

FALL 2025

MALT

MT. AIRY LEARNING TREE
NEIGHBORS TEACHING NEIGHBORS



**WEST MT. AIRY
HISTORIC HOUSE TOUR**
SUNDAY, OCTOBER 19



MT. AIRY
LEARNING TREE

250+ COURSES!
SEPT·OCT·NOV·DEC
IN PERSON • ONLINE

FALL TERM BEGINS SEPTEMBER 15

DIRECTOR'S NOTE

Dear Neighbors and Friends,

We are proud to present our fall catalog, filled with over 250 classes! Every term we receive nearly 80 proposals from neighbors looking to teach with MALT. We select topics we believe you will love, and we are so excited to share with you all of the excellent new classes we have to offer!

Here is just a sampling of our thought-provoking, fun, and creative classes. We are featuring a civics class on What Free Speech Really Protects; an art class on Botanical Alchemy and Mandala Banners; and a writing class inspired by *The New York Times*' "Modern Love" column.

Be sure to join us on October 19 for our 2nd Annual Mt. Airy Historic House Tour presented with West Mt. Airy Neighbors (WMAN). Explore beautiful, architecturally significant homes right here in our community. This fall we also welcome Della Lazarus to our Board of Governors and extend heartfelt thanks to Bob Rossman, whose guidance as Treasurer over many years has helped MALT continue to thrive. We're thankful to have Allison Cooper step into the role of Treasurer on our Executive Board.

Have a wonderful fall term—and don't forget to say "hi" when you see us at upcoming fall festivals in Chestnut Hill, Mt. Airy, and Germantown!

Janet Greenwood Gala
Executive Director

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Thank You to Our Fall Term Main Sponsor
Temple Health Chestnut Hill Hospital



On the Cover: Clockwise from top left: Rebecca Hoenig's watercolor class, pg 21; dance instructors Himasha Gunasekara and Marck "Flaco" Best, pg 45; Rodney Chonka's wine tasting, pg 39; Megan Do Nascimento's Spanish classes, pg 33.

Graphic Design - Janet Greenwood Gala

MALT Mission Statement

The mission of the Mt. Airy Learning Tree is to strengthen and enrich the diverse community of Northwest Philadelphia by providing opportunities for individuals to come together in educational and recreational activities.

STAFF

Executive Director Janet Greenwood Gala	Operations Coordinator Marisia Robinson
Program Administrator Sammy Lifson-Neubardt	

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2nd Annual West Mt. Airy Historic House Tour

Presented through the partnership of Mt. Airy Learning Tree and West Mt. Airy Neighbors!



Sunday, October 19 from 12:00 pm to 4:00 pm

TWO1. The West Mt. Airy Historic House Tour welcomes visitors inside an array of specially selected private homes. This self-guided tour will showcase unique features of the interior and exterior of **SIX** 19th and 20th century homes, with knowledgeable docents on hand to enrich the experience. Join us for an inside look at the history and stunning architecture of our community! All of the homes on the Tour demonstrate imaginative and inspired choices for living in the 21st century.

Begin your adventure between 12:00 pm and 2:00 pm by picking up a Tour Program and Map at Commons & Commons LLP, Attorneys at Law, 30 Pelham Road. We will provide booties to protect the floors in the homes. Masks may be encouraged in indoor spaces. **Each year new homes are featured!** All proceeds of the tour support both MALT and WMAN.

Please note: This is not a walking tour; registrants should plan to drive or bike between houses.

\$35 advance registration; \$40 day-of-tour tickets

We appreciate your support! If you cannot attend, consider making a tax-deductible donation.

Thank You to Our Generous Sponsors!

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ARCHITECTURE AND HISTORY WALKING TOUR OF MT. AIRY

Su from 1:00 PM to 3:30 PM

TW29. Take a walk of almost two miles, stepping back in history to discover the historic and architectural treasures along several of the oldest streets in Mt. Airy. The tour begins in front of the United Lutheran Seminary on Germantown Avenue. We will discuss Mt. Airy's many "pasts": Native American, Revolutionary War, railroad history, and the development of Mt. Airy as a streetcar suburb, as well as the contributions of George Woodward and others in the 20th century.

David Schaaf is a retired local architect and former director of the Urban Design Division of the City Planning Commission. Mr. Schaaf was a member of the City's Historical Commission for more than a dozen years. He has lived in Mt. Airy for nearly 40 years and has led this very popular MALT tour since 1992.

October 12 | \$34

Meet at United Lutheran Seminary
7301 Germantown Ave.

NO WALK-INS. Meet directly in front of the United Lutheran Seminary, on Germantown Ave., across from Wawa. The walk can be challenging. Walking surfaces are sometimes uneven, there are stairs to descend and we'll be using park trails as well.

David's beautiful, iconic map of Mt. Airy is available for purchase for \$20 at the MALT office. All proceeds support our nonprofit.



HIKE TO THE FUTURE ON THE CRESHEIM TRAIL

Sa from 10:00 AM to 12 N

TW07. Since 2012, Friends of the Cresheim Trail have built nearly three miles of natural surface trail for hiking and mountain biking between Allens Lane, Germantown Avenue, and Wissahickon Valley Park. At the same time, FOCT has coordinated and advocated for the future rail trail, whose first segment to Stenton Avenue unofficially opened in 2024, and which is planned to extend five miles to Fort Washington State Park, making connections to all the communities along the way. Join FOCT for a preview and learn what goes into building a trail. This hike is roughly two and a half miles and will cover moderate terrain. Wear boots and long pants, and remember to bring water.

Bradley Maule is executive director of Friends of the Cresheim Trail, after serving three years as Board President. A photographer by trade, he's also worked with Friends of the Wissahickon, Mt. Airy CDC, and Chestnut Hill Conservancy. You've definitely seen him at McMenamin's.

November 1 | \$34

Meet at Cresheim Valley Pergola

Please note: If you're driving, plan on parking on the 7500 block of Germantown Avenue. The Chestnut Hill Farmers Market will be happening and we want to keep parking in front of the pocket park open to market shoppers.

SHIBE PARK/CONNIE MACK STADIUM AND BEYOND

M from 2:00 PM to 3:30 PM

TW14. One of our most beloved Philadelphia landmarks was the old ballpark at 21st Street and Lehigh Avenue. Shibe Park, later known as Connie Mack Stadium, was a key part of what was once a great industrial city. It captured the magic of living, working, and playing in Philly. The ballpark, home to the Philadelphia Athletics (AL) and the Philadelphia Phillies (NL), opened on April 12, 1909, and hosted its final game on October 1, 1970. This class is a 'must-see' for local sports and history buffs. Students are encouraged to bring their baseball memorabilia. Through discussions and shared memories, students will connect with the legacy of Shibe Park/Connie Mack Stadium, gaining insight into its significance in Philadelphia's history.

Rick Spector founded Moviehouse Productions in 1983, educating and delighting community groups throughout the Delaware Valley with his multi-media nostalgia programs. His core works includes a multi-part series on the popular history of Philadelphia.

September 29 | \$34

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

UNTOLD STORIES OF AMERICA'S CIVIL WAR: BEYOND THE BATTLEFIELD

M from 7:00 PM to 8:30 PM

TW19. It wasn't the cinematic portrayal of soldiers clad in blue or gray charging with bayonets. The Civil War was a complex event, often misunderstood. This series of four lectures aims to address fundamental questions about America's most significant conflict, questions that many citizens today have yet to explore. Delving deeper than internet searches, these lectures provide invaluable insights. Why did America fracture violently? When did the Civil War truly ignite? Who were the participants, and what impact did it have on local communities? Did terrorism have a role? The war involved everyone: people of all ages, races, and genders, including pacifists, volunteers, draftees, enslaved persons, and freemen. Their stories paint a vivid picture. With over 10,000 skirmishes, sieges, and battles, we can only scratch the surface of Civil War combat. However, we can guide you to access military service records for Union and Confederate veterans. Additionally, we'll highlight Philadelphia's significant role in the conflict, leaving you thoroughly enlightened. This class takes place in a Victorian mansion which only adds to the experience of stepping back into history.

John Stanchak, a professional journalist and magazine editor concentrating on historical subjects, was on the editorial staff of American History Illustrated and British Heritage, was the editor of Civil War Times, and is the founding editor of Historic Traveler. He was an associate editor of The Historical Times illustrated Encyclopedia of the Civil War and is the author of The Visual Dictionary of the Civil War and the children's book Civil War - originally published by Dorling-Kindersley.

September 22 - October 20 | \$79

5 sessions

Cliveden Carriage House
6401 Germantown Ave.

See Page 26

**NEW Exploring the Past:
A History Book Club**



Glenn Bergman's tour of Northeast Philly Food Tour is a MALT favorite!

NORTHEAST PHILLY FOOD TOUR: UZBEK, RUSSIAN, AND MORE!

Sa from 9:00 AM to 3:00 PM

TW12. Join ex Chef Glenn Bergman for a half day tour and tasting. Visit Uzbekistan, Georgia, and Russia without needing a passport or visa. Spend four hours learning about Georgian wines, breads and cheeses. Drink tea and perhaps some vodka while tasting delicious Uzbekistan food. The tour includes shopping in at least one Russian / Eastern European grocery store. How many different feta cheeses can you taste (each are different!)? Try smoked and cured fishes - more than you have ever seen in Philly! Enjoy camels milk, baked goods, and more!

Glenn Bergman is the former Executive Director of Philabundance, and previously served for 11 years as the General Manager of the Weavers Way Co-Op. He has led food tours of Chinatown for MALT and this term is also eager to share his food explorations to Northeast and Southwest Philly.

October 25 | \$42

Meet at High Point Café, Richard Allen Lane Train Station at 9:00 am OR meet us at Net Cost Store parking lot located at 11701 Bustleton Ave. at 10:00 am. Carpooling may be organized for those leaving from High Point Cafe.

\$25 materials fee payable to the instructor for food sampling. Be sure to bring additional funds to taste wine, beers or to purchase additional food for yourself and groceries to take home.

NEW DRAG ME PHILLY TOUR

Sa from 6:00 PM to 7:30 PM

TW10. Take a unique tour of Philadelphia, exploring the history of drag in the city, celebrating stories of our local drag performers, and hearing the ins and outs of our drag scene today. Drawing from oral history interviews of several drag artists, this tour will honor drag pioneers, spotlight defining moments in history, and point out murals that highlight Philly's LGBTQ history.

Rebecca Fisher is the cofounder of Philadelphia's top rated Beyond the Bell Tours. Beyond the Bell designs inclusive historical walking tours that put the people back into people's history. Rebecca is passionate about the intersection of social justice and tourism.

October 11 | \$39

Meet at Walnut St. Theatre, 825 Walnut St.

Tour is approximately 1.5 miles long and will end at Franky Bradley's, 1320 Chancellor Street. Tour will last approximately 90 minutes. Wheelchair accessible upon request.

BADASS WOMEN OF PHILADELPHIA

Sa from 11:00 AM to 1:00 PM

TW09. Celebrate the Badass Women of Philadelphia! Time to hear about cool Colonial women, change makers, women in medicine, and more pioneers who have made their mark on this city of brotherly love and sisterly affection. Learn about our forgotten founder, Hannah Callowhill Penn; Ona Judge and her great escape from George Washington; Philadelphia's first female doctors and more!

Rebecca Fisher

October 4 | \$39

Meet at the corner of 6th and Market St.

Tour is approximately 2 miles long and will end at 13th and Locust. Tour will last between 1:45-2 hours.



Fern Bell Scholarships

Thanks to our donors we have a limited number of need-based scholarships available for the Fall term. Call our office if you need financial assistance to attend a class at 215-843-6333.

WALKING TOUR OF PHILADELPHIA'S CHINATOWN

Su from 9:30 AM to 1:30 PM

TW11. Enjoy a guided tour of Philly's iconic neighborhood. The tour will include exploring delicacies at an Asian market, and end with a curated and delicious lunch at a Dim Sum restaurant with the tour group. Dim Sum, literally meaning "to touch your heart," is served as an innumerable assortment of delicacies, consisting of varieties of dumplings, steamed dishes, and other goodies. Students should bring money for lunch and any purchases they may want to make.

Glenn Bergman is the former Executive Director of Philabundance, and previously served for 11 years as the General Manager of the Weavers Way Co-Op. He has led food tours of Chinatown for MALT and this term is also eager to share his food explorations to Northeast Philly.

October 26 | \$34

Meet at M Kee Duck House, 1002 Race St.

Materials fee, bring money for dim sum lunch which will cost approximately \$25.

PHILADELPHIA MUSICAL HISTORY BUS TOUR

Su from 10:00 AM to 2:00 PM

TW13. Join us for a mobile musical experience! We will teach you all about the talented musicians who were either born or raised in the Philadelphia area. Hop aboard our moving musical museum and prepare to be surprised and delighted to discover the great Philadelphians who revolutionized the music industry in Jazz, Classical, Gospel, Rock and Roll, Folk, R&B, Hip Hop and Country.

Our signature sightseeing tour offers an in-depth guide to the rich musical history of our city. Video clips and a great musical soundtrack will enhance your tour experience. We bet you will tell everyone it is one of the best things to do in Philadelphia!

Clayton Prince is the owner and operator of The Philadelphia Musical History Tours.

November 9 | \$44

Meet the bus at the corner of Wayne Ave. and Cliveden

Note - there is a bathroom on the bus. Bring your own food or snacks. Return time subject to change due to traffic or other factors.



BIRDING IN YOUR NEIGHBORHOOD

Su from 9:00 AM to 11:00 AM

TW08. Join Troy Bynum, an avid birder and professional wildlife photographer, to explore different green spaces around NW Philadelphia in search of birds! Participants are advised to wear closed-toed shoes and anticipate trails with various terrains including grass, gravel, and/or asphalt sections. Binoculars are available for use on a first come first served basis. While the class, **Introduction to Birdwatching Online** (see page 70), is not a prerequisite but we encourage you to take that course prior to going on Troy's birdwalk.

Troy Bynum, owner of TB Wildlife Photography LLC, is an enthusiastic birder and wildlife photographer.

October 12 | \$39

Awbury Arboretum, meet at 6060 Ardleigh St.

FALL FORAGING FUN IN THE CRESHEIM WOODS

Su from 1:00 PM to 3:30 PM

TW20. Even though there are thousands of edible species out there, we modern-day humans focus on less than 100 cultivated plant species for the majority of our diets! What flavors, delicacies, and nutrient-dense deliciousness do we miss? A lot. Come join me for a dive into the incredible wild edibles all around us and some of the history on why we eat what we eat and some enticing reasons (and recipes) on why we should. We'll learn about species like black walnut, acorns, beechnuts, spicebush, chicken-of-the-woods and turkey tail mushrooms!

Allison Houghton is an author and educator who is passionate about soil health, ecological design, and climate resiliency. She runs The Sparrow Underground: a business that works with gardeners and land managers to strategically build local ecological resilience. She has served in various leadership roles including at the Northeast Organic Farming Association, The Food Project, and the Mt Airy Ecolab.

September 28 | \$34

Meet at High Point, Richard Allen Lane Train Station.

Piano Remembers, from The Sweethearts of Rhythm: The Story of the Greatest All-Girl Swing Band in the World, 2009, by Jerry Pinkney. (Courtesy of Gloria Jean Pinkney)

NEW SOUL, SOUND, AND VOICE: THE ART OF JERRY PINKNEY

Sa from 2:00 PM to 4:00 PM

TW21. Enjoy a guided tour of *Soul, Sound, and Voice: The Art of Jerry Pinkney* at Woodmere, celebrating the legacy of Jerry Pinkney (1939-2021), one of America's most acclaimed illustrators and watercolorists. The exhibition explores music as a powerful visual and narrative force in his work, presented in three thematic sections: picture books honoring Black history and culture, reimagined folk tales and fables, and portraits of music legends across genres. Jerry Pinkney interpreted American history and identity through the lens of his experience as an African American. Born and raised in Germantown, he was deeply influenced by the neighborhood's rich cultural history that shaped his understanding of how art and music inform one's sense of society and place. Over the course of his career, he illustrated more than 100 children's books, giving voice and agency to young readers around the world. His profound belief in and ability to convey hope, resilience, community, and justice earned him numerous accolades, including the Caldecott Medal and multiple Coretta Scott King Awards.

Hildy Tow is the Curator of Education at Woodmere Art Museum.

October 18 | \$34

Tour includes admission fee to the Museum.

Woodmere Art Museum, 9201 Germantown Ave

NEW NAVIGATING LIFE THROUGH NATURE

Su from 10:00 AM to 12 N

TW06. Are you feeling overwhelmed? Anxious? Sad? Lonely? Join us as we walk through the woods, learning to reconnect with the natural world around us and build community. More than just a stroll outdoors, we will closely examine our surroundings and discuss how nature can assist us in our mental and physical well-being. Whatever challenges you may be facing, you'll find a safe and welcoming space.

Jessica Kohn is a licensed social worker and certified End-of-Life Doula for humans and companion animals. She currently works at Special Equestrians, an equine therapeutic riding center in Bucks County, and is a mental health worker serving clients in Philadelphia, Bucks, and Montgomery Counties. She has always been passionate about nature and animals, spending the majority of her life living adjacent to Wissahickon Park. She is an avid hiker, and enjoys backpacking, camping, kayaking, and more. As a social worker and outdoor enthusiast, she seeks to help others find their own path to healing, utilizing nature as an inspiration and guide.

October 12 | \$34

Awbury Arboretum, meet at 6060 Ardleigh St.

This course will be conducted outdoors, weather-permitting. Proper footwear is required. People of all abilities are welcome; we will be taking some easy hikes.

NEW NEW VIEWING: THEMES IN ART ONLINE

Tu from 2:00 PM to 3:30 PM

TW04. The Philadelphia region is rich in museum collections featuring paintings and sculptures that share key artful themes. We will explore vital themes through the work of a diversity of artists: the language of abstraction, look of animals, presence of people, and pride of place. Works from Butterfield, Vermeer, Hung Liu, Soutine, Sherald, and more, show an evolution of styles and interests. By delving into these universal themes, and an array of 'isms, there is sure to be a fresh take on viewing art in museums. Short engaging videos bring new perspectives to the conversation.

Lynn Berkowitz, MFA, BFA, with a career in art museums and online learning, has developed an array of award-winning gallery tours, experiences, and apps aimed at helping audiences of all ages and abilities engage with a diversity of art 'isms and approaches.

October 7-28 | \$59

4 sessions

The Comfort of Your Own Home

NEW DOORZIEN PAINTINGS: SEEING THROUGH & INTO WORKS OF ART ONLINE

Tu from 2:00 PM to 3:30 PM

TW05. Paintings that feature wondrous windows, mysterious doors, and speeding trains open up new vistas in ways of looking at art. Doorzien, Dutch for "seeing through," allows the viewer to take in both interior scenes along with glimpses of grit and beauty that lie beyond the boundaries. Trains tell tales of a new modernity and new art forms by the like of Turner, Bernstein and Viera. Showcasing a diversity of artists, historic to contemporary paintings come to life in this conversational class enriched by short engaging videos.

Lynn Berkowitz

November 4-18 | \$49

3 sessions

The Comfort of Your Own Home

THE IMPACT OF IRISH IMMIGRANTS ON PHILADELPHIA AND THE NATION

Su from 1:00 PM to 3:00 PM

TW26. Step back in time as we explore Old City Philadelphia, from the days of William Penn and Ben Franklin to the Industrial Revolution. Along the way, uncover the stories of Irish immigrants—both celebrated and unsung—who shaped the city and the nation. Despite facing discrimination and hardship, they persevered, building communities, influencing politics, and leaving a lasting mark on Philadelphia's identity. This walking tour takes you past historic landmarks such as the Arch Street Meeting House, Betsy Ross House, and Fireman's Hall, through the charming Elfreth's Alley, and inside the stunning Saint Augustine Church.

Michael Wherrity is a certified tour guide and member of the Association of Philadelphia Tour Guides and a 2025 volunteer guide with Independence Historical Trust.

October 5 | \$39

Meet at the Southeast Corner of 4th and Arch Streets.



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Subscribe to our weekly enews by visiting
www.mtairylearningtree.org.

CIVICS

NEW WHAT DOES FREE SPEECH REALLY MEAN, AND WHAT DOES IT TRULY PROTECT?

W from 6:00 PM to 8:00 PM

TW16. What can you say, and where is the line drawn? This course will explore the legal foundations of Free Speech in the United States, from the First Amendment's origins to the ways courts interpret it today. We'll examine landmark cases, current controversies, and the emerging legal battles that could reshape the conversation in years to come. We'll be joined via Zoom by a very special guest, Mary Beth Tinker, whose free speech activities as a student led to the seminal 1969 Supreme Court decision *Tinker v. Des Moines*. Whether it's political protest, social media speech, or controversial art, we'll discuss how the law navigates the tension between liberty and limits. Join us for a timely, lively, and important discussion of one of the most fundamental principles of our democracy.

Kathleen Smith, JD

David Freeman

November 12 | \$34

Mt. Airy Axis, 520 Carpenter Ln.

DEMOCRACY IS NOT A SPECTATOR SPORT

W from 6:30 PM to 8:30 PM

TW18. Become a more informed voter, community member, volunteer and activist! Learn about critical democracy policy issues including the policies, processes and political context that affect voting and election policies and critical current events, including how to get involved to help defend democracy. We'll discuss current hot topics and provide reputable resources and opportunities to help you become more informed, involved and help focus your energy in ways that can make a difference.

Susan Gobreski is a long-time policy advocate with extensive experience in public policy, advocacy, activism and civic engagement; she leads a strategic consultancy business, and is involved with non-profit organizations engaged in democracy advocacy at the state and federal levels.

October 1 | \$34

Mt. Airy Axis, 520 Carpenter Ln.



JUSTICE ON FILM

Th from 6:00 PM to 8:00 PM

TW15. True crime buffs, this class is for you! In this interactive course, we will watch a short engaging documentary together, and then use it as a launching point to discuss the criminal justice system and systemic flaws in that system. How does bias show up in our justice system? Whose voices aren't heard? Join us for an engaging, thought-provoking evening.

Kathleen Smith, JD, is an experienced educator and attorney. She is an associate professor at Chestnut Hill College and has received numerous awards recognizing her contributions to legal education, jurisprudence, civic engagement and public service.

David Freeman is a lawyer and educator. His thirty years of legal experience includes work as a prosecutor, defense attorney, zoning board counsel and private general practice. He currently focuses on education law, representing children and their parents. He is also a full-time educator in the Criminal Justice curriculum at Community College of Philadelphia.

November 13 | \$34

Essential Community Connections
8030 Germantown Ave

Please note: if you have attended in the past, we will be considering a case that we haven't looked at before.

See Page 35

Screening US Politics

NEW WALKING TOUR OF GERMANTOWN: ART, INDUSTRY & HISTORY SOUTH OF CHELTEN

Sa from 10:00 AM to 12 N

TW25. One of the oldest settlements in Philadelphia, Germantown has a vibrant dynamic that complements its many historic attractions. Join tour guide Marty Foley as he shares with you cultural sites, public art, and stories of the historical significance of Germantown. This tour will focus on the streets south of Cheltenham Avenue, and will include sites that highlight the area's industrial, historical, artistic, and botanical past and present, like the Germantown White House, the studio of Colonial-era portrait artist Gilbert Stuart, numerous murals, and a working farm. We will also enter one of the neighborhood's art galleries for a discussion with the gallery's manager. Attendees will gain a deeper understanding of an important historical neighborhood, and an appreciation for how history and public art enrich communities.

Marty Foley is a long time educator and history teacher. Since retiring from Greene Street Friends School in 2022, he has been working as a professional tour guide for WeVenture Philadelphia, as well as a volunteer tour guide at Laurel Hill East Cemetery. Marty regularly hosts visitors from around the world on Old City history tours, South Philadelphia public art tours, and day trips to Valley Forge, Longwood Gardens and Lancaster County, in addition to weeklong tours from Virginia to Maine.

November 8 | \$34

Meeting Spot: Maplewood Mall West Plaza, Greene Street and Armat Street. Finishing Spot: Maplewood Mall East Plaza, Germantown Avenue and Armat Street. There are two free public parking lots on Armat Street between Germantown Avenue and Greene Street; accessible to multiple bus routes and CHE and CHW regional rail lines.

Tour includes 1.5 miles total walking.

PERSPECTIVES ON THE BATTLE OF GERMANTOWN

Th from 10:30 AM to 12 N

TW17. Join Cliveden's Education Director Carolyn Wallace to learn about the Battle of Germantown and unpack Washington's plan to liberate occupied Philadelphia. Find out what happened on that gray, foggy morning in October 1777 and see how the battle is remembered by the community and in art.

Carolyn Wallace an interpreter, educator, and collections manager with over ten years of experience working with historic sites. In her current role as Education Director for Cliveden of the National Trust, her work focuses on research and interpretation of diverse narratives through sustainable programming for youth and adults and exhibit design. Carolyn is passionate about making connections between past and present and helping visitors to do the same.

September 25 | \$25

Cliveden Carriage House
6401 Germantown Ave.

WYCK BEHIND THE SCENES TOUR

W from 5:30 PM to 7:30 PM

TW22. Join us for a rare behind-the-scenes look at Wyck! Climb the stairs into the collections rooms on the upper floors and explore the 10,000+ objects that reveal the personalities behind the people in the paintings. Explore 19th century cabinets of curiosities and learn about material culture. This exclusive tour allows you to get up close and personal with the fascinating history of one family's multi-generational home inhabited from 1690 - 1972.

Kim Staub is the Executive Director of Wyck with over 12 years of experience in historic site management. She holds an MA in History from Virginia Tech.

October 8 | \$34

Wyck House, 6026 Germantown Ave.

Note: This tour includes old, winding staircases and possibly dust on the 3rd floor. Please make sure you are comfortable with the physical aspects of this tour before booking.



NEW HOLIDAY STORIES, TREATS, AND HISTORY FROM AMERICA'S GOLDEN ERA

Su from 1:00 PM to 3:00 PM

TW23. It was during the Gilded Age that many of the holiday traditions still celebrated in America today began to become mainstream. *The Gilded Age Christmas Cookbook* provides a colorful glimpse into the era, featuring the fascinating history behind each confection, its ingredients and baking methods. In this class based on the book, author **Becky Libourel Diamond** will touch on holiday lore of the time, with backstories of now-ubiquitous Christmas customs such as Santa Claus, the Christmas tree and Christmas cards, interspersed with tales of Gilded Age Hanukkah and New Year's celebrations, holiday debutante parties, teas, and grand balls. Students will be able to get a taste of the Gilded Age, including samples such as plum pudding and sugar plums.

Becky Libourel Diamond is a food writer, librarian, and research historian. Her most recent book, *The Gilded Age Christmas Cookbook*, blends Gilded Age details and celebrity stories with historic holiday menus and recipes updated for modern kitchens. She is also the author of *The Gilded Age Cookbook*, *The Thousand Dollar Dinner* and *Mrs. Goodfellow: The Story of America's First Cooking School*. Her current project is a history of Philadelphia's famous City Tavern restaurant.

November 16 | \$39

Ebenezer Maxwell Mansion
200 W Tulpehocken St.

