepts, making wealth-building accessible. She helps her students master budgeting, investing, and financial confidence to take control of their futures.

A. April 30 | \$29

Th from 7:00 PM to 8:00 PM

B. June 20 | \$29

Sa from 2:00 PM to 3:00 PM

Pair - Bring a friend or family member | \$39

The Comfort of Your Own Home

You may take this class with a family member for the \$39 class fee.



Learn how to launch your small business with Cheri Skipworth. Cheri is also on our Board of Governors.

START YOUR OWN HANDMADE PRODUCT SMALL BUSINESS

Tu from 6:00 PM to 8:00 PM

FCo3. Are you interested in taking your crafting to the next level and turning it from passion into profit? In this interactive and engaging workshop, we will learn about local resources to start your handmade business, strategies to sell online and in person, and what you need to know about taxes.

Cheri Skipworth is the creative behind Handmade U Studio, a craft space in North Philadelphia where crafting and community come together. Cheri has over 20 years of experience teaching arts and crafts to others. Additionally Cheri is passionate about exploring the intersections between creativity and technology. Cheri has utilized Google Suites since 2006 and is a certified AI consultant.

May 26 | \$44

MALT Office, 6601 Greene Street

INVESTING FOR JUSTICE - TOOLS AND RESOURCES ONLINE

Th from 7:00 PM to 9:00 PM

FCo4. In this class we'll share tools and strategies for moving your money to align with racial, gender, and climate justice issues supporting justice and democracy. Options for cash, fixed income, and even retirement funds are now common and accessible. Philly's ecosystem for impact investors is large and growing. Crowdfunding platforms, study groups, and faith communities exploring reparations work are just a few examples of strategies. This will be an interactive session, so bring your resources and strategies to share; prior students are welcome! Let's move our money for justice and invest in the world we want to see!

Vanessa Lowe can be heard on G-Town Radio and the Spotify podcast, Vanessa's Money Hour. She spent 21 years in federal service supporting access to capital for underserved communities. Retired at age 56, she continues that work by leading Invest for Better circles - Impact Investing Learning Circles for Women, and financial coaching via VLL Consulting. She's committed to moving personal and institutional money toward justice.

June 18 | \$39

The Comfort of Your Own Home

GET PAID TO TEACH ENGLISH OVERSEAS, IN THE USA, & ONLINE ONLINE

M from 6:30 PM to 9:00 PM

FCo5. Teach your way around the world while getting paid for your "vacation"! English is the world's business and travel language, plus being able to speak English helps people get better paying jobs. If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. It can be a high paying career or simply a great way to go on vacation for free. Learn about teaching online, 2-month paid summer jobs, or full-time work. Discover the best paying jobs, qualifications, certification programs and specific hiring organizations.

Gina Henry created Go Global, Inc. to empower people to travel as much as they want. She has been taking about ten free vacations per year over the past quarter-century. Gina teaches this online class while she is traveling all over the USA & worldwide.

April 20 | \$39

The Comfort of Your Own Home

A \$15 Materials fee will be added to your class fee for instructor's 100-page digital book (a \$39.95 value).

SOCIAL MEDIA FOR SMALL BUSINESSES

Th from 6:30 PM to 8:30 PM

FCo6. Social media is one of the most powerful (and free!) tools for growing a small business. This beginner-friendly class will help you set up strong profiles, create eye-catching content with Canva, and learn how to reach customers online. You'll explore Instagram and TikTok strategies, discover how to engage with your audience, and leave with a 7-day content plan you can put into action right away. No marketing experience required — just bring your hustle and a willingness to learn.

Cierra Robbins is an entrepreneur and small business mentor who has launched multiple successful ventures in healthcare, beauty, and lifestyle. With experience in branding, marketing, and content creation, she has built businesses from scratch using social media as the main driver. Cierra teaches in a relatable, hands-on style, helping students feel empowered to take control of their online presence.

June 11-25 | \$59

3 sessions

MALT Office, 6601 Greene St.

HOME BUSINESS GOLDMINE ONLINE

Tu from 7:00 PM to 9:30 PM

FCo7. Do you want another source of income without leaving your job? Are you worried about your position, your company or your financial security? Use the same techniques and strategies that have been used by millionaires! Find out how to start and operate from home, part-time or full-time. You do not need capital to get started, just a desire to succeed. You will learn specific ways to earn money in hot areas such as factoring, brokering, finder fees, liquidating, etc. Imagine earning \$50,000 by bringing money to businesses! Or find over 2,000 sources of wholesale products to earn big re-sale profits. Start a low-risk, high-potential journey to financial security.

Paul Mladjenovic is an educator, national speaker and author of Stock Investing for Dummies and the owner of RavingCapitalist.com. He has taught with MALT for over 25 years.

June 2 | \$44

The Comfort of Your Own Home

Optional \$10 materials fee payable to the instructor.

\$50 WEALTH BUILDER ONLINE

W from 7:00 PM to 9:30 PM

FC08. Safely invest with as little as \$50! Learn how you can grow money even in this tough market. In one information-packed session you can learn how to wisely and profitably begin building your own financial empire as a small investor. This seminar was created specifically to meet the needs of the low- and middle-income investor. Safely buy high-potential stocks for as little as \$50 a month (with no commissions!) while minimizing risk; buy gold and silver for as little as \$50; start a high-powered financial portfolio for \$100; invest in mutual funds; and virtually guarantee \$1 million for your retirement!

Paul Mladjenovic

June 3 | \$49

The Comfort of Your Own Home

Optional: \$10 materials fee payable to the instructor for resource-packed DVD.

ULTRA-INVESTING USING OPTIONS ONLINE

Th from 7:00 PM to 9:30 PM

FC09. Aggressive investing might make you a fortune! This class is not for the financially risk-averse. Learn strategies that experienced investors are using to make tremendous profits in the world of options. The instructor has students and clients who have turned \$2,000 into \$100,000 in under 6 months! Using options on stocks, indexes, gold, oil, currencies or other commodities, you can make a small fortune overnight or (if you're not careful) lose one. Learn safe strategies, how to speculate with as little as \$200, how to use options for quick gains or steady income. Learn all about commodities, how to make money no matter which way the markets go, and resources and websites that can help you.

Paul Mladjenovic

June 4 | \$49

The Comfort of Your Own Home

Optional: \$10 materials fee for software payable to instructor.

RETIREMENT PLANNING TODAY

FC15. Are you worried about your retirement? Do you need some help planning for your future? Explore the many options and decisions regarding retirement needs, expenses, income sources, various kinds of insurance, and estate planning. Whether you are just beginning to develop a retirement plan or rapidly approaching retirement, this class is for you. Learn how to define long-term goals and return from the class with practical information you can apply immediately. Couples may attend together for a single registration fee.

Leonard Cherry is a Financial Advisor. He works with individuals and businesses, specializing in retirement strategies, investments and estate planning.

A. May 12-19 | \$34

Tu from 6:30 PM to 9:00 PM

B. May 20-27 | \$34

W from 6:30 PM to 9:00 PM

2 sessions

LaSalle University, 1900 West Olney Ave., Holroyd Hall

\$25 materials fee for a 225-page illustrated textbook will be automatically added to your cart.

KNOW YOUR RIGHTS AT WORK

W from 6:00 PM to 8:00 PM

FC16. Some companies say "We're one big family," but my parents never downsized my brothers for lower-salaried siblings! The workplace has changed, from a relationship built on loyalty to one that is arm's length and legalistic. Your employer knows the law and might think that you do, too, which can cause misunderstandings. Learn the new rules of work, and how to survive and thrive. Learn to protect yourself from discrimination and "workplace bullying," learn about severance- and non-compete agreements. Learn how to maximize opportunities in good and bad times, including how to avoid proactively and/or nip in the bud job-killing problems. Work is a major part of your life – make it work for you.

Brian Foley, Esq. practices law in Philadelphia (Mt. Airy), focusing on employment (wrongful termination, discrimination) and defamation. After graduating from Dartmouth College and Berkeley Law, he clerked for a federal judge and practiced at leading Philadelphia firms. He is a Lecturer at Rutgers Law, teaching Evidence and Employment Law; he won the teaching award at Drexel Law. Brian is a trial lawyer and member of the Board of Directors for the Eastern PA Chapter of the National Employment Lawyers Association.

June 24 | \$39

MALT Office, 6601 Greene St.

UNDERSTANDING MEDICARE CHOICES ONLINE

FC21. Medicare has gone from a single choice - turn 65 and enroll in Medicare - to a multiple choice challenge. Medicare eligibles face choices of a traditional plan, supplemental plans, Medicare managed care, and Medicare fee-for-service. Unscrupulous marketing techniques can prey on the unwary. Interactive and tailored to the needs of its participants, this course will provide a basic introduction to the choices available to Medicare-eligible persons and will provide resources for further information.

Joan Adler is the former Director of APPRISE Medicare Counseling at the Mayor's Commission on Aging in Philadelphia. She has been a Medicare counselor in the community for the last 6 years.

A. April 29 | \$39

W from 6:30 PM to 8:30 PM

B. May 18 | \$39

M from 6:30 PM to 8:30 PM

The Comfort of Your Own Home

NEW PR FOR CONSISTENT VISIBILITY ONLINE

W from 12 N to 1:30 PM

FC22. If visibility is part of your strategy for success, you need to keep a spotlight on your brand -- or yourself -- even when there is no news to share. Where do you start? What do you say? And to whom do you say it? In this online, lunchtime course, we'll explore how to craft a PR strategy that includes myriad tactics, including event PR, statements, storytelling, and more. This class is tailored to nonprofits, entrepreneurs, and subject-matter experts looking to raise awareness of themselves and their brand. Participants will walk away with ideas to implement right away.

Stef Arck-Baynes is a mission-driven communications professional with over 20 years of experience developing strategy, relationships, and compelling content for nonprofit brands and socially responsible for-profits. As the founder and CEO of Achieving Good Communications Co., clients have included: The Conferences for Women; Bucks County United Way; Atlanta Habitat for Humanity; and The Jewish Relief Agency. Prior to Achieving Good, she directed in-house communications at organizations such as Philabundance and Brooklyn Public Library. A born-and-bred Philadelphian, Stef attended Central High School (251!) and lives happily in Mt. Airy with her husband, their daughter, and dog.

May 13 | \$39

The Comfort of Your Own Home



Gain the skills you need to make a career move with Lynne Williams.

HOW TO DEVELOP SUCCESSFUL JOB SEARCH STRATEGIES ONLINE

W from 7:00 PM to 8:30 PM

FC24. Having a plan with multiple job search methods can help you find positions more quickly if you're a job seeker in career transition. Preparation is key. This session will provide a range of strategies, tactics, and career resources to help you reach your goals, with a focus on essential topics like keywords, Applicant Tracking Systems (ATS), LinkedIn databases, word clouds, and portfolio presentations. If you are currently employed, it's always better to be proactive than reactive, so engaging in career management will ensure you're always prepared. By attending, you will learn effective strategies to tap into the hidden job market, research and apply the best keywords to your resume and LinkedIn profile, customize your base resume to match job-specific keywords for ATS applications, and prepare a portfolio presentation to stand out in interviews.

Lynne Williams, EdD candidate, is the Executive Director of the Philadelphia Area Great Careers Group, which provides online career education and networking. She writes resumes, LinkedIn profiles and company pages, and focuses on keywords. She is writing her doctoral dissertation on LinkedIn.

A. April 29 | \$39

B. June 17 | \$39

The Comfort of Your Own Home

LISTING YOUR HOME FOR SALE

Sa from 10:00 AM to 12:30 PM

FHo6. Learn what kind of preparation you can do in order to list your home and get the best price you can. Topics include the best time to list your home, when to set your asking price, how to choose a sales agent, how to improve your home's appeal to the buyer, what repairs you should do if you have a tight budget, and more!

Dora Johns is a realtor, associate broker with Keller Williams Realty and an avid analyst of the real estate marketplace. Her classes help the consumer make informed decisions about their real estate needs.

May 2 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$5 materials fee payable to the instructor

HOW TO BUY A CAR WITHOUT GETTING TAKEN FOR A RIDE ONLINE

W from 7:00 PM to 9:30 PM

FHo5. This class will equip students to confidently and successfully navigate the intimidating (and often too expensive) process of shopping for and buying a new car. Topics to be covered include: the traditional way to buy a car (the bad old days), a peek behind the curtain (how dealerships really operate), the 10 mistakes most car buyers make (and how to avoid them), handling dealer questions and manipulation, the easy and effective way to negotiate a good price, scams to watch out for, things that aren't as good as they might seem, and a few words about leasing and used cars.

Alan Silverblatt has been a caseworker and an attorney. More recently he's had a decades long career in information technology, serving as a programmer, technical instructor and writer, and now an independent computer consultant to individuals, small businesses and nonprofits. After retiring from his last day job, he's enjoying model railroading, hosting a rock and blues show on G-town Radio, playing in a band, and sharing with others his knowledge of technology, car buying and investing.