There is a \$5 materials fee for samplings and take home treats.

Optional: Pre-order *The Gilded Age Christmas Cookbook* for \$30 and receive a signed copy, for a \$5 discount off the cover price.

Attendees are encouraged to stay after the class for the **Ebenezer Maxwell Mansion's** special event, a reception and book signing of *The Gilded Age Christmas Cookbook*. *The Gilded Age Cookbook* also will be available for purchase.

Historic Germantown is a partnership of twenty extraordinary historic houses, destinations, and museums in Northwest Philadelphia that have joined together to protect, preserve, and share some of Philadelphia's prized historical assets.

MALT is honored to be offering tours in collaboration with Historic Germantown and its member organizations! Proceed from tours benefit the individual museums and MALT.



Recipe from the *Gilded Age Christmas Cookbook*.

VICTORIAN CHRISTMAS TOUR OF THE EBENEZER MAXWELL MANSION

Su from 2:00 PM to 4:00 PM

TW24. Join us for a special tour, led by executive director Dr. George Boudreau, to explore how the Victorians transformed Christmas into the beloved holiday we know today. From the 1830s onward, what was once a solemn religious occasion evolved into a celebration filled with cherished traditions like Christmas trees, carols, and gift-giving. The mansion, built in 1859, is Philadelphia's only authentically restored Victorian house museum. As you step through its doors, you'll be immersed in the world of nineteenth-century Philadelphians, with the mansion adorned in authentic Victorian holiday decorations. Discover the origins of festive foods, holiday customs, and the literature that celebrated figures like Old St. Nick and the modern Santa Claus. This meticulously restored mansion offers insights into the lives of Philadelphia's rising middle class from the 1860s to the 1910s, both upstairs and downstairs. As a true neighborhood treasure dedicated to the Victorian period, the Ebenezer Maxwell Mansion provides a unique glimpse into the past. Come visit and create a new holiday tradition for you and your loved ones!

George Boudreau is a public historian who specializes in historic house museums. He holds a Ph.D. in American history and has held post-doctoral research fellowships at Monticello, Mount Vernon, Colonial Williamsburg, and Jamestown. His 2012 book *Independence* tells the story of the historic spaces around Independence Hall. He joined Ebenezer Maxwell Mansion in 2023 as executive director.

December 7 | \$34

Ebenezer Maxwell Mansion
200 W Tulpehocken St.

NEW HOLIDAY WREATHS - NAUGHTY & NICE

Su from 11:00 AM to 2:00 PM

AC47. Have you ever seen a wreath on your neighbor's door and said, "that's amazing!" quickly followed by, "I could totally make that!"? Now you can! You'll learn to make fabulous, indoor/outdoor wreaths to wow your friends and family. We will make two distinct styles of holiday wreaths in this class: "Naughty," filled with tacky, glitzy and wonderful holiday baubles; and "Nice," made up of natural elements gathered from your yard. Get as wild as you want: bring any elements you would like to include -- as long as they won't be melted with a glue gun.

Sara Castillo runs marketing and distribution for an indie film company when she's not working on wreaths or collaborating as Beth Uzwiak's partner-in-art.

Beth Uzwiak is an artist and anthropologist living in G'town. Sara's partner-in-art, she makes wacky things with plants both fake and real from headdresses to your next party flowers.

November 9-16 | \$59

2 sessions

Wesley Enhanced Living, 6300 Greene St.

\$25 materials fee payable - cash/venmo - to the instructors at class for wreath forms and decorations.

PAINT, ROLL & CREATE!

Sa from 1:00 PM to 3:00 PM

AC45. Join award-winning artist Moneek Pines in a one-of-a-kind workshop to create bold, vibrant abstract art! Using paint rollers, canvases, and a stunning array of metallic acrylic paints, from 24 karat gold to magenta, you'll explore a fun and unconventional painting method. No experience is required—just bring your imagination, your bestie, and let's have fun! You'll learn to create unique, textured masterpieces using paint rollers. Take this class to explore and develop your creativity in a relaxed, enjoyable environment, experimenting with unconventional painting techniques to produce vibrant abstract art.

Moneek Pines has many years of experience in teaching art to children and adults. She currently teaches young children through Art Mt. Airy and believes everyone is an artist. Moneek has a BFA from Moore College of Art & Design.

November 1 | \$34

ARTrageous Brush and Flow
6345 Germantown Ave.

\$15 materials fee payable to the instructor.



Left to right, Artists Sara Castillo and Beth Uzwiak.

DUST OFF YOUR SEWING MACHINE

Sa from 12:30 PM to 4:30 PM

AC01. Do you have a sewing machine you inherited or bought years ago but never opened? Maybe you're thinking of getting one? Here's your chance to learn the basics of a sewing machine: threading, tension, needles, thread, and basic maintenance. We'll address simple clothing repairs such as hemming and re-stitching a seam. Students will complete an easy craft project in class.

Bea Quindlen learned from her high school art teacher that success can come from the learning process rather than the "perfect finished product." Those high school "discovery projects" led to a lifetime of crafting -- and isn't life a "discovery project?" Bea is happily retired after a 47-year career at a data company. She attended a MALT class way back in 1994 but not again until 2008! Since then, she has taken over 20 classes. In 2017, she made the switch from student to instructor, teaching a variety of introductory craft classes.

October 18 | \$54

Mt. Airy Art Garage (MAAG)
7054 Germantown Ave.

Bring your own WORKING sewing machine. Instructions for testing your sewing machine will be sent out two weeks prior to class. Needles, thread, scissors, and fabrics will be provided. For ages 18 and up.

\$15 materials fee payable to the instructor

BEGINNER CROCHET - LET'S GET CRAFTING

W from 7:00 PM to 9:00 PM

AC02. Learn a traditional craft that has seen a modern resurgence. Students will learn the basics of crochet and complete a few beginner projects, and then get started on an intermediate project of your choosing. We will learn how to read written crochet patterns, making it possible to continue with crocheting virtually anything: clothing, accessories, toys, gifts, and home decor! The only limit is your imagination.

Amelia Geiser has been crocheting for five years and has experience in a variety of other crafts. She is a full time high school science teacher, and has taught crochet as an elective and an after-school activity to elementary, middle school, high school, and adult students. She has found great success in teaching crochet to all ages by teaching basic skills that can apply to many projects, then assisting students while they create a product of their choice.

September 24 - October 29 | \$89

6 sessions

Kelbourne Woolens, 231 W Mt Pleasant Ave.

\$15 materials fee payable to the instructor for hooks & yarn for beginner projects. Students will bring their own yarn for their final intermediate project.

NEW INTERMEDIATE CROCHET - LET'S FINISH THOSE PROJECTS

M from 7:00 PM to 8:30 PM

AC03. Do you have an unfinished crochet project or a dream project you've been a little too intimidated to start? This class is for those who know the crochet basics (foundation chain, single crochet, double crochet, increases, decreases) but need some support with harder projects. You will have the opportunity to learn new skills and get help from an instructor while working on a project of your choice. Spend time in our craft circle and level up your skills!

Amelia Geiser

October 20 - November 24 | \$74

6 sessions

Kelbourne Woolens, 231 W Mt Pleasant Ave.

Students will bring their own materials best suited for their project, and/or ask for suggestions from the instructor as needed.

NEW THE TOOLS OF SPINNING WOOL INTO YARN AND HOW TO USE THEM

Th from 7:00 PM to 9:00 PM

AC04. Learn the ancient and modern art of spinning wool into yarn! In this class, you will be given the opportunity to learn how to make your own yarn using a few different spinning tools, drop spindles, supported spindle, and spinning wheel. Join us on this three-session, spinning adventure.

Bridget Flynn is a local fiber artist who has been spinning yarn to use in her knitting and weaving for over 20 years. She is a member of the Philadelphia Guild of Hand Weavers where she teaches spinning. She can also be seen around the community demonstrating spinning and selling her handwoven goods.

Melissa Terrels learned how to weave in college many decades ago and hasn't looked back. She loves the interaction of color in the weaving process. She also knits, spins, dyes and loves to sew her handwoven fabric into bags, accessories and clothes.

October 16-30 | \$64

3 sessions

Mt. Airy Axis, 520 Carpenter Ln.

\$30 materials fee payable to the instructor for wool fibers. Spindles will be provided with an option to buy.

NEW UNSTITCHED CHIC: FASHION FROM YOUR OLD JEANS

Su from 1:00 PM to 3:00 PM

AC09. Why toss your denim when you can turn it into wearable art? In this high-energy, no-sew workshop, YOU take center stage—cut, twist, glue, and design your way to bold bracelets, chic earrings, and custom denim flair that screams personality. Whether you're rocking boho, glam, or edgy vibes—you create the look, and we provide the tools. Come with jeans, leave with jaw-dropping accessories and a creative glow you won't want to shake.

Moneek Pines

November 9 | \$34

ARTrageous Brush and Flow,
6345 Germantown Ave.

NEW INTERMEDIATE KNITTING: MAKE A HOODED SCARF

Tu from 6:30 PM to 8:30 PM

AC06. This class is for anyone with foundational knitting skills looking to practice what they already know or learn something new! Students should be comfortable with casting on as well as the knit and purl stitch. The necessary increases, decreases, and any other specialized stitch will be taught in class. We'll go over how to read a pattern, how to read your own work, and how to fix any mistakes along the way such as picking up dropped stitches.

Jason Hellmann lives in Chestnut Hill with his family, and is a self-taught knitter with seven years experience. His favorite things to make are textured sweaters, and he enjoys helping several Philadelphia-based fiber companies with their digital marketing and media through his company Local Thread.

October 28 - December 2 | \$89
6 sessions

Kelbourne Woolens, 231 W Mt Pleasant Ave.

Students should come with 830 yards of worsted or DK weight yarn, recommended in wool. Students will also need a size US 8 circular needle (24 inches). The pattern should be purchased directly from the designer, link to be provided upon registration.

NEW INTRODUCTION TO EMBROIDERY WORKSHOP

M from 6:00 PM to 7:30 PM

AC05. Embroidery is a beautiful way to decorate and personalize clothes, pillows, and even create whole pictures! Come and learn several basic embroidery stitches, using an embroidery hoop to hold the stitches tight. We will sit around the table while we chat, learn, and enjoy some tea together.

Claudia Apfelbaum taught her first MALT class in 2009, but this is her first time teaching embroidery! Her mother taught her embroidery stitches when she was eight years old. Since then, she has decorated items of clothing, pillow covers, and created two "paintings," using only embroidery stitches. She loves sitting with friends and working on a project.

September 29 | \$34

MALT Office, 6601 Greene St.

Students must bring the following to class: an embroidery hoop (7" size recommended), a few embroidery needles, and either a plain square of cotton fabric (10"x10" or 12"x12") OR an item of clothing that you would like to embroider. Instructor will provide some embroidery thread, but consider bringing some in colors that you like.



Learn to make a beautiful and warm hooded scarf in Jason Hellmann's class!

BLACK WOMEN ARTISTS OF PHILADELPHIA ONLINE

W from 6:00 PM to 7:00 PM

AC07. This course highlights the contributions of Black women artists in the Philadelphia arts scene, both past and present. By addressing the gaps in traditional art history education, this class focuses on their artistic achievements and lasting influence. Through this exploration, we aim to recognize and celebrate their rightful place in both Philadelphia's cultural history and the wider artistic landscape.

Students will learn about groundbreaking artists such as sculptor May Howard Jackson, sculptor and painter Meta Vaux Warrick, painter and arts educator Laura Wheeler Waring, mosaic artist and painter Ellen Tiberino and painter and curator Howardena Pindel.

This course is perfect for history and art lovers alike, particularly those who want to deepen their understanding of Philadelphia's rich artistic history and the essential role Black women have played in shaping it.

Jihan Thomas is a Black visual artist, activist, Mother, and community/museum arts educator based in Philadelphia. To Jihan, art can be a conduit for empowerment and self-actualization. She shares her art and creativity wherever art is needed through art making and cultural experiences. As an art educator, Jihan believes in the power and spectrum of Black imagination and how it can support classroom student engagement in learning and community empowerment. She's been teaching and facilitating arts, cultural and educational programming and courses for over 18 years.

November 19 - December 17 | \$59
5 sessions

The Comfort of Your Own Home

CREATE TRADITIONAL AFRICAN BATIK & ADIRE TEXTILES

Sa from 1:00 PM to 4:00 PM

AC08. Take a creative journey into the world of batik and adire (tie and dye) textile-making. Drawing inspiration from his Yoruba roots and Nigerian heritage, Muiyiwa, an expert in the field, will guide you through the process of using wax and dye to create intricate patterns and motifs. You will start by applying hot wax to 100% cotton fabrics to create patterns, then immerse them in vibrant dyes. Finally, we'll carefully remove the wax, revealing beautiful, colorful designs. Discover the influence of African culture as you explore the vibrant world of African textiles that hold deep cultural significance. You may infuse your designs with your unique voice, or use African patterns to create beautiful cotton fabric or a cotton shirt. By the end of the class, you'll have crafted textiles that reflect the beauty and essence of African traditions.

Muyiwa Togun is the Founder and CEO of Roy Urban Kollection (RUK), an African textile, art and fashion manufacturer and brand. He is an artist, textile and fashion designer, pulling inspiration from his Yoruba roots and his lived experience as a Nigerian youth.

October 11 | \$95

Woodmere Art Museum,
9201 Germantown Ave.

\$30 materials fee payable to the instructor

CUSTOMIZE YOUR OWN LIP GLOSS

Th from 6:30 PM to 8:30 PM

AC20. Let's make our own lip gloss in this engaging and informative workshop. We'll provide step-by-step guidance, recipes, vendors, and empowerment to create your own unique lip glosses that reflect your style and personality. You will make several lip glosses that you can keep or gift to your friends. Teens and adults are welcome.

Cheri Skipworth is the creative behind Handmade U Studio, a craft space in North Philadelphia where crafting and community come together. Cheri has over 20 years of experience teaching arts and crafts to others. She is passionate about helping people achieve their crafty goals. After a career in higher education, Cheri opened Handmade U to offer crafters a place to learn, create, and grow their handmade business.

December 11 | \$34

Mt. Airy Axis, 520 Carpenter Ln.

\$20 materials fee per person payable at time of registration.

MAKE YOUR OWN BODY BUTTER AND SUGAR SCRUB

Sa from 10:00 AM to 1:00 PM

AC21. Looking for products to exfoliate and moisturize your skin? We will spend our time together learning to formulate our own recipe and how to mix natural butters and oils to create a silky smooth body butter and a whipped soap sugar scrub. Ingredients will be included in the materials fee.

Cheri Skipworth

November 8 | \$34

Wesley Enhanced Living, 6300 Greene St.

\$25 materials fee per person will be automatically added upon registration.

CREATE GREETING CARDS WITH QUILLING

Sa from 10:00 AM to 1:00 PM

AC10. Unleash your creativity in our hands-on greeting card workshop! Join us for an inspiring session where you'll learn the art of quilling. Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. You will also explore a variety of techniques, including embossing, layering, stamping, and die cutting. By the end of the class, you'll have an opportunity to create up to four stunning, personalized cards perfect for any occasion. Whether you're a beginner or looking to refine your skills, this workshop is designed for all levels. Bring your imagination, and let's create beautiful cards that will delight your friends and family!

Dora Johns is a self-described "crazy crafter." She has a passion for all things paper arts. With a wealth of experience in crafting stunning greeting cards using the quilling technique, she has turned her love for creativity into a thriving venture. Beyond quilling, her repertoire includes enameling, stained glass, wood turning and more.

November 22 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$30 materials fee payable to the instructor.

Course titles in purple take place "Across the Creek" in Manayunk, East Falls, Manayunk or Bala Cynwyd.

CRAFTING WITH CARDS: CREATE DODECAHEDRON ORNAMENTS

Sa from 2:00 PM to 5:00 PM

AC11. Recycle those greeting cards you've been saving, because it's time to transform them into something special! Join Connie in creating beautiful 20-sided ornaments from those cherished cards. Her father taught her this craft when she was a kid, and it's been a favorite ever since. She'll provide all the materials, including cards, glue, ribbon, and glitter, but feel free to bring your own cards. Power-Point instructions will be included to guide you through the process.

Many of you know **Connie Koppe** as a singing teacher, but in addition, she has been a seamstress and crafter almost all her life. She learned sewing skills from her mother, her Great Aunts, Jr. High Home Economics and reading the patterns. Connie has always loved to craft and follows her mother's and father's example of reusing cards and other items to make gifts and home decorations. These dodecahedron ornaments were taught to her by her father when she was about 12.

November 22 | \$42

Church of the Annunciation,
324 Carpenter Lane

\$5 materials fee payable to the instructor.

PAPERCUT CARDS FOR THE HOLIDAYS

M from 6:30 PM to 8:30 PM

AC12. Celebrate the season with a fun, hands-on workshop where you'll create beautiful papercut holiday cards. Learn to safely use an X-acto knife while working with instructor-provided templates or designing your own. Make cards for Christmas, Hanukkah, Kwanzaa—or all three! You'll leave with handmade cards ready to share and the skills to create your own cards for any holiday in the future.

Mindy Shapiro is a longtime challah baker and loves teaching this class through MALT. Mindy is a papercut artist, Past-President of the Guild of American Papercutters and a Certified Zentangle Teacher (CZT). Mindy's love language is her art (which includes challah baking) and she strives to share that with others through her work, teaching, engagement and communication.

December 8 | \$34

Cathedral Village, 600 E. Cathedral Rd,
Roxborough

\$10 materials fee payable to the instructor. Bring the following supplies if you have them: self-healing cutting mat, #11 X-acto knife.



Expand your creativity with Alcohol Ink Artistry!

VIVID VISIONS: THE ARTISTRY OF ALCOHOL INKS

Sa from 10:00 AM to 12:30 PM

AC14. Step into the enchanting world of alcohol ink in this introductory class! Lori will be your guide through the magical, mercurial, and vibrant realm of this medium. Prepare for a hands-on experience filled with multiple demonstrations, a variety of techniques, and personalized assistance. Alcohol ink, with its incredible versatility and fun factor, is the perfect medium for unleashing your creativity. No prior experience is needed—everyone can be an artist! Be mesmerized by the magical properties of alcohol ink as you create your own abstract masterpiece and a unique switch plate cover. At the end of the workshop, your creations will receive the finishing touch and will be varnished, making them ready to adorn your space. Take home these tangible expressions of creativity and let the allure of alcohol ink inspire your artistic journey!

Lori Crook, a Licensed Social Worker with a lifelong creative passion, transitioned into a self-taught artist after discovering alcohol inks. Since 2021, she has led 80+ workshops at venues like Norristown Art League, Whitemarsh Art Center, Evansburg Vineyard, and through private sessions in Montgomery County.

October 11 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$25 materials fee payable to the instructor at the start of class by cash or Venmo only.

ALCOHOL INKS: A DEEPER DIVE INTO A MAGICAL MEDIUM

Sa from 10:00 AM to 12:30 PM

AC15. This 3-week series will focus on many basic alcohol ink techniques with an emphasis on creating abstract art with a floral twist. Students will experiment with compressed air, puffers, saran/bubble wrap, stencils, gel pens, and a wide array of colorful alcohol ink. Instructor will provide demonstrations and will give lots of one-on-one assistance so that each student will progress over the three classes and ultimately come away with new skills and a love of this special medium. Final project will be a 5 x 7 floral masterpiece ready for framing in an 8 x 10 mat. No experience necessary, but this course pairs well with the Introductory Workshop!

Lori Crook

October 25 - November 8 | \$97

3 sessions

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

\$40 materials fee payable to the instructor at the start of class by cash or Venmo.

NEW GLITZ & GLAM: THE ULTIMATE VISION BOARD PAR-TAY 2026!

Sa from 1:00 PM to 3:30 PM

AC13. New Year, New Dreams, New YOU! Are you ready to manifest the BEST year of your life? Let's turn dreams into reality in pure glitz & glam style! You'll create multiple vision boards with luxe materials designed to manifest your boldest aspirations across different areas of your life. Discover high-vibe manifestation exercises, visualization techniques, and secret strategies to supercharge your dreams. Let's get this Par-tay started with fun music, decadent treats, and glam giveaways. Enjoy a luxurious toast with 24K gold champagne and sparkling cider - we're not just creating vision boards, we're crafting a new reality!

The Glitz & Glam Girls! Two visionary "Sis-Stars" **Christina Sharay** and **Jojo Gass** join forces to guide you through this transformative vision board experience. With their combined expertise in manifestation and creative expression, they'll empower you to amplify your intentions, unlock your potential, and create your wildest dreams.

December 6 | \$49

ARTrageous Brush and Flow
6345 Germantown Ave.

\$15 materials fee is included in the \$49 course fee per person for this class. Bring a favorite photo (optional) to include on your board.

WYCK INSPIRED: NATURALIST'S NOTEBOOK

Th from 5:30 PM to 7:00 PM

AC16. This is a rare opportunity to gain access to the Wyck House's collection of scientific/naturalist specimens. Using a sketchbook provided, we will observe and draw in each session, surveying a selection of animal, plant and mineral specimens. As we look and draw, we will learn about their history in the collection, the characteristics of the specimen itself and develop an artistic toolkit of drawing, coloring, and visual-note-taking. We will also look at decorative objects and (weather permitting) parts of the garden that relate to the specimen visually, historically or scientifically. Note: due to construction on Wyck House, studio/drawing sessions will be in the education studio and outside in the gardens.

Andrew Christman is a painter, printmaker and teaching artist based in Germantown and Mt. Airy. He received a BFA in painting at Pratt Institute Brooklyn and studied Art Ed at both Pratt Institute and Moore College of Art. He received an MA in East Asian Art History at Sotheby's Institute of Art / Manchester University, UK. Andrew is currently a teaching artist for the Philadelphia Museum of Art, and a co-founder of Way of Words, an interactive poetry and visual art project that integrates writing, book-making and collage. He has exhibited his work at the Muse Gallery, Awbury Arboretum, the Da Vinci Art Alliance and the Imperfect Gallery.

October 9-23 | \$44

3 sessions

Wyck House, 6026 Germantown Ave.

Bring a water bottle, snack and camp chair/
stool (optional, recommended).

BEGINNING MOSAICS

Th from 7:00 PM to 9:00 PM

AC22. Learn the art of mosaic! Make a beautiful wall hanging or mirror for your home. Explore the tools and techniques used in this ancient art form. Students will leave with a working knowledge of the art form and be able to do variations of the project at home.

Jessica Liddell is the owner of Bella Mosaic Art. It is the only studio in Philadelphia dedicated to the ancient art of mosaics. Artist-run and operated, we offer classes, facilitate community art projects, and create commissions.

September 25 - October 2 | \$59

2 sessions

Bella Mosaic, 6780 Germantown Ave.

\$25 materials fee payable to the instructor. This class may be taught by a staff member of Bella Mosaics.

CANDLE MAKING

Sa from 10:00 AM to 12:30 PM

AC18. Using hands-on experience, learn candle making and get instruction on candle safety, marketing, and creativity in the craft industry. Learn the basics of the soy wax method and why it's so popular. We will also discuss other waxes. These new skills will help you create gifts for family and friends, and enjoy the benefits of aromatherapy from beautiful candles.

Kaniesha Thomas, MSW has been an entrepreneur for the last seven years. The mission of her business is to create art that embodies spirituality, healing and self care.

October 18 | \$44

Wesley Enhanced Living, 6300 Greene St.

\$10 materials fee payable to the instructor.

WISSAHICKON INSPIRATION: NATURALIST'S NOTEBOOK AND ARTS PROJECT

Sa from 10:00 AM to 12 N

AC17. Let's unplug and be creative together! We will find inspiration on the trails of Wissahickon Park. In sessions one and two, we will take an easy rambling walk, beginning at the West Mt. Airy Avenue park entrance. We will sharpen our observational skills and learn specific drawing techniques that help us to identify and understand native rocks, plants, trees and waterways. Take it all in! Look up! Look down! Ask questions and seek answers using sketching as your guide. In session three and four, we will meet at Andrew's Germantown studio and put our sketches to use - creating expressive paintings, collages and prints inspired by our walks. This class is open to adults, with the additional option to take the course with your child age 11+.

Andrew Christman

October 4-25

Individual | \$74

Parent & Child | \$89

4 sessions

Wissahickon Park at West Mt Airy Ave.

Bring a water bottle, snack and camp chair/stool (optional, recommended). Class on Oct. 25 will take place at Andrew Christman's art studio located at 20 E. Herman Street in Germantown.



So cool, and so MALT! Learn to make candles then create a candlestick basket to display them.

NEW MAKE A CANDLESTICK BASKET

Sa from 11:00 AM to 4:00 PM

AC19. This is a great basket class for beginners, and it does not matter if you are a candle user or not. Your imagination is the only limit for its use. Once, candles were the major source of lighting in Colonial homes and baskets were often made to store the candles so they were easily accessible. In this class you will learn the basic start and stop weave, how to form and "scarf" a rim using a traditional "saw pony", lashing the rim on plus how to shape the basket into somewhat of a unique hourglass figure. The basket measures 3" x 5" x 9.5". Sara will be making up a batch of natural walnut stain for those who would like to create a darker color or patina for their basket.

Sara Robbins, a Mt. Airy native, is an award winning fiber artist who has been weaving baskets for over 30 years.

November 8 | \$64

Woodmere Art Museum, 9201 Germantown Ave.

\$25 materials fee payable to instructor.

FUSED GLASS MENORAH AND ORNAMENTS

Th from 7:00 PM to 9:00 PM

AC24. Get creative with fusible glass and make heirlooms for your holiday rituals! In this fun class, participants will learn how to cut and layer glass with beautiful and unique results. Choose to make either a menorah or three 2.5 inch ornaments. Artwork will be fired in a kiln and available for pick up later in the week.

Jessica Liddell is the owner of Bella Mosaic Art. It is the only studio in Philadelphia dedicated to the ancient art of mosaics. Artist-run and operated, we offer classes, facilitate community art projects, and create commissions.

November 13-20 | \$59

2 sessions

Bella Mosaic, 6780 Germantown Ave.

\$30 materials fee payable to the instructor.

BEYOND THE BASICS: ZENTANGLE® BLACK & RENAISSANCE TILES

Th from 4:00 PM to 6:00 PM

AC23. Explore the art of Zentangle through the beauty of Renaissance and black tiles in this two-part workshop. In the first session, you'll draw inspiration from Renaissance artists who worked on toned paper using white pencils, graphite, black ink, and earthy tones like sepia and terra cotta. You'll learn to create elegant Zentangle designs using this classic palette. In the second session, you'll shift to black tiles and work with white gel pens and pencils, discovering the dramatic contrast and depth this style offers. We'll also explore more intricate tangles and introduce new ones, culminating in a unique, handmade paperweight. This workshop is perfect for both beginners and experienced tanglers looking to expand their skills. You'll leave with several completed tiles, paperweight, pens, paper and the confidence to continue tangling independently. A \$20 supply fee covers all materials.

Mindy Shapiro is a longtime challah baker and loves teaching this class through MALT. Mindy is a papercut artist, Past-President of the Guild of American Papercutters and a Certified Zentangle Teacher (CZT). Mindy's love language is her art (which includes challah baking) and she strives to share that with others through her work, teaching, engagement and communication.

November 13-20 | \$49

2 sessions

Unitarian Universalists of Mt. Airy
6900 Stenton Ave.

\$20 materials fee payable to the instructor.

DIGITAL CAMERAS: SLRS & MIRRORLESS

Th from 7:00 PM to 9:00 PM

AC25. Do you have a digital SLR but keep it on auto everything? Trying to get the most out of your camera but you don't know what all the buttons do? Bring your camera and learn how to take more control over your photography. The final class will be a feedback night during which each student will show off the skills learned throughout the course! Be sure to charge your battery before each class. Your camera must have the following letters on the top dial: P, M, A, & S or P, M, Av, & Tv.

Nicki Toizer was the Technical Director at MALT for ten years. She has loved photography for more than 25 years and enjoys teaching others how to use their cameras.

October 9-30 | \$84

4 sessions

MALT Office, 6601 Greene St.

Optional \$20 materials fee for book and handouts payable to the instructor.

NEW COMPOSE BETTER PICTURES!

M from 7:00 PM to 9:00 PM

AC26. Would you like to improve your digital photography? Practice different compositional techniques each week. We'll review at least one image that worked and one that didn't for each student every week. Familiarity with your camera and how to change settings is required, although we will do some review in class. All camera types welcome--please bring them to class each week.

Nicki Toizer

November 3-17 | \$64

3 sessions

MALT Office, 6601 Greene St.

For the first class, bring in a flash drive or media card with: 1) One of your favorite photos; 2) One or two images that didn't work out quite so well, all taken with the camera you plan to use in class.



Learn skills to take your photography to a higher level!

INTRODUCTION TO IPHONE PHOTOGRAPHY

Tu from 6:30 PM to 8:30 PM

AC27. iPhone cameras are continually improving and replacing point and shoot cameras with convenient and easier ways to capture and post produce images, and send via email, messaging or post on social media sites. However, the basic iPhone camera's app does have its limits, which is why utilizing a well designed secondary camera app can assist in turning these "smart" forms of equipment into a viable means of creating and capturing more sophisticated images. This workshop serves as an introduction to the continually evolving world of iPhone photography and its extensive capabilities. Instruction will include a brief history of photography, and basic composition. Anyone interested in getting more out of using their iPhone camera app, taking better photos and experiencing the range of controls that the camera offers will gain an enormous amount of information and begin to create more well composed, dynamic photographs.

Peggy Feerick has taught traditional and digital photography for over 40 years including iPhone photography since 2017 for The Smithsonian Associates Studio Arts Program. She retired from George Mason University as Associate Professor and Coordinator of Photography in 2016 with prior teaching at various institutions including the University of New Mexico, Georgetown University, and the University of Pennsylvania. In addition, she was the photo archivist and curator for the Smithsonian's Archives of American Art photographic collection from 1988 to 1994.

September 30 - October 14 | \$64

3 sessions

United Lutheran Seminary
7301 Germantown Ave.

NEW FALL GLOW: CREATE YOUR OWN HYDRATING ALOE & OAT GEL MASK

Sa from 3:00 PM to 4:30 PM

AC28. As the weather cools, our skin needs extra love! In this hands-on, beginner-friendly class, you'll learn to create a deeply hydrating aloe vera gel mask infused with colloidal oatmeal, raw honey, and vitamin-rich fall botanicals like pumpkin and rosehip oil. Led by licensed esthetician Latoya Johnson, this workshop will explore how seasonal changes affect your skin and which natural ingredients help soothe, hydrate, and protect it.

Latoya Johnson is the founder of Natural Body Essentials. As a licensed esthetician with over 15 years of medical experience, she started her journey out of a personal need to find solutions for her family's eczema. Today, she is proud to present a thriving business that offers natural alternatives for healthy skin and living.

October 18 | \$39

Wesley Enhanced Living, 6300 Greene St.

\$12 materials fee payable to the instructor.

CALLIGRAPHY

Sa from 1:00 PM to 4:00 PM

AC29. Add some flair to your signature, some pizzazz to your greeting cards! Don't worry—we're not going to recreate an ancient manuscript! Learn how to use a calligraphy marker, basic strokes, shapes, and formats. Students will do some practice exercises then develop their own alphabet script. Each student will take home calligraphy pens and exercise sheets plus have access to an online library of class materials.

Bea Quindlen learned from her high school art teacher that success can come from the learning process rather than the "perfect finished product." Those high school "discovery projects" led to a lifetime of crafting – and isn't life a "discovery project?" Bea is happily retired after a 47-year career at a data company. She attended a MALT class way back in 1994 but not again until 2008! Since then, she has taken over 20 classes. In 2017, she made the switch from student to instructor, teaching a variety of introductory craft classes.

November 8 | \$49

Cathedral Village, 600 E. Cathedral Rd,
Roxborough

\$15 materials fee payable to the instructor.

COLD PROCESS SOAP MAKING

Sa from 12:30 PM to 4:00 PM

AC30. Leave with 2 lbs. of your own customized soap incorporating oils such as coconut, olive, palm and cocoa butter with lye and water. The lye goes through the chemical reaction of saponification and is not present in the end product. This hands-on class will give you an overview of the process along with handouts to help your success making more in the future. After the soap has "cured," you will have hard, cleansing, lathering, moisturizing bars of soap. Give as gifts or keep for yourself.

Dora Johns has been a registered nurse for more than thirty years and uses her science and math skills in her cold process soap making classes. Dora has been teaching soap making to Mt. Airy Learning Tree students since 2014!

November 1 | \$49

Wesley Enhanced Living, 6300 Greene St.

\$48 materials fee payable to the instructor.

Bring a sturdy bag to take home your soap.

No experience required. Due to the use of lye, you must wear a long-sleeved shirt (cotton or natural fiber preferred); instructor will provide all supplies including safety equipment. All students must be 18 years of age or older.

FUN WITH WATERCOLOR TECHNIQUES

F from 10:00 AM to 12 PM

AC31. If you have always wanted to paint with watercolors, but have been afraid to try, this course is the perfect place to start. It's geared for beginners. Learn several tricks to creating beautiful watercolors even if you have never painted before. Each session will begin with a short demo of a different watercolor technique. Students will then have plenty of time to experiment.

Rebecca Hoenig has been an artist and art teacher for several decades. She is particularly inspired by nature and begins most of her work with drawing and observation from life.

October 3-24 | \$89

4 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

BYO materials or buy them from the list provided upon registration.



Explore your creativity in our 50 arts and crafts classes!

DRAWING AND PAINTING FOR ADULTS

AC35. Come to Mindy's studio, where you can work indoors, masked, or outdoors, unmasked. It's been a great place for making all kinds of art! This class is for teens and adults who want to develop their drawing and painting skills and hone their artistic vision. The focus will be on representational art work, but abstraction, invention, and three-dimensional projects will also be options. You will get to choose your own drawing and/or painting projects and materials, with as much guidance or freedom as you would like. Beginners, seasoned artists, and everyone in between are welcome. Come join this relaxed, supportive community of artists cheering each other on, learning from each other, and creating an artistic home together, while enjoying working in Mindy's studio!

Mindy Flexer is a professional artist and certified art teacher. She takes each student seriously as an artist and works to help each one meet their own artistic goals. She loves sharing her passion for art with people of all ages and walks of life, and believes in the power of art to transform people, communities, and the world. She has taught with MALT since 2009!

A. Tu from 9:00 AM to 11:00 AM

September 30 - October 28 | \$120
5 sessions

B. Tu from 9:00 AM to 11:00 AM

November 11 - December 16 | \$144
6 sessions

C. Th from 2:00 PM to 4:00 PM

September 25 - October 30 | \$120
5 sessions, (no class 10/2)

D. Th from 2:00 PM to 4:00 PM

November 6 - December 18 | \$120
5 sessions, (no class 11/20 or 11/27)

Mindy Flexer Art School, 5225 Greene St. Note: Participants will need to wear masks at class.

If you would like to paint, you may bring your own materials or use the acrylic paint at the studio for a \$10 fee.



Cats, dogs, iguanas, parakeets...all pets welcome!

PAINT YOUR PET!

Sa from 9:30 AM to 12 N

AC32. Painted pet portraits are a beautiful way to celebrate, honor, or memorialize your beloved pet. In this beginner-friendly class, you will create an acrylic painting of your pet based on a reference photo. In the process, you will learn techniques for accurately reproducing an image as well as adding your own personal imagination and style to the portrait. Every student will complete a pet portrait by the end of two sessions. We will also use group discussion to share and learn from one another. This class is open to adults, as well as kids ages 10+ to attend with an adult.

Sondra Rosenberg is a local artist and art therapist. She studied visual art at Oberlin College and earned her MA in art therapy at NYU. Working in a range of media and subject matter, she creates art for personal expression, private commissions, and in support of organizations that promote social justice and community development. Her art practice has been informed by her work as an art therapist for women with eating disorders and related mental health struggles.

October 4-11

Individual | \$64

Parent & Child | \$106

2 sessions

Unitarian Universalists of Mt. Airy
6900 Stenton Ave.

A supply list will be provided by the instructor after registration. Or, students may choose to purchase supplies at the first class for a \$20 materials fee.

JAPANESE CALLIGRAPHY

Su from 1:30 PM to 3:30 PM

AC34. Experience the meditative and creative art of Japanese calligraphy in this unique and inspiring workshop. You'll practice basic brush strokes while learning proper posture and the mindful approach essential to this traditional art form. Explore the beauty of kanji characters, write your name in Japanese, and combine art, language learning, meditation, and self-expression in one enriching experience. No prior experience is necessary, as every step will be guided, allowing participants to follow along easily and create their own calligraphy masterpiece to take home. Embrace the opportunity to try something new and different, fostering a sense of accomplishment and self-efficacy through this timeless art. All materials are provided—just bring your curiosity!

Natalie Mancini grew up in Japan and is a native speaker of Japanese. She holds a master's degree in Japanese linguistics. Since 2009, Natalie has been teaching Japanese at various institutions across the U.S. and has developed curricula ranging from introductory to advanced levels. Additionally, she practiced calligraphy throughout her school years in Japan.

November 9 | \$39

MALT Office, 6601 Greene St.

\$5 materials fee payable to the instructor

BEADING & STRINGING 101: JEWELRY MAKING BASICS

W from 6:30 PM to 8:30 PM

AC37. In this perfect beginner's beading class, create a bracelet with a professional look using stainless steel wire, clasps, crimps, and crimp bead covers. Students will learn the basics of stringing and design, including proper use & application of jewelry tools. You will have access to a wide selection of colors and shapes of semi-precious gemstones to include in your bracelet design.

Shannon Johnson is a certified k12 teacher, aromatherapist, and jewelry designer who uses essential oil education and jewelry making to support emotional wellness. As a licensed loan broker, she believes emotional and mental well-being for all ages is essential to building a strong foundation in financial literacy. She is a native Philadelphian but now resides in Atlanta, GA, and has been teaching with MALT for over 9 years!

October 15 | \$34

Summit Presbyterian Church, 6757 Greene St. at Westview

\$25 materials fee payable to the instructor.

NEW NUNO-FELTED SILK SCARF

Su from 11:00 AM to 5:00 PM

AC36. Make a beautiful, lightweight scarf to wear year-round. We start with a length of silk (of your choosing) and lay out wool fibers to create a one-of-a-kind, decorative piece of wearable art. Art is therapy, and felting is contagious! You will have fun, get funky with fibers, and work with your hands to create something new. This is a long class; we will make sure there are ample breaks and time to stretch. Bring lunch and/or snacks.

Marcie Ziskind is an artist who works with animal fibers called "roving" to make felt and items that are created from felt. She always created using various textiles and embroidery because she comes from a family of textile workers and artists. Marcie has studied with fiber artists around the world and has been introduced to many different felting techniques and projects. She has refined her felting skills and is now a full-time artist. Marcie exhibits her work at notable crafts fairs in the Philadelphia area.

October 26 | \$89

Woodmere Art Museum
9201 Germantown Ave.

Students must bring the following to class: small buckets for water, two towels, scissors, a small container of dish soap, a tape measure, a silk scarf no longer than 72 inches, and roving (fiber) 6 to 8 oz. Merino or Corriedale fiber. This can be found on Livingfelt.com, or can be purchased directly from the teacher for \$50 per person which you will indicate upon registration. Please DO NOT use any fibers that are not specific about the breed of wool (ie, Merino or Corriedale). Generally, fibers purchased from hobby stores are not good for wet felting. There is a \$5 materials fee for bubble wrap and resist material payable to the teacher at class for all participants. Please note that the process of felting is physical and requires the use of hands, arms and fingers.



Learn the techniques to make a lovely nuno-felted silk scarf with artist Marcie Ziskind.



Create a beautiful botanical mandala with Carin Sauerwein.

NEW BOTANICAL ALCHEMY: MANDALA BANNERS WITH NATURE

Sa from 10:00 AM to 12 N

AC38. Step into the magic of the natural world through Botanical Alchemy. In this relaxing, sensory-rich workshop, students will create a nature mandala on a cotton banner using hand-dyed fabric and seasonal botanicals. We'll explore color, composition, and intuitive design as we work with plants to make something meaningful. You'll leave with a one-of-a-kind hanging artwork and a renewed sense of connection to nature, and yourself. All materials provided, but students are welcome to bring personal botanicals to infuse their story into the piece.

Carin Sauerwein is a natural dyer, artist, and educator with over 25 years of experience in botanical dyeing. After leaving the corporate fashion world, she founded Dye on the Side to reconnect with nature, creativity, and community. Her teaching practice is rooted in sustainability, sensory play, and creating calm through color.

October 25 | \$44

Woodmere Art Museum, 9201 Germantown Ave.

\$15 materials fee to be paid to instructor. Includes: prepped 22" x 22" cotton banner dried/preserved/ fresh botanicals, dye, and take-home packaging. Students may bring their own botanicals for added personalization.



Every color under the rainbow!

NEW EARTH PAINT PALETTE: HANDCRAFTED NATURAL WATERCOLOR

W from 5:30 PM to 7:30 PM

AC39. Discover the hidden color in plants and earth in this two-part workshop to create your own watercolor paints using pigments made from locally grown plant materials, clay, and charcoal. Together we will transform natural dyes into lake pigments, create our own natural binders and preservatives, and mull pigment into vibrant, custom, handcrafted watercolor paint. Each participant will leave with: A deeper understanding of natural pigment processes. A handcrafted watercolor palette made from local earth and botanical sources. Skills to continue pigment and paint making on your own. This workshop is ideal for artists, plant lovers, and anyone curious about making art more connected to natural places and processes.

Nicole Dupree is a teaching artist and founder of Indigo in Green--a Mt. Airy-based creative workshop producing artisanal, natural art supplies and educational resources. You can find botanical inks made by Nicole in the museum shop at the Philadelphia Museum of Art and in the Welcome Center at Bartram's Garden. For more nature art projects, field trips to green spaces, and plant portraits, watch Nicole on Indigo in Green, Saturdays @ 9AM on PhillyCAM.

November 5-19 | \$64
2 sessions, (no class 11/12)

Wyck House, 6026 Germantown Ave.

\$15 materials fee to be paid to instructor.

MAKING ART MAKES US SMARTER: PASTELS

W from 1:30 PM to 3:30 PM

AC41. This course welcomes newcomers as well as those who want to renew pastel skills. You will receive instruction in both chalk and oil pastels, including various color application techniques, and paper explorations. Pastel can be applied energetically in broad strokes like paint or in fine layers like drawing. Vibrant colors and strong covering power make this medium fun and exciting. We will be working in a safe, air-filtered room, and masks will be strongly recommended to protect our health.

Marcia Jones, MFA, is a teaching artist in Mt. Airy with 50 years experience teaching art to all ages, in art centers and art schools. Her instruction-based teaching method, which she named Making Art Makes Us Smarter (c.2010), represents her passionate belief in the regenerative power of creative art. Marcia's primary mediums are watercolor and pastel. Her work can also be seen at Le Bus in East Falls, and in private collections. She was awarded MALT's Barbara Bloom Teacher Award in 2022.

October 8 - November 5 | \$110
5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Supply list provided by teacher after registration.

WATERCOLOR AND DRAWING FOUNDATIONS

Tu from 1:30 PM to 3:30 PM

AC40. Join in the fun of learning how to handle materials and processes in drawing and watercolor in a supportive, friendly environment. Receive hands-on instruction in basic watercolor washes, color mixing, line drawing and shading techniques. We do a few projects together with plenty of hands-on instruction. The class welcomes newcomers as well as those who want to brush up on their skills!!

Marcia Jones, MFA

September 16 - October 14 | \$110
5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

A supply list will be sent to you when you register.

WATERCOLOR & DRAWING LEVEL 2

Tu from 1:30 PM to 3:30 PM

AC43. This course is for those who have taken Watercolor & Drawing Foundations with Marcia, or for those who would like to take Level 2 again. Our projects vary from season to season and will primarily focus on advanced color mixing, brushwork and the handling of edges. We will expand the basic primary palette used in Watercolor & Drawing Foundations to learn more about the specific characteristics of watercolor. Our projects will include still life, landscape, or any other subject which inspires us!

Marcia Jones, MFA,

October 21 - November 25 | \$110
5 sessions, (no class 11/18)

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

A supply list will be sent to you when you register.

IKEBANA FOR BEGINNERS

W from 6:30 PM to 8:30 PM

AC33. Learn about the history of Ikebana design, then create a Shoka-style arrangement using a custom-made ceramic flower holder shaped like a butterfly created by the instructor. The flower holder's shape holds flowers to create a sustainable nature or ecological garden to reach enlightenment through meditation, which is the goal of the Ikebana. In addition to hands-on learning, Makiko will share images from her travels to Japan's wild camellia forest to inspire students' arrangements. Remember to bring a floral vase for displaying the flower holder and a small bucket for transporting your creation home. You will leave the class with a fragrant and beautiful arrangement and the skills to enjoy creating Ikebana meditative arrangements at home.

Makiko Goto-Widerman is a graduate of Showa Women's University in Japanese literature and language. She has organized award winning homestay tours to Japan, is a graduate of UMass Amherst's Arts Interdisciplinary Studies program, offers workshops in floral design, including Ikebana, and champions the art of traditional Japanese cooking.

October 22 | \$39

Church of the Annunciation,
324 Carpenter Lane

There is a \$35 materials fee for flowers and flower holder payable to the instructor.

EXPRESSIVE COLLAGE

F from 10:00 AM to 12 N

AC44. Get your emotions and creative juices flowing, express your artistic vision or simply let your subconscious guide you as you combine images and colors to produce a work of art. Expressive collage is fun, playful and for everyone who wants to create with paper. Absolutely no previous art experience is necessary. You will be amazed at how easy, relaxing, and rewarding it is to make a collage. You are welcome to bring your own photographs, magazines and papers to class, but know that everything you need to create work will be provided. Rebecca has a vast collection of magazines, wrapping papers, newspapers and calendars. Scissors and glue will be provided as well.

Rebecca Hoenig has been an artist and art teacher for several decades. She is particularly inspired by nature and begins most of her work with drawing and observation from life.

November 7-14 | \$49
2 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

\$5 materials fee payable to the instructor.

SIP & CREATE POTTERY CLASS: BYOB INTRO TO CLAY

Sa from 6:30 PM to 9:00 PM

AC46. Working with clay is meditative and relaxing. Learn how to make an awesome handbuilt coffee mug while relaxing with a glass of wine (BYOB), in a convivial and focused environment. This is the perfect low-key way to see why making pottery is so popular! Come find your inner artist with us!

Janice Strawder, MFA, has been teaching the art of ceramics for over thirty years. She enjoyed a five year artist residency at The Clay Studio in Philadelphia, where she continues to teach. Janice is a co-founder of Rebel Potters in Germantown where she manages the studio and teaches clay classes. Janice's ceramic works include wood and salt fired functional pottery, tile and mosaic, all with an emphasis on decorative surfaces.

A. September 27 | \$49

B. October 25 | \$49

Rebel Potters, 6139 Germantown Ave.

\$22 materials fee payable to the instructor.

INTRODUCTION TO SCREENWRITING

W from 6:30 PM to 8:30 PM

WMo1. This class teaches the practical, technical and creative approaches to writing for the screen. Students learn about visual storytelling, screenplay structure and formatting from an experienced working screenwriter. Students who have an interest in screenwriting will have their eyes opened and minds blown in this comprehensive course, learning how to conceive of a story for the screen, writing an outline for a screenplay and then start to write a screenplay.

David Greenberg has been writing screenplays professionally for over twenty-five years. He teaches screenwriting at Drexel University and has also taught at University of the Arts, Temple University, Moore College of Art, Arcadia University and Montgomery County Community College. His book *Screenwriting for Micro-Budget Films* has been called one of the greatest screenwriting books of all time by bookauthority.org. His feature writing-directing debut, *Stomping Ground*, is distributed by Breaking Glass Pictures.

October 15 - November 19 | \$119
6 sessions

Mt. Airy Axis, 520 Carpenter Ln.

NEW INTERMEDIATE & ADVANCED SCREENWRITING WORKSHOP

Tu from 6:30 PM to 8:30 PM

WM1o. If you have screenwriting basics down, join us for an informal workshop to bring in your projects and exchange feedback with other writers. Present your script, get tips from screenwriting professor David J. Greenberg, and learn from peers who are on the same journey as you.

David Greenberg

December 2-16 | \$74
3 sessions

Mt. Airy Axis, 520 Carpenter Ln.

NEW EXPLORING THE PAST: A HISTORY BOOK CLUB

Tu from 6:30 PM to 8:00 PM

WMo2. The History Book Club will read and discuss history books in a friendly, casual, and inquisitive setting. Selected titles will cover topics such as the city of Philadelphia, the East India Company, ideas from antiquity, and Africa's role in shaping the modern world. No prior knowledge or expertise is expected—just a curiosity about other times and places. Students should take this course if they're interested in why the world works the way it does today. While not a comprehensive or exhaustive study of history, the course is meant to open our imaginations to past events—both as fascinating stories in their own right and as ways to better understand our present and future. We welcome all students, whether you're well-versed in history or simply curious about why it's worth reading.

In September, we begin close to home with *Philadelphia: A Narrative History* by Paul Kahan, an engaging look at the city's pivotal role in American history. In October, we shift focus to *The Anarchy* by William Dalrymple, a gripping account of the rise of the East India Company and its impact on South Asia. November brings *The Map of Knowledge* by Violet Moller, which traces the transmission of ancient ideas through Islamic and European worlds. We close the year in December with *Born in Blackness* by Howard W. French, a powerful reexamination of Africa's central role in the making of the modern world. Students can find these books at the Free Library of Philadelphia, or local bookshop.

Eric Tillberg studied Art History in college and International Relations in graduate school. He has been interested in politics, culture, and history for years. Eric ran a history book club in Durham, NC from 2019 to 2024, which was well-loved.

September 30, October 28
November 18, December 16 | \$44

4 sessions

Unitarian Universalists of Mt. Airy
6900 Stenton Ave.



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www.mtairylearningtree.org.

NEW WRITING A NEW YORK TIMES' MODERN LOVE-STYLE ESSAY

Tu from 10:00 AM to 11:30 AM

WMo3. For more than 20 years, the New York Times has published a weekly "Modern Love" column that's carved out a niche in the world of personal essays. Modern Love focuses on the human connections that shape--and sometimes unravel--our lives, and each one tells a story. In this course, we'll study some Modern Love essays and what makes them special. Students will then develop and craft their own (which they can submit if they choose), with teacher support and peer discussions.

Writing a Modern Love column can be deeply meaningful and quite different from classic personal essay-writing. Writing about oneself can be both inspiring and emotionally challenging, but we all have stories, large and small, and we have all experienced memorable personal connections. Putting these stories to paper and figuring out how to tell them can enrich our own lives, and enrich the lives of those with whom these stories are shared. The instructor will offer her own insights and experience, and guide students along the path of studying these essays, exploring their style and format, and then writing their own essay. In this class we'll learn from each other, and everyone's stories will be valued. Students are welcome to submit their essay to Modern Love after the class is complete, but should focus their joy on the process, not the outcome. (The column receives about 10,000 submissions a year and publishes one a week.)

Jennifer Couzin-Frankel is a longtime award-winning science journalist and writer, spending more than 20 years on staff at Science and appearing in other publications. After studying the Modern Love essay format, she wrote, submitted, and published the Modern Love essay, "After a Suicide, a Security Guard for the Heart," about an unusual friendship that followed tragedy.

October 7 - November 4 | \$84
5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

\$5 materials fee payable to the instructor.



Write a Modern Love essay with Jennifer Couzin-Frankel

FUN WITH POETRY

Tu from 6:30 PM to 8:00 PM

WMo4. Poetry is another way to tell a story, by exploring one's own truths, observations, feelings, and even humor. Poetry is more than rhyme schemes and syllable counts - it can be fun! You will have the opportunity to experiment with your inner poet, even if you don't think you have one. This course is an outlet to connect individuals to their own poetic design, allowing a brave space to try new things without judgment. No experience necessary: all you need is curiosity. At the end of the course, students will have a small collection of poetry (3-10+) to build on their own if so inspired.

Sarah O'Connor has been writing since childhood, making little chapbooks, and leaving them on public transit for others to find. She loves sharing the experience of writing with others through an in-person connection. Sarah has led writing workshops for women living in shelters due to family violence, and in doing so, discovered the inspiring power of poetry. She has studied creative writing at the University of Pennsylvania and recently completed a diploma in creative writing at the University of Oxford.

November 18 - December 9 | \$64
4 sessions

Chestnut Hill Friends Meeting,
20 E. Mermaid Lane

The course will be pen and paper based. Electronic devices are discouraged (unless needed) as to provide sensory downtime from screens.



Naila Francis

NAVIGATING GRIEF THROUGH WRITING

Tu from 6:00 PM to 7:30 PM

WM05. There's no denying how heavy, overwhelming, and disorienting grief is, which leads many of us to resist giving it space in our lives, or to carry it like a private, unspoken burden. But to avoid our grief is to also limit our capacity to engage with all of life, including its beauty and joy. This class offers a gentle, guided space to explore the words, the stories, the memories and feelings in your heart that are longing to be expressed. We'll use poetry and the practice of writing to honor your grief. Sessions will include grounding meditations and visualizations, shared poems about grief to help you access your emotions around your losses, and invitations to journal in response to guided prompts. We'll explore poems about connecting with your loved ones, how grief manifests in your body and your life and self-care while grieving. This is a space to be validated and affirmed in your experience while also finding comfort, support and connection with other grievers.

Naila Francis is a writer/poet, certified grief coach, interfaith minister and death midwife. She helps people transform their relationship to grief and loss through one-on-one coaching, workshops, rituals and ceremonies. Her work is often informed by her love of poetry, nature and spiritual practice. She is also a founding member of Salt Trails, a Philadelphia collective honoring grief through community rituals and gatherings.

October 7-28 | \$64
4 sessions

Unitarian Society of Germantown,
6511 Lincoln Dr.

Please bring a journal to write in to class.