April 22 | \$39

The Comfort of Your Own Home



SIT, STAY, AND CONNECT: BASIC MANNERS FOR DOGS

Tu from 7:00 PM to 8:00 PM

FHo2. Discover how dogs learn and communicate both with us and with each other. Using positive reinforcement training techniques, establish a foundation for teaching basic manners and obedience behaviors (responding to hearing their name, cues such as Sit, Down, Stay, Leave It, Drop It, Come). We'll also talk about how to be effective leaders in the human-dog relationship. Non-aggressive dogs only. Dogs should be 22 weeks or older at the beginning of the course. Additional family members (with no additional dogs) can register with the primary registrant using the "couples fee" registration option.

Christopher Switky has been a certified dog trainer since 2014. He is the founder of Positive Canine Concepts LLC, and a graduate of the Masters' Program in Dog Training at CATCH Canine Trainers Academy.

May 26 - June 30 | \$175

Couples Fee | \$199

6 sessions

Mt. Airy Art Garage (MAAG),
7054 Germantown Ave.

First class is for people only, dogs stay home. Please bring proof of rabies vaccination to the first class.

Can register as two family members with the couples fee; only 1 dog

PREPARING FOR THE END OF LIFE: CREATING A DEATH FILE ONLINE

Sa from 1:00 PM to 3:00 PM

FHo3. You do not need a terminal diagnosis to think about and plan for the end of your life. There are many things you can do right now to prepare yourself and your loved ones for before and after your death. This class is designed to educate you on decisions you can make right now, how to document them, and ways to communicate them with loved ones. Together, we will work on creating a "Death File" - a collection of documents that contains everything your loved ones will need if/when you are ready to choose hospice if you face a terminal illness, or should you face death unexpectedly. The more prepared you are for death - internally and with your worldly affairs - the easier your transition from life will be. The goal of this class is to help you on your journey to cultivating peace in your relationship with death. An intentional relationship with our mortality can help inspire us to live our lives with a greater sense of ease and purpose, and to ensure that no matter how the end of our life looks for us, we will feel ready and prepared.

Lexie Ruth Mitchell is an end-of-life doula, hospice volunteer, and teacher passionate about living intentionally and dying consciously.

April 25 - May 2 | \$44

2 sessions

The Comfort of Your Own Home

Required printouts will be emailed prior to class. You'll need to purchase a brightly colored accordion file folder with at least 10 pockets.

NEW COME MEMORY, COME LOVE: A MOTHER LOSS GRIEF CIRCLE

Th from 6:45 PM to 8:45 PM

FHo7. Mother's Day and the weeks leading up to it can be incredibly challenging for anyone grieving the death of their mom, grandmom, or a mother figure who has impacted and influenced their lives. While the world turns to joyful appreciation and celebration, the bereaved sit with the ache of absence. This is a space to give your grief and your love somewhere to go. Through reading poems about mother loss, writing, storytelling and memory sharing, you'll be invited to honor who these women were to you, who they remain and the gifts they've given you. Please bring an object/photo that reminds you of your loved one; it will be returned to you after class.

Naila Francis is a writer/poet, certified grief coach, interfaith minister and death midwife. She helps people transform their relationship to grief and loss through one-on-one coaching, workshops, rituals and ceremonies. Her work is often informed by her love of poetry, nature and spiritual practice. She is also a founding member of Salt Trails, a Philadelphia collective honoring grief through community gatherings.

May 7 | \$39

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

NEW TUNING IN: WHAT IS YOUR CHILD SAYING?

Tu from 7:00 PM to 8:30 PM

FHo1. We all love our children immensely. And yet our day-to-day interactions with them can be challenging and exhausting. How can connecting with our children be easier? How can we meet their needs and understand them better? How can we take care of our own needs in this demanding job of parenting? This class will focus on the parenting of children aged birth to five. The focus will be on: What are they saying without words? What are their needs? How can we tune into what they are saying with words? And, what gets in our way of listening and hearing their communication?

Claudia Apfelbaum, LCSW, earned her master's in social work from Bryn Mawr College and brings decades of experience in Gestalt, Sand Tray, and Family Systems work. A parent educator for over 20 years, she believes young people need attuned support to grow into happy, wise adults.

June 2-9 | \$44

2 sessions

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

See Page 49

NEW
Family Theatre Workshop

NEW ZINES FOR TEENS (AGES 12-17)

Tu from 6:00 PM to 8:00 PM

KDo1. Learn how to make self published magazines about ANY topic to share with friends. Zines can be about: music, movies, TV shows, hobbies, sports, politics, recipes, recommendations/ reviews, your pets, photos, creative writing/ poetry, etc. We will learn how to make different sizes of booklets and all different ways to decorate them. We will experiment with ink line drawing, collage, eraser stamping, digital design, and watercolors.

Amelia Geiser has been crocheting for five years and has experience in a variety of other crafts. She is a full time high school science teacher, and has taught crochet as an elective and an after-school activity to elementary, middle school, high school, and adult students. She has found great success in teaching crochet to all ages by teaching basic skills that can apply to many projects, then assisting students while they create a product of their choice.

April 28 - May 26 | \$84
5 sessions

Water Tower Recreation Center
209 East Hartwell Ln.

Bring a list of topics you're interested in. Also bring any stickers, your favorite pens/ markers/ colored pencils, magazines, pictures, or anything else you'd like to use while creating.

BEGINNING GUITAR (AGES 5-10)

Th from 7:30 PM to 8:00 PM

KDo4. Has your child been asking about guitar? All the basic elements of guitar playing will be introduced in this fun class. Work on easy chords, strumming and accompanying all types of music from Rock to Pop to Gospel and Country. Then we'll do a quick intro of note reading and playing so kids can learn what all those little dots mean. Students need to have their own instrument.

Offered by the staff of **Chestnut Hill Music Academy under director Mickey Leone.** CHMA is a full service school in Chestnut Hill providing private lessons and training on all instruments and voice to all ages.

May 7-28 | \$44
4 sessions

Chestnut Hill Music Academy,
22 E. Chestnut Hill Ave.

NEW TRADITIONAL SHOTOKAN KARATE (AGES 7-18)

F from 6:30 PM to 7:15 PM

KDo7. Karate teaches character, courage, faithfulness, and the discipline of the martial arts. In this class, you will learn the movements and principles of karate while developing respect for others, no matter who they are or where they come from. You will practice awareness of your surroundings and learn basic self-defense techniques to help protect yourself if someone tries to attack you. Through these skills, you will build confidence and discover the strength that comes from courage and self-control. This class is designed to support both people with special needs and others in learning together while building strength, confidence, and respect among people from different backgrounds and personalities. There is no physical contact between students in this class.

Meena Nandlal is a 4th degree black belt, has been training for the past twenty years and has been teaching for over 15 years. She has n in many tournaments and has many medals and trophies for 1st, 2nd and 3rd places. Meena's goal to teach who give what my instructors had imparted to me for many years.

April 24 - May 29 | \$79
6 sessions

Mt. Airy Playground Building,
7001 Germantown Ave.

BEGINNING PIANO (AGES 5-10)

Th from 7:00 PM to 7:30 PM

KDo5. Piano is a wonderful first instrument for children. Easier than many, you just press a key and it sounds great. Plus the layout of white and black keys makes an understanding of the basics of music visually understandable, even to kids. Learn proper posture, hand positions, the musical alphabet, the math of music, basic note reading and much more.

Offered by the staff of **Chestnut Hill Music Academy under director Mickey Leone.**

May 7-28 | \$44
4 sessions

Chestnut Hill Music Academy,
22 E. Chestnut Hill Ave.

NEW FAMILY THEATRE WORKSHOP

Sa from 10:00 AM to 12 N

KDo2. It's time to have fun as a family! Through collaborative games, exercises, and creation, families will experience activities in acting, visual arts, movement, and storytelling as they create something new together. They will strengthen their skills of imagination, collaboration and play while learning the basics across multiple artistic disciplines. Come enjoy this one-day workshop together full of play and imagination!

Yes! And... Collaborative Arts has been providing arts education opportunities to youth in K-12th grade for over 25 years. From camps, to studio classes, to participation in full-length musicals and plays, students have the opportunity to participate in collaborative art making across artistic disciplines.

May 9 | \$40 per family
Yes And...Collaborative Arts,
21 W. Washington Ln.

The cost is \$40 per family, max 6 participants per family. All ages can participate: Ages 2 to 102!

CREATIVE MOVEMENT/PRE BALLET (AGES 3-5)

KDo3. This class encourages students to explore their creativity and imagination during activities that develop gross motor skills, coordination, strength, flexibility, and balance. Students are introduced to the structure of dance in a fun environment. Students learn ballet steps, short choreography for an optional performance and get a strong foundation for future ballet training. Please wear leotard, tights, and ballet shoes.

Christina Castro-Tauser is the founding director of Expansions Contemporary Dance Ensemble and Executive Director of International Ballet Exchange. She earned her MFA at Temple University and was the recipient of the Rose Vernick MFA Choreographic Achievement Award. Christina is an adjunct faculty at Temple University and Teaching Artist for Taller Puer-torriqueno. In January of 2023 she became the owner of Wissahickon Dance Academy.

A. May 1-29 | \$100
F from 4:30 PM to 5:30 PM
5 sessions

B. June 1-22 | \$80
M from 5:00 PM to 6:00 PM
4 sessions

Wissahickon Dance Academy,
38 E. School House Ln.



Get creative in our Family Theatre Workshop with Yes! And...Collaborative Arts!

BEGINNING SNARE DRUM (AGES 6-10)

Th from 7:30 PM to 8:00 PM

KDo6. Has your child been talking about playing the drums? Now is your chance to give it a try. The snare is the center piece of the drum set and the main drum in a marching band. In this fun class, kids will learn how to hold the sticks, use bounces for speed and accuracy, keep a steady beat, and read drum notation. All you need is a pair of drum sticks. Students can practice at home on any hard surface if they don't have a drum or practice pad. Ages 6-10 years old.

Offered by the staff of **Chestnut Hill Music Academy under director Mickey Leone.**

May 7-28 | \$39
4 sessions

Chestnut Hill Music Academy,
22 E. Chestnut Hill Ave.



See Page 35
Family Challah Bake

See Page 16

NEW Let's Par-Tea:
Mother's Day Teacup Painting



T'AI CHI CH'UAN: BEGINNING

Th from 8:00 PM to 8:45 PM

MBo1. Yang style T'ai Chi, as handed down by the T'ai Chi Master Cheng Man Ching, is a low-impact exercise that can also be considered a moving meditation. It has a wealth of benefits for physical and mental health. The physical benefits include improvement of balance, thus decreasing risk of injury from falls, as well as aiding in pain relief for musculoskeletal problems. It has been shown to be more helpful in controlling high blood pressure and fostering a healthier heart than aerobic exercise. The mental benefits include lowering stress, improving focus and resilience, helping reduce age-related cognitive decline and serving as an aid in controlling depression.

This class is for those who are new to T'ai Chi. The only equipment necessary are loose, comfortable clothing and flat-soled shoes.

Kurt Findeisen has studied T'ai Chi Ch'uan with Maggie Newman since 1979 until her retirement from teaching several years ago. With her consent, he began his own teaching in the late 1980's through the auspices of Mount Airy Learning Tree. He is a retired physician who believes his T'ai Chi instruction is as valuable as any drug he ever prescribed.

April 23 - June 25 | \$109
10 sessions

Chestnut Hill United, 8812 Germantown Ave.

T'AI CHI CH'UAN: INTERMEDIATE

Th from 6:30 PM to 7:15 PM

MBo2. For the intermediate T'ai Chi student. Continue the study of T'ai Chi Ch'uan through the Short Yang solo form. This course is designed for students who have had some previous study experience with the Cheng Man-ch'ing short form. The postures reviewed will be commensurate with the knowledge of participating students.

Kurt Findeisen

April 23 - June 25 | \$109
10 sessions

Chestnut Hill United, 8812 Germantown Ave.



MALT students learning t'ai chi ch'uan.

T'AI CHI CH'UAN: CONTINUING

Th from 7:15 PM to 8:00 PM

MBo3. Continue the study of T'ai Chi Ch'uan through the Short Yang solo form. This course is designed for students who have had significant previous study experience with the Cheng Man-ch'ing short form. The postures reviewed will be commensurate with the knowledge of participating students.

Kurt Findeisen

April 23 - June 25 | \$109
10 sessions

Chestnut Hill United, 8812 Germantown Ave.

NEW INTRO TO T'AI CHI WITH T'AI CHI WALKING

Tu from 7:00 PM to 8:30 PM

MBo5. This class covers fundamentals common to all T'ai Chi practices: basic posture, breath coordination, and gentle movement suitable for ALL fitness levels. You'll learn Tai Chi Walking using the Guolin approach — a research-backed method that coordinates breathing with rhythmic walking. Highly recommended as preparation for the 6-week T'ai Chi for Health series. Perfect for those interested in T'ai Chi but not ready to commit to a multi-week class.

Kirsten Erwin has studied T'ai Chi since 1982 and is a senior student of the late Sibok Robert Kassof. She has taught regularly for MALT since 2002, and has experience in adapting practices for limited mobility and chronic conditions. Related areas of training include long and short Yang T'ai Chi forms, Qigong, Reiki, Kung Fu, and meditation. She is a Certified Instructor of T'ai Chi for Arthritis.

A. April 28 | \$39

B. May 5 | \$39

Summit Presbyterian Church,
6757 Greene St. at Westview

T'AI CHI FOR HEALTH

Tu from 7:00 PM to 8:00 PM

MBo4. T'ai Chi's soft, flowing movements have been used to improve and maintain health since ancient times. The focus of Golden Breath T'ai Chi is on coordinating breath control with movement and adapts easily for those who prefer a seated practice. Through the form's fundamentals, you'll discover how breath and posture affect your nervous system, practicing at your own pace. This moving meditation is also beneficial for improving overall fitness, balance, coordination, and reducing stress — a valuable adjunct to pre-hab and rehab therapy. Enjoy a gentle, complete workout to relax the mind, restore the body, and rejuvenate the spirit!

Kirsten Erwin

May 12 - June 30 | \$79
6 sessions (no class 5/19 or 6/9)

Summit Presbyterian Church,
6757 Greene St. at Westview

TAIJI QIGONG: SHIBASHI (SET 1)

Th from 10:00 AM to 11:00 AM

MBo6. Taiji Qigong Shibashi is one of the most popular and fastest growing exercise forms practiced by millions of people around the world. Combining the slow and even movements of Taiji (Tai Chi) with Qigong breathing and meditation, participants will be led through the full 18-movement series, taking extra time to focus on 3-4 specific movements each class while learning and integrating key theoretical concepts of Oriental Medicine. It is the perfect practice for anyone seeking to improve health, encourage longevity, or address other issues like back and neck pain. The practice is performed standing but can be modified to any level of fitness.

Daniel Nemer, L.O.M. is the owner of G-town Acupuncture with over 20 years experience as a licensed practitioner of Acupuncture, Chinese Herbal and Oriental Medicine. He has practiced various styles of Taiji (Tai Chi), Qigong, meditation and Yoga for over 30 years. Since September 2022 he has been studying Taiji Qigong Shibashi, the 18 movements, in the lineage of its creator Professor Lin Housheng and is certified to teach Sets 1 and 2.

April 23 - May 21 | \$74
5 sessions

North Light Community Center,
175 Green Lane, Manayunk



Restore the balance between mind and body with Sound Meditation Teacher Anne Johnson. Photo by Michael Blount.

CRYSTAL ALCHEMY BOWL SOUND MEDITATION

MB23. Join Anne for a relaxing sound meditation with Crystal Tones singing bowls and vocal sounding. The crystal bowls activate the crystalline nature in the higher brain centers and restore balance between your mind and body. We begin by creating an intention together. You will be introduced to the unique alchemy signatures of the bowls and begin to feel how your body responds to them. We will then be held in the expansive vibrations of a 45 minute sound bath meditation.

Anne Johnson is a graduate of The Sacred Science of Sound Crystal Alchemy Training with Jeralyn Glass. She brings her wisdom and experience from 25 years teaching the Alexander Technique into her explorations with sound healing with her Crystal Alchemy Bowls and her own voice.

A. April 27 | \$34
M from 7:00 PM to 8:15 PM

B. June 5 | \$34
F from 7:00 PM to 8:15 PM

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

QIGONG RETREAT: CULTIVATING CALM THROUGH BREATH AND MOVEMENT

Su from 3:00 PM to 5:00 PM

MB07. Discover the timeless wisdom of Qigong in this two-hour, beginner-friendly workshop designed to restore balance and boost vitality. Through gentle, flowing movement, intentional breathwork, and focused awareness, we'll explore practices that have supported wellbeing for thousands of years. You'll learn foundational Qigong forms and how to mindfully shift from stress and tension into a more energized, grounded state. This class is perfect for those new to Qigong and equally enriching for returning students looking to deepen their practice. Movements can be adapted for most physical abilities.

Paul Martin has been teaching regularly since 2000. He has trained under internationally recognized Masters in QiGong, Tai Chi, and Healing Arts. He has taught several times at the prestigious National QiGong Association Conference.

May 3 | \$39

Summit Presbyterian Church,
6757 Greene St. at Westview

RADIANT LOTUS WOMEN'S QIGONG

Su from 7:00 PM to 8:00 PM

MB28. Learn gentle yet powerful exercises to care for your body, reduce tension, and cultivate intuition and personal strength. Developed by Daisy Lee, Radiant Lotus Women's Qigong focuses on healing and balance through movement and breath. Unlike general qigong, these exercises are designed specifically to support women's bodies and hormonal systems. In a supportive community, participants will explore practices that nurture emotional well-being, foster personal empowerment, and offer an accessible introduction to the ancient art of qigong. This welcoming class is for students who identify as female or non-binary. New and continuing students are welcome.

Moon Smith is a retired nurse midwife who has been studying qigong with several master teachers for many years and integrates qigong practice into the support and healing of the female body. She has trained with Daisy Lee to teach RLWQ (Radiant Lotus Women's Qigong).

Malkah Binah Klein (she/they) is a rabbi who has been studying and teaching qigong and other practices for transforming energy, including sacred chant, for many years. She has trained with Daisy Lee to teach RLWQ (Radiant Lotus Women's Qigong).

May 3 - June 7 | \$84

6 sessions

Summit Presbyterian Church,
6757 Greene St. at Westview

T'AI CHI - YANG STYLE: BEGINNING

W from 10:00 AM to 11:00 AM

MB08. T'ai Chi (or t'ai chi ch'uan) is claimed to be the oldest martial art. It is also a gentle exercise that can provide innumerable health benefits for body, heart and mind. Practiced consistently, it can improve balance, lower blood pressure, reduce anxiety, ease depression, and boost the immune system. T'ai Chi requires no special equipment and can be practiced anywhere there is a flat surface and a 5-6 ft. square of open space. However, the one hour class does require moderate stamina and the ability to stand and move independently for 50 minutes. The Beginning class is open to anyone who is interested. Wear loose, comfortable clothing and flat-soled, flexible shoes. (Running shoes are not recommended.)

Vicki Mehl has studied T'ai Chi since 1995. She enjoys T'ai Chi because of its innumerable physical and mental health benefits, and because there is always more to learn.

April 29 - July 1 | \$129

10 sessions

Center on the Hill, Presbyterian Church of
Chestnut Hill, 8855 Germantown Ave.

T'AI CHI - YANG STYLE: INTERMEDIATE

W from 12:30 PM to 1:30 PM

MB09. In the Intermediate class students will continue to learn Prof. Cheng's 37 postures of the Yang style form. This part of the form includes various kicks and single leg turns. As always, the form is practiced in smooth, slow movements while developing strength and flexibility in the legs and whole body balance. The Intermediate class is for those who have learned the postures of the "first third" of the form, (in the Beginning level), and/or have the teacher's permission. Wear loose, comfortable clothing and flat-soled, flexible shoes.

Vicki Mehl

April 29 - July 1 | \$129

10 sessions

Center on the Hill, Presbyterian Church of
Chestnut Hill, 8855 Germantown Ave.

T'AI CHI - YANG STYLE: CONTINUING

W from 11:15 AM to 12:15 PM

MB10. Cheng Man Ch'ing's T'ai Chi form is an art that can be a life-long study. Learning the movements in the Form is just the beginning. In the Continuing class, we begin to delve more deeply into the internal energetics of movement and a deeper understanding of the word Relax. We will work on whole body synchronicity, sinking and releasing, and developing root. Enrollment in the class is by permission of the instructor.

Vicki Mehl

April 29 - July 1 | \$129

10 sessions

Center on the Hill, Presbyterian Church of
Chestnut Hill, 8855 Germantown Ave.

FUNCTIONAL YOGA FOR BODY AND BRAIN: THE LYT METHOD

Tu from 7:00 PM to 8:15 PM

MB11. Reconnect your body and mind while relieving joint pain, movement restrictions, and postural imbalances common in modern life. This class blends yoga, functional movement, brain mapping, and breathwork into a fun, challenging, and biomechanically smart practice based on the LYT Method: a system developed by physical therapists to improve core strength, flexibility, and balance. This class emphasizes alignment and neuromuscular control and may feel more rigorous than a traditional yoga class. You'll leave feeling stronger, more aligned, and more connected. If you have any questions about whether this class is a good fit for you, feel free to reach out!

Karen Rile is a writer, editor, and yoga teacher with over 800 hours of certification training. She is a Level 2, certified instructor of the LYT Method, the only yoga system created and mentored by physical therapists, and a certified Roll Model trainer. She is also a certified Flexibility Coach, Yoga Trapeze, and Yoga Breathing coach.

May 5 - July 7 | \$129

10 sessions (no class 5/19)

Chestnut Hill United, 8812 Germantown Ave.



Jen May is offering her popular class again this term - Yoga for Strength and Stress relief

YOGA FOR STRENGTH AND STRESS RELIEF

M from 10:00 AM to 11:15 AM

MB12. In yoga, movement and breath are equal partners in promoting strength, self-awareness, and relaxation. In this class, we work on overall strength and mobility, with an emphasis on poses that increase core strength and balance. We use breathing techniques for core engagement and others for relaxation. This class is appropriate for beginners and for those looking to focus on fundamentals. Props are used strategically to maximize the strength-building and relaxing qualities of the poses. Chairs are used to progress in balancing sequences and to build endurance in positions like plank pose. Blocks and straps are used to make stretching more comfortable, to allow access to deep breathing, and to enhance the stress-relieving potential of the practice.

Jen May has been practicing yoga for 20 years, and she is sure that yoga has helped her balance her physical body, create a more resilient nervous system, and be more present for all the moments of life. A background in biology research and high school teaching provided skills for teaching about movement in an understandable way and teaching with individual variability in mind. Jen has a 250 hr. certification in Vinyasa yoga from Wake Up Yoga; a 300 hr. Yoga Wellness Educator Training from Yoga U. Online; and a 50 hr training in myofascial release from Yoga Medicine.

April 20 - June 1 | \$94

6 sessions, (no class 5/25)

Unitarian Society of Germantown,
6511 Lincoln Dr.



Tracy Shearer is offering an in person retreat this term! Usually she teaches online so we are thrilled she will be in Chestnut Hill for her Root2Rise Yoga Retreat.

NEW ROOT2RISE YOGA RETREAT

Sa from 10:00 AM to 11:30 AM

MB14. Discover the transformative power of stability and growth in this immersive yoga experience, Root to Rise – Embracing Your Inner Tree. This class is crafted to anchor your physical strength and balance through the practice of Vrksasana, the Tree Pose. What to expect: Begin with Rooting Foundations to prepare the soil/soul. Move into Breath's Embrace, fostering a profound connection that heightens self-awareness. At the heart of the class, embody Tree Pose, discovering how strength and softness coexist. Conclude with Forest Whispers Cool Down, a gentle, serene visualization that guides you through the tranquil embrace of your chosen natural sanctuary. Participants will not only gain insights into the stabilizing force of the Tree Pose but also learn to enrich the soil of their well-being, sow seeds of intention, and cultivate a garden of personal aspirations. Join us and rise from a place of grounded strength into a personal fully blossomed tree.

Tracy Shearer is an AADP Board Certified Holistic Health Practitioner, certified Holistic Nutrition, Health, and Wellness Coach, graduate of the T. Colin Campbell Foundation Plant-Based Nutrition certification program at Cornell University. She is a graduate of the yoga teacher training programs at The Kaivalya Yoga Method Academy (Ashtanga), and the Yogamu Global Yoga Teaching Academy (Meditation & Kundalini). She is a 500hr Registered Yoga Teacher with Yoga Alliance and a Certified Meditation Teacher with Meditation Alliance International.

May 16 | \$34

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

NEW KUNDALINI YOGA: RETURN TO THE SOURCE

W from 7:00 PM to 8:15 PM

MB13. Kundalini Yoga is a comprehensive practice that uses energizing exercises, refreshing breathwork, focused meditation, and uplifting music to deliver a boundless experience for inner balance. Kundalini Yoga works to balance the nervous system utilizing breathwork, movement, and meditation. Some of the powerful tools of this practice, like breathwork and sound vibration, help to steady the mind and center yourself. "Return to the Source" is an 8-week journey through the chakra system to experience the resonance of your being. This is an all-levels practice and very accessible - just bring your desire to grow and whatever you need to be comfortable for a floor practice.

Ananda Archambault has been a Kundalini Yoga teacher for 22 years, and has practiced for more than 30 years. Originally learning the practice and teaching in Massachusetts, Ananda moved to Philadelphia in 2012 and began teaching at Yoga on Main and the Salvation Army Kroc Center. She finds this form of yoga provides a technology that yields the greatest results, and can address all areas of being human.

Sati Rose is a highly trained and seasoned yoga teacher with nearly twenty years of experience guiding students through grounded, spiritually informed practice. Rooted in traditional philosophy and modern application, Sati blends movement, breathwork, meditation, and subtle energetic awareness to create classes that are both accessible and deeply transformative. Known for her calm authority, clarity of instruction, and heart-centered teaching style, Sati creates space for students to grow at their own pace while connecting to something deeper within themselves.

April 29 - June 17 | \$119

8 sessions

Chestnut Hill United, 8812 Germantown Ave.