WRITING THE PERSONAL ESSAY ONLINE

F from 12 N to 1:00 PM

WM06. If you want to write about your own life, but don't know where to start, the personal essay offers a unique and accessible formal container requiring both deep self-reflection and cultural observation. In this class, we will study selections from Philip Lopate's seminal collection, *The Art of the Essay*, including essays by Montaigne, Woolf, and Baldwin. Simultaneous to studying the masters of this genre, students will brainstorm, draft, and revise their own personal essay through in-class prompts, writing exercises, and teacher feedback.

Llana Carroll holds a B.A. in Literature from Purchase College/SUNY and an M.A. and Ph.D. in English: Cultural and Critical Studies from the University of Pittsburgh. Llana has taught non-fiction and essay writing at several colleges and universities and is currently an Assistant Teaching Professor of English and Philosophy at Drexel University. Her own writing has been published in several academic journals.

September 26 - November 7 | \$79
6 sessions, (no class 10/10)

The Comfort of Your Own Home

NEW WRITING POETRY AS A FORM OF RESISTANCE

Tu from 6:30 PM to 8:00 PM

WM07. Are you struggling to wrap your head around all of the chaos? Writing poetry is one way to help channel your rage while engaging your creativity. Writing poetry has been shown to reduce stress and anxiety, and increase feelings of hope. In this class, we will read a variety of different resistance-themed poems and then take time to write our own. Students will receive a small poetry journal, writing prompts each week, and tactics about making poetry writing a regular practice. We'll also save some time at the end of each workshop for anyone who would like to share what they've written. No experience necessary!

Lori Litchman is a freelance writer and poet. She's also a former high school English teacher who loves sharing her passion for the written word with anyone interested. She enjoys creating safe writing spaces that help people unleash their inner muse.

November 4-18 | \$49
3 sessions

Cliveden Historic Trust, Carriage House
6401 Germantown Ave.



Nathan Long is teaching Flash Fiction Workshop and Making Sourdough Bread.

FLASH FICTION WORKSHOP

M from 7:00 PM to 8:30 PM

WM08. What is Flash Fiction? Simply, very short fiction, usually under 1000 words. In this workshop, we'll read and practice various types of flash fiction, including the dribble (50 words), drabble (100 words) and even the 6 word autobiography! Come prepared to experiment, try new forms and improve your fiction writing skills. Students will get a chance to write many short stories, learn various fiction techniques, as well as read a variety of stories and take away various prompts to try at home.

Nathan Ailing Long grew up in rural Appalachia, earned a BA in literature and an MFA in creative writing, and now lives in Philadelphia while teaching at Stockton University in NJ. Their work appears on NPR, and in over 100 publications, including *Best Short Fictions 2023*, *Best Microfictions 2020*, *Tin House*, *Master's Review*, *Electric Lit*, and *Witness*. The *Origin of Doubt*, their collection of fifty short fictions, was a 2019 Lambda Award finalist. Nathan has been writing and teaching about flash fiction for over 20 years and still loves reading a new flash story. They are also teaching *Making Sourdough Bread*, see page 42.

November 17 - December 8 | \$64
4 sessions

Church of the Annunciation, 324 Carpenter Ln.

THE REVISING CONUNDRUM: A WORKSHOP ON STRENGTHENING YOUR LITERARY WORK ONLINE

Th from 6:30 PM to 8:15 PM

WM09. Most writers dread it...the revision phase. It can be daunting, painful, and confusing for any writer, especially if you don't know what to look for. But like writing itself, revising is a skill that takes time and persistence. In this craft talk and workshop, we'll discuss the importance of multi-level revisions, review various approaches, and explore examples of revision in practice. This class is open to writers of all genres. Participants will leave with a new appreciation for this necessary phase and a more robust revision toolkit to use in their work.

Chelsea Jackson is a writer, editor, and writing coach, and the author of the poetry collection *All Things Holy and Heathen* (April Gloaming). Their work has been featured in *Fatal Flaw*, *Coffin Bell Journal*, and *Beyond Queer Words* among other publications, and they were a finalist in *Animal Heart's 2022 Poetry Collection Contest*. Chelsea has an MFA in Poetry from Drew University and is the Co-Editor of *The Maine Review*. They live in Richmond with their partner and cuddly pitbull.

November 20 | \$34

The Comfort of Your Own Home

SPIRITUAL AUTOBIOGRAPHY

Tu from 7:00 PM to 8:30 PM

WM11. We define ourselves not only through formative personal experiences but also through emulating role models, subscribing to theories of personality development, or perhaps embracing religious or spiritual practices. If you want to explore more thoroughly the roots of your own character and how you might further develop your spirituality, this is your course! Through writing and dialogue we will examine the roots of our own biographies. You will be offered a large selection of readings. Enjoying reading is helpful but not a must.

David Low, M.S., Ph.D., D.Th., is a former religion adjunct professor, substance abuse counselor, entertainer (small-circus juggler), and spirituality textbook author (*Universal Spiritual Philosophy and Practice*), and an ordained interfaith minister who maintains a private counseling practice in Philadelphia. Years ago he spent two years with rural travelling circuses, and does occasional charity gigs today.

October 14 - November 11 | \$84
5 sessions

St. Paul's Episcopal Church
22 E. Chestnut Hill Ave.

NEW PUBLISH YOUR BOOK. LIVE! ONLINE

Tu from 7:30 PM to 9:00 PM

WM12. Ever consider writing and publishing a book? In this class, we'll pull back the curtain on Amazon's Kindle Direct Publishing (KDP) platform. You'll watch as we walk step by step through uploading a manuscript, designing a cover, setting prices, and hitting "publish" – all in real time. By the end, you'll know exactly how to take your book from your laptop to Amazon's shelves worldwide.

Max Rivers is the lead mediator at Two Rivers Mediation where he is a professional couple's mediator. He self-published his book "Loving Conflict" on Amazon.com.

October 14 | \$39

The Comfort of Your Own Home

BEGINNING ADULT PIANO

W from 6:30 PM to 7:30 PM

WM15. Improve your listening, memorization and problem-solving skills, while learning to play beautiful music! This course will cover the essentials: clefs, note reading, fingering, counting/meter, dynamics, body/hand position, and basic music theory. A look into the piano will help you understand how this classical instrument works as well. You will gain a sense of accomplishment in the multitasking aspects of playing the piano. Simple at-home exercises will reinforce the class work, and daily practice is strongly encouraged. Students will need to bring their own keyboards to the class.

Stephanie Ben-Salem holds a BA and MA in piano performance, as well as a MA in education, and has been teaching students from all ages, abilities and backgrounds for the past 44 years. Besides the piano, she is very proficient in violin, cello, sitar, darbouka, santoor, and tabla as well as a plethora of other instruments. She has been a performing artist for over 50 years throughout the US and Europe.

October 15 - November 19 | \$109
6 sessions

Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

\$10 materials fee payable to the instructor at the first class for a piano lesson book.

BEGINNING GUITAR

W from 6:30 PM to 7:30 PM

WM32. Did you always want to learn to play the guitar? Join us for a small group class that covers the essentials. Learn the parts of your instrument, basic skills for playing chords and basic rhythm skills while having fun. Students will need to provide their own instrument and personal patience.

Craig Carracappa is a recently retired high school media production teacher with over 23 years of teaching video production. He has volunteered at the Philadelphia Folk Festival for over 40 years and has 45 years of experience playing guitar and singing. Craig is also teaching Basic Video Production, see page 36.

September 17 - October 22 | \$99
6 sessions

Chestnut Hill Hospital, 8835 Germantown Ave

FOR THE LOVE OF SINGING, PART 1

Sa from 9:30 AM to 11:30 AM

WM21. Singing is a joyous experience. The sound and feeling of it moves us both physically and emotionally and speaks to us more deeply than most other forms of expression. For the Love of Singing will explore this joy, develop your understanding of what it is to sing, what stops us from singing, and explore breathing for singing, vocal range and some basic music skills. Musical selections will range from spirituals to contemporary popular. No music reading skills needed.

Connie Koppe has been finding joy in singing since she was 6. She has been teaching actors, singers and CEOs to build and use their voices more effectively for over 30 years. She has taught at the University of the Arts and gives private speech and singing lessons from her home in Germantown. Connie has taught singing for the Learning Tree since 2001. She is particularly interested in promoting confidence in students of all ages to use their singing voices for their own joy. She is also teaching Create Dodecahedron Ornaments, see page 16.

October 11 - November 22 | \$104
7 sessions

Church of the Annunciation, 324 Carpenter Ln.

\$5 materials fee payable to the instructor.

NEW MUSIC APPRECIATION

W from 7:00 PM to 8:15 PM

WM14. How do you feel when your favorite song comes on the radio? Why do you gravitate towards the music that you like? This course will provide space to answer these questions as well as give practical knowledge of music theory, music history, and listening skills. These classes will culminate with a live performance spanning multiple musical genres. Participants will learn the Six Elements of Music, basic musical notation, aural skills (how to listen) and more.

Caitlin Lee, M.M., is a classically trained cellist and has worked in the music industry as a performer and teacher for the past 20 years. Originally from the Midwest, Caitlin has held positions with the Wichita Symphony, Amarillo Symphony, Lubbock Symphony, as well as teaching positions at Hesston College and Bethany College. Currently exploring Philadelphia's art scene at large, she is passionate about ALL types of art and music and wishes to spread her joy, expertise, and knowledge with others!

October 8 - November 5 | \$74
5 sessions

United Lutheran Seminary,
7301 Germantown Ave.

INTRO TO THE JAM

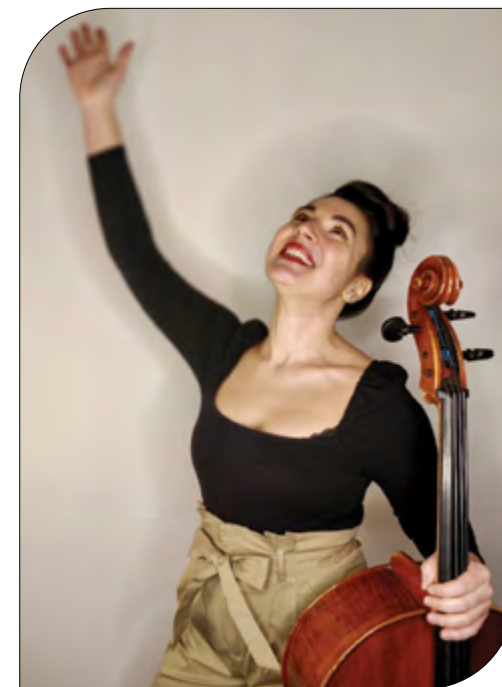
Th from 6:00 PM to 8:00 PM

WM22. Are you a "closet musician"? Been meaning to dust off your instrument? Professional shower singer? Let's jam! Any musician, from novice to professional, is welcome to join for a low-stakes, easygoing jam session. Let's make music together with no expectations and no audience. Music and genre will be guided by participants, but please advise in advance if your instrument needs electricity. A laptop, tablet, smartphone is recommended to download chord charts that we select at the jam. This will be a great way to experiment, have fun, and meet other musicians in the community.

Ben Buono has a B.S. in Astrophysics from Mount Union College and 7 years with NASA in Greenbelt MD working with the unmanned spacecraft attitude and orbit determination sections. As far as music, he has been playing guitar since he was eight.

October 9-16 | \$39
2 sessions

Wesley Enhanced Living, 6300 Greene St.



Music Appreciation Teacher Caitlin Lee

BEGINNING CELLO

Sa from 10:00 AM to 11:30 AM

WM25. Join our immersion class designed for cello enthusiasts. You'll learn to hold the cello and bow comfortably, explore techniques like "pizzicato" and "arco," and use your senses to create pitch, tone, rhythm, and dynamics. Whether you're a curious beginner or considering ongoing lessons, you'll enjoy producing the cello's beautiful sound. Live music by a professional cellist will accompany your journey, and no prior musical background or reading skills are required. Plenty of time for questions is available. This class is for those who love the cello and want to experience playing it firsthand.

Karla Holland-Moritz is a retired San Diego Symphony cellist with a Master of Music Performance degree from Yale, and many years of experience playing professionally and teaching. Last year she started an ongoing cello teaching project in Suriname, South America to teach students not only to play, but to also train them to become teachers since there were no cello teachers in this small country.

November 1 - December 13 | \$109
6 sessions, (no class 11/29)

Private music studio near McCallum and Lincoln Dr.

The instructor is eager to help facilitate the rental of cellos for this class. She will contact you as soon as you enroll, to advise and guide you with information on options for obtaining a rental cello. Please do not under any circumstances order a cello in any price range online!

PLAY THE UKULELE: GETTING STARTED

Tu from 6:30 PM to 7:30 PM

WM26. This is a beginner's level workshop covering 10 basic chords, how to tune the uke, how to hold it and some basic strumming patterns. Beginner song book and chord chart provided. Anne will also share ukulele resources. Course may be adapted based on proficiency and interests of participants.

Anne Stevenson Smith has been playing ukulele for 15 years. As a music major, with a history of singing and playing other instruments, she found the ukulele to be a perfect fit. She is a leader of the Philadelphia Mainline ukulele meetup group. Anne focuses on sharing basic chords and best practices, and has been teaching and doing uke workshops for years. As part of the duo Ten Strings Two Hearts, Annie is playing professionally with her partner as a member of the Philadelphia Folksong Society's Musical Artists Cooperative.

September 23 - October 28 | \$79
6 sessions

Church of St. Martin-in-the-Fields,
8000 St. Martin's Ln.

\$2 materials fee payable to the instructor

NEW THE BASICS OF ACTING + MONOLOGUE MASTERY

Th from 7:30 PM to 9:00 PM

WM23. This foundational class is designed to build confidence, creativity, and on-camera readiness in actors. Over four engaging sessions, students will explore acting essentials: from presence, breath, and movement to emotional truth and character work. Each class includes engaging movements and practices for actors, monologue coaching, and tools to help students feel free, focused, and prepared. Whether you're dreaming of the stage, curious about film, or just want to grow in self-expression, this course is the perfect place to begin.

Denisha Marriott has over 17 years of experience in the entertainment industry. She began her acting journey in theater and later transitioned to working in TV and film; and soon began training actors. She has worked with actors that have booked work on Disney, Hulu, HBO, Comedy Central, Universal Studios, Netflix, and more. She is a huge believer that every actor in the world can reach their goals by being grounded in their faith and putting the work in to excel to new heights.

October 9-30 | \$89
4 sessions

Chestnut Hill Hospital, 8835 Germantown Ave

NEW BOOKED & ROOTED: THE BUSINESS SIDE OF ACTING INTENSIVE

F from 7:30 PM to 9:00 PM

WM24. This course is for the actor who's ready to go from passion to profession. In just two sessions, we'll dive deep into how the industry works; from building a standout actor's resume and preparing for headshots to submitting for castings, setting up professional self-tapes, and understanding creative income when not acting on stage of film, agents, managers, and unions. We'll also touch on mindset, emotional grounding, and next steps to move forward with confidence. Ideal for beginners or anyone seeking clarity on the business side of acting.

Denisha Marriott

November 7-14 | \$59
2 sessions

Chestnut Hill Hospital, 8835 Germantown Ave

INTRODUCTION TO IMPROV COMEDY

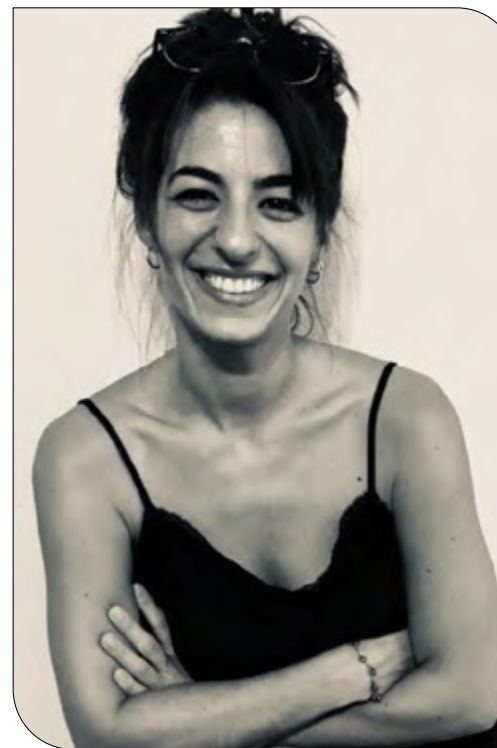
Tu from 6:00 PM to 7:30 PM

SRO6. If you've seen shows like SNL, MadTV, or In Living Color, you've seen the foundations of longform improv. In this class, you'll learn to create unscripted scenes on the spot using the core principle of "Yes, And." Longform improv is all about communication, listening, and supporting your scene partners while building longer, more dynamic scenes. You'll develop confidence, spontaneity, and creativity: all while having a great time stepping into different characters and situations.

An Nichols is an established performer in the Philadelphia community. Within the world of Improv, she trained at Philly Improv Theater and the Magnet and has performed in the PA & NJ Ren Faires, Bright Invention Ensemble, Philly Improv Theatre Conservatory, Lancaster Improv, and more! She has served as the diversity advisor for ImprovUtopia and directed Improvised Star Trek for ImprovFest Ireland.

October 7-28 | \$74
4 sessions

Summit Presbyterian Church
6757 Greene St. at Westview



French Teacher Julia Podgorssek

UNO DOS TRES - VERY BASIC SPANISH

Th from 11:30 AM to 12:30 PM

WM33. Have fun with your friends and neighbors by learning common Spanish words and phrases. We will play games, listen to music, and focus on greetings and introductions. This class is for the ultimate beginner, with no Spanish knowledge.

Megan Do Nascimento is a Mt. Airy resident who is trilingual in Spanish, English and Portuguese. Megan lived in Spain, works in International sales and has travelled extensively throughout the Spanish-speaking world. Megan is passionate about immigration issues and dedicated some of her time doing work in Matamoros, Mexico with Team Brownsville.

October 16 - November 20 | \$74
6 sessions

Center on the Hill, Presbyterian Church of
Chestnut Hill, 8855 Germantown Ave.

Fern Bell Scholarships

Thanks to our donors we have a limited number of need-based scholarships available for the Fall term. Call our office if you need financial assistance to attend a class at 215-843-6333.



INTRODUCTION TO SPANISH

Tu from 4:30 PM to 6:00 PM

WM34. ¡Vamos! You've been wanting to learn a new language for ages - now is the time to get started! This small, entertaining instructor-led course will give you a jump-start on speaking Spanish right away. It's so much more effective and organic than those language apps. This is a beginner-level course for folks with little-to-no Spanish experience.

Megan Do Nascimento

September 30 - October 28 | \$74
5 sessions

Wesley Enhanced Living, 6300 Greene St.

CONVERSATIONAL SPANISH

Tu from 6:00 PM to 7:30 PM

WM35. Have you been practicing your Spanish on your own, but ready to learn in community? Let's take it to the next level! This Spanish course is for folks who have a basic grasp of Spanish language (vocabulary, basic conjugations) and are ready to apply those skills in a laid-back setting. Class participation is encouraged in this conversational class!

Megan Do Nascimento

September 30 - October 28 | \$74
5 sessions

Wesley Enhanced Living, 6300 Greene St.

BEGINNER FRENCH

W from 4:45 PM to 6:15 PM

WM38. Join our beginner French class, led by a native French speaker, and start learning essential language skills for everyday life. You'll learn how to greet and introduce yourself, talk about your passions, order food at a restaurant, ask for directions, and explore basic vocabulary for colors, numbers, and the city. We'll also cover pronunciation tips and basic grammar to help you build a strong foundation. This fun and practical course is a great way to meet new people from the community and share a common curiosity for the French language and culture!

Julia Podgorssek was born and raised in France and has been teaching French in the US for over 10 years.

October 22 - December 10 | \$109
8 sessions

MALT Office, 6601 Greene St.



IMPROVE YOUR FRENCH THROUGH CONVERSATION!

W from 6:30 PM to 8:00 PM

WM39. This intermediate French conversation group offers a French immersion experience and is perfect for anyone looking to improve their speaking skills in a friendly, relaxed setting with fellow francophiles and a native speaker. You'll engage in lively discussions, watch French videos, listen to podcasts, and read articles from France to expand your vocabulary and boost comprehension. We'll also address tricky grammar and pronunciation issues to help you feel more confident. If you want to speak French with confidence while meeting new people, this class is for you! You'll practice with real French materials, improve your pronunciation, and tackle grammar in a fun, practical way. You'll leave each session feeling more fluent and connected to the language—and enjoy every minute of it!

Julia Podgorsek

October 22 - December 10 | \$109

8 sessions

MALT Office, 6601 Greene St.

INTRODUCTORY JAPANESE CONVERSATION

Sa from 11:00 AM to 12:30 PM

WM36. Let's speak in Japanese! In this course, you'll practice basic Japanese conversation through model dialogues and a variety of speaking exercises. You'll learn how to ask and answer simple questions in Japanese, and by the end of the session, you'll be able to engage in basic conversations and simulate real-life situations like ordering at restaurants and shops. No prior experience with Japanese is required. Connect with others and enjoy learning to speak Japanese together!

Natalie Mancini grew up in Japan and is a native speaker of Japanese. She holds a master's degree in Japanese linguistics. Since 2009, Natalie has been teaching Japanese at various institutions across the U.S. and has developed curricula ranging from introductory to advanced levels. Additionally, she practiced calligraphy throughout her school years in Japan.

October 18 - November 15 | \$80

5 sessions

Church of St. Martin-in-the-Fields, 8000 St. Martin's Ln.

ASL LEVEL 1: ABC BOOK LESSONS 1-5

WM18. Beginners Learn American Sign Language (ASL) in a relaxed learning environment with structured and spontaneous dialogue. You will develop appropriate conversational strategies unique to Deaf Culture while learning ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL.

Deaf- Hearing Communication Center, Inc. (DHCC) accomplishes their mission through communication access services, education and advocacy. DHCC advocates for Deaf and Hard of Hearing individuals to help them gain communication access to services, businesses, educational institutions and their own places of employment. All DHCC ASL classes are taught by experienced Deaf instructors who look to not only teach ASL, but will also cover key ideas and stories about Deaf culture and history.

A. October 6 - December 15 | \$193

M from 2:00 PM to 4:00 PM, (no class 10/13)

B. October 8 - December 10 | \$193

W from 6:30 PM to 8:30 PM

10 sessions

Church of St. Martin-in-the-Fields, 8000 St. Martin's Ln.

Our Level 1 classes utilize the textbook *A Basic Course in American Sign Language (ABC) - Second Edition*, which can be purchased separately from Amazon, eBay, or www.diglo.com. The textbook costs approximately \$40 to continue for Levels 2, 3, and 4 in the future.

ASL LEVEL 3: ABC BOOK LESSONS 11-16

M from 6:30 PM to 8:30 PM

WM19. This is the third level of American Sign Language (ASL) classes. This class is intended for students with some prior knowledge of ASL – specifically, students who have already taken and passed ASL Levels 1 and 2 or who have been evaluated into this level (in the case of students who already have prior knowledge but didn't take classes with DHCC). In this class, you will continue to learn ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL.

Instructor provided by **DHCC**.

October 6 - December 15 | \$193

10 sessions (no class 10/13)

United Lutheran Seminary
7301 Germantown Ave.

ASL Level 3 classes utilize the textbook *A Basic Course in American Sign Language (ABC) - Second Edition*, which can be purchased separately from Amazon, eBay, or www.diglo.com. The textbook costs approximately \$40 to continue for Level 4 in the future.

ASL LEVEL 3: ASL AT WORK UNITS 9-12

M from 10:00 AM to 12 N

WM20. This is the third level of American Sign Language (ASL) classes. This class is intended for students with some prior knowledge of ASL – specifically, students who have already taken and passed ASL Levels 1 and 2 or who have been evaluated into this level (in the case of students who already have prior knowledge but didn't take classes with DHCC). In this class, you will continue to learn ASL vocabulary, ASL grammar, Deaf culture, and the history of Deaf culture and ASL.

Instructor provided by **DHCC**.

October 6 - December 15 | \$193

10 sessions (no class 10/13)

Church of St. Martin-in-the-Fields, 8000 St. Martin's Ln.

Textbook Required: *ASL at Work*. If you do not already have a copy of the textbook, please contact asl@dhcc.org.

SCREENING US POLITICS

Th from 2:00 PM to 5:00 PM

WM40. During this course, we will review several classic and contemporary dramatic films about US politics. Films that are both well-crafted and entertaining will stimulate discussion about how dramatic narratives can expose the actual mechanics of local, state, and national politics throughout our nation's history. Films to be discussed include: *The Last Hurrah* (1958), *Iron-Jawed Angels* (2004), *Lincoln* (2012), *All the Way* (2016), and *Rustin* (2023). This is a lively film discussion class for anyone who likes to dig deeper into the content and craft of dramatic films and share their observations with others, and for political history buffs.

Barbara Sheehan is a lover of great film and literature. She holds a M.Ed. in Educational Media and MAE in English and has taught at local colleges and in the community.

October 16 - November 13 | \$59

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Would you like to share a skill or talent with your neighbors?

October 1 is the deadline to submit class proposals at www.mtairylearningtree.org for the Winter term.

NEW PHILADELPHIANS IN CLASSIC MOVIES AND TELEVISION

W from 2:00 PM to 4:00 PM

WM41. This class will explore the important roles Philadelphia played in the early days of the movies – from behind the lens silent film producer Siegmund Lubin, and film composer David Raksin who penned the immortal “Laura,” through the contributions of on-screen stars Lionel Barrymore, Jeanette MacDonald, Grace Kelly, and many more. Let's learn and reminisce about “golden age” television innovations, and meet early Philadelphia television personalities. Our talk concludes with a classic TV trivia quiz and a challenging “Name That Tune” contest.

Rick Spector founded Moviehouse Productions in 1983, educating and delighting community groups throughout the Delaware Valley with his multi-media nostalgia programs. His core works includes a multi-part series on the popular history of Philadelphia.

November 5 | \$34

Wesley Enhanced Living, 6300 Greene St.

NEW THE FILMS OF PETER SELLERS: A CENTENNIAL CELEBRATION

M from 5:00 PM to 8:00 PM

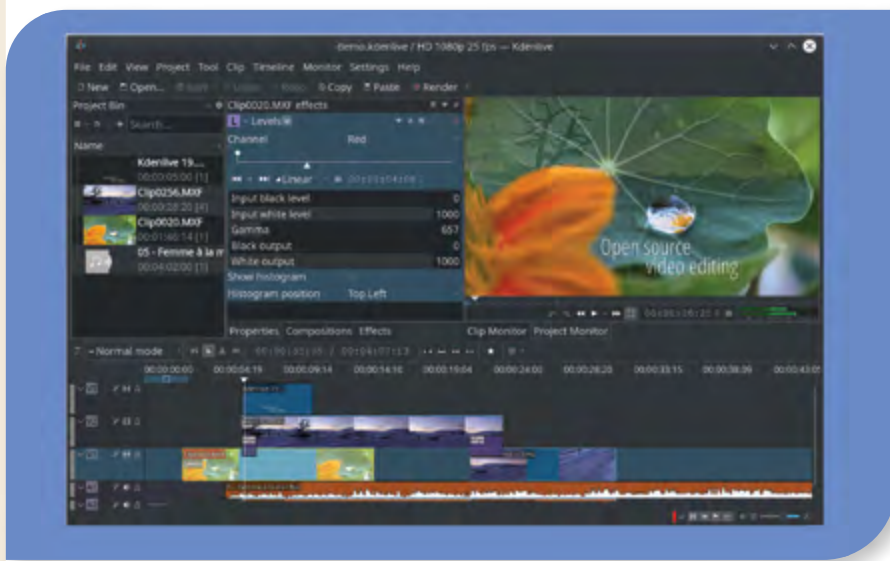
WM42. Dr. Strangelove, Chance the Gardener, Fred Kite, and Chief Inspector Jacques Clouseau are just a few of the characters created by the versatile comic genius Peter Sellers. In honor of his hundredth birthday, we'll watch some of his best films and examine his decades-long career in radio, stage, TV and movies.