YOGA, A CHAIR AND YOU

F from 11:30 AM to 1:00 PM

MB15. Everybody can enjoy the benefits of yoga. It's not necessary to get on the floor to explore this gentle and effective exercise system that creates strength, flexibility and balance. Our class is classically structured with breathing techniques, asana (postures for strength and stretching) and meditation based in the Integral Tradition. Added benefits include improving balance and rotation. Everyone is welcome. Standing is optional. We also encourage laughter and fun.

Grace Perkins developed the chair yoga class at the request of the Chestnut Hill Senior Center in 1985. She has created a unique program that integrates posture, metaphors, poetry, seasonal energetic awareness and stories to enhance the basic Integral Yoga approach she teaches.

April 24 - May 22 | \$74

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

GENTLE AWAKENING YOGA

Su from 10:00 AM to 11:15 AM

MB17. This gentle awakening class includes yoga basics and seasonal poses infused with Reiki. You will come away with knowledge of how we connect yogi breath with gentle yoga postures. We will be using belts and blocks to assist with correct alignment of the poses. For all levels.

Linda Kish obtained her MS from Temple School of Pharmacy and is a Reiki Level II practitioner. For over fifteen years Linda has led and taught various yoga classes including vinyasa, Hatha, restorative and chair yoga. She is a registered Yoga Alliance instructor (200 plus hours) and for over twelve years has also been a helpline volunteer for Living Beyond Breast Cancer.

April 26 - June 7 | \$95

6 sessions (no class 5/10)

A. In Person

Mt. Airy Performing Arts, 230 E. Gowen Ave.

B. Online

The Comfort of Your Own Home

YOGA LIBERATION ACCESSIBLE TO ALL BODIES

Su from 2:00 PM to 3:30 PM

MB16. The practice of yoga invites a beautiful inner and outer transformation of the body, mind, and heart, a true spiritual awakening. In this class, students learn to embrace and deepen that awakening by exploring the yoga asanas (postures) through an alignment-focused, anatomically sound approach. You'll be guided to tune in to the subtleties of each pose, using props such as blocks, straps, bolsters, chairs, and blankets to support your body and accommodate injuries, tightness, or structural imbalances. This is slow, mindful meditation in motion, a space to focus, breathe, and refine your awareness with care and intention. Emotional, physical, and spiritual experiences that arise during practice are met with compassion and guidance in a warm, safe environment supported by the collective energy of the group. Each of the ten sessions follows a thoughtful anatomical progression, taught with expert methodology and personalized attention to every student's needs. Rooted in the traditional philosophy of yoga, this practice encourages self-reflection, kindness, and connection, helping us not only transform ourselves but also nurture the well-being of our community. All equipment will be provided. This is a small class limited to 8 students. The yoga studio is located in a historic Georgian Mansion with ample off-street parking.

Debra Lynn is an alignment-based yoga and somatic body therapist in Germantown with a background as a New York State Licensed Massage Therapist, for twenty five years. She began practicing yoga over thirty years ago, training with Kripalu. Debra completed a 500 hour yoga teacher training with François Raoult at Open Sky Yoga Center and continues ongoing advanced study with the Iyengar Institute of Manhattan and Stanford Medicine. She has also trained extensively in trauma-sensitive yoga, bringing experience and compassion to her teaching.

April 26 - June 28 | \$129

10 sessions

Private Yoga Studio in Germantown, exact address provided upon registration.

YOGA FOR BONE HEALTH

W from 6:00 PM to 7:15 PM

MB18. Learn the twelve yoga postures that support bone health. A ten-year study done by Columbia, NYU, Rockefeller University and Brigham & Women's Hospital proved this sequence supports bone health for both men and women. Previous experience is helpful but not required. Please note: Men tend to suffer bone loss about 10 years later than women (over the age of 50). It is never too late to support your bone density.

Linda Kish

April 29 - June 3 | \$95

6 sessions

A. In Person

Mt. Airy Performing Arts, 230 E. Gowen Ave.

B. Online

The Comfort of Your Own Home

EMBODIED RESISTANCE: YOUR BREATH, YOUR BRAIN, AND YOUR FASCIA

M from 7:00 PM to 8:15 PM

MB19. Did you know your breath controls your body's core and that your respiratory diaphragm is deeply connected to your pelvic floor and feet? Did you know that within your body is a fibrous, collagenous matrix that serves as a communication system, and whose health affects every aspect of your well-being? Did you know that the most important joint in your body is your big toe? Come learn with us! Each week, we'll practice breathing exercises to strengthen, heal, and free your body from the inside out. Using techniques from yoga, physical therapy, self-fascial massage, and other somatic modalities, we'll practice breath-driven functional movement flows designed to help connect you to your deep core, improve balance, and release myofascial pain. Arrive with a yoga mat and two yoga blocks. Also recommended: a Coregeous Ball and two Yoga Tune-Up Balls from Tune-Up Fitness (easy to find online, or you can buy them from me.) Wear comfortable clothes and bring a small hand towel. Feel free to contact me with any questions.

Karen Rile

April 27 - June 22 | \$129

9 sessions (no class 5/25)

Cliveden Carriage House,
6401 Germantown Ave.



Take a break and learn to meditate with Robert Lamb.

NEW ANYTIME ANYWHERE MEDITATION

Sa from 8:15 AM to 9:45 AM

MB21. Would you like to find peace within the chaos of these challenging times? Anytime Anywhere Meditation (AAM) can help! AAM captures the essence of meditation practice in a simple, easy-to-apply approach, making it relevant to everyday life. Through focusing on fundamentals, the AAM course provides participants with an easily understood journey to well-being. A typical class will include short video teachings, self reflection, Q&A, 5- 10 minute guided meditations, sharing and discussion. Accessible to people of all cultures and faiths, AAM makes meditation practice approachable and effective. Take a break and give yourself the gift of awareness.

Robert Lamb has been a dedicated meditation practitioner for more than 15 years. Rob has been fortunate to be a student of meditation masters from the United States, India and Nepal. He is certified by Tergar International to teach Anytime Anywhere Meditation. Rob has a passion to develop himself through meditation and a love to share his experience with the hope of helping others.

May 9 - June 13 | \$84

5 sessions (no class 5/23)

Compass Real Estate Chestnut Hill,
8204 Germantown Ave.

NEW INTRODUCTION TO NUMEROLOGY

Th from 6:45 PM to 8:45 PM

MB22. Have you ever felt that the universe communicates with you through numbers? Unlock the hidden numeric messages! Discover and explore the ancient art of Pythagorean numerology, which interprets the meaning of numbers to gain empowering insights into various aspects of your life, including your purpose, career, challenges, and relationships. This course will also incorporate elements of astrology and angel numbers, and with the help of provided worksheets, you will learn how to calculate your personal numbers.

Denise Daniels, a teacher by trade, is a certified Reiki III energy healer, an angel card reader, and a spiritual life coach, holding degrees in metaphysical sciences, among other areas of study. She is a lifelong learner who follows her soul's intuition in creating courses, inspirational videos, and guided meditations. She brings a wealth of knowledge, enjoyment, and enthusiasm to her workshops.

June 11-18 | \$49

2 sessions

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

MINDFULNESS THROUGH ACTIVE LISTENING

Sa from 10:00 AM to 12 N

MB24. There is something magical that can happen when we listen to another person with our full attention, curiosity, empathy, and an open heart and mind. In this course, we will explore the act of listening as a type of mindfulness practice, where we remain grounded in the present moment, and our attention is focused on hearing and understanding what the other person is telling us. Students will learn how to convey that they are listening and understanding, such as through asking questions and reflecting. Finally, students will have the chance to engage in listening exercises and discover how active listening can deepen and strengthen relationships, as well as be helpful during challenging conversations and interactions.

Susie Moore is a licensed therapist, with 8 years of experience working with teenagers and adults. She uses active listening skills with her clients on a daily basis, believes strongly in the power of these skills, and is eager to share her knowledge about this topic with others. She is a lifelong journal writer, and is eager to share her knowledge and experience with others.

May 2 | \$39

Private Home Near Upsal and Greene St.,
exact address provided upon registration

Weekday Daytime Classes

Monday

Mah Jongg 201: Continuing Mah Jongg p.61
Yoga for Strength and Stress Relief p.53
Three Stooges Seminar p.74

Tuesday

Build Your Website with AI p.40
Constructing the Picture Plane: p.13
Drawing /Painting at Mindy's Studio p.22
Indoor Pickleball for Beginners p.60
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Introduction to Spanish p.73
Kayaking on the Schuylkill p.62
Learn to Canoe p.62
Watercolor and Drawing Foundations p.24
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Windows 11 Made Simple p.40

Wednesday

Discover French p.72
Five Element Wellness: Align w/Nature p.7
Journey to Chanticleer Garden p.4
Mah Jongg 102 p.61
Make a Quillow from Fabric Scraps p.18
Making Art Makes Us Smarter: Pastels p.24
PR For Consistent Visibility (Online) p.45
Procuring Liberty, Emerging Nation p.10
Real Men Stretch p.37
T'ai Chi - Yang Style: Beginning p.52
T'ai Chi - Yang Style: Intermediate p.52
T'ai Chi - Yang Style: Continuing p.53

Thursday

Drawing / Painting at Mindy's Studio p.22
Rebel Women on Film p.74
Reconnect with Your French p.72
Taiji Qigong: Shibashi (Set 1) p.51
Uno Dos Tres - Very Basic Spanish p.73
Walking Tour of Philly's Chinatown p.12

Friday

Creative Movement/Pre Ballet p.49
(Ages 3-5)
Expressive Collage Workshop p.25
Fun with Watercolor Techniques p.21
Journey to Chanticleer Garden p.4
Mother's Day Cupcake Decorating - p.35
for Kids!
Northeast Philly Food Tour p.13
Strong Again p.37
Yoga, a Chair and You p.55



Elliott Niblack can help you get out of your head and into your heart.

NEW EDUCATED EMPATHY: COMMUNICATION TOOLS FOR EVERYDAY LIFE

Sa from 10:00 AM to 12 N

MB26. Empathy is the foundation of meaningful connection and effective communication. In this class, you will learn to slow down, listen deeply, and communicate with compassion. Through engaging exercises in mindful listening, healthy self-talk, and shared dialogue, you will learn how to trust yourself, express vulnerabilities, and respond with compassion. Students will get an introduction to the mental health wellness field of empathetic communication and online tools for building their capacity for empathy. If you spend too much time in your head, and not enough time in your heart, this class is for you.

Elliott Niblack is a Certified Mental Health Recovery Peer Specialist and Empathetic Communication Specialist with 13 years of experience supporting youths and adults. Drawing on his lived experience, he creates engaging and authentic learning spaces that teach students to understand emotions, communicate with compassion, and build meaningful connections. Elliott empowers learners to trust themselves, find strength in being vulnerable, and act with empathy in their personal and professional lives.

May 9-23 | \$54
3 sessions

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

ALEXANDER TECHNIQUE: RETURNING TO YOUR EXPANSIVE NATURE

Tu from 7:00 PM to 8:15 PM

MB35. This 3-week class will help you create a practice of self-care that will enliven and unify mind, body and breath. By exploring the relationship between thoughts and the physical body, Anne will guide you to release anxiety, tension and pain and return to a sense of wholeness and well-being.

Anne Johnson, a certified teacher of the Alexander Technique and Art of Running instructor, joyfully teaches in-person and online classes worldwide, through MALT (since 1995!) and for her private local students in Mt Airy. She taught at the Boyer College of Music and Dance at Temple University for 15 years. She continues her outreach to people of all ages, professions, skill levels and diverse backgrounds.

April 28 - May 12 | \$54
3 sessions

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

ANCIENT WISDOM FOR THE PRACTICAL MYSTIC

M from 6:00 PM to 8:00 PM

MB45. Would you like to learn techniques for clearing, balancing, and raising vibration? Every age and every tradition has found effective ways to create light and wellness in times of darkness. Together we will explore ancient as well as contemporary esoteric techniques that help us increase our health and well-being. Using the ageless wisdom from Sufism, Kabbalah, and other mystical teachings, students will learn practical techniques for everyday life.

Laura Richlin, a life-long student of the mysteries, is a practicing cranial therapist, Reiki practitioner, certified teacher in the School of Integrative Energy Healing, and a university professor of psychology and communications.

May 11 | \$39
Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

NEW LEARN TO PERFORM CLOSE-UP MAGIC

Tu from 6:30 PM to 8:00 PM

SRO9. Have you ever witnessed a magician make something disappear, and wondered "How did they do that!?" Or did you wish you could pluck a quarter from a child's ear, and in the process cause the child to giggle with delight? Well, my course will teach the necessary fundamentals, techniques and methods of close-up magic, like sleight-of-hand and misdirection, that can easily be learned, and which will enable you to successfully perform amazing magical effects with sponge balls, coins, candies and other small objects. This is a beginner level course in magic, but be assured that the techniques and methods taught are some of the very tools professional magicians have been using for more than a century. And yet they are well within reach of almost anyone willing to practice them. Moreover, learning, practicing, and actually performing the tricks is FUN! After taking this course, you probably won't be able to fool Penn & Teller, but you will be able to delight others with your magical prowess.

Neil Kitrosser has been studying and performing magic for more than 50 years. Although he spent most of his career as a trial lawyer, his enthusiasm for magic has never waned. He has performed in many venues, including elementary schools, hospitals, Ronald McDonald Houses, neighborhood block parties, birthday parties, and community events. Since retiring from law in 2018, Neil has been performing even more and enjoys sharing his knowledge of magic with others who want to bring joy and wonder to audiences through this unique performance art.

April 21 - May 12 | \$69
3 sessions (no class 5/5)

Summit Presbyterian Church,
6757 Greene St. at Westview

\$12 materials fee payable to the instructor for sponge balls, sponge rabbits, full deck of playing cards.



Learn the techniques and methods used by professional magicians, and delight your friends!

INTRODUCTION TO GEOCACHING, A GLOBAL TREASURE HUNT

Sa from 12 N to 2:00 PM

SRO3. Geocaching is a secret, global, treasure hunt happening all the time in the world around us, with hidden geocaches located on top of the highest mountains, deepest oceans, and a neighborhood park near you. Join us in the classroom to learn the rules of the games and become a member of the global Geocacher community! Geocaching is a great hobby that has very little overhead and can add a fun activity to both your everyday life as well as your travels, vacations and family time. Families are encouraged to take this class together.

Mike Finnell is a Philadelphia-based IT professional with over 20 years of experience working with emerging technologies. An avid Geocacher for nearly two decades, he has found over 1,000 caches and hidden more than 70 of his own, including some of the highest-rated caches in the Philadelphia area. In 2022, his curiosity about 3D printing led him to start designing and publishing his own models—many inspired by his Geocaching adventures. He brings a unique blend of technical expertise and hands-on creativity to both his 3D printing and Geocaching classes.

June 27 | \$34

Parent & Child | \$39

MALT Office, 6601 Greene St.

NEW TRADITIONAL SHOTOKAN KARATE

M from 6:30 PM to 7:30 PM

SRO5. Karate teaches character, courage, faithfulness, and the discipline of the martial arts. In this class, you will learn the movements and principles of karate while developing respect for others, no matter who they are or where they come from. You will practice awareness of your surroundings and learn basic self-defense techniques to help protect yourself if someone tries to attack you. Through these skills, you will build confidence and discover the strength that comes from courage and self-control. This class is designed to support both people with special needs and others in learning together while building strength, confidence, and respect among people from different backgrounds and personalities. There is no physical contact between students in this class.

Meena Nandlal is a 4th degree black belt, has been training for the past twenty years and has been teaching for over 15 years. She has been in many tournaments and has many medals and trophies for 1st, 2nd and 3rd places. Meena's teaching goal is to give back what her instructors imparted to her for many years.

April 27 - June 15 | \$104

8 sessions

Mt. Airy Playground Building,
7001 Germantown Ave.

Wear loose clothing, preferably sweat clothes.

PING PONG: FROM BASEMENT HOBBY TO CLUB PLAYER

Su from 10:00 AM to 11:30 AM

SRO1. Whether you are new to the sport or champion of your basement ping pong game, this class will help you improve. A fun sport that can be enjoyed at any age, table tennis is a great form of exercise that builds hand/eye coordination, reflexes and mental stamina. Improve with the best! Paddles are available for your use during this class. Please wear sneakers with non-marking soles.

Henry "Hank" McCoullum is a retired Master's Class Table Tennis Instructor from Pennsylvania State University. He is a credentialed coach and umpire for table tennis events. Currently, he is an active tournament participant and enjoys competing as a lifelong member of the United States Table Tennis Association (USTTA). Hank has also served on the National Governing Body of Table Tennis as Vice President of Collegiate Affairs.

April 26 - May 17 | \$64

4 sessions

Trolley Car Table Tennis Club, 3300 Henry Ave,
East Falls



Pickleball Coach Tyson Smith volleying with OPUS Pickleball Club Co-owner He Len Chung.

INDOOR PICKLEBALL FOR BEGINNERS

SRO2. Ready to jump into America's fastest growing sport? Come learn the rules and basics of pickleball! We will master the scoring system (why are there 3 numbers?) and practice serves, strokes, and volleys. By the end of the course, players will be able to independently participate in a doubles game of pickleball. Pickleball is accessible for a wide range of ages and physical abilities. This four-week class also offers a friendly, social environment where you can meet others who are just starting out and enjoy learning the game together. No need to bring any equipment. Paddles and balls will be provided for use during the class, and the instructor can recommend paddles to purchase if you decide you want your own before, during, or after the class. The class is limited to 12 students.

Tyson Smith has been an educator for more than thirty years and has played competitive pickleball for more than five years. He appreciates how people play pickleball for a variety of reasons and how they bring different strengths and abilities to the sport. As a social game, pickleball brings people from various backgrounds together for fun and friendly competition.

A. April 28 - May 19 | \$104

Tu from 9:45 AM to 11:00 AM

B. April 28 - May 19 | \$104

Tu from 11:15 AM to 12:30 PM

4 sessions

OPUS Pickleball Club, 900 E Mermaid Ln,
Wyndmoor

Bring your own paddle. If you do not have one, a paddle will be provided for you at the class. A waiver is required for this class. This class will take place on three courts at OPUS Pickleball Club, a brand new indoor pickleball facility in Wyndmoor. Class is limited to 12 students. OPUS Pickleball Club is a community-focused facility that offers open play, lessons, and optional membership.

NEW INDOOR PICKLEBALL FOR INTERMEDIATES

SR15. This is an intermediate pickleball class for people interested in learning strategy, skills, and tips that enhance the game experience. While there is no formal prerequisite to enroll, students should already have played the game several times and be able to keep a (friendly) rally with other players. E.g., the class will assume you know basic court positioning, how to serve, and keeping score etc. We will emphasize the development of greater consistency, making good decisions in the game, how to avoid common mistakes, and of course, having fun.

Tyson Smith

A. April 28 - May 19 | \$104

Tu from 12:45 PM to 2:00 PM

B. April 28 - May 19 | \$104

Tu from 2:00 PM to 3:15 PM

OPUS Pickleball Club, 900 E Mermaid Ln,
Wyndmoor

Bring your own paddle. If you do not have one, a paddle will be provided for you at the class. A waiver is required for this class. This class will take place on three courts at OPUS Pickleball Club, a brand new indoor pickleball facility in Wyndmoor. Class is limited to 12 students. OPUS Pickleball Club is a community-focused facility that offers open play, lessons, and optional membership.

LEARN TO PLAY CHESS

M from 6:00 PM to 8:00 PM

SRO4. Learn the basics of chess! This course will familiarize you with the chess board and how each piece moves, then we will delve into the concepts needed to improve your game and win. Students will play complete games against other students and study analysis of one another's games.

Robert Sadler has been playing chess in casual and tournament settings for somewhere around 60 years. He has been active in Chess Clubs since college, and is currently organizing the chess club at Lovett Memorial Library on Tuesdays at 5 pm. You can find him playing chess at many other venues around the Philadelphia area.

May 4 - June 1 | \$74

4 sessions (no class 5/25)

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

Chess sets will be available for you to borrow and use during class.

MAH JONGG 102: ADVANCED BEGINNERS MAH JONGG CLASS

W from 1:00 PM to 3:00 PM

SR11. American Mah Jongg is an intricate tile game drawing on strategy and pattern recognition that is enjoying extraordinary popularity and growth in both social and tournament circles. Join this fun class to improve your Mah Jongg playing skills. The class is designed for those students who have completed the MALT 101 Beginners Class and for those students who would like to move beyond the basics in building their playing skills and learning strategy concepts. Beginners to Mah Jongg are also welcome in this class. Beginners must attend the first class.

Barbara Delp, a retired attorney, has been teaching Mah Jongg for well over a decade. She enjoys introducing new players to the intricacies of the game and the basic rules of the National Mah Jongg League as well as teaching the finer points and strategies of this challenging game to players looking to advance their skills.

April 29 - June 17 | \$109

8 sessions

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

MAH JONGG 201: CONTINUING MAH JONGG

M from 1:00 PM to 3:00 PM

SR12. For the serious players who would like to advance their Mah Jongg skills, this class offers an opportunity to gain insight into playing strategies and the finer points of this fascinating and challenging game. The focus remains on fun and meeting players with the common goal of elevating their skill level. Prerequisites include possessing an understanding of the basics of play and the possession of a current year NMJL Mah Jongg card (preferably large print).

Barbara Delp

April 27 - June 22 | \$109

8 sessions (no class 5/25)

St. Paul's Episcopal Church,
22 E. Chestnut Hill Ave.

For Both Mah Jongg classes: If you currently do not possess the 2026 National Mah Jongg League playing card, please place your order online as soon as possible with the National Mah Jongg League, NMJL.com. The instructor recommends ordering the \$15 LARGE PRINT playing card. (Do not purchase via Amazon as the quality of the cards are inferior and sometimes incorrectly printed.)



LEARN TO CANOE

Tu from 10:00 AM to 1:00 PM

SR13. Ever drive along the Schuylkill and wonder what it would be like to be out on the water? Now is your chance to come out and paddle! This three hour class is designed for the beginner, no experience necessary. Class is offered for either solo or tandem students (tandem students must come with their partner). You will learn about the features of the canoe and how to control the boat on calm water. We will row together on the Schuylkill River, led by members of the Philadelphia Canoe Club Clubhouse. Join us on the water -- you won't regret it!

This course will be taught by ACA (American Canoe Association) Instructor **Looie Voorhees**. She has a lifetime of paddling experience and is certified by the ACA to teach both flatwater and whitewater canoeing and kayaking and beginner Stand Up Paddleboard.

June 23 | \$79

Philadelphia Canoe Club, 4900 Ridge Ave.

For both the canoe and kayaking classes:

An additional \$10 insurance fee is due in cash when you arrive at class.

You will get wet in this class, as being in the water for a short safety lesson is required. Please do not wear cotton - you will be more comfortable wearing quick drying shorts and shirt. Please protect your feet. No sandals, crocs or open toed shoes. Water shoes or sneakers work best. Bring a change of clothes for after the class.

KAYAKING ON THE SCHUYLKILL

Tu from 10:00 AM to 1:00 PM

SR14. Along with simply being a fun and enjoyable activity, kayaking has numerous health and physical benefits! From stress relief to stronger abs, kayaking is good for you, body and soul. This class is designed for the beginner, no experience necessary. You will learn about the features of a kayak and how to control the boat on calm water. It will be taught on the Schuylkill River by the Philadelphia Canoe Club Clubhouse.

Steve Levick has many years of paddling experience and is certified by the ACA to teach recreational kayaking.

June 30 | \$79

Philadelphia Canoe Club, 4900 Ridge Ave.

INTRO TO BOATING WITH USCG BOAT AMERICA

M from 7:00 PM to 9:00 PM

SR16. Ready to ride the waves this summer down the shore or on the Chesapeake, or perhaps even on the upper Schuylkill River? This beginner boating course offers comprehensive instruction to obtain a Boating Safety Education Certificate recognized in multiple states. Taught by a US Coast Guard Auxiliary certified instructor, it covers topics like Boating Law, Safety Equipment, Navigation, Emergencies, Trailering, Sports, and more. Completion of the course often leads to insurance discounts from many boat insurance companies. Additionally, three hands-on classes are provided for practical skills such as VHF radio use, knots, and marine chart navigation. Recognized by the U.S. Coast Guard and approved by the National Association of State Boating Law Administrators (NASBLA), this class grants certification accepted in PA, NJ, MD, DE, and others. Students will be prepared to take the certification test at the last class. The course fee includes a book and all materials.

Capt. Peter Lacey brings extensive boating expertise, piloting power, and sailboats across diverse waters, including the Atlantic and Pacific Oceans, the Caribbean, and more. With a U.S. Coast Guard Master License, Sail, and Towing Endorsement, along with certifications as a USCG AUXILIARY and US Power Squadron Certified Instructor, he's a seasoned mariner. Lacey's professional background includes sales of Marine Equipment for West Marine, and he also served in the US Navy.

May 11 - June 15 | \$85

6 sessions

United Lutheran Seminary,
7301 Germantown Ave.

There is an additional \$10 fee payable to the Pennsylvania Fish and Boat Commission for the certificate.



Get your boating certificate in time for summer fun!

CAMPING FOR WOMEN

Sa from 2:00 PM to 5:00 PM

SR06. Ladies, let's talk about camping! If you love the outdoors like Rae does, but have never been sure about sleeping outside, join us for a hands-on exploration of what this could look like! We'll set up a tent, complete with basic amenities, and talk about the pros and cons of ground-dwelling. We'll also set up a camping hammock together with its comfort amenities, and explore sleeping in trees! (Take note - this is NOT your backyard hammock!) In addition to learning how to set up and take down basic equipment, we will discuss the realities of various camping sites. Whether you are completely at ease doing your business in the bushes or count flush toilets and hot showers as must-haves, you can design your own enjoyable camping experience. Bring all of your questions, a folding chair and a sense of adventure! See you outdoors!