Andrew Gilmore has been studying the history of American entertainment since 1995, and has a BA from Arcadia University in Theater and American Recorded Popular Entertainment.

September 15 - November 24 | \$99

10 sessions, (no class 10/27)

Private home near Millman and Rex in Chestnut Hill



NEW BASIC VIDEO PRODUCTION

Tu from 6:30 PM to 8:00 PM

CC09. Video production skills are critical in today's digital age, no matter what industry you're in. In this intensive 7-week course taught by a recently-retired high school media production instructor, we will cover the five stages of video production from concept through editing and posting. We will brainstorm, plan a shot list, and discuss production shooting, reshoots and rewrites, and then edit and export your videos.

Craig Carracappa is a recently retired high school media production teacher with over 23 years of teaching video production. He is also teaching Beginning Guitar, see page 30.

September 16 - October 28 | \$109
7 sessions

United Lutheran Seminary
7301 Germantown Ave.

Students will need use of a phone and a computer (desktop or laptop). We will utilize free open-source software.

PODCASTING: SHARE YOUR STORY WITH THE WORLD

Tu from 7:00 PM to 8:30 PM

CC08. You have a story that needs to be heard, and thanks to developments in technology of the past decade, it has never been easier to put it out into the world. Learn how to craft a compelling narrative and leverage inexpensive recording and editing workflows to sound your best and reach your audience. In this course, you will plan, record, edit, and release an audio podcast. You will find yourself a full member of a world of audio storytellers, able to hold your own artistically and technologically in a relatively new, ever-evolving creative pursuit.

Noah Teachey is an audio educator with an MA in Music & Music Education from Columbia University Teachers College. He has released 165 hours of audio podcasts and worked with hundreds of students on their own audio creations. Before moving to Philadelphia, Noah worked as a public school music teacher in the Bronx.

October 21 - November 25 | \$99
6 sessions

North Light Community Center, 175 Green Lane, Manayunk

GETTING TO KNOW YOUR IPHONE

Sa from 10:00 AM to 12 N

CC01. Have you just purchased a new iPhone, which was recommended by your daughter or son who told you that you can't live without it? Or are you seriously considering buying one and want to learn more beforehand? Were you advised that it would help you organize your life? Discover some of the wonders of the iPhone and learn how to become more productive in this fun and hands-on two-part course. Students with an iPhone should bring it to class and are encouraged to discuss their favorite apps. Designed for all iPhone models currently in use.

Nina Epstein is known as the Digital Diva and has been an information technology instructor and consultant for over 25 years, helping individuals and small business owners use technology to solve their computing problems.

November 8-15 | \$49
2 sessions

Presbyterian Church of Chestnut Hill
8855 Germantown Ave.

NEW DESIGNING PARTY FAVORS WITH CANVA

Sa from 10:00 AM to 12 N

CC12. Unlock your creativity and learn how to design stunning, personalized party favors using Canva! This beginner-friendly class will guide you through the fundamentals of Canva's basic elements and templates, helping you create custom labels, gift tags, and favors for your next party. By the end of the course, you will have the skills and confidence to create unique, print-ready party favors that guests will love. No prior design experience is needed—just bring your ideas and enthusiasm!

Janice Henderson was an educator for 34 years, and used Canva during her teacher career to create worksheets, displays, and instructional resources. She now uses those same skills to design images for tumblers, t-shirts, and party favors. Her passion has always been crafting, whether it is scrapbooking, creating balloon displays, or designing digital images. Janice has a Masters degree in Instructional Technology and is Google certified.

October 25 - November 1 | \$49
2 sessions

United Lutheran Seminary,
7301 Germantown Ave.

Participants will need to bring their own laptop to class (tablets are also OK, but laptop is preferred). There is a \$5 materials fee for sample party favors and printing costs.

INTRODUCTION TO 3D PRINTING

Su from 11:00 AM to 12:30 PM

CC11. 3D printers allow you to turn digital into reality, and over the last several years have reached both a price point and an ease of use that makes them as accessible as ever. This course will cover the very basics of 3D printing, including how the machines work, the different types available, how a digital file is processed through to being a printed object, and where to find content to print. Get ready to take the plunge into the world of 3D printing!

Mike Finnell is a Philadelphia based IT professional with over 20 years of experience working with new technologies. He began his own dive into 3D printing in 2022 and what started as curiosity quickly expanded into designing and publishing his own 3D models for others to enjoy, primarily around his other hobby, Geocaching. See his Introduction to Geocaching class on page 70.

October 26 | \$39

Chestnut Hill Hospital, 8835 Germantown Ave.



CREATE YOUR WEBSITE WITH WORDPRESS

Tu from 10:00 AM to 12 N

CC05. WordPress makes it possible to have your website up and running in 24 hours. The reason it continues to be a popular choice for website building is that no coding is necessary. We will start from the beginning and gradually build on the previous material. We will also explore Templates, Page Builders and the impact of AI on website creation. Please bring a laptop to class (Mac or PC).

David Grauel

November 25 - December 9 | \$89
3 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

Please bring your own laptop to class if possible. Please let us know if you will need to borrow a laptop for class; limited supplies available.

EXCEL FOR BEGINNERS - A FUN INTRODUCTION

Sa from 10:00 AM to 11:30 AM

CC03. This easy-paced class is designed especially for those who want to learn the basics of Microsoft Excel. You'll discover how to enter and organize information, use very simple formulas, and easy to read charts and tables. No prior experience needed – just a willingness to try something new in a supportive and relaxed environment. Please bring a laptop to class (Mac or PC).

Denise Thomas has over 20 years of experience in Human Resources, and has dedicated her career to empowering individuals and fostering growth. She is a computer enthusiast with over 30 years of hardware and software experience. She prefers spending a day at Micro Center or Best Buy rather than at the mall.

November 15 - December 6 | \$59
3 sessions (no class 11/29)

North Light Community Center, 175 Green Ln



Karl Morris

NEW SCAM SPOTTING: PROTECTING YOURSELF ONLINE AND BEYOND

Sa from 10:00 AM to 12 N

CCo2. As technology has become more sophisticated and complex, so have the scams that utilize it. Whether it's cold calls, impersonating loved ones, or generating deep fakes, scammers are constantly finding new ways to defraud us. This course will present an overview of modern-day financial scams, what to look for, and how to avoid them.

Karl Morris, Ph.D., is a professor of computer science at Temple University. He studies software development, smart systems, and education. He also has over 20 years of experience as a technologist and consultant in private, public, and non-profit sectors.

October 4 | \$34

United Lutheran Seminary,
7301 Germantown Ave.



**MALT has
254 classes in
our Fall term!**

MALT classes in cooking, yoga, pilates and dancing will give you and yours healthier bodies all year long. Our classes in financial planning can give your family peace of mind for years to come. Our music and art classes make the world a better place. With such a variety of offerings the possibilities are endless!

Give a MALT Gift Certificate!

WINDOWS 11 MADE SIMPLE

Tu from 10:00 AM to 12 N

CCo4. Windows 11 is a Microsoft operating system for personal computers. In this class you will learn to use Windows - how to access multiple programs, organize files, change computer settings, arrange your desktop, save and print documents. Students will need to bring their own laptop with Windows 11 installed.

David Grauel comes to MALT by way of NYC where he was a Technical Support and Training Specialist in Microsoft Office products for such companies as Goldman Sachs and Morgan Stanley. As part of the Human Resources Administration, he trained supervisors and staff, worked the Help Desk, and performed network troubleshooting.

October 7-21 | \$89
3 sessions

Center on the Hill, Presbyterian Church of
Chestnut Hill, 8855 Germantown Ave.

Please bring your own laptop to class if possible. Please let us know if you will need to borrow a laptop for class; limited supplies available.

PROTECTING YOURSELF, YOUR DEVICES AND YOUR DATA

Th from 6:30 PM to 9:00 PM

CCo7. This class will focus on what you need to know to stay safe in an increasingly digital world. Topics to be covered include identifying and avoiding spam, scams, ripoffs and invasions of privacy, preventing hackers from taking over your device, protection against viruses and other malware, using backups to avoid data loss, and keeping your private information out of the wrong hands both before and after your device reaches the end of its life. While much of the discussion will involve Windows PCs, most of the concepts involved also apply to Apple computers, and Android/iOS phones, tablets and other devices.

Alan Silverblatt has been a caseworker and an attorney. More recently he's had a decades long career in information technology, serving as a programmer, technical instructor and writer, and now an independent computer consultant to individuals, small businesses and nonprofits. After retiring from his last day job, he's enjoying model railroading, hosting a rock and blues show on G-town Radio, playing in a band, and sharing with others his knowledge of technology, car buying and investing. Alan is teaching How To Buy A Car Without Getting Taken For A Ride, see page 58.

October 9 | \$39

United Lutheran Seminary
7301 Germantown Ave.

NEW WINE TASTING: SELECTIONS FROM AREA BOTTLESHOPS

W from 7:00 PM to 9:00 PM

CKo1. Several years ago, as the Pennsylvania Liquor Control Board started relaxing stringent sales laws, independent wine shops started opening up in the Philadelphia area featuring wines that are typically not available in the state-run Wine & Spirits stores. As a result, all sorts of unusual, independently produced, and off-the-beaten-track wines are available to the discriminating connoisseur with a taste for the rare and uncommon. Join us as we delve into some of the offerings from specialty shops that you perhaps were not aware even existed and which will delight your senses!

Rodney Chonka has toured wineries throughout Europe and the US and has led wine tastings at MALT since 2009.

A. October 29 | \$47

B. November 5 | \$47

Cliveden Carriage House
6401 Germantown Ave.

\$13 materials fee is included in the \$47 course fee per person for this class.

BEER TASTING: DEMYSTIFYING THE BEER AISLE

Sa from 5:00 PM to 7:00 PM

CKo7. Ever feel overwhelmed by choice when trying to buy beer? Join Orr Shtuhl for a special class set in a bottle shop. You'll taste through the best finds of the day while learning how to choose the beer that's best for you, as well as advanced tips like selecting for freshness and Philly's hidden gems. The class will end with some guided shopping time, so you can try out your new skills and bring some beer home.

Orr Shtuhl is a James Beard-nominated food writer and educator. He has taught beer classes at Murray's Cheese, the Bedford Cheese Shop, and with his own beer tours project, The Bestest. He was the Washington City Paper's first beer columnist, and his writing has also appeared in The New York Times, Gastronomica, Serious Eats, and NPR.

September 27 | \$34

The Foodery Chestnut Hill
7829 Germantown Ave.

\$13 materials fee payable to the instructor.
Bring funds to shop after class!



Beer Expert Orr Shtuhl

NEW BEER AND CHEESE PAIRING

F from 7:00 PM to 9:00 PM

CKo8. Cheese pairings can be intimidating at first—but Orr Shtuhl and Alexandra Jones want to give you the tools to feel confident and able to unlock their pleasures. Join them for a curated tasting that will open your mind and expand your palate. By the end of class, you'll feel excited to experiment with pairings of your own.

Orr Shtuhl

Alexandra Jones is an award-winning writer and cheese educator. Her work has appeared in publications like Food & Wine, Epicurious, Civil Eats, and the Philadelphia Inquirer. Alexandra's first book, *Stuff Every Cheese Lover Should Know*, was published in 2020. She received the Daphne Zepos Research Award in support of research on cheese and climate change in 2023.

November 14 | \$39

Private home near Mower and W Sedgwick St.

\$20 materials fee payable to the instructor.

THE ART OF CLASSIC MIXOLOGY

M from 7:00 PM to 8:30 PM

CK05. The classic cocktail is back in fashion. As in old fashioned, Sazeracs and sidecars. Your friends will be stirred by your mixological prowess while you remain unshaken as you pour the perfect martini. In this introductory class, you will learn how to create a dozen or so elixirs that have stood the test of time. In the process, you'll learn some entertaining history of each to pass along to your guests along with the hors d'oeuvres.

Liz Aubry began her restaurant career as a host and busser in order to put herself through college. Her experiences in the hospitality industry led to her infatuation with it. At 22 she became a bartender and never looked back. She loves the creativity, sounds, smells, and tastes involved in mixing a drink, and the fast paced yet family-like vibe of restaurants. She sees making cocktails akin to cooking: an emotionally rewarding way to bring people together. She is a bartender at Mt. Airy's own Commodore Barry Club and Bar Lizette.

November 17 | \$34

Commodore Barry Arts and Cultural Center, 6815 Emlen St.

Class is from 7:00 to 8:30 pm with optional after class socializing til 9:30 pm.

There is a \$15 materials fee payable to the instructor at the class.

THE SCIENCE OF NOUVEAU MIXOLOGY

M from 7:00 PM to 8:30 PM

CK06. Graduates of "The Art of Classic Mixology" and other wet-bar wizards will enhance their art of classic cocktail making with some intoxicating science. Discover special ingredients and techniques; make split based cocktails; produce syrups and shrubs; and learn how to fat-wash your favorite drink (yes, those bacon-infused old fashioned are delish!) Incorporate herbs, fruits and spices sagely and invent your own unique signature cocktail!

Liz Aubry

September 22 | \$34

Commodore Barry Arts and Cultural Center, 6815 Emlen St.

Class is from 7:00 to 8:30 pm with optional after class socializing til 9:30 pm.

There is a \$15 materials fee payable to the instructor at the class.

PERFECT PIES: HANDS-ON BAKING WORKSHOP

F from 6:00 PM to 8:30 PM

CK09. Learn the secrets of pie making with JuneBug Sweet Treats. Learn how to make flaky all-butter pie pastry from scratch! Roll out dough, crimp pie edges, and cut out shaped dough for a top crust. Work with lots of fresh fruit to build a flavorful, delicious pie. Have fun with other awesome students learning and baking together.

June Daley is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

November 21 | \$34

Unitarian Society of Germantown
6511 Lincoln Dr.

\$25 materials fee payable to the instructor. Please also bring a rolling pin.

PLANT-BASED CHEEZES FROM A FORMER DAIRY QUEEN

Tu from 6:00 PM to 8:00 PM

CK11. This class is NOT just for the lactose intolerant or dairy avoiding vegans! No need to give up on the flavors and textures of cheese as we all know and love it! We will cover spreads, sauces, dips, and blocks of various cheezes. Come see how fun, quick and easy it is to stock your fridge with nutritious, delicious, and creamy renditions of the old favorites! Everything sampled and presented will be dairy and gluten free and low glycemic index.

Dorothy Bauer spent most of her adult life in Berkeley, California where she was able to take classes at Living Light Culinary Institute and study with world renowned raw chef and author, Elaina Love.

October 14 | \$34

Unitarian Society of Germantown
6511 Lincoln Dr.

\$15 materials fee payable to the instructor.



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www.mtairylearningtree.org.

NEW MUSHROOM MAGIC

Tu from 6:00 PM to 8:00 PM

CK12. Come explore the many delicious and creative ways to use mushrooms, nature's superfood! From faux crab cakes and shroom jerky to mushroom crackers and beverages (with and without caffeine), we'll taste and talk about it all. You'll also enjoy familiar favorites like pizza and quiche, reimagined with a healthy twist. All recipes are dairy-free, gluten-free, and low glycemic index. Mushrooms are great for immunity, focus, and mood. Plus, they're packed with umami flavor! Bring to-go containers for samples. If you have any food sensitivities or aversions, please let us know in advance so we can offer substitutions.

Dorothy Bauer

December 9 | \$34

Unitarian Society of Germantown
6511 Lincoln Dr.

\$20 material fee payable to instructor at the first class.

FABULOUS FOCACCIA

CK17. A fun & easy way to learn to make bread that the whole family will enjoy. Students will learn how to make their own focaccia from start to finish, including fermentation management techniques, shaping, and tips for using home equipment. Each student will leave class with a half-sheet of focaccia! Beginners welcome.

Lyssa Thompson has worked in kitchens for almost a decade, and has been studying bread since 2019. She apprenticed at San Francisco Zen Center and has worked at PARC, Dead King Bread, L'imprimerie and the James Beard nominated She Wolf Bakery in New York City. Her area of concentration is naturally leavened doughs, however she also has a wide range of experience including yeasted doughs, laminated products, pastry, and, of course, focaccia.

A. October 22 | \$39

W from 6:00 PM to 8:00 PM

B. December 5 | \$39

F from 6:00 PM to 8:00 PM

Unitarian Society of Germantown
6511 Lincoln Dr.

\$10 materials fee payable to the instructor.



Learn to create festive and delicious charcuterie boards and grazing tables for your holiday guests!

NEW BOARDS & BITES: HOLIDAY CHARCUTERIE AND GRAZING TABLE BASICS

Th from 6:30 PM to 8:00 PM

CK14. Get ready to wow your guests this holiday season! Join Anne for a fun and festive workshop where you'll learn the art of creating beautiful charcuterie boards and impressive grazing tables. Whether you're hosting a cozy get-together or a big holiday bash, she'll cover everything from the essentials to presentation tips that will make your celebration special! You'll learn how to pair cheeses, meats, and seasonal accompaniments; explore creative styling techniques for a balanced and eye-catching board; discover tricks for prepping ahead and keeping things fresh; and get tips for scaling up from a board for two to a full grazing table. Come hungry and ready to get inspired—this is part instruction, part tasting, and all about celebrating the season in style. Perfect for beginners or anyone wanting to elevate their holiday hosting game!

Anne McNiff has been a Mt. Airy resident for a little over 19 years. She has been making food look appetizing and special on boards and tables long before it became all the rage. A self-proclaimed "foodie," Anne enjoys discovering all the ways she can utilize many local products in her charcuterie boards and grazing tables.

November 6 | \$39

Essential Community Connections
8030 Germantown Ave.

\$20 materials fee payable to the instructor.



NEW GOURMET CAKE BATTER COOKIES

F from 6:00 PM to 8:00 PM

CK19. Have you ever wanted to make cookies but never have the time it takes? Think again! Indulge in the ultimate cookie experience with our signature cake batter cookies. We've unlocked the secret to the perfect texture by starting with a rich, moist cake mix, creating a dense and wonderfully chewy bite. Each cookie is then elevated with gourmet touches; think rich, molten chocolate chunks, a hint of pure vanilla bean, and a delicate sprinkle of flaky sea salt to finish. It's our little secret to a truly sophisticated treat that tastes like it came from a high-end bakery.

June Daley is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

October 17 | \$34

Unitarian Society of Germantown
6511 Lincoln Dr.

Please bring \$20 materials fee payable to the instructor, and a container that can hold 10 cookies.

THE ULTIMATE SCONE

F from 6:00 PM to 8:30 PM

CK20. An evening of hands-on fun. JuneBug will teach you the keys to making flaky and tender scones, including how to properly cut the butter into the flour; the results might even convert any scone skeptics in your life into scone lovers. Together, we'll make a sweet and a savory variety of buttery scone.

June Daley is the owner of JuneBug Sweet Treats, a small-batch bakery in King of Prussia, PA where LOVE is always the first ingredient.

November 14 | \$34

Unitarian Society of Germantown
6511 Lincoln Dr.

\$20 materials fee payable to the instructor.

Delicious Bread Baking

Learn the skills to bake yummy bread, receive a sourdough starter to bake at home, or learn how to twist a perfect Challah.

MAKING SOURDOUGH BREAD

Sa from 3:00 PM to 6:00 PM

CK21. Are you interested in learning the art of sourdough baking? Join our workshop to discover the entire process, from creating and caring for your own starter (it's easy!) to baking delicious bread. During the session, you'll taste a sample of freshly baked bread and leave with your own small loaf, dough to make another loaf, and a starter to continue baking at home.

Nathan Alling Long has been baking bread for 30 years. They have worked at a commercial bakery as well as cooked at an organic restaurant, a commune, and for a meditation retreat. During the pandemic, they took on making sourdough when gifted a 15 year old starter, which will be shared with the participants. Nathan is also teaching our Flash Fiction class on page 29.

November 1 | \$42

Unitarian Society of Germantown
6511 Lincoln Dr.

Please bring a medium (2 quart) bowl, a 12-20 oz jar with lid, and a sturdy stirring spatula. There is a \$10 materials fee payable to the instructor.

BAKING CHALLAH WITH MINDY

Tu from 6:00 PM to 8:00 PM

CK22. Just in time for Rosh Hashanah, learn to bake traditional challah bread, perfect for the Jewish Sabbath and any day of the week. This delicious bread also makes the best leftovers for French toast and bread pudding! Don't be intimidated by yeast—whether you're a novice or experienced in bread baking, this class will help you master the art of challah and add it to your repertoire.

Mindy Shapiro is a longtime challah baker and loves teaching this class through MALT. She is also teaching Papercut Cards, see page 16, and Zentangle® Renaissance Tiles, see page 19.

September 16 | \$34

Unitarian Society of Germantown
6511 Lincoln Dr.

\$7 materials fee to be paid per person when registering for class. Please bring: measuring cup, measuring spoons, medium size bowl for kneading, soup spoon, loaf pan, and a light cotton cloth to cover bowl.



Audrey and June Donaldson

NEW PHILLY STYLE DANCE: BOP, CHA-CHA & STRAND FOR ABSOLUTE BEGINNERS

Th from 6:30 PM to 7:45 PM

DA14. Beloved Philly dance instructors June and Audrey Donaldson return to MALT to teach this fun, no-pressure introduction to partner dancing! Learn the basics of three classic social dances: Bop, Cha-Cha, and the Strand; popular at weddings, family parties, and Oldies/R&B events. This class is designed for absolute beginners, with simple steps, easy rhythms, and a welcoming vibe. No partner needed, just bring your enthusiasm. Whether you're gearing up for a special event or just want to feel more at ease on the dance floor, June and Audrey will help you build skills and confidence, one step at a time.

June and **Audrey Donaldson** are educators with over 35 years combined teaching experience. Together they share the joy of dance at a variety of events, such as festivals, dance conventions, school programs, and fundraisers.

October 2-16

3 sessions

Individual | \$69

Couples Fee | \$119

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

NEW SILVER SCREEN CHORUS DANCERS

Tu from 7:30 PM to 8:30 PM

DA04. Inspired by dance on screen during the Golden Age of Hollywood, this class will transport you back in time and give you the chance to join in on the fun. Students will learn a choreographed routine based on authentic, traditional jazz dance steps. This class is designed for all levels and genders, and perfect for those interested in a structured approach. Two left feet? Come on over!

Frances Emberley is a dancer, instructor, and researcher with an interest in early twentieth-century American social dances originating in Black communities, such as the Lindy Hop and Charleston. She has been teaching dance for the past nineteen years and is a Ph.D. candidate in Dance at Temple University, where her research focused on both historical and ethnographic perspectives to explore the culture, aesthetics, pedagogy, and preservation of Black American social jazz dances.

September 23 - October 28 | \$89
6 sessions

Wissahickon Dance Academy
38 E. School House Lane

Students will need a low-heeled character shoe for class. A list of recommended shoes is available through the instructor or MALT office.

BALLET FOR ADULTS AND TEENS

W from 7:30 PM to 8:45 PM

DA15. Have you always wanted to try ballet, or did you take it as a child? This beginning to intermediate ballet class is an opportunity to begin, resume, or continue ballet, stay in shape, and have fun! You will learn ballet vocabulary and through the traditional sequence of exercises at the barre and in the center, you will improve balance, coordination, and flexibility. Enjoy exploring this beautiful art form with a creative and inspiring instructor experienced in teaching adults and meeting them at their level. This class is for ages 14 and older. Please wear comfortable dance/athleticwear and ballet shoes.

This class is taught by a member of the faculty of the Wissahickon Dance Academy.

A. September 24 - October 29 | \$124

B. November 5 - December 10 | \$124

6 sessions

Wissahickon Dance Academy
38 E School House Ln.



Marck "Flaco" Best (center, white cap), teaching his dance class at Flaco's Dance Studio.

BACHATA FOR SINGLES AND COUPLES

DA08. For those of you who have avoided dance classes because you didn't have a partner, here's your chance! Or bring a partner and learn the steps to be able to feel confident on the dance floor. There's no excuse now! Bachata is one of the newer Latin rhythms rising in popularity, in no small part because it's as easy as 1-2-3 (4), as fun as Merengue, as sexy as Salsa, and as sensual as Tango. It doesn't take long to become good at this dance. Flaco calls it, "Instant Cool." After you learn to move, an optional outing to a real Latin night club is also a part of this experience!

Marck "Flaco" Best is a native of Mt. Airy. As a master teaching artist, he holds roster artist positions with such prestigious arts education agencies as Young Audiences of NJ & PA, AIE, and Arts Horizons, and has a long-standing relationship with The Painted Bride Art Center, where he appears frequently. His passion lies in teaching men to dance with the women in their lives.

A. September 17 - October 22

W from 7:30 PM to 8:30 PM

B. October 29 - December 10

W from 7:30 PM to 8:30 PM (no class 11/26)

Individual | \$89

Couples Fee | \$169

6 sessions

Flaco's Dance Factory, 411 Old York Rd
Jenkintown

PHILLY BOP

DA10. Philly Bop is hot right now, and MALT has its hottest teacher. Begin with the basic steps of jitterbug at a slightly slower tempo and with more graceful and fluid movements. Then learn the more challenging part of improvisation. Bringing a partner is optional but always encouraged. This is the real deal, ladies and gents. The success rate of students in this class is astounding! Try it for yourself. You won't believe your feet.

Tony McFadden began dancing 50 years ago, and for over 20 years he has taught dance. He finds fulfillment in teaching students how to groove to great music and have fun. Since retiring eight years ago, he's been traveling nationwide, competing in dance competitions and leading dance events. Alongside line dancing, Tony teaches classes in Bop, Cha Cha, Salsa, Strand, 2-Step and Basic Line Dance. He also enjoys teaching basic Waltz, Bachata, Tango, Hustle, Foxtrot, Chicago Steppin, Etc.

A. September 18 - October 23

Th from 6:30 PM to 7:30 PM

B. October 30 - December 4

Th from 6:30 PM to 7:30 PM

Individual | \$104

Couples Fee | \$180

6 sessions

Flaco's Dance Factory, 411 Old York Rd
Jenkintown

BEGINNING SALSA

DA07. Salsa Dance Class: Immerse yourself in the vibrant and rhythmic world of salsa with our dynamic dance class. Originating in the lively streets of New York in the 1960s, salsa is a fusion of Cuban dance music, like Son and Rumba, and American influences such as swing and tap. This class will not only teach you the fundamental steps and techniques of salsa but also delve into the rich cultural history that shaped this energetic dance form. From its roots in Cuba, where the influence of Latin American rhythms met American creativity, to the emergence of distinct styles like Cuban and Colombian salsa, our class explores the global journey of salsa. Whether you're a beginner or an experienced dancer, join us as we celebrate the universal appeal of salsa, a dance that has captivated hearts and moved feet across continents, from New York to Benin and Ghana. We have captivated hearts and moved feet across continents, from New York to Benin and Ghana. We have captivated hearts and moved feet across continents, from New York to Benin and Ghana. We have captivated hearts and moved feet across continents, from New York to Benin and Ghana.