Rae Whatley is a Jikiden Reiki therapist and wellness coach with a practice in Chestnut Hill. She loves sleeping outside and has been a hammock camper for over 10 years. Before that she was a ground-dweller, sleeping in tents on family and Scout camping trips and even in her own backyard.

May 2 | \$44

Pastorius Park, 8177 Roanoke St.



NEW DRAGON BOAT RACING ON THE SCHUYLKILL FOR WOMEN

F from 5:45 PM to 8:00 PM

SR17. Dragon boat racing is one of the fastest-growing water sports in the world, with more than 50 million participants. In the Greater Philadelphia region alone, more than a thousand paddlers—from teens to octogenarians—take part in the sport, drawn by its unique combination of fitness, teamwork, and cultural celebration. Founded in 2001, the Philadelphia Flying Phoenix Dragon Boat Team is one of the city's premier dragon boat clubs. This all-female team competes in festivals locally, nationally, and internationally across multiple divisions, including age-group and Breast Cancer Survivor categories. We especially encourage Breast Cancer Survivors to attend this class.

In this MALT class for women, participants will learn the fundamentals of dragon boat paddling in a supportive, fun environment. The session begins on land with instruction on paddling technique, followed by an on-water practice in a dragon boat on the Schuylkill River. As the sun sets behind the Philadelphia skyline, you'll experience the rhythm, power, and camaraderie that make dragon boating such an exciting sport.

Lynne Franks-Meinart, Head Coach of the Philadelphia Flying Phoenix Dragon Boat Team, has coached breast cancer survivor, women's, mixed, and club crews across North America. She has led paddling and steering clinics throughout the U.S. and Canada and has proudly represented Team USA in seven world championship cycles.

A. June 5 | \$35

B. July 31 | \$35

C. August 7 | \$35

1233 Martin Luther King Jr. Drive,
Philadelphia, PA

What to bring: Wear comfortable athletic clothing and water shoes or sneakers, and bring a water bottle. Paddles and personal flotation devices will be provided. You will be asked to sign an ON WATER WAIVER of liability before the session begins.



Our language teachers are the best! L to R: Megan Do Nascimento (Spanish, p. 73), Julia Podgorssek (French, p. 72), Rodney Chonka (Wine Tasting, p. 32, and former MALT Italian teacher), Natalie Mancini (Japanese Language and Culture p. 73, Japanese Calligraphy p. 22, Fusion bellydance p. 27), and our new Italian teacher, Mittal Trivedi (p. 71).

WRITING A NEW YORK TIMES' MODERN LOVE-STYLE ESSAY

Tu from 6:00 PM to 8:00 PM

WM03. For more than 20 years, the New York Times has published a weekly "Modern Love" column that's carved out a niche in the world of personal essays. Modern Love focuses on the human connections that shape--and sometimes unravel--our lives, and each one tells a story. In this course, we'll study some Modern Love essays and what makes them special. Students will then craft their own (which they can submit if they choose), with teacher support and peer discussions.

Writing a Modern Love column can be deeply meaningful and quite different from classic personal essay-writing. Writing about oneself can be both inspiring and emotionally challenging, but we all have stories and we have all experienced memorable personal connections. Putting these stories to paper and figuring out how to tell them can enrich our own lives, and enrich the lives of those with whom these stories are shared. In this class, we will learn from each other and everyone's stories will be valued.

Jennifer Couzin-Frankel is an award-winning science journalist and writer, having spent more than 20 years on staff at Science and appearing in other publications. After studying the Modern Love essay format, she wrote, submitted, and published the Modern Love essay, "After a Suicide, a Security Guard for the Heart," about an unusual friendship that followed tragedy.

April 28 - May 26 | \$84

5 sessions

United Lutheran Seminary,
7301 Germantown Ave.

\$5 materials fee payable to the instructor

NEW BRIDGERTON BOOK CLUB: READING QUEEN CHARLOTTE

Tu from 6:00 PM to 8:00 PM

WM02. Have you wondered about the realities concerning Bridgerton & Black English Society? If you love Bridgerton and want to read Queen Charlotte (2023, Julia Quinn and Shonda Rhimes) with an academic with a background in race and gender in 18th century British society, then come on out! We will get dressed in our best Bridgerton inspired clothing, bring our favorite mugs, share our favorite scones, and gossip about the book while gaining some historical knowledge.

An Nichols is an established Philadelphia performer. However, her graduate M.A. surrounds representations of race and gender in 18th century British culture. She has presented at American Society for Eighteenth-Century Studies, British Society for Eighteenth-Century Studies, North East American Society for Eighteenth-Century Studies and more. She currently writes on race and gender for *Broad Street Review*.

April 28 - May 5 | \$44

2 sessions

Church of St. Martin-in-the-Fields,
8000 St. Martin Ln.

\$5 materials fee to cover tea & British biscuits.



In Leila's class, you will shape your lived experiences into a collection of poems.

NEW MEMORY AS MUSE: WRITING POETRY FROM LIFE

W from 6:30 PM to 8:30 PM

WMO4. Explore the art of turning personal memories into poetry in this hands-on workshop led by a published poet. Each session offers prompts, readings, and collaborative feedback to help you capture the moments, people, and places that shaped you. Writers of all levels are invited to experiment with language, discover their creative voice, and share work in a supportive environment. Students will leave the workshop with a collection of new poems, practical tools to sustain a writing practice, and a deeper understanding of how lived experience can be shaped into art.

Leila Einhorn is a trained poet and prose writer whose work explores memory, recovery, and the messiness of ordinary life. She has lived, traveled, and written around the world, and now makes her home in Philadelphia. Her work has appeared in *Always Crashing*, *Apricity Press*, *8 Poems*, and elsewhere. She is a former editorial assistant for the *Colorado Review* and has led poetry workshops for students of all ages and skill levels.

May 13 - June 10 | \$84

5 sessions

United Lutheran Seminary,
7301 Germantown Ave.

\$5 materials fee payable to the instructor

MEMOIRS AND ESSAYS: GETTING GOING AND STAYING WITH IT ONLINE

W from 7:00 PM to 9:00 PM

WMO5. We often feel an urge to leave an account of our lives as we sort through the events, times, and people that shaped us. No matter our age or our reason, we must present these life stories so they don't languish, unread, on our computer or in a desk drawer. And we must stay with it, however that takes place: finishing a memoir, finetuning an essay, writing of other times and other experiences. This workshop will help you get underway, confident and enthused, through class instruction, exercises and sharing your writing for teacher and student feedback.

Nancy Rasmussen has taught non-fiction writing courses at three universities in addition to her long-running memoir class for MALT. She has also written short pieces for several magazines along with personal essays for her writers' group. Currently, Nancy edits for and coaches various clients, helping them share their stories with others.

May 6-27 | \$74

4 sessions

The Comfort of Your Own Home

POETIC APPROACHES TO JUMPSTART YOUR WRITING ONLINE

Th from 6:30 PM to 8:30 PM

WMO6. Get inspired and carve out time to work on your craft! This four-part class equips new and seasoned writers with the information and tools to write using different poetic and literary methods. Each week, we'll learn about a new approach, read and respond to pieces that use that method, generate new work, and have the opportunity to give and receive feedback. Part discussion group, part lecture series, and part writing workshop, this class is open to all writing levels, and though the primary focus will be on poetry, writers of all genres are encouraged to join.

Chelsea C. Jackson is a writer, editor, writing coach, and the author of the poetry collection *All Things Holy and Heathen* (April Gloaming). Their work has been featured in *Fatal Flaw*, *Coffin Bell Journal*, and *Beyond Queer Words* among other publications, and they were a finalist in *Animal Heart's 2022 Poetry Collection Contest*. Chelsea has an MFA in Poetry from Drew University and is the Co-Editor of *The Maine Review*. They live in Richmond with their partner and cuddly pitbull.

May 7-28 | \$64

4 sessions

The Comfort of Your Own Home

FLASH FICTION WORKSHOP

Tu from 7:00 PM to 8:30 PM

WMO7. What is Flash Fiction? Simply, very short fiction, usually under 1000 words. In this workshop, we'll read and practice various types of flash fiction, including the dribble (50 words), drabble (100 words) and even the 6 word autobiography! Come prepared to experiment, try new forms and improve your fiction writing skills. Students will get a chance to write many short stories, learn various fiction techniques, as well as read a variety of stories and take away various prompts to try at home.

Nathan Long grew up in rural Appalachia, earned a BA in literature and an MFA in creative writing, and now lives in Philadelphia while teaching at Stockton University in NJ. Their work appears on NPR, and in over 100 publications, including Best Short Fictions 2023, Best Microfictions 2020, Tin House, Master's Review, Electric Lit, and Witness. The Origin of Doubt, their collection of fifty short fictions, was a 2019 Lambda Award finalist. Nathan has been writing and teaching about flash fiction for over 20 years and still loves reading a new flash story.

May 12 - June 2 | \$64

4 sessions

Cliveden, 6401 Germantown Avenue,
Carriage House

FUN WITH POETRY

Tu from 6:30 PM to 8:00 PM

WMO8. Poetry is another way to tell a story, by exploring one's own truths, observations, feelings, and even humor. Poetry is more than rhyme schemes and syllable counts - it can be fun! You will have the opportunity to experiment with your inner poet, even if you don't think you have one. This course is an outlet to connect individuals to their own poetic design, allowing a brave space to try new things without judgment. No experience necessary: all you need is curiosity. At the end of the course, students will have a small collection of poetry (3-10+) to build on their own if so inspired.

Sarah O'Connor has been writing since childhood, making little chapbooks, and leaving them on public transit for others to find. She loves sharing the experience of writing with others through an in-person connection. Sarah has led writing workshops for women living in shelters due to family violence, and in doing so, discovered the inspiring power of poetry. She has studied creative writing at the University of Pennsylvania and recently completed a diploma in creative writing at the University of Oxford.

April 28 - May 26 | \$64

4 sessions (no class 5/19)

Chestnut Hill Friends Meeting House,
20 E. Mermaid Ln.

The course will be pen and paper based. Electronic devices are discouraged (unless needed) as to provide sensory downtime from screens.

Support
MALT with a
tax-deductible donation!



Visit: mtairylearningtree.org/donate

Consider designating your gift to support our **Fern Bell Scholarship Fund**, which provides a 50% discount off classes to those in financial need.



David Greenberg

INTRODUCTION TO SCREENWRITING

W from 6:30 PM to 8:30 PM

WM10. This class teaches the practical, technical and creative approaches to writing for the screen. Students learn about visual storytelling, screenplay structure and formatting from an experienced working screenwriter. Students who have an interest in screenwriting will have their eyes opened and minds blown in this comprehensive course, learning how to conceive of a story for the screen, writing an outline for a screenplay and then start to write a screenplay.

David Greenberg has been writing screenplays professionally for over twenty-five years. He teaches screenwriting at Drexel University and has also taught at University of the Arts, Temple University, Moore College of Art, Arcadia University and Montgomery County Community College. His book *Screenwriting for Micro-Budget Films* has been called one of the greatest screenwriting books of all time by bookauthority.org. His feature writing-directing debut, *Stomping Ground*, is distributed by Breaking Glass Pictures.

May 6 - June 10 | \$119
6 sessions

MALT Office, 6601 Greene St.

INTERMEDIATE & ADVANCED SCREENWRITING WORKSHOP

M from 6:30 PM to 8:30 PM

WM11. If you have screenwriting basics down, join us for an informal workshop to bring in your projects and exchange feedback with other writers. Present your script, get tips from screenwriting professor David J. Greenberg, and learn from peers who are on the same journey as you.

David Greenberg

April 27 - May 18 | \$74
4 sessions

Chestnut Hill Friends Meeting House,
20 E. Mermaid Ln.

STAND UP COMEDY WORKSHOP

Sa from 10:00 AM to 12 N

WM09. People say you're funny? Come learn stand up! It's easier than you think. Our workshop is aimed at beginning and intermediate comedians, but experienced comics are welcome and will benefit! You'll learn to craft material that works, own the stage like a pro, deal with hecklers, overcome fear, host a show, and promote yourself. The workshop is four weeks -- and includes guest comedy teachers and culminates with a performance! The workshop may be repeated for enhanced learning.

Brian Foley started stand up later in life. He's a trial lawyer and law professor but rose fast and has performed at the world famous The Comedy Studio in Boston; as part of Florida's Funniest; in Seoul, Korea; and Flemington, NJ. He's opened for Joe Matarese, Joe Conklin, John Kensil, The Legendary Wid, Chris Rich, and others. He is the author of *A New Financial You in 28 Days! A 37-Day Plan* (Gegensatz Press). Brian also teaches public speaking and consults with attorneys regarding storytelling and trial.

May 9-30 | \$74
4 sessions

Church of St. Martin-in-the-Fields,
8000 St. Martin Ln.

MUSIC APPRECIATION

W from 7:00 PM to 8:00 PM

WM15. How do you feel when your favorite song comes on the radio? Why do you gravitate towards the music that you like? This course will provide space to answer these questions as well as give practical knowledge of music theory, music history, and listening skills. These classes will culminate with a live performance spanning multiple musical genres. Participants will learn the Six Elements of Music, basic musical notation, aural skills (how to listen) and more.

Caitlin Lee (M.M.) is a classically trained cellist and has worked in the music industry as a performer and teacher for the past 20 years. Originally from the Midwest, Caitlin has held positions with the Wichita Symphony, Amarillo Symphony, Lubbock Symphony, as well as teaching positions at Hesston College and Bethany College. Currently exploring Philadelphia's art scene at large, she is passionate about ALL types of art and music and wishes to spread her joy, expertise, and knowledge with others!

April 22 - May 13 | \$59
4 sessions

United Lutheran Seminary,
7301 Germantown Ave.

BEGINNING ADULT PIANO

W from 6:30 PM to 7:30 PM

WM16. Improve your listening, memorization and problem-solving skills, while learning to play beautiful music! This course will cover the essentials: clefs, note reading, fingering, counting/meter, dynamics, body/hand position, and basic music theory. A look into the piano will help you understand how this classical instrument works as well. You will gain a sense of accomplishment in the multitasking aspects of playing the piano. Simple at-home exercises will reinforce the class work, and daily practice is strongly encouraged. Students will need to bring their own keyboards to the class.

Stephanie Ben-Salem holds a BA and MA in piano performance, as well as a MA in education, and has been teaching students from all ages, abilities and backgrounds for the past 44 years. Besides the piano, she is very proficient in violin, cello, sitar, darbouka, santoor, and tabla as well as a plethora of other instruments. She has been a performing artist for over 50 years throughout the US and Europe.

April 22 - May 27 | \$109
6 sessions

Presbyterian Church of Chestnut Hill,
8855 Germantown Ave.

\$10 materials fee payable to the instructor at the first class for a piano lesson book.

FRAME DRUMMING FOR BEGINNERS

Sa from 3:00 PM to 4:30 PM

WM17. Would you like to learn the art of the frame drum? In a world full of rushing, disconnection, and chaos, the frame drum – the world's oldest instrument – can be an amazing antidote. This class will soothe your nervous system, shift you into a more connected way of being, and strengthen your own inner rhythm. Frame drumming together creates a sense of community! This class is an introduction to the upright style of the frame drum, the most ancient way of playing the drum. No musical experience is required. Expect to learn the basic strokes and a couple of rhythms to play.

Natanya Apfelbaum has been studying the frame drum for the last five years. She has studied with a number of master teachers. She spent two years living in Sicily, studying frame drumming and dance. Most recently, she lived in Turkey for three months, where she learned traditional Turkish frame drumming.

May 9 | \$34

Chestnut Hill United, 8812 Germantown Ave.

Instructor will have frame drums available for use during the class; these can be purchased directly if interested.

SINGING ROUNDS, PARTNER SONGS, AND HARMONY

W from 7:30 PM to 9:30 PM

WM22. Voices blending together is satisfying and invigorating. Gathering together to sing rounds, partner songs and two-part harmony can be empowering. We will sing songs ranging from the Everly Brothers, Peter Paul and Mary, to the Beatles and contemporary artists. Partner songs and rounds will range from ones you learned in childhood to newly written gems.

Reading music is helpful, but not necessary. Most songs will be new this term so if you've taken Connie's class in the past, sign up again to learn even more rounds, partner songs and harmonies!

Connie Koppe has been finding joy in singing since she was 6. She has been teaching actors, singers and CEOs to build and use their voices more effectively for over 30 years. She has taught at the University of the Arts and gives private speech and singing lessons from her home in Germantown. Connie has taught singing for the Learning Tree since 2001. She is particularly interested in promoting confidence in students of all ages to use their singing voices for their own joy.

May 6 - June 10 | \$89
6 sessions

Church of the Annunciation, 324 Carpenter Ln.

NEW VOICES IN COMMUNITY: A GROUP SINGING EXPERIENCE

Su from 6:30 PM to 8:30 PM

WM24. Would you like to meaningfully connect with others? Do you want to sing in a safe and welcoming space? Do you know that your voice is beautiful and worth sharing exactly how it is? No experience necessary! At the beginning of the class, we discuss a theme related to singing (such as creativity, courage, or joy) while getting to know each other. Then, we bring that theme to life through group song. You'll leave more confident with your voice, more connected with others, and having the joyful experience of singing freely in community.

Tyler Hathaway is a voice teacher, psychotherapist, and musician. He is enrolled in graduate school at Antioch University for a Master's degree in Mental Health Counseling with a focus on expressive arts therapy. His teaching practice is informed by his training in Inside Voice techniques as taught by Jonathan Stancato, his acting training at the Actor's Workshop of Ithaca, and over 20 years experience as a drummer and percussionist.

May 3 | \$34

Wesley Enhanced Living, 6300 Greene St.

BEGINNING GUITAR

W from 6:30 PM to 7:30 PM

WM27. Did you always want to learn to play the guitar? Join us for a small group class that covers the essentials. Learn the parts of your instrument, basic skills for playing chords and basic rhythm skills while having fun. Students will need to provide their own instrument and personal patience.

Craig Carracappa is a recently retired high school media production teacher with over 23 years of teaching video production. He has volunteered at the Philadelphia Folk Festival for over 40 years and has 45 years of experience playing guitar and singing.

April 22 - May 27 | \$99

6 sessions

Unitarian Society of Germantown,
6511 Lincoln Drive

NEW INTERMEDIATE GUITAR

Th from 6:30 PM to 7:30 PM

WM28. Intermediate guitar is a class designed around those who take the class. The class will have a large group session then each week we will rotate small groups to get you playing with others and making music together. As with the first level class, there will be a short one on one (or so) guidance and question session each week with each student. You will need a guitar, ability to play some basic chords and a willingness to learn with others.

Craig Carracappa

April 23 - May 28 | \$99

6 sessions (no class 5/19)

Unitarian Society of Germantown,
6511 Lincoln Drive

ASL LEVEL 1: ABC BOOK LESSONS 1-5

Th from 6:30 PM to 8:30 PM

WM18. Beginners learn American Sign Language (ASL) in a relaxed learning environment with structured and spontaneous dialogue. You will develop appropriate conversational strategies unique to Deaf Culture while learning ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL.

This class is offered through the **Deaf-Hearing Communication Center, Inc. (DHCC)**, an organization dedicated to communication access, education, and advocacy for Deaf and Hard of Hearing individuals. In addition to learning ASL, students will be introduced to key ideas, stories, and aspects of Deaf culture and history.

May 7 - July 9 | \$193

10 sessions

United Lutheran Seminary,
7301 Germantown Ave.

Our Level 1 classes utilize the textbook A Basic Course in American Sign Language (ABC) - Second Edition, which can be purchased separately from Amazon, eBay, or www.diglo.com. The textbook costs approximately \$40 and is also used for Levels 2, 3, and 4.

ASL LEVEL 2: ABC BOOK LESSONS 5-8

W from 6:30 PM to 8:30 PM

WM19. This is the second level of American Sign Language (ASL) classes. This class is intended for beginners with some prior knowledge of ASL – specifically, students who have already taken and passed ASL 1 or who have been evaluated into this level (in the case of students who already have prior knowledge but didn't take classes with DHCC). In this class, you will continue to learn ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL.

This class is offered through the **Deaf-Hearing Communication Center, Inc. (DHCC)**

May 6 - July 8 | \$193

10 sessions

Church of St. Martin-in-the-Fields,
8000 St. Martin Ln.

NEW ASL LEVEL 5: ABC BOOK- REVIEW LESSONS 1-22

M from 6:30 PM to 8:30 PM

WM20. This is the fifth level of American Sign Language (ASL) classes. This class is intended for students with some prior knowledge of ASL – specifically, students who have already taken and passed ASL Levels 1, 2, 3, and 4 or who have been evaluated into this level (in the case of students who already have prior knowledge but didn't take classes with DHCC). In this class, you will continue to learn vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL.

This class is offered through the **Deaf-Hearing Communication Center, Inc. (DHCC)**.

May 4 - July 6 | \$193

10 sessions

United Lutheran Seminary,
7301 Germantown Ave.

NOT SURE WHICH FRENCH CLASS TO JOIN?

Find your French level here:



Mittal Trivedi in Italy.

NEW CONVERSATIONAL ITALIAN FOR BEGINNERS

M from 5:30 PM to 7:00 PM

WM29. If you want to learn Italian but find it difficult to begin, this course is for you! Using real-life situations, you will learn to speak basic Italian: how to greet people, how to order at a restaurant, how to get directions, and how to ask questions to get more information. You will learn what an Italian sentence looks like, how to get a sense of the masculine vs. feminine articles for words, and certain nuances like the double negative sentence formation or the literal meanings employed by the language. This class will be fun, interactive, and will use audio-visual resources to give you the knowledge you need to travel around in Italy.

Mittal Trivedi is a polyglot scholar studying languages through a cultural lens. She speaks six languages including Italian and Spanish, and has had different experiences in learning all of them. Her passion for Italian developed when she spent three years in Italy for her doctorate on Sanskrit. Her background in language research means she was able to employ pattern recognition in grammar and use immersion techniques to get into the mindset of speaking Italian.

May 4 - June 29 | \$109

8 sessions (no class 5/25)

Church of the Annunciation, 324 Carpenter Ln.



Julia Podgorssek with her French class. We offer 4 levels - Discover, Reconnect, Activate, and Engage.

DISCOVER FRENCH

W from 4:45 PM to 6:15 PM

WM30. In this beginner-friendly class, you'll learn the basics: greetings, introducing yourself, talking about your family, your passions, your profession, food and how to order at a restaurant. Through fun, interactive lessons, you'll begin to understand and use simple French in real-life situations — whether for travel, culture, or pure curiosity — with a special focus on French pronunciation. You'll walk away with a solid foundation, ready to build your skills or take your first trip to a French-speaking country. No experience needed! Discover French is the perfect introduction for anyone who has never studied French before.

Julia Podgorssek was born and raised in France and has been teaching French in the US for over 10 years.

May 6 - June 24 | \$109
8 sessions

Chestnut Hill Hospital, 8835 Germantown Ave

RECONNECT WITH YOUR FRENCH

Th from 4:45 PM to 6:15 PM

WM31. You learned French years ago — in school, on a trip, or with an app — but it's all a bit blurry now and speaking it feels impossible. This class is designed for those who studied French in the past and want to get back into it — without starting from zero. Through guided practice and real-life dialogues, you'll refresh what you once knew and rebuild your confidence step by step, reviewing key topics like everyday vocabulary, useful expressions, basic grammar, and common conversation scenarios. You'll leave the course with renewed confidence and the ability to hold everyday conversations in French again.

Julia Podgorssek

May 7 - June 25 | \$109
8 sessions

Chestnut Hill Hospital, 8835 Germantown Ave

ACTIVATE YOUR FRENCH

Th from 6:30 PM to 8:00 PM

WM32. You've already studied French and you can speak it but it's very slow and lacks fluidity. This class will give you the space to speak, make mistakes, and grow more confident each week. It's not about perfection — it's about getting your French flowing in a relaxed, supportive environment. We will utilize conversation practice, role-plays, and real-life topics like travel, food, daily life, and opinions. You'll stop translating in your head and start using the French you already know — naturally and comfortably. You'll come away feeling more fluent and ready for real-world conversations.

Julia Podgorssek

May 7 - June 25 | \$109
8 sessions

Chestnut Hill Hospital, 8835 Germantown Ave

ENGAGE WITH FRENCH

W from 6:30 PM to 8:00 PM

WM33. You already speak French, mostly fluent — now you want to live in it. Engage with French is an immersive conversation class for those who want to go beyond grammar and dive into French culture, ideas, and current topics. Each session is built around authentic materials — articles, podcasts, films — and guided discussions in small groups. This class will give you a space to challenge yourself, explore real content, and express complex thoughts in a natural, fluent way.

Julia Podgorssek

May 6 - June 24 | \$109
8 sessions

Chestnut Hill Hospital, 8835 Germantown Ave.

UNO DOS TRES - VERY BASIC SPANISH

Th from 11:30 AM to 12:30 PM

WM34. Have fun with your friends and neighbors by learning common Spanish words and phrases. We will play games, listen to music, and focus on greetings and introductions. This class is for the ultimate beginner, with no Spanish knowledge.

Megan Do Nascimento is a Mt. Airy resident who is trilingual in Spanish, English and Portuguese. Megan lived in Spain, works in International sales and has travelled extensively throughout the Spanish-speaking world. Megan is passionate about immigration issues and dedicated some of her time doing work in Matamoros, Mexico with Team Brownsville.

April 23 - May 28 | \$74
6 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

INTRODUCTION TO SPANISH

Tu from 4:30 PM to 6:00 PM

WM35. ¡Vamos! You've been wanting to learn a new language for ages - now is the time to get started! This small, entertaining instructor-led course will give you a jump-start on speaking Spanish right away. It's so much more effective and organic than those language apps. This is a beginner-level course for folks with little-to-no Spanish experience.

Megan Do Nascimento

April 28 - June 16 | \$109
8 sessions

Chestnut Hill Hospital, 8835 Germantown Ave.