Marck "Flaco" Best

Himasha Gunasekara's love for dance began in 2010 in Sri Lanka when she took Latin dance classes with her sister. After moving to New York in 2013, she fell in love with salsa and continued dancing after relocating to Philadelphia in 2019. At Flaco's Dance Factory, she found a welcoming community and now enjoys teaching, sharing her knowledge, and inspiring others with the joy of dance.

A. September 20 - October 25

Sa from 6:30 PM to 7:30 PM

Flaco's Dance Factory

B. November 1 - December 6

Sa from 6:30 PM to 7:30 PM

Flaco's Dance Factory

C. September 17 - October 22

W from 6:30 PM to 7:30 PM

Flaco's Dance Factory

D. October 29 - December 3

W from 6:30 PM to 7:30 PM

Unitarian Universalists of Mt. Airy,
6900 Stenton Ave.

Sections A and B:

Taught by Instructor **Marck "Flaco" Best**

Sections C and D:

Taught by Instructor **Himasha Gunasekara**

Individual | \$89

Couples Fee | \$169

6 sessions

For Classes at Flaco's Dance Factory:

The dance studio is located close by in Jenkintown. The classes include MALT students and students from the dance studio. Students will change dance partners in class.

LEARN SALSA!
CLASSES OFFERED IN MT. AIRY
AND JENKINTOWN!

DATE NIGHT DANCE

F from 6:30 PM to 9:00 PM

DA13. Grab your dancing shoes and a partner for an evening at Flaco's Dance Factory! Dance your way into an exciting date night, learning new moves that you can take out again and again. You'll be impressing your friends with your dance skills in no time, and having fun doing it! This date night evening will include lessons in two different rhythms.

Marck "Flaco" Best

October 3 | \$50 per couple

Flaco's Dance Factory, 411 Old York Rd
Jenkintown

CLASSIC R&B LINE DANCING!

DA12. These dances go back to the days of Dick Clark, The Geator and The Guy with the Goods. We'll groove to the music of the 60's and 70's learning the line dances from that same period, some of which are still enjoyed in clubs! This class is designed to focus on memory and sequencing, and is low to medium impact.

Tony McFadden began dancing 50 years ago, and for over 20 years he has taught dance. He finds fulfillment in teaching students how to groove to great music and have fun. Since retiring eight years ago, he's been traveling nationwide, competing in dance competitions and leading dance events. Alongside line dancing, Tony teaches classes in Bop, Cha Cha, Salsa, Strand, 2-Step and Basic Line Dance. He also enjoys teaching basic Waltz, Bachata, Tango, Hustle, Foxtrot, Chicago Steppin, Etc.

A. September 20 - October 25 | \$89

Sa from 10:00 AM to 11:00 AM

B. November 1 - December 6 | \$89

Sa from 10:00 AM to 11:00 AM

6 sessions

Flaco's Dance Factory, 411 Old York Rd
Jenkintown

1,2,3 LINE DANCE WITH ME...B-LUV

W from 6:30 PM to 7:30 PM

DA11. Learn a variety of line dances in this fun-filled experience, featuring both classic and new, easy, popular dances. Enjoy step-by-step instruction for dances commonly enjoyed at parties, on cruises, at weddings, and other festive events. Join B-Luv for a delightful dance class suitable for everyone.

B-Luv, a Choreographer/Instructor is a 32 year pioneer, trailblazer in the line dance community. She has won a plethora of awards including 2 Lifetime Achievement Awards, Choreographer of The Year and Philadelphia Dance Legend! She has worked with several artists in the music industry which include Grammy Award Winner Peabo Bryson! She has been given the gift to do what she truly LOVES to do....choreography and dance and it is her passion!

October 8 - November 12 | \$89

6 sessions

United Lutheran Seminary
7301 Germantown Ave.



*B-Luv keeps you moving and brings the fun.
Line dancing is good physical exercise, great
for improving memory, and very social!*

NEW FUSION BELLYDANCE

Su from 10:30 AM to 11:45 AM

DA06. Let's explore the range of movements your body is capable of! In this class, we'll cover body isolation techniques alongside foundational belly dance movements. Elements from other dance styles will be fused in to add variety and flavor. We'll also incorporate dancing with zills (finger cymbals). Each class begins with yoga and core exercises, followed by technique drills. We'll work on dance combinations and finish with a short choreography. Whether you're a complete beginner or have prior experience, come join us!

Natalie Phoenix began her belly dance journey over 20 years ago. She has taught and performed extensively throughout Hawaii, appearing at a wide range of events and shows. Her primary training has been with renowned dancers such as Zoe Jakes, Kami Liddle, and Kalae Kaina, and she has further expanded her skills through workshops with artists from around the world. Natalie was also a member of Shakti Dance Movement, a Hawaii-based troupe known for its dynamic fusion-style choreography.

October 5 - November 9 | \$99

6 sessions

Wissahickon Dance Academy
38 E School House Ln.

NEW BEGINNING TAP FOR ADULTS AND TEENS

Sa from 3:30 PM to 4:30 PM

DA16. Looking for a fun way to stay active and relieve stress? Step into the rhythm with this beginner-friendly tap dance class! We'll cover basic tap vocabulary and technique through center warm-ups and lively combinations. Along the way, you'll also learn some fascinating facts about the history of tap, and its unique connection to Philadelphia. No experience necessary, just bring your enthusiasm!

Corinne Karon is an internationally recognized tap dancer, choreographer, and educator who has performed on every continent — including Antarctica. She is the Executive Director of Tap Team Two and the Founder of Uniting Colleges Through Tap, with over 30 years dedicated to preserving and evolving the tap tradition. Her work often explores the intersection of movement, history, and social change, and she has led residencies and performances from Taiwan to Brazil. Corinne currently teaches at Rowan University, Bryn Mawr College, Chester Valley Dance Academy, and Wissahickon Dance Academy, and has guest-taught at Temple and the University of the Arts.

September 27 - November 1 | \$124

6 sessions

Wissahickon Dance Academy, 38 E School
House Ln.

BALLROOM DANCING 101: THE BASICS

Th from 7:45 PM to 8:40 PM

DA01. Experience the thrill of swirling around the dance floor with your partner in time to fabulous big band and Latin American music! Ballroom dancing is always in style. People of all ages can enjoy the rhythm of togetherness on the dance floor. Included in the class will be the smooth waltz and foxtrot, and the rhythmic rumba and swing. Don't miss out on this popular introductory course that will help you build the confidence you need to get out on the dance floor during all those special occasions!

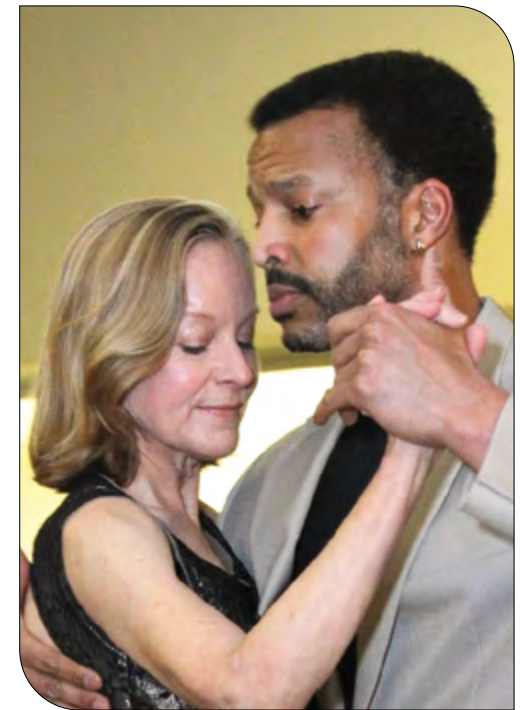
Debra Klingler has been a MALT dance instructor since 1994. She teaches a wide array of partner dances, including ballroom, swing and Latin dancing throughout the Philadelphia area, and can be found enjoying dancing with her students and partners in many local dance clubs.

September 25 - November 13

Couples Fee | \$169

8 sessions

Presbyterian Church of Chestnut Hill
8855 Germantown Ave.



For all Ballroom Classes

Students must register with a partner; students will not be switching partners. No make-ups will be offered for missed sessions unless cancellation is by the instructor or MALT.

BALLROOM DANCING 102: BEYOND THE BASICS

Th from 8:45 PM to 9:40 PM

DA02. This is a continuation of the ballroom basics introductory course. It will be tailored to the interests of the participants. A poll will be taken, with choices from the dances covered in the basic classes (foxtrot, waltz, rumba and swing). The results will impact the course syllabus with the dance having the highest ranking included in the course. Add to your repertoire of steps, as we review and practice the dances to build confidence in leading and following.

Debra Klingler

September 25 - November 13

Couples Fee | \$169

8 sessions

Presbyterian Church of Chestnut Hill
8855 Germantown Ave.

Prerequisite: a basic ballroom dancing class taught by Debbie; this requirement can only be waived with permission of the instructor prior to the beginning of the course.

BALLROOM DANCING 103: MORE FUNDAMENTALS

Th from 6:45 PM to 7:40 PM

DA03. This course is a faster-paced continuation class in ballroom dancing, geared toward those who are already comfortable with the core steps of the most common ballroom dances. Course focus will be on using proper technique while adding to your repertoire of steps. Develop your ability to lead or follow your partner, while letting the character and feeling of each dance shine through. This is an advanced-beginner level course.

Debra Klingler

September 25 - November 13

Couples Fee | \$169

Prerequisite: a basic ballroom dancing class taught by Debbie; this requirement can only be waived with permission of the instructor prior to the beginning of the course.

8 sessions

Presbyterian Church of Chestnut Hill
8855 Germantown Ave.

'80S AEROBICS

EX01. Remember when exercise was fun? It can be again. Experience this moderate level traditional, '80s style aerobics class. The easy-to-follow routine is choreographed to a fabulous eclectic mix of music. This one-of-a-kind class is fun and energizing in a supportive and inclusive environment. The philosophy of this moderate level class is to encourage exercisers to work at their own pace and within their own challenges. Bring a mat, water bottle and light free weights if you wish. Beginners are welcome – no stress.

Lisa Klauder has been a fitness instructor for more than thirty years. She has taught corporate and public classes including kids and senior fitness classes. Lisa has a certification in Group Exercise from the Aerobics and Fitness Association of America (AFAA).

A. M from 6:45 PM to 7:45 PM | \$99
September 15 - November 10, (no class 10/6)

B. Sa from 8:30 AM to 9:30 AM | \$99
September 20 - November 15, (no class 10/4)

8 sessions

Chestnut Hill United, 8812 Germantown Ave.

Please bring a mat, light weights and a water bottle.

THE ROWZONE FITNESS WORKOUT

Th from 6:30 PM to 7:15 PM

EX03. The Rowzone Fitness indoor studio workout is a perfect combination of cardio, strength, and technical rowing training with the use of Concept2 rowing machines. We add in body toning exercises. Our upbeat classes are taught by the RowZone Staff who are rowers, rowing enthusiasts and trainers, and suit all levels and ages. This class will challenge your mind and body while giving you a workout that you will never forget.

RowZone Staff

October 9-30 | \$80

4 sessions

The Wall Cycling, 132 Levering St.

KALI STICK TRAINING

Th from 7:30 PM to 8:15 PM

EX06. Learn basic stick strikes and blocks while developing hand-eye coordination, general coordination, discipline and general athleticism. Kali stick work develops quicker reflexes and reaction times, which is so important for self defense. Being able to react quickly also helps develop balance and response time for simple tasks throughout our daily lives. Single and double sticks will be utilized. All experience levels welcome!

Tim Wetzel is a 2nd degree Black Belt in Kenpo karate with a passion for stick training. He is currently the head instructor at Action Karate Mt. Airy.

September 18 - October 23 | \$89
5 sessions (no class 10/2)

Action Karate, 11 W Mt Airy Ave.

A \$59 materials fee will be required at the first class for sticks and case.

BOXING FITNESS ACTION

EX05. Do you need stress relief? Looking for fitness that gives you a happy high? Put on boxing gloves and do a fun, challenging workout guided by a National Golden Gloves champion. Learn how to throw a real punch and get in some strong kicks. Boxing is considered by researchers to be one of the most effective workouts you can do for overall toning, strength and conditioning. All levels of fitness.

Rochelle Brenner is a Black Belt and full-time martial arts instructor for children and adults. She is also a former amateur boxer and includes training that can challenge every level. She is the owner of Action Karate in Mt. Airy.

A. September 22 - October 20 | \$89
M from 7:00 PM to 7:45 PM, (no class 10/13)

B. October 27 - November 17 | \$89
M from 7:00 PM to 7:45 PM

4 sessions

Action Karate, 11 W Mt Airy Ave.

A \$59 materials fee will be required at the first class for Action Karate boxing gloves. Please note no outside equipment allowed.

REAL MEN STRETCH

EX09. Designed specifically for men, this class focuses on improving flexibility, increasing range of motion, and easing tension in tight muscles and joints. Through guided stretches and simple mobility exercises, participants will reduce stress and enhance their overall ability to move with greater ease and comfort—both in daily life and physical activity.

Yvonne Ferguson-Hardin has been in the fitness industry for over 25 years. She is a degreed Fitness professional with certifications in Cancer Exercise, Gerontology, Physical education and more. Changing lives through specialized programming aimed to improve functional fitness in the 55 and over population is her goal.

A. September 17 - October 8 | \$64
W from 11:00 AM to 11:45 AM

B. October 15 - November 5 | \$64
W from 11:00 AM to 11:45 AM

4 sessions

Fit Foundation, 47 E High St.

FOAM ROLLING FOR FLEXIBILITY AND AGILITY

Sa from 11:00 AM to 12:15 PM

EX15. As we age, our muscles, tendons, and fascia lose elasticity. Foam rolling is a low-impact approach that improves the pliability of the body's soft tissues, allowing for better range of motion, reducing stiffness, and preventing injury. Despite their benefits, foam rollers are typically underutilized. This course offers an extensive approach to foam rolling for the neck, back, shoulders, hips, and legs. Students will leave with tools to keep their musculoskeletal system more pliable and elastic, with a better range of motion, thus reducing the risk of soft tissue injuries.

Dr. Jeffrey Sklar has been a chiropractor and educator in Philadelphia and across the country for over two decades. He has spent half of his career treating cancer patients for quality-of-life challenges through their treatment. He has lectured overseas and coast to coast. His Chestnut Hill practice continues to focus on quality of life for all his patients.

November 8 | \$39

Balance Fitness, 12 W Willow Grove Ave.

\$30 materials fee payable to the instructor for foam roller if the student does not have their own roller.



Improve your technique for long distance running with Desmond O'Donovan.

NEW TRAINING AS A DISTANCE RUNNER

M from 7:00 PM to 8:00 PM

EX02. Learn the fundamentals of training and racing as a distance runner! This classroom-based course will teach you about structuring your training plan, injury prevention, endurance, speed, recovery, terrains, and much more. Learn how to prepare your body for distance running, and ideas for how to prepare your mind too. This course is for distance runners looking to improve their performance, or folks who are preparing for their first big race.

Desmond O'Donovan is a USATF-certified track & field coach and a certified personal trainer. He coached track and cross country at Juniata College and Abington Friends School, and currently coaches independently. He ran track and cross country for Science Leadership Academy and Juniata College, and is still training as a competitive distance runner.

October 20 - November 10 | \$59
4 sessions

Mt. Airy Axis, 520 Carpenter Ln.

NEW BOXING AND TRX CHALLENGE

EX11. Come join this challenging and fun class! You'll box using heavy bags and spar with others, plus take on TRX suspension moves. TRX uses adjustable straps and your body weight to build strength, balance, and core stability with movements like rows, squats, lunges, and planks. This energizing workout focuses on body conditioning, toning, and adding spice to your routine. Course fee includes the use of provided boxing gloves.

Yvonne Ferguson-Hardin

A. September 16 - October 7 | \$64

Tu from 1:00 PM to 2:00 PM

B. October 14 - November 4 | \$64

Tu from 1:00 PM to 2:00 PM

C. September 20 - October 11 | \$64

Sa from 9:00 AM to 10:00 AM

D. October 25 - November 15 | \$64

Sa from 9:00 AM to 10:00 AM

4 sessions

Fit Foundation, 47 E High St.

ADULT CPR/FIRST AID/AED

Sa from 11:00 AM to 2:30 PM

EX18. In this course, participants will gain the knowledge and skills to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. Students will learn how to respond to choking, anaphylaxis, and asthma issues. This course also teaches Adult High Quality CPR and how to use an AED machine in case of cardiac arrest. The course is a mixture of lecture, videos, and demonstration along with hands-on practice and assessment scenarios. It is for students with limited or no medical training who may need a CPR card AND a First Aid card to meet a job requirement or for personal reasons. If you've taken CPR classes in the past, update your emergency response knowledge. Students must participate in the demonstration portion of the course to receive a passing score and a certificate of completion. Certification from the American Red Cross lasts for two years. We are pleased to offer this training to the community.

Anna Dayle is an educator who teaches Pre-Kindergarten. Teaching CPR/First Aid is one of her favorite subjects to teach because emergencies can occur at a moment's notice and it is important to be prepared!

November 8 | \$69

United Lutheran Seminary
7301 Germantown Ave.

\$4 materials fee payable to the instructor. If you would like a certificate, there is an additional cost of \$40 once you complete the requirements.

FERGIES FIT BOOTCAMP

EX10. This is bootcamp! Class held outdoor in the woods 100% of the year. Burpees, pushups, running, climbing, jumping, lunges etc. Participants always go at their own level. Arrive on time because this class often changes destinations once the class begins. Tools used include ropes, tire, and sandbag. Participants will be encouraged to pace themselves but challenge their bodies. This class is for all levels. Bring water and a small towel.

Yvonne Ferguson-Hardin

A. September 20 - October 11 | \$64

Sa from 6:30 AM to 7:30 AM

B. October 18 - November 8 | \$64

Sa from 7:00 AM to 8:00 AM

4 sessions

Northwestern Stables
120 W. Northwestern Ave.

PRESERVING BONE DENSITY THE HEALTHY WAY ONLINE

Tu from 6:30 PM to 8:00 PM

EX14. Come for a discussion that could change your life! Anyone with bone loss is usually told by their doctor simply to take calcium and this is not enough. There are so many more factors to consider and we will go into all of them, including the controversy around cardiovascular health when supplementing with calcium. You will learn specifics about the vast array of supplements and how to find the best forms of each necessary ingredient. We will also discuss dietary tips and lab testing. Bring your questions and allow Dr. Gannon to help you figure out your best strategy for a healthy future!

Paul Gannon, ND, is a naturopathic doctor in practice for over twenty years, helping clients reach and maintain their health goals, tailoring the most effective cutting edge natural treatment protocols. He specializes in women's health, cancer co-management and post-treatment thriving, gastrointestinal health, allergies, rheumatism, and acute and chronic illness.

November 11 | \$34

The Comfort of Your Own Home

YOGA/PILATES MIX

Th from 6:30 PM to 7:30 PM

EX13. Stretch the muscles of the core with yoga, then strengthen the muscles with Pilates. This is a great combination for the body and mind. Suitable for those familiar with yoga and athletic beginners. Bring a mat.

Christopher Coan is a certified Pilates and Kripalu Yoga teacher with nearly a decade of experience. His classes are influenced by martial arts study, Buddhism and various healing modalities such as acupuncture and Ayurveda.

September 25 - November 20 | \$99

8 sessions, (no class 10/2)

Summit Presbyterian Church, 6757 Greene St.
at Westview

KITCHEN RX: RESTORE YOUR HEALTH WITH FOOD AS MEDICINE

Tu from 7:00 PM to 9:00 PM

CK16. Make your pantry a better path to health than your medicine cabinet. Plant-based eating is a proven antidote to many of the chronic illnesses of our time. Medical research, for example, has validated nutritionist claims that the condition of pre-diabetes (affecting one in three adult Americans) can be reversed with a plant-based diet. Eating a whole foods diet has been shown to strengthen our immunological resistance and to prevent many other illnesses including heart disease, and even some forms of cancer. This lifestyle aligns us with creating more peace in the world--by making a choice to reduce the suffering caused by unaware food choices, reducing animal cruelty and supporting the health of the planet. Get inspired prior to class by watching The Game Changers documentary, available on several platforms.

Elise Rivers, Esq., MAc, has practiced holistic medicine for more than twenty years and is the founder of the Northwest Center for Food As Medicine, teaching people how to prevent and reverse the chronic diseases of our time. Learning from renowned functional medicine doctors, she has studied the benefits of plant-based nutrition since 2013, and is certified by Cornell University's program in plant-based nutrition.

November 11 | \$34

Private home, Chestnut Hill near Mermaid Ln.
and Huron

MAT PILATES

W from 6:30 PM to 7:30 PM

EX16. Join our Mat Pilates class for a full-body workout designed to strengthen, lengthen, and tone your muscles while improving flexibility and posture. This low-impact class focuses on core stability, breath control, and mindful movement using just your body weight and a mat. This class is not a beginners class. Whether you're looking to enhance strength, increase mobility, or simply unwind with controlled, flowing movements, this class will leave you feeling refreshed, aligned, and energized. No equipment needed—just bring your mat, water, and a positive mindset!

Christopher Coan

October 8 - November 26 | \$99

8 sessions

Summit Presbyterian Church, 6757 Greene St.
at Westview

NAVIGATING HEARTBURN AND REFLUX ONLINE

Tu from 6:30 PM to 8:00 PM

EX24. If you suffer from heartburn and or reflux, even occasionally, then this talk should be a must on your list. Those with heartburn or reflux are commonly prescribed proton pump inhibitors or H2 blockers which do not treat the cause of your problem at all, and have been implicated in serious ailments such as dementia, osteoporosis, and cancer. This highly informative and comprehensive talk will discuss gastric physiology, testing as well as effective alternatives for addressing reflux safely and without side effects. Find out if you could manage your health in a more comprehensive way and enjoy more of life and the food you are eating. Additionally, this presentation will help you to have an informed conversation with your doctor and to explore safer, over-the-counter alternatives to reflux and heartburn medications.

Paul Gannon,

November 18 | \$34

The Comfort of Your Own Home



See Page 67
Support Your Aging Brain!

See Page 68
NEW Keeping the Senior Mind Sharp



SELLING DIGITAL PRODUCTS

Th from 6:30 PM to 8:30 PM

FCo2. Do you have a digital design, eBook, or other digital product that you're ready to sell? This class will help you identify what types of digital products you can sell, then walk you through essential strategies for pricing, choosing the right platforms, optimizing your listings, and delivering your products to customers with ease and confidence.

Cheri Skipworth is the creative behind Handmade U Studio, a craft space in North Philadelphia where crafting and community come together. Cheri has over 20 years of experience teaching arts and crafts to others. Cheri is passionate about helping people achieve their crafty goals. After a career in higher education, Cheri opened Handmade U to offer crafters a place to learn, create, and grow their handmade business.

October 16 | \$49

United Lutheran Seminary
7301 Germantown Ave.

START YOUR OWN HANDMADE PRODUCT SMALL BUSINESS

Th from 6:00 PM to 8:00 PM

FCo3. Are you interested in taking your crafting to the next level and turning it from passion into profit? In this interactive and engaging workshop, we will learn about local resources to start your handmade business, strategies to sell online and in person, and what you need to know about taxes.

Cheri Skipworth

October 30 | \$44

Essential Community Connections
8030 Germantown Ave

\$10 materials fee will be automatically added upon registration for "CEO Notebook" and Business Document Organization Binder Inserts at a discounted rate.

\$50 WEALTH BUILDER

Sa from 10:30 AM to 1:00 PM

FCo4. Safely invest with as little as \$50! Learn how you can grow money even in this tough market. In one information-packed session you can learn how to wisely and profitably begin building your own financial empire as a small investor. This seminar was created specifically to meet the needs of the low- and middle-income investor. Safely buy high-potential stocks for as little as \$50 a month (with no commissions!) while minimizing risk; buy gold and silver for as little as \$50; start a high-powered financial portfolio for \$100; invest in mutual funds; and virtually guarantee \$1 million for your retirement!

Paul Mladjenovic is an educator, national speaker and author of *Stock Investing for Dummies* and the owner of RavingCapitalist.com. He has taught with MALT for over 25 years.

October 18 | \$49

United Lutheran Seminary
7301 Germantown Ave.

Optional: \$10 materials fee payable to the instructor for resource-packed DVD.

ULTRA-INVESTING USING OPTIONS

Sa from 2:00 PM to 4:30 PM

FCo5. Aggressive investing might make you a fortune! This class is not for the financially risk-averse. Learn strategies that experienced investors are using to make tremendous profits in the world of options. The instructor has students and clients who have turned \$2,000 into \$100,000 in under 6 months! Using options on stocks, indexes, gold, oil, currencies or other commodities, you can make a small fortune overnight or (if you're not careful) lose one. Learn safe strategies, how to speculate with as little as \$200, how to use options for quick gains or steady income. Learn all about commodities, how to make money no matter which way the markets go, and resources and websites that can help you.

Paul Mladjenovic

October 18 | \$49

United Lutheran Seminary
7301 Germantown Ave.

Optional: \$10 materials fee for software payable to instructor.

CASH FLOW POWER: INVESTING STRATEGIES TO CREATE PASSIVE INCOME ONLINE

Tu from 6:30 PM to 9:00 PM

FCo6. Learn how to invest to gain passive income! Start with as little as \$50 and find out how to find, analyze, and fund great income-producing investments that can give you yields of 10% or more! This course will also cover income strategies with call and put options, bonds, and real estate. You can do all these strategies easily with your laptop or smartphone.

Paul Mladjenovic

September 23 | \$49

The Comfort of Your Own Home

FREE BONUS: Those that register will get the free bonus mini-course How to Get Growing, Passive Income from the Fortune 500!

CASH FLOW POWER: HOME BUSINESS STRATEGIES TO CREATE PASSIVE INCOME ONLINE

W from 7:00 PM to 9:00 PM

FCo7. Imagine doing a business project once, and then seeing it generate passive income for months or possibly years afterwards! This course spans the business landscape with projects that have passive income potential, and how to get started. You don't even need money for many of these strategies...all you need is the ideas, tools, and resources inside this course.

Paul Mladjenovic

September 24 | \$44

The Comfort of Your Own Home

FREE BONUS: All students will get a free PDF providing you a directory of resources, websites and AI tools to help you get started ASAP.



Vanessa Lowe

RETIRE EARLY: MASTERING TOP 10 TOOLS FOR FINANCIAL SUCCESS

Th from 6:30 PM to 8:30 PM

FCo8. Unlock the secrets to retiring early and achieving financial freedom with Vanessa as she shares her journey to becoming an "Early retiree pursuing passion projects." In this empowering class, you'll discover the essential tools for building wealth and securing your financial future. Starting with the fundamentals, Vanessa will guide you through creating a solid budget and net worth statement. From there, delve into the key strategies for maximizing wealth-building, including leveraging employer-sponsored retirement accounts, IRAs, IDAs, flexible spending, and health savings accounts. But that's not all – learn how to effectively manage credit and debt while still prioritizing savings. Vanessa will show you that it's possible to save while paying off debt, paving the way for a brighter financial future. With core templates and valuable resources provided, this interactive class offers a practical roadmap to financial success. Come prepared to share your own wealth-building ideas and join the journey towards early retirement and financial empowerment!

Vanessa Lowe can be heard on G-Town Radio and the Spotify podcast, Vanessa's Money Hour. She spent 21 years in federal service supporting access to capital for underserved communities. Retired at age 56, she continues that work by leading Invest for Better circles – Impact Investing Learning Circles for Women, and financial coaching via VLL Consulting. She's committed to moving personal and institutional money toward justice.

November 6 | \$39

MALT Office, 6601 Greene Street

NEW MAKE YOUR VACATION FREE ONLINE

Tu from 6:30 PM to 9:00 PM

FC09. We're back to our travels, but everything is getting more expensive. So how do we make our travel free and even make money while we are traveling? Learn how to find the deep travel discounts motivating us to see the world. If you are retired, changing careers, a student, or someone who likes the idea of making additional income to support your travel dream, this class is for you. World traveler Gina Henry shows you how she has traveled for free to 104 countries and all 50 states. Plus learn important tips on travel safety, trip insurance, affordable retirement opportunities & other inspirational life enhancing strategies.

Gina Henry created Go Global, Inc. to empower people to travel as much as they want. She has been taking about ten free vacations per year over the past quarter-century. Gina teaches this online class while she is traveling all over the USA & worldwide.

November 4 | \$39

The Comfort of Your Own Home

A \$15 materials fee will be added to your course fee for instructor's 100-page digital book "How to Travel Free & Make Money Traveling" (a \$39.95 value) which provides names, phone numbers, and websites of all of the contacts you need to put this practical information to use.

THE SECRETS OF TRAVEL-HACKING: FREE AIR, HOTELS, & CASH BACK ONLINE

Tu from 6:30 PM to 9:00 PM

FC10. Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel, and then redeem them for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. World Traveler Gina Henry will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that can earn you 1 million+ reward points a year. All the major reward programs will be detailed. Also learn tips for flying business and first class.

Gina Henry

November 11 | \$39

The Comfort of Your Own Home

A \$15 materials fee will be added to your course fee for instructor's 100-page digital book "The Secrets of Traveling Hacking - Free Air, Hotels & Cash Back" (a \$39.95 value).

STOCKS AND BONDS 101 ONLINE

Th from 6:30 PM to 8:00 PM

FC11. Interested in the stock market but not sure where to start? Both stocks and bonds can play a major role in helping you reach your long-term financial goals. Learn the basics of stocks and bonds and the value they can bring to your long-term financial strategy. Whether this is an introduction or a refresher, leave this class with valuable information on how you can make your money work for you.

Larry Daniels is a financial advisor with more than 20 years in the industry, both as a financial advisor and a manager. He specializes in retirement planning and asset management and is dedicated to helping both individuals and businesses achieve their financial goals.

October 9-16 | \$39

2 sessions

The Comfort of Your Own Home

GETTING READY TO RETIRE: WHAT SHOULD YOU DO ABOUT MEDICARE? ONLINE

Th from 7:00 PM to 9:00 PM

FC12. If you are working and over 65, you are probably covered by your employer's Group Health Plan. This means that you do not have to be enrolled in Medicare until you are ready to retire and your Health Plan ends. This class will help you get ready for retirement Medicare coverage and help make a smooth transition. We will discuss how to sign up for Medicare, Part A & B, costs, plans, low-income programs, high income adjustments, and more. If you have some sort of retirement coverage, we will explain how that works with Medicare.

Joan Adler is the former Director of APPRISE Medicare Counseling at the Mayor's Commission on Aging in Philadelphia. She has been a Medicare counselor in the community for the last 6 years.

November 6 | \$39

The Comfort of Your Own Home

A BEGINNER'S GUIDE TO REAL ESTATE INVESTING ONLINE

Th from 7:00 PM to 9:00 PM

FC14. Learn different tactics and strategies for purchasing a rental property or a long-term buy-and-hold investment property. We'll focus on deal finding, financing and management with special emphasis on adding value through the BRRRR method (Buy Rehab Rent Refinance Repeat).

Eric Prine worked as a professional interior and architecture photographer for over 15 years. He began real estate investing and doing property management over a decade ago. As a Realtor®, Eric is able to combine his love of architecture and real estate.

November 6-13 | \$59

2 sessions

The Comfort of Your Own Home

NEW REWRITE YOUR WEALTH STORY: INVESTING & FINANCIAL EMPOWERMENT FOR WOMEN

Sa from 11:00 AM to 12:30 PM

FC13. Take control of your financial future! Through strategic investing, wealth protection, and long-term security, this course will empower women 45+ with the tools to build lasting financial independence. Whether starting fresh, overcoming setbacks, or refining your approach, you'll gain the tools to reshape your money mindset, build lasting wealth, and confidently plan for retirement and beyond.

Ericka Neville has been a financial educator for 20+ years and she is dedicated to empowering individuals through financial literacy. She simplifies complex financial concepts, making wealth-building accessible. She helps her students master budgeting, investing, and financial confidence to take control of their futures.

November 22 | \$39

Mt. Airy Axis, 520 Carpenter Ln.



Eric Prine

RETIREMENT PLANNING TODAY

FC15. Are you worried about your retirement? Do you need some help planning for your future? Explore the many options and decisions regarding retirement needs, expenses, income sources, various kinds of insurance, and estate planning. Whether you are just beginning to develop a retirement plan or rapidly approaching retirement, this class is for you. Learn how to define long-term goals and return from the class with practical information you can apply immediately. Couples may attend together for a single registration fee.

Leonard Cherry is a Financial Advisor. He works with individuals and businesses, specializing in retirement strategies, investments and estate planning.

A. October 1-8 | \$34

W from 6:30 PM to 9:00 PM

LaSalle University, 1900 West Olney Ave., Holroyd Hall

B. October 6-13 | \$34

M from 6:30 PM to 9:00 PM

LaSalle University, 1900 West Olney Ave., Holroyd Hall

C. October 7-14 | \$34

Tu from 6:30 PM to 9:00 PM

Community College of Philadelphia
1700 Spring Garden St.

D. October 16-23 | \$34

Th from 6:30 PM to 9:00 PM

Community College of Philadelphia
1700 Spring Garden St.

2 sessions

\$25 materials fee for a 225-page illustrated textbook will be automatically added to your cart.

WEALTH CREATION TODAY

Tu from 5:45 PM to 8:00 PM

FC16. This class takes a comprehensive, objective approach, giving you indispensable tools to avoid mistakes and recognize smart solutions for your personal financial wellness. Learn how to avoid common investment mistakes, prioritize which debts to pay off first, maximize employer benefit plans, compare types of insurance, and so much more. Ideal for working professionals, age 35-50.

Leonard Cherry

October 21-28 | \$34
2 sessions

Community College of Philadelphia
1700 Spring Garden St.

\$25 materials fee for a 225-page illustrated textbook will be automatically added to your cart.

UNDERSTANDING MEDICARE CHOICES ONLINE

Th from 7:00 PM to 9:00 PM

FC21. Medicare has gone from a single choice - turn 65 and enroll in Medicare - to a multiple choice challenge. Medicare eligibles face choices of a traditional plan, supplemental plans, Medicare managed care, and Medicare fee-for-service. Unscrupulous marketing techniques can prey on the unwary. Interactive and tailored to the needs of its participants, this course will provide a basic introduction to the choices available to Medicare-eligible persons and will provide resources for further information.

Joan Adler is the former Director of APPRISE Medicare Counseling at the Mayor's Commission on Aging in Philadelphia. She has been a Medicare counselor in the community for the last 6 years.

October 16 | \$39

The Comfort of Your Own Home

HOW TO DEVELOP SUCCESSFUL JOB SEARCH STRATEGIES ONLINE

W from 7:00 PM to 8:30 PM

FC24. Having a plan with multiple job search methods can help you find positions more quickly if you're a job seeker in career transition. Preparation is key. This session will provide a range of strategies, tactics, and career resources to help you reach your goals, with a focus on essential topics like keywords, Applicant Tracking Systems (ATS), LinkedIn databases, word clouds, and portfolio presentations. If you are currently employed, it's always better to be proactive than reactive, so engaging in career management will ensure you're always prepared. By attending, you will learn effective strategies to tap into the hidden job market, research and apply the best keywords to your resume and LinkedIn profile, customize your base resume to match job-specific keywords for ATS applications, and prepare a portfolio presentation to stand out in interviews.

Lynne Williams, EdD candidate is the Executive Director of the Philadelphia Area Great Careers Group, which provides online career education and networking. She writes resumes, LinkedIn profiles and company pages, and focuses on keywords. She is writing her doctoral dissertation on LinkedIn.

October 1 | \$34

The Comfort of Your Own Home



Support
MALT with a
tax-deductible donation!

Visit: mtairylearningtree.org/donate

Consider designating your gift to support our **Fern Bell Scholarship Fund**, which provides a 50% discount off classes to those in financial need.



Christopher Switky with his furry friend.

SIT, STAY, AND CONNECT: BASIC MANNERS FOR DOGS

M from 7:00 PM to 8:00 PM

FHo1. Discover how dogs learn and communicate both with us and with each other. Using positive reinforcement training techniques, establish a foundation for teaching basic manners and obedience behaviors (responding to hearing their name, cues such as Sit, Down, Stay, Leave It, Drop It, Come). We'll also talk about how to be effective leaders in the human-dog relationship. Non-aggressive dogs only. Dogs should be 22 weeks or older at the beginning of the course. Additional family members (with no additional dogs) can register with the primary registrant using the "couples fee" registration option.

Christopher Switky is a certified dog trainer, founder of Positive Canine Concepts, and a graduate of the Masters' Program in Dog Training at CATCH Canine Trainers Academy.

September 29 - November 3

Individual | \$175

Couples Fee | \$199

6 sessions

Mt. Airy Art Garage (MAAG)
7054 Germantown Ave.

First class is for people only, dogs stay home. Please bring proof of rabies vaccination to the first class.

THE SECRETS TO A STANDOUT COLLEGE ESSAY ONLINE

FHo6. Writing the Common Application essay is often the most stressful part of the application process—but it doesn't have to be. In this informative session, we'll explain why the essay is so challenging and how to make it easier on students as well as parents. Attendees will learn how to pick an essay topic, how to structure their essay and what the college admissions boards are looking for. Parents and students will leave feeling much more confident and clear about the necessary steps to writing a stand out essay. You'll also get an essay writing timeline for early and regular decision deadlines.

Andrea Elovson is the founder of Colorful College Essays, LLC, a coaching practice that combines premier essay writing guidance and support with empathy and evidence based stress reducing techniques for adolescents. Andrea is a freelance writer, a professional writing tutor at Penn State Abington, and co-facilitator of the Kick Start essay writing workshops for rising seniors. Her training and experience includes a B.A. in creative writing from UCLA, an MFA from Temple University, a background in adolescent development, completion of the UCLA College Essay Writing Boot Camp, and the mother of three.

This course is designed for parents, guardians and students. One registration per household.

A. October 7 | \$34

Tu from 7:00 PM to 8:30 PM

B. November 1 | \$34

Sa from 10:00 AM to 11:30 AM

The Comfort of Your Own Home

CLUTTER TONIC: THE EASY WAY TO ORGANIZE YOUR HOME AND OFFICE

Tu from 6:00 PM to 8:00 PM

FH02. Do you feel overwhelmed by stuff? Drown in papers? Have unpacked boxes from your last move? Break vows to organize? Enjoy some Clutter Tonic. Make happy decisions about what to let go of and how to organize the rest. Participants in this course have created significant change in their homes. And made shifts in their routines to make it last! Buy no containers! Learn where to donate or recycle nearly anything! Discover how liberating some clutter tonic feels.

Rachel Martin is the founder of Clutter Tonic: The Easy, Refreshing Way to Organize Your Home. She finds tremendous pleasure in teaching people to organize and maintain the homes they crave.

September 30 - October 14 | \$69
3 sessions

Mt. Airy Axis, 520 Carpenter Ln.

HOW TO BUY A CAR WITHOUT GETTING TAKEN FOR A RIDE

W from 6:30 PM to 9:00 PM

FH04. This class will equip students to confidently and successfully navigate the intimidating (and often too expensive) process of shopping for and buying a new car. Topics to be covered include: the traditional way to buy a car (the bad old days), a peek behind the curtain (how dealerships really operate), the 10 mistakes most car buyers make (and how to avoid them), handling dealer questions and manipulation, the easy and effective way to negotiate a good price, scams to watch out for, things that aren't as good as they might seem, and a few words about leasing and used cars.

Alan Silverblatt has been a caseworker and an attorney. More recently he's had a decades long career in information technology, serving as a programmer, technical instructor and writer, and now an independent computer consultant to individuals, small businesses and nonprofits. After retiring from his last day job, he's enjoying sharing with others his knowledge of technology, car buying and investing. He is teaching Protect Yourself, Your Devices and Your Data, see page 38.

October 8 | \$39

United Lutheran Seminary
7301 Germantown Ave.

PREPARING FOR THE END OF LIFE: CREATING A DEATH FILE ONLINE

Sa from 1:00 PM to 3:00 PM

FH03. You do not need a terminal diagnosis to think about and plan for the end of your life. There are many things you can do right now to prepare yourself and your loved ones for before and after your death. This class is designed to educate you on decisions you can make right now, how to document them, and ways to communicate them with loved ones. Together, we will work on creating a "Death File" - a collection of documents that contains everything your loved ones will need if/when you are ready to choose hospice if you face a terminal illness, or should you face death unexpectedly. The more prepared you are for death - internally and with your worldly affairs - the easier your transition from life will be. The goal of this class is to help you on your journey to cultivating peace in your relationship with death. An intentional relationship with our mortality can help inspire us to live our lives with a greater sense of ease and purpose, and to ensure that no matter how the end of our life looks for us, we will feel ready and prepared.

Lexie Ruth Mitchell is an end-of-life doula, hospice volunteer, and teacher passionate about living intentionally and dying consciously.

November 8-13 | \$44
The Comfort of Your Own Home

2 sessions

Material list and required print-outs will be emailed to students prior to class.

LISTING YOUR HOME FOR SALE

Sa from 10:00 AM to 12 N

FH05. Learn what kind of preparation you can do in order to list your home and get the best price you can. Topics include the best time to list your home, when to set your asking price, how to choose a sales agent, how to improve your home's appeal to the buyer, what repairs you should do if you have a tight budget, and more!

Dora Johns is a realtor, associate broker with Keller Williams Realty and an avid analyst of the real estate marketplace. Her classes help the consumer make informed decisions about their real estate needs. Dora is also teaching Soap-making, see page 21, and Create Greeting Cards with Quilling, see page 15.

September 20 | \$39

MALT Office, 6601 Greene St.

\$5 materials fee payable to the instructor.



Marisia Robinson aerating the soil at Carousel House Farm.

SMALL SPACE COMPOSTING

Sa from 10:00 AM to 12 N

FH15. Unlock the secrets of efficient composting in small spaces! This workshop will delve into three popular methods: bokashi, vermicomposting, and in-vessel composting. We'll explore the advantages and challenges of each technique, helping you decide which best fits into your living area. While the session is mostly a presentation, get an up-close look at working composting setups like a bokashi system or a worm bin. Leave equipped with the knowledge to start your composting journey, no matter the size of your space!

Marisia Robinson is MALT's Operations Coordinator, an avid urban gardener with 5 years of experience, as well as the secretary for Aspen Farms Community Garden. Marisia brings a wealth of knowledge about vegetable and herb growing and has taught for PHS, PASA, and the Philadelphia Free Library. Her teaching approach is interactive and pragmatic. She is passionate about the transformative power of urban gardening and advocates for its role in fostering community connections and cultivating an abundance mindset through sustainable food and seed production.

November 15 | \$39

Wyck House, 6026 Germantown Ave.

CREATE YOUR OWN TERRARIUM

Sa from 1:00 PM to 3:00 PM

FH17. In this engaging and hands-on experience, participants will explore the fascinating world of terrariums, learn essential techniques, and create their own unique green havens. Whether you're a nature enthusiast, DIY lover, or simply seeking a creative escape, this workshop is designed for everyone.

Briana Smith-Torres is owner of Growin Up Torres, a small family owned plant nursery in New Jersey. In addition, she lives with her family in an apartment, where indoor and outdoor space is extremely limited. However they manage to provide fruits, veggies, and herbs for their entire building. They have been doing this for the last 5 years and have gained the critical knowledge and the practical experience she hopes can benefit so many others.

October 11 | \$54

Wyck House, 6026 Germantown Ave.

Each student must bring their own glass container 1 gallon or smaller, all other materials and plants will be provided.

CONTAINER GARDENING FOR FRESH FRUITS, VEGGIES, AND HERBS

FH16. Step into the world of home gardening! Learn about the versatility of container gardening and break down the barriers of limited space to cultivate a flourishing, edible oasis right at your fingertips. Learn the ins and outs of growing your favorite produce in containers, from compact herbs on your windowsill to vibrant fruits and veggies on your balcony, deck or patio. Uncover the secrets to successful container gardening, ensuring a year-round harvest of flavorful and nutritious delights. Join us on a journey of discovery, where even the smallest spaces can yield bountiful results. Students will leave with a container, plant, and lots of resources.

Briana Smith-Torres

A. October 12 | \$44

Su from 2:00 PM to 4:00 PM

B. November 9 | \$44

Su from 2:00 PM to 4:00 PM

Church of the Annunciation, 324 Carpenter Ln.



TEEN COMIC BOOK CREATION: CHARACTER DESIGNS AND SEQUENTIAL STORYTELLING

W from 6:30 PM to 8:00 PM

KD01. Calling all young creators! Step into the exciting world of comics and bring your stories to life. In this hands-on workshop, teens will dive into the fundamentals of illustration, writing, and character design. Learn how to craft compelling stories, create dynamic characters, and master the art of sequential storytelling. Whether you love superheroes, fantasy, manga, or indie comics, this class will help you turn your ideas into a visual masterpiece. Get ready to sketch, ink, and unleash your imagination—because your comic adventure starts here! Excelsior! This class is for ages 13 to 18 years old.

Shawn Alleyne is a multi-talented Creator with a 13-year career that includes work in comics, novels, video game design, and more. He has self-published two anthologies, two novellas, a comic book series, and multiple art books. As an educator, he has taught his Comic Book and Literacy Arts Program for 12 years, collaborating with various institutions, both nationally and internationally.

October 1 - November 5 | \$84
6 sessions

Water Tower Recreation Center
Hartwell Ln. & Ardleigh St.

\$5 materials fee payable to the instructor for an art pack: 2hb mechanical pencil, eraser, kneaded eraser, art paper, lined paper, 2(two) 11x17 bristol board sheets.

PRINTMAKING EXTRAVAGANZA! FOR CHILDREN, TWEENS, AND TEENS

Su from 11:00 AM to 12:30 PM

KD04. Come experience the magic of printmaking! You will be able to make multiples of any images you would like to use. You can make cards, for the holidays or everyday occasions, political posters, your art ideas, or anything else. You can use stamping, stenciling, relief printing, and monoprinting. Drawing, painting, collaging, and/or turning your images into books are also options. I can give you as much guidance or freedom as you would like. Come create and have fun! Please bring a mask so we can be safe in the studio.

Mindy Flexer is a professional artist and certified art teacher. She takes each student seriously as an artist and works to help each one meet their own artistic goals. She loves sharing her passion for art with people of all ages and walks of life, and believes in the power of art to transform people, communities, and the world. She has taught with MALT since 2009!

October 5 - 19 | \$54
3 sessions

Mindy Flexer Art School, 5225 Greene St.

\$10 materials fee payable to the instructor for cardstock. This workshop is intended for kids ages 7+.

CREATIVE MOVEMENT/ PRE BALLET, AGES 3-5

KD02. This class encourages students to explore their creativity and imagination during activities that develop gross motor skills, coordination, strength, flexibility, and balance. Students are introduced to the structure of dance in a fun environment. Students learn ballet steps, short choreography for an optional performance and get a strong foundation for future ballet training. Please wear leotard, tights, and ballet shoes.

Christina Castro-Tauser is the founding director of Expansions Contemporary Dance Ensemble and Executive Director of International Ballet Exchange. She earned her MFA at Temple University and was the recipient of the Rose Vernick MFA Choreographic Achievement Award. Christina is an adjunct faculty at Temple University and Teaching Artist for Taller Puertorriqueno.

A. September 26 - October 24 | \$90
F from 4:30 PM to 5:30 PM

B. November 7 - December 12 | \$90
F from 4:30 PM to 5:30 PM, (no class 11/28)

5 sessions

Wissahickon Dance Academy
38 E School House Ln.

T'AI CHI CH'UAN: BEGINNING

Th from 8:00 PM to 8:45 PM

MBo1. Yang style T'ai Chi, as handed down by the T'ai Chi Master Cheng Man Ching, is a low-impact exercise that can also be considered a moving meditation. It has a wealth of benefits for physical and mental health. The physical benefits include improvement of balance, thus decreasing risk of injury from falls, as well as aiding in pain relief for musculoskeletal problems. It has been shown to be more helpful in controlling high blood pressure and fostering a healthier heart than aerobic exercise. The mental benefits include lowering stress, improving focus and resilience, helping reduce age-related cognitive decline and serving as an aid in controlling depression. This class is for those who are new to T'ai Chi. The only equipment necessary are loose, comfortable clothing and flat-soled shoes.

Kurt Findeisen has studied T'ai Chi Ch'uan with Maggie Newman since 1979 until her retirement from teaching several years ago. With her consent, he began his own teaching in the late 1980's through the auspices of Mount Airy Learning Tree. He is a retired physician who believes his T'ai Chi instruction is as valuable as any drug he ever prescribed.

September 25 - December 4 | \$109
10 sessions, (no class 11/27)

Chestnut Hill United, 8812 Germantown Ave.

T'AI CHI CH'UAN: INTERMEDIATE

Th from 6:30 PM to 7:15 PM

MBo2. For the intermediate T'ai Chi student. Continue the study of T'ai Chi Ch'uan through the Short Yang solo form. This course is designed for students who have had some previous study experience with the Cheng Man-ch'ing short form. The postures reviewed will be commensurate with the knowledge of participating students.

Kurt Findeisen

September 25 - December 4 | \$109
10 sessions, (no class 11/27)

Chestnut Hill United, 8812 Germantown Ave.

T'AI CHI CH'UAN: CONTINUING

Th from 7:15 PM to 8:00 PM

MBo3. Continue the study of T'ai Chi Ch'uan through the Short Yang solo form. This course is designed for students who have had significant previous study experience with the Cheng Man-ch'ing short form. The postures reviewed will be commensurate with the knowledge of participating students.

Kurt Findeisen

September 25 - December 4 | \$109
10 sessions, (no class 11/27)

Chestnut Hill United, 8812 Germantown Ave.

TAIJI QIGONG: SHIBASHI SET 1

Th from 10:00 AM to 11:00 AM

MBo6. Taiji Qigong Shibashi is one of the most popular and fastest growing exercise forms practiced by millions of people around the world. Combining the slow and even movements of Taiji (Tai Chi) with Qigong breathing and meditation, participants will be led through the full 18-movement series, taking extra time to focus on 3-4 specific movements each class while learning and integrating key theoretical concepts of Oriental Medicine. It is the perfect practice for anyone seeking to improve health, encourage longevity, or address other issues like back and neck pain. The practice is performed standing but can be modified to any level of fitness

Daniel Nemer, L.O.M. is the owner of G-town Acupuncture with over 20 years experience as a licensed practitioner of Acupuncture, Chinese Herbal and Oriental Medicine. He has practiced various styles of Taiji (Tai Chi), Qigong, meditation and Yoga for over 30 years. Since September 2022 he has been studying Taiji Qigong Shibashi, the 18 movements, in the lineage of its creator Professor Lin Housheng and is certified to teach Sets 1 and 2.

October 23 - November 20 | \$74
5 sessions

North Light Community Center, 175 Green Ln.

Check Out More Classes for Families and Teens!

Customize Your Own Lip Gloss - See Page 15

Wissahickon Inspiration - See Page 18

Drawing/Painting - See Page 21 • Paint Your Pet - See Page 22

Ballet for Adults and Teens - See Page 43

Beginning Tap for Adults and Teens - See Page 46

Introduction to Geocaching - See Page 70



Christopher Coan leading his Pilates class.

NEW T'AI CHI FOR HEALTH - INTRO CLASS

Tu from 7:00 PM to 8:30 PM

MB05. This class is an introduction to the Golden Breath T'ai Chi form and the upcoming 6-week class format. The introductory session includes fundamentals common to all T'ai Chi practices. Perfect for those considering T'ai Chi but not ready to make a 6-week commitment yet.

Kirsten Erwin has studied T'ai Chi since 1982 and is a senior student of the late Sibok Robert Kassof. She has taught regularly for MALT since 2002! Related areas of training include long and short Yang T'ai Chi forms, Qigong, Reiki, Kung Fu, and meditation. She is a Certified Instructor of T'ai Chi for Arthritis.

September 16 | \$34

Summit Presbyterian Church, 6757 Greene St. at Westview

T'AI CHI FOR HEALTH

Tu from 7:00 PM to 8:00 PM

MB04. T'ai Chi's soft, flowing movements have been used to improve and maintain health since ancient times. The focus of Golden Breath T'ai Chi is on coordinating breath control with movement and adapts easily for those who prefer a seated practice. This moving meditation is also beneficial for improving overall fitness, balance, coordination, and reducing stress — a valuable adjunct to pre-hab and rehab therapy. Enjoy a gentle, complete workout to relax the mind, restore the body, and rejuvenate the spirit!

Kirsten Erwin.

October 7 - November 18 | \$79

6 sessions, no class 11/4

Summit Presbyterian Church
6757 Greene St. at Westview

T'AI CHI - YANG STYLE: BEGINNING

W from 10:00 AM to 11:00 AM

MB08. T'ai Chi (or t'ai chi ch'uan) is claimed to be the oldest martial art. It is also a gentle exercise that can provide innumerable health benefits for body, heart and mind. Practiced consistently, it can improve balance, lower blood pressure, reduce anxiety, ease depression, and boost the immune system. T'ai Chi requires no special equipment and can be practiced anywhere there is a flat surface and a 5-6 ft. square of open space. However, the one hour class does require moderate stamina and the ability to stand and move independently for 50 minutes. The Beginning class is open to anyone who is interested. Wear loose, comfortable clothing and flat-soled, flexible shoes. (Running shoes are not recommended.)

Vicki Mehl has studied T'ai Chi since 1995. She enjoys T'ai Chi because of its innumerable physical and mental health benefits, and because there is always more to learn.

September 17 - November 19 | \$129

10 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

T'AI CHI - YANG STYLE: INTERMEDIATE

W from 12:30 PM to 1:30 PM

MB09. In the Intermediate class students will continue to learn Prof. Cheng's 37 postures of the Yang style form. This part of the form includes various kicks and single leg turns. As always, the form is practiced in smooth, slow movements while developing strength and flexibility in the legs and whole body balance. The Intermediate class is for those who have learned the postures of the "first third" of the form, (in the Beginning level), and/or have the teacher's permission. Wear loose, comfortable clothing and flat-soled, flexible shoes.

Vicki Mehl

September 17 - November 19 | \$129

10 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.



See Page 51

Christopher Coan's

Mat Pilates

Yoga/Pilates Mix



T'AI CHI - YANG STYLE: CONTINUING

W from 11:15 AM to 12:15 PM

MB10. Cheng Man Ch'ing's T'ai Chi form is an art that can be a life-long study. Learning the movements in the Form is just the beginning. In the Continuing class, we begin to delve more deeply into the internal energetics of movement and a deeper understanding of the word Relax. We will work on whole body synchronicity, sinking and releasing, and developing root. Enrollment in the class is by permission of the instructor.

Vicki Mehl

September 17 - November 19 | \$129

10 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.

NEW EMBODIED RESISTANCE: THE BREATH, THE BRAIN, AND THE FEET

M from 7:00 PM to 8:15 PM

MB07. Did you know your breath controls your body's core and that your respiratory diaphragm is deeply connected to your pelvic floor and feet? Did you know that the most important joint in your body is your big toe? Come learn with us! This class focuses on the breath and how it informs every aspect of our physical and mental well-being. Each week, we'll practice breathing exercises to strengthen, heal, and free your body from the inside out. Using techniques from yoga, physical therapy, PRI physical therapy, and other somatic modalities, we'll practice breath-driven functional movement flows designed to help connect you to your deep core, improve balance, and release myofascial pain. Arrive with a yoga mat and two yoga blocks. Also recommended: a Coregeous Ball from Tune-Up Fitness (easy to find online) or small hand towel.

Karen Rile is a writer, editor, and yoga teacher. She is a practitioner and Level 2, 500-hour certified instructor of the LYT Method, the only yoga system created and mentored by physical therapists. She is also a certified Flexibility Coach, Yoga Trapeze, and Yoga Breathing coach through Yoga Teachers College, where she earned her first 200-hour yoga teacher certification.

September 29 - December 8 | \$129

10 sessions (no class 10/13)

Presbyterian Church of Chestnut Hill
8855 Germantown Ave.

FUNCTIONAL YOGA FOR BODY AND BRAIN: THE LYT METHOD

Tu from 7:00 PM to 8:15 PM

MB11. Reconnect your body and mind while relieving joint pain, movement restrictions, and postural imbalances common in modern life. This class blends yoga, functional movement, brain mapping, and breathwork into a fun, challenging, and biomechanically smart practice based on the LYT Method: a system developed by physical therapists to improve core strength, flexibility, and balance. This class emphasizes alignment and neuromuscular control and may feel more rigorous than a traditional yoga class. You'll leave feeling stronger, more aligned, and more connected. If you have any questions about whether this class is a good fit for you, feel free to reach out!

Karen Rile

September 30 - December 9 | \$129

10 sessions, (no class 11/14)

Chestnut Hill United, 8812 Germantown Ave

YOGA, A CHAIR AND YOU

F from 11:30 AM to 1:00 PM

MB13. Everybody can enjoy the benefits of yoga. It's not necessary to get on the floor to explore this gentle and effective exercise system that creates strength, flexibility and balance. Our class is classically structured with breathing techniques, asana (postures for strength and stretching) and meditation based in the Integral Tradition. Added benefits include improving balance and rotation. Everyone is welcome. Standing is optional. We also encourage laughter and fun.

Grace Perkins developed the chair yoga class at the request of the Chestnut Hill Senior Center in 1985. She has created a unique program that integrates posture, metaphors, poetry, seasonal energetic awareness and stories to enhance the basic Integral Yoga approach she teaches.

October 3-31 | \$74

5 sessions

Center on the Hill, Presbyterian Church of Chestnut Hill, 8855 Germantown Ave.



Jen May is offering two popular classes this term!
Yoga for Strength and Stress relief
and a NEW class - Yoga with Massage Balls.

YOGA FOR STRENGTH AND STRESS RELIEF

M from 10:00 AM to 11:15 AM

MB12. In yoga, movement and breath are equal partners in promoting strength, self-awareness, and relaxation. In this class, we work on overall strength and mobility, with an emphasis on poses that increase core strength and balance. We use breathing techniques for core engagement and others for relaxation. This class is appropriate for beginners and for those looking to focus on fundamentals. Props are used strategically to maximize the strength-building and relaxing qualities of the poses. Chairs are used to progress in balancing sequences and to build endurance in positions like plank pose. Blocks and straps are used to make stretching more comfortable, to allow access to deep breathing, and to enhance the stress-relieving potential of the practice.

Jen May has been practicing yoga for 20 years, and she is sure that yoga has helped her balance her physical body, create a more resilient nervous system, and be more present for all the moments of life. A background in biology research and high school teaching provided skills for teaching about movement in an understandable way and teaching with individual variability in mind. Jen has a 250 hr. certification in Vinyasa yoga from Wake Up Yoga; a 300 hr. Yoga Wellness Educator Training from Yoga U. Online; and a 50 hr training in myofascial release from Yoga Medicine.

September 15 - November 3 | \$119
8 sessions

Unitarian Society of Germantown
6511 Lincoln Dr.

YOGA FOR BONE HEALTH

MB18. Learn the twelve yoga postures that support bone health. A ten-year study done by Columbia, NYU, Rockefeller University and Brigham & Women's Hospital proved this sequence supports bone health for both men and women. Previous experience is helpful but not required.

Linda Kish obtained her MS from Temple School of Pharmacy and is a Reiki Level II practitioner. For over fifteen years Linda has led and taught various yoga classes including vinyasa, Hatha, restorative and chair yoga. She is a registered Yoga Alliance instructor (200 plus hours) and for over twelve years has also been a helpline volunteer for Living Beyond Breast Cancer.

A. October 8 - November 12 | \$95
W from 6:00 PM to 7:15 PM

Mt. Airy Performing Arts, 230 E. Gowen Ave.

B. October 8 - November 12 | \$95
W from 6:00 PM to 7:15 PM

The Comfort of Your Own Home

6 sessions

QIGONG RETREAT: CULTIVATING CALM THROUGH BREATH AND MOVEMENT

Su from 3:00 PM to 5:00 PM

MB14. Discover the timeless wisdom of Qigong in this two-hour, beginner-friendly workshop designed to restore balance and boost vitality. Through gentle, flowing movement, intentional breathwork, and focused awareness, we'll explore practices that have supported wellbeing for thousands of years. You'll learn foundational Qigong forms and how to mindfully shift from stress and tension into a more energized, grounded state. This class is perfect for those new to Qigong and equally enriching for returning students looking to deepen their practice. Movements can be adapted for most physical abilities.

Paul Martin has been teaching regularly since 2000. He has trained under internationally recognized Masters in QiGong, Tai Chi, and Healing Arts. He has taught several times at the prestigious National QiGong Association Conference.

October 26 | \$39

Summit Presbyterian Church, 6757 Greene St.
at Westview

NEW YOGA WITH MASSAGE BALLS

F from 12 N to 1:15 PM

MB17. Myofascial release balls (similar to tennis balls in size and firmness) can be used in a variety of ways that are complimentary to a yoga practice. MFR balls can be used to warm up an area of the body for movement; to increase range of motion; and to decrease soreness. Because MFR techniques work with fascia (connective tissue) in addition to muscle, there are helpful system-wide effects like nervous system relaxation. In this class, we will use MFR balls to warm up a certain area for movement and then focus on range of motion in that area as we move through a sequence of yoga poses. Towards the end of class, we will use MFR techniques for relaxation.

Jen May

September 19 - November 7 | \$119
8 sessions

Unitarian Society of Germantown
6511 Lincoln Dr.

Optional Equipment: You may purchase your own massage balls (teacher recommends RAD Recovery Rounds or Yoga Tune Up therapy balls), or there will be myofascial release balls at class for you to borrow.

TIMELESS PRACTICES: FIVE ELEMENT QIGONG

W from 7:00 PM to 8:00 PM

MB15. In today's fast-paced world, many of us are experiencing increased levels of stress, fatigue, and lack of time for self-care. This Qigong class can help you replenish your energy levels, find relaxation, and enhance your overall vitality not only in your body but also in your emotions and mind. The program offers a complete routine that includes breathing techniques, warm-ups, stretching, invigorating exercises, gentle flowing movements, and a brief closing meditation. If you've been interested in learning more about these ancient Chinese fitness exercises and accessing your healing energy, this is the ideal class for you.

Kelly McLeod is a devoted Qigong practitioner with over a decade of experience. After spending 33 years in the pharmaceutical field, Kelly decided to pivot her career towards her deep passion for the fascinating ancient Chinese healing arts and obtained her certification as a Holden Qigong teacher. Kelly believes that Qigong should be a fun and accessible experience for all. She aims to create a comfortable learning environment that appeals to her students while making the practice enjoyable and relatable.

October 1 - November 19 | \$109
8 sessions

Chestnut Hill United, 8812 Germantown Ave.

NEW LOW SLOW MELLOW FLOW ONLINE

Sa from 10:00 AM to 11:00 AM

MB16. Looking to begin your day at a slower pace, reduce stress, and embrace flexibility? This ONLINE class is for you! This gentle asana class focuses on slow, gentle, low to the floor deliberate movements and stretches infused with breathwork to help you begin your day with a sense of inner peace, calm, and intention. This class is designed to help you "let go." As you mindfully move from one posture to the next, you will be encouraged to move at your own pace, listen to your body, embrace grounding, and to take breaks as needed. This class is suitable for all levels.

Tracy Shearer is an AADP Board Certified Holistic Health Practitioner, certified Holistic Nutrition, Health, and Wellness Coach, graduate of the T. Colin Campbell Foundation Plant-Based Nutrition certification program at Cornell University. She is a graduate of the yoga teacher training programs at The Kaivalya Yoga Method Academy (Ashtanga), and the Yogamu Global Yoga Teaching Academy (Meditation & Kundalini). She is a 500hr Registered Yoga Teacher with Yoga Alliance and a Certified Meditation Teacher with Meditation Alliance International.

November 1-29 | \$59
5 sessions

The Comfort of Your Own Home

CRYSTAL ALCHEMY BOWL SOUND MEDITATION

MB19. Join Anne for a relaxing sound meditation with Crystal Tones singing bowls and vocal sounding. The crystal bowls activate the crystalline nature in the higher brain centers and restore balance between your mind and body. We begin by creating an intention together. You will be introduced to the unique alchemy signatures of the bowls and begin to feel how your body responds to them. We will then be held in the expansive vibrations of a 45 minute sound bath meditation.

Anne Johnson is a graduate of The Sacred Science of Sound Crystal Alchemy Training with Jeralyn Glass. She brings her wisdom and experience from 25 years teaching the Alexander Technique into her explorations with sound healing with her Crystal Alchemy Bowls and her own voice. Anne is also teaching Alexander Technique, see page 68.

A. October 6 | \$34
M from 7:00 PM to 8:15 PM

B. November 10 | \$34
M from 7:00 PM to 8:15 PM
St. Paul's Episcopal Church
22 E. Chestnut Hill Ave.

NEW JOURNALING TO GREATER SELF-AWARENESS

Sa from 10:00 AM to 12 N

MB25. Journaling is a self-reflective writing practice that has been around since ancient times. Journaling can be a great way to increase our knowledge and understanding of ourselves, others, and the world. In this workshop, you will be provided with the tools you need to start a journaling practice. We will explore free-form journaling techniques such as the “brain dump”, as well as more structured journaling prompts, and open-ended questions designed to get you to think more deeply.

Susie Moore is a licensed therapist, with 8 years of experience working with teenagers and adults. She utilizes active listening skills with her clients on a daily basis, believes strongly in the power of these skills, and is eager to share her knowledge about this topic with others. Susie is also teaching Journaling. She is a lifelong journal writer, and is eager to share her knowledge and experience with others.

October 4 | \$39

Private home near Upsal and Greene St.

MINDFULNESS THROUGH ACTIVE LISTENING

Sa from 10:00 AM to 12 N

MB24. There is something magical that can happen when we listen to another person with our full attention, curiosity, empathy, and an open heart and mind. In this course, we will explore the act of listening as a type of mindfulness practice, where we remain grounded in the present moment, and our attention is focused on hearing and understanding what the other person is telling us. Students will learn how to convey that they are listening and understanding, such as through asking questions and reflecting. Finally, students will have the chance to engage in listening exercises and discover how active listening can deepen and strengthen relationships, as well as be helpful during challenging conversations and interactions.

Susie Moore

November 8 | \$39

Private home near Upsal and Greene St.



Susie Moore is a licensed therapist and lifelong journal writer.

LEARNING TO READ TAROT

W from 6:30 PM to 8:30 PM

MB21. Just as the decks we use are diverse, so are the ways in which we look at the cards. Examine the cards and ways to interpret them, be it through color, symbolism or sheer instinct. Learn the differences between the major and minor arcana as well as how to interpret simple tarot spreads.

Karen Bruhin is a 3rd degree initiate within the Assembly of the Sacred Wheel (ASW), a Wiccan syncretic tradition. She is the High Priestess of Tenders of the Earth Temple founded in 2011 based in NW Philadelphia. A practitioner of a variety of esoteric disciplines, Karen has been active in Wicca and the local Pagan community for the past 20+ years and has been reading tarot for 45+ years. She is a past board member for Philadelphia Pagan Pride and has previously taught at Spring Magick, Autumn Magick, Philadelphia Pagan Pride, South Jersey Pagan Pride, Sacred Space/Between the Worlds, and Free Spirit Gathering.

September 17 - October 8 | \$64

4 sessions

Chestnut Hill United, 8812 Germantown Ave.

Please bring a tarot deck to class (preferably Coleman/Waite a.k.a Rider-Waite) or a deck that you have been using for a while.

NEW WAVE EMPOWERMENT, SELF-DEFENSE, AND BOUNDARY SETTING

Sa from 10:00 AM to 12:30 PM

MB23. WAVE is a practical and empowering self-defense program that teaches safety strategies that participants can use in situations ranging from verbal harassment to physical assault. This introductory class will feature discussion and activities around the five components of self-defense (Think, Yell, Run, Fight, and Tell) with a specific focus on verbal boundary-setting skills. Participants will also be taught some easy-to-learn physical techniques. This program is trauma-informed, and designed to empower individuals and build their confidence. You don't need to be an athlete to learn self-defense! WAVE is for people of all genders, skills, abilities, sizes and body types.

Melissa McDermott serves as the Prevention and Education Director at Women In Transition, an organization that empowers people to move forward in their lives free of domestic violence and substance abuse. She brings a unique and empowering perspective to self-defense training, combining over a decade of experience in victim services and trauma-informed care with a background as a Registered Yoga Teacher and group facilitator. Melissa holds a bachelor's degree in Psychology from Thomas Jefferson University and a Certificate in Trauma Studies from Lakeside Global Institute.

November 15 | \$34

North Light Community Center, 175 Green Lane

SUPPORT YOUR AGING BRAIN!

Su from 6:30 PM to 8:00 PM

MB30. Your brain needs you! Whether you're in your senior years or in your prime, you want to operate at your top performance. Learn how diet, botanicals, herbal medicines and infrared light solutions can contribute to improved cognitive, mood, and mental function as well as enhance the neurological capacity of your brain.

Nancy Post, MAc, Ph.D., has taught health and energy seminars since 1985, is a licensed practitioner of Chinese medicine, executive coach and has taught at Temple, U Penn and the Wharton Schools. She helps individuals and organizations develop their energy.

September 28 - October 19 | \$64

3 sessions, (no class Oct. 12)

Mt. Airy Axis, 520 Carpenter Lane

\$10 materials fee payable to the instructor.

FOREST BATH IN CARPENTERS WOODS

MB33. Immerse your senses in the restorative power of nature! Known as shinrin-yoku in Japan, forest therapy has scientifically shown to reduce stress, increase creativity, and improve overall wellbeing. In this introductory session we will engage in meditation, intention-setting, and restorative forest therapy practices followed with reflection and herbal tea. You will gain a sense of peace and experience deep feelings of gratitude along with the excellent healing benefits offered by nature.

Maegan D'Amato is a licensed mental health therapist and registered 500-hour yoga therapist. She has been using mindfulness meditation to help herself and others heal for nearly a decade. As a part of this, Maegan has been guiding Forest Baths in urban settings since 2018.

A. September 20 | \$34

Sa from 9:00 AM to 10:30 AM

B. October 12 | \$34

Su from 9:00 AM to 10:30 AM

Carpenter's Woods

AROMATHERAPY TO BALANCE MOOD AND EMOTIONS

Tu from 7:00 PM to 9:00 PM

MB22. Looking for more calm, better focus, or deeper sleep? Want natural ways to lift your mood, ease stress, or soothe anxious feelings—for yourself and your loved ones? Join us for an interactive aromatherapy workshop where you'll learn how simple, safe, and affordable it is to use essential oils to support emotional well-being. You'll walk away with tools you can use immediately, including your own custom 5ml roller blend. Whether you're brand new or already love your oils, you'll discover fresh blends, creative uses, and practical tips to bring balance to your daily life.

Shannon Johnson is a certified k12 teacher, aromatherapist, and jewelry designer who uses essential oil education and jewelry making to support emotional wellness. As a licensed loan broker, she believes emotional and mental well-being for all ages is essential to building a strong foundation in financial literacy. She is a native Philadelphian but now resides in Atlanta, GA, and has been teaching with MALT for over 9 years!

October 14 | \$34

MALT Office, 6601 Greene St.

\$10 materials fee payable to the instructor.

NEW KEEPING THE SENIOR MIND SHARP

W from 9:30 AM to 11:00 AM

MB34. Senior minds need to work harder to delay cognitive decline. This unique course intends to work those minds via the use of written exercises that stimulate thinking. The mental equivalent of a physical exercise class, this course is for the senior who needs to fill in those daily hours during the day with meaningful head work. We will work on open-ended critical thinking issues; emphasis is less on getting answers correct, and instead focused on motivated thinking and forcing the mind to work. The materials used will allow students to continue on their own well past the course end.

Jerry Axelrod is a reading specialist and English teacher who has taught for 50 years in public schools and at colleges such as Penn State University and Community College of Philadelphia. He is the author of 'Education Recovery Skillbook' and of numerous educational journal articles.

October 1-22 | \$69

4 sessions

Wesley Enhanced Living, 6300 Greene St.

\$20 cash materials fee payable to the instructor for the "Education Recovery Skillbook."

ALEXANDER TECHNIQUE: RETURNING TO YOUR EXPANSIVE NATURE

Tu from 7:00 PM to 8:15 PM

MB35. This 4-week class will help you create a practice of self-care that will enliven and unify mind, body and breath. By exploring the relationship between thoughts and the physical body, Anne will guide you to release anxiety, tension and pain and return to a sense of wholeness and well-being.

Anne Johnson, a certified teacher of the Alexander Technique and Art of Running instructor, joyfully teaches in-person and online classes worldwide, through MALT (since 1995!) and for her private local students in Mt Airy. She taught at the Boyer College of Music and Dance at Temple University for 15 years. She continues her outreach to people of all ages, professions, skill levels and diverse backgrounds.

September 30 - October 14 | \$54

3 sessions

St. Paul's Episcopal Church
22 E. Chestnut Hill Ave.



Tracy Shearer

A JOURNEY THROUGH THE CHAKRAS: GUIDED MEDITATION & VISUALIZATION SERIES ONLINE

Sa from 10:00 AM to 11:00 AM

MB39. Curious about chakras? In this course you will learn, explore, and tap into each of the 7 primary energy centers or "wheels" better known as our chakras! During this series, each week we'll explore a specific chakra to learn the movements, breathwork, sounds, and affirmations which are unique to each. We'll also learn to engage tools which regulate our nervous systems, generating a sense of calm. There will be a little singing, chanting, guided meditation, visualization, and breathing to connect the body to the breath and the mind. Each participant will have an opportunity to journal, capture personal feelings, and set intentions.

Tracy Shearer is an AADP Board Certified Holistic Health Practitioner, certified Holistic Nutrition, Health, and Wellness Coach, graduate of the T. Colin Campbell Foundation Plant-Based Nutrition certification program at Cornell University. She is a graduate of the yoga teacher training programs at The Kaivalya Yoga Method Academy (Ashtanga), and the Yogamu Global Yoga Teaching Academy (Meditation & Kundalini). She is a 500hr Registered Yoga Teacher with Yoga Alliance and a Certified Meditation Teacher with Meditation Alliance International.

October 4-25 | \$54

4 sessions

The Comfort of Your Own Home

PICKLEBALL FOR BEGINNERS

Sa from 10:00 AM to 12 N

SRO3. Ready to dip your toes into America's fastest growing sport? Come learn the rules and basics of pickleball! We will master the scoring system (why are there 3 numbers?) and practice serves, strokes and volleys (never in the "kitchen," of course). By the end of the course, players will be able to independently participate in a doubles game of pickleball. Pickleball can be played indoors, and is accessible for a wide range of ages and physical abilities. No need to bring any equipment. Paddles and balls will be provided for use during the class, and the instructor can recommend paddles to purchase if you decide you want to purchase your own before, during, or after the term.

Victoria Kager is a former middle school teacher turned attorney, who has been playing pickleball for over four years. Growing up, she competed in tennis tournaments, and as an adult she has competed in pickleball tournaments. Victoria also has many years of experience teaching horseback riding.

Jaime Renman is the founder of Pickle Me Queer, an inclusive pickleball community in West Philadelphia that centers queer players and welcomes allied players in the neighborhood of all ages. Since picking up a paddle just two years ago, Jaime has taught countless beginners, both kids and adults, with a passion for growing the game and creating space for connection and joy.

A. October 18-25 | \$69

Victoria Kager

B. November 1-8 | \$69

Jaime Renman

2 sessions

Water Tower Recreation Center, tennis courts
Hartwell Ln. & Ardleigh St.

\$5 materials fee payable to the instructor for court line tape and balls.



PING PONG: FROM BASEMENT HOBBY TO CLUB PLAYER

Su from 10:00 AM to 11:30 AM

SRO1. Whether you are new to the sport or champion of your basement ping pong game, this class will help you improve. A fun sport that can be enjoyed at any age, table tennis is a great form of exercise that builds hand/eye coordination, reflexes and mental stamina. Improve with the best! Paddles are available for your use during this class. Please wear sneakers with non-marking soles.

Henry "Hank" McCoullum is a retired Master's Class Table Tennis Instructor from Pennsylvania State University. He is a credentialed coach and umpire for table tennis events. Currently, he is an active tournament participant and enjoys competing as a lifelong member of the United States Table Tennis Association (USTTA). Hank has also served on the National Governing Body of Table Tennis as Vice President of Collegiate Affairs. In this role, he coordinated and organized national competitions for the National Collegiate Table Tennis Association and the Association of College Unions International.

September 28 - October 19 | \$64

4 sessions

Trolley Car Table Tennis Club, 3300 Henry Ave.

NEW NEXT LEVEL CHESS: IMPROVE YOUR GAME

M from 6:30 PM to 8:30 PM

SRO4. Have you been playing chess for a while, but want to upgrade your game? Know the rules well but can't beat your friends yet? This class is for you! Students will build their game understanding, improve their strategic thinking, and practice against new opponents together. This course is designed for those with a Chess.com rating of 1200 or less, but anyone with a rating under 1500 will benefit.

Robert Sadler has been playing chess in casual and tournament settings for somewhere around 60 years. He has been active in Chess Clubs since college, and is currently organizing the chess club at Lovett Memorial Library on Tuesdays at 5 pm. You can find him playing chess at many other venues around the Philadelphia area.

November 3-24 | \$74

4 sessions

Mt. Airy Axis, 520 Carpenter Ln.

Chess sets will be available for you to borrow and use during class.

INTRODUCTION TO GEOCACHING, A GLOBAL TREASURE HUNT

Sa from 12 N to 2:00 PM

SR08. Geocaching is a secret, global, treasure hunt happening all the time in the world around us, with hidden geocaches located on top of the highest mountains, deepest oceans, and a neighborhood park near you. Join us in the classroom to learn the rules of the games and become a member of the global Geocacher community! Geocaching is a great hobby that has very little overhead and can add a fun activity to both your everyday life as well as your travels, vacations and family time. Families are encouraged to take this class together.

Mike Finnell is an avid player with 18 years experience in the game. He has found over 1,000 Geocaches and placed nearly 75 more in the Philadelphia Metro area, including at the MALT office. Those hides include the top five (by quality) of Philadelphia's over 900 Geocaches and have received recognition by Geocaching.com.

October 18

Individual | \$34

Parent & Child | \$39

MALT Office, 6601 Greene St.

INTRODUCTION TO BIRD WATCHING ONLINE

Su from 6:00 PM to 8:00 PM

SR10. This introductory course is designed to provide participants with foundational knowledge and skills in bird watching, focusing on the birds found in and around Philadelphia. Participants will learn bird identification techniques, key characteristics of local species, and effective bird-watching methods. By the end of the course, participants will feel confident in identifying common birds found in and around the city. While this class isn't a prerequisite to go on Troy's birdwatching walks later in the term, it is encouraged. See page 7.

Troy Bynum, owner of TB Wildlife Photography LLC, is not only an enthusiastic birder but also a passionate wildlife photographer from Philadelphia, PA. Troy's work focuses on capturing and showcasing the remarkable colors, intricate patterns, and rich textures that are abundant throughout the natural world. In his work, Troy draws attention to the oftentimes overlooked naturally occurring beauty found in the wild. Troy is on a mission to accentuate and celebrate the inherent magnificence of nature.

September 28 | \$34

The Comfort of Your Own Home

INTRODUCTION TO BOATING WITH USCG BOAT AMERICA

M from 6:30 PM to 8:30 PM

SR16. Ready to ride the waves this summer down the shore or on the Chesapeake, or perhaps even on the upper Schuylkill River? This beginner boating course offers comprehensive instruction to obtain a Boating Safety Education Certificate recognized in multiple states. Taught by a US Coast Guard Auxiliary certified instructor, it covers topics like Boating Law, Safety Equipment, Navigation, Emergencies, Trailering, Sports, and more. Completion of the course often leads to insurance discounts from many boat insurance companies. Additionally, three hands-on classes are provided for practical skills such as VHF radio use, knots, and marine chart navigation. Recognized by the U.S. Coast Guard and approved by the National Association of State Boating Law Administrators (NASBLA), this class grants certification accepted in PA, NJ, MD, DE, and others. Students will be prepared to take the certification test at the last class. The course fee includes a book and all materials.

Capt. Peter Lacey brings extensive boating expertise, piloting power, and sailboats across diverse waters, including the Atlantic and Pacific Oceans, the Caribbean