CONVERSATIONAL SPANISH

Tu from 6:00 PM to 7:30 PM

WM36. Have you been practicing your Spanish on your own, but ready to learn in community? Let's take it to the next level! This Spanish course is for folks who have a basic grasp of Spanish language (vocabulary, basic conjugations) and are ready to apply those skills in a laid-back setting. Class participation is encouraged in this conversational class!

Megan Do Nascimento

April 28 - June 16 | \$109
8 sessions

Chestnut Hill Hospital, 8835 Germantown Ave.



Natalie Mancini will get you ready for a trip to Japan.

NEW TRAVELING IN JAPAN: LANGUAGE AND CULTURE FOR YOUR JOURNEY

Sa from 10:30 AM to 12:00 PM

WM37. Planning a trip to Japan? This practical and engaging course will help you feel more confident as you explore the country. You will learn essential phrases for greeting people, ordering at restaurants, and asking for directions. We will also discuss popular foods, key destinations, and common transportation options to help you navigate Japan more with ease. Whether you are preparing for your first visit or simply curious about Japan, this course gives you the essential language skills and cultural tips you need to make the most of your experience.

Natalie Mancini teaches Japanese conversation, Japanese calligraphy, as well as fusion bellydance classes at MALT. She grew up in Japan and is a native speaker of Japanese. Natalie holds a master's degree in Japanese linguistics and state teaching licenses. Since 2009, she has been teaching Japanese at various institutions across the U.S., from middle school to universities, and has developed curricula ranging from introductory to advanced levels. In addition to language instruction, she practiced calligraphy throughout her school years in Japan and enjoys sharing this traditional art form with her students.

May 30 - June 13 | \$59
3 sessions

MALT Office, 6601 Greene St.

FILMS WE LOVE: A COMMUNITY MOVIE CLUB

Th from 5:30 PM to 8:30 PM

WM41. Settle in, get comfortable, and let's talk movies! In this friendly, seminar-style course, we might explore Academy Award-winning and acclaimed films such as *The Great Gatsby* (1974), *As Good as It Gets* (1997), *The Grand Budapest Hotel* (2014), and *Sinners* (2025)—along with other memorable picks from across genres and eras. We will learn some film terms and conduct lively analyses of the films. With a flexible, student-centered approach, you'll even have the chance to help choose some of the films we watch. Together, we'll dig into each film through lively, wide-ranging conversations full of insight, laughter, and your boldest opinions. Expect great company and a little movie magic. I'll bring popcorn.

Tamara Oakman is a film scholar and humanities professor with dual Master's degrees, including an M.A. in Humanities specializing in Film & Media Studies. She has taught film analysis and cultural studies for over a decade in both higher education and community settings. In 2019, she received Widener University's Life Changing Professor Award in recognition of her transformative teaching.

April 30 - June 4 | \$84

6 sessions

Wesley Enhanced Living, 6300 Greene St.

MOVIE NIGHT, 1930S STYLE!

M from 5:00 PM to 8:00 PM

WM42. A celebration of the golden age of movies, with a selection of films featuring stars like Jimmy Stewart, Fred Astaire, Gary Cooper, William Powell, Lucille Ball, and many others. Each film is preceded by cartoons and other short films of the time period. Students will see interesting and entertaining films from the past which they are unlikely to have seen anywhere else.

Andrew Gilmore has been studying the history of American entertainment since 1995, and has a BA from Arcadia University in Theater and American Recorded Popular Entertainment.

April 20 - June 22 | \$99

10 sessions

Private Home in Chestnut Hill, exact address provided upon registration.



NEW THREE STOOGES SEMINAR

M from 3:00 PM to 4:30 PM

WM43. The Three Stooges are more than just slapstick. In this mock college level class learn the basic principles of successful comedy that have ensured the Stooges' popularity for more than 90 years. Modules include: Stooges Historical Impacts, the "3rd" Stooge, Supporting Cast Profiles, Stooges Music Appreciation and "Pre" and "Post" tests.

Rick Spector has more than 40 years experience lecturing and producing videos about Philadelphia nostalgia, and the history of television, radio, movies, and sport.

June 8 | \$34

MALT Office, 6601 Greene St.

NEW REBEL WOMEN ON FILM

Th from 2:00 PM to 5:00 PM

WM40. During this course, we will review several classic and contemporary dramatic films presenting stories of real women who, despite the risks, challenged social conventions and authorities. Films that are both well-crafted and entertaining will stimulate discussion about how dramatic narratives can inspire budding social activists and creatives. Some of the women we will meet: Joan of Arc, Harriet Tubman, Sister Helen Prejean, Phoolan Devi, and Lizzie Borden. This is a lively film discussion class where we will dig deeper into the content and craft of narrative films and share our observations through in-person conversation.

Barbara Sheehan is a lover of great film and literature. She holds a M.Ed. in Educational Media and MAE in English and has taught at local colleges and in the community.

May 14 - June 11 | \$59

5 sessions

MALT Office, 6601 Greene St.

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MALT General Policies

Non-Discrimination

Mt. Airy Learning Tree (MALT) believes our community should be truly open for everyone. We are committed to providing a friendly, safe and welcoming environment for all, regardless of race, gender, sexual orientation, disability, ethnicity, national origin or religion.

Code of Conduct

It is the responsibility of all MALT instructors and students to:

1. Foster an education community supportive of continued learning;
2. Maintain the safety and welfare of all members in our MALT community; and
3. Respect the rights of others, engage in civil discourse, and refrain from harassment or discrimination.

MALT reserves the right to remove instructors and students who engage in any disruptive, disrespectful, and/or unlawful behaviors.

Common Sense and Consideration

Common sense and consideration for others are what we aim to practice at all times. All MALT class venues may be shared with members of the public; please be respectful to all patrons of these locations.

Unacceptable behaviors include:

- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning conduct by any MALT student or instructor towards another person.
- Drinking during class in instances when alcohol is not an identified part of the class environment (i.e., wine tasting).

Consequences of Unacceptable Behavior

• Anyone made aware of unacceptable behavior is expected to comply with MALT policies, immediately. If a participant engages in unacceptable behavior, MALT will take any appropriate action, as necessary, up to and including expulsion from the course without refund.

What To Do If You Witness Or Are Subject To Unacceptable Behavior

- If you are a MALT student or instructor and witness or are subject to unacceptable behavior, or have any other concerns, please notify the MALT office as soon as possible: (215) 843-6333

Age Policy

Except where noted in our course catalog, all classes are for ages 18 and up. Adult students may not bring their children to class without explicit permission from the MALT office and instructor.

Liability

Students take courses at their own personal liability and agree to waive and release MALT administrators and staff from any and all claims. The opinions and recommendations expressed by instructors are personal. MALT is not responsible for faculty views.

Access

Access for students with disabilities varies by venue. Please let us know if you have limitations climbing stairs or have difficulty walking. Alerting us will help us make adjustments to the extent possible.

Below is a list of wheelchair accessible MALT locations:

- Cathedral Village
- Center on the Hill
- Chestnut Hill Hospital
- Church of St. Martin-in-the-Fields
- Church of the Annunciation BVM
- Cliveden Carriage House
- Mt. Airy Art Garage
- Presbyterian Church of Chestnut Hill
- Ridge Avenue United Methodist Church (kitchen)
- St. Paul's Episcopal Church
- Summit Presbyterian Church (gym)
- Unitarian Society of Germantown
- Unitarian Universalists of Mt. Airy
- United Lutheran Seminary
- Wesley Enhanced Living
- Woodmere Art Museum
- Wyck Historic House and Garden

Very Important, Please Check Your Email!

If there is a change to your class we will notify students by email. This could be due to weather or if we have to schedule a make-up class.

4 Easy Ways to Register

- 1. Online:** www.mtairylearningtree.org. All major credit cards accepted.
- 2. Phone:** Please call us at 215.843.6333 during business hours to register by phone. We cannot accept registrations via voicemail.
- 3. Visit:** Open to the public on Monday - Thursday from 9 AM to 2 PM. Friday 9 AM to 2 PM, we work remotely.
- 4. Mail:** Fill out registration form on the next page. Include a check, money order, or credit card number and mail to:

Mt. Airy Learning Tree
6601 Greene Street
Philadelphia, PA 19119

Deadlines Early registration is strongly encouraged. While we permit late registration, you may find that a class has filled or has been cancelled.

Returned Check Policy We must charge students \$25 for returned checks.

Deciding Upon a Course Read the course descriptions carefully. If you are uncertain about whether a course will meet your needs, call us at 215.843.6333.

Age Policy Except where noted, all classes are for ages 18 and up.

Withdrawals If you cannot attend a course, you can receive a refund, less the \$6 registration fee, by notifying us **no later than 2 days** (48 hours) before the first class begins.

Refunds will be issued if MALT cancels a course. Refunds or credits cannot be issued for classes missed as a result of illness, personal emergencies, or any other event beyond our control.

No Walk In Students must pre-register.

Discounts and Scholarships

Discounts cannot be combined. Not available online, please call our office to register.

- **WHYY Discount:** 10% off up to two classes per term. Member number required.
- **Northwest Village Network and Shtetl 2.0™ Discount:** 10% off up to two classes per term.
- **Fern Bell Scholarship Fund:** Need-based scholarships are available; call to request financial assistance.

We are thankful for the support of our neighborhood venues that host our classes each term!

LOCATIONS

Action Karate

11 W Mt Airy Ave.
Philadelphia, PA 19119

Airy Kitchens

88 West Johnson St
Philadelphia, PA 19144

Bella Mosaic

6780 Germantown Ave.
Philadelphia, PA 19119

Cathedral Village

600 E. Cathedral Rd
Philadelphia, PA 19128

Center on the Hill Presbyterian Church of Chestnut Hill

8855 Germantown Ave.
Philadelphia, PA 19118

Chestnut Hill Friends Meeting

20 E. Mermaid Ln.
Philadelphia, PA 19118

Chestnut Hill Hospital

8835 Germantown Ave.
Philadelphia, PA 19118

Chestnut Hill United Church

8812 Germantown Ave.
Philadelphia, PA 19118

Church of St. Martin-in-the-Fields

8000 St. Martins Ln.
Philadelphia, PA 19118

Church of the Annunciation BVM

324 Carpenter Ln.
Philadelphia, PA 19119

Cliveden Historic Trust

6401 Germantown Ave.
Philadelphia, PA 19144

Essential Community Connections

8030 Germantown Ave.
Philadelphia, PA 19118

Flaco's Dance Factory

411 Old York Rd.
Jenkintown, PA 19046

Friends Free Library

Germantown Friends School

5418 Germantown Ave.
Philadelphia, PA 19144

Kelbourne Woolens

231 W. Mt. Pleasant Ave.
Philadelphia, PA 19119

MALT Office

6601 Greene St.
Philadelphia, PA 19119

Mindy Flexer Art School

5225 Greene St.
Philadelphia, PA 19144

Mt. Airy Art Garage

7054 Germantown Ave.
Philadelphia, PA 19119

Mt. Airy Performing Arts Academy

230 E Gowen Ave.
Philadelphia, PA 19119

North Light Community Center

175 Green Ln.
Philadelphia, PA 19127

Opus Pickleball Club

900 E. Mermaid Lane
Wyndmoor, PA 19038

Ridge Avenue United Methodist Church

7811 Ridge Ave
Philadelphia, PA 19128

St. Paul's Episcopal Church

22 E. Chestnut Hill Ave.
Philadelphia, PA 19118

Summit Presbyterian Church

6757 Greene St.
Philadelphia, PA 19119

Trolley Car

Table Tennis Club
3300 Henry Ave.
Philadelphia, PA 19129

Unitarian Society of Germantown

6511 Lincoln Dr.
Philadelphia, PA 19119

Unitarian Universalists of Mt. Airy

6900 Stenton Ave.
Philadelphia, PA 19119

United Lutheran Seminary

7301 Germantown Ave.
Philadelphia, PA 19119

Water Tower Rec Center

209 East Hartwell Ln.
Philadelphia, PA 19119

Wesley Enhanced Living at Stapley

6300 Greene St.
Philadelphia, PA 19144

Wissahickon Dance Academy

38 E School House Ln.
Philadelphia, PA 19144

Woodmere Art Museum

9201 Germantown Ave.
Philadelphia, PA 19118

Wyck

6026 Germantown Ave.
Philadelphia, PA 19144

REGISTRATION FORM

Please call us or check online to see if your class is FULL before mailing us a check.

name

address

city

zip code

day tel.#

eve.#

email

I prefer not to receive MALT's weekly email newsletter.

Title of Course or Workshop Code (e.g. AC01) **Section** (A, B, C, etc.) **Fee**

1.

2.

3.

4.

Subtotal:

Add non-refundable | \$6 registration fee per person, per term.

\$6

Optional donation to the Fern Bell Scholarship Fund

Total:

Make check payable to MALT.

I hereby authorize the use of my credit card:

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card #

exp. date

CCV

billing zip code

Send us a self-addressed stamped envelope or provide your email address and we'll send you a confirmation.

Mail to: MALT
6601 Greene Street
Philadelphia, PA 19119-3114

Questions: call MALT at 215.843.6333

Don't forget to write start dates and locations on your calendar!
We do not send reminders.

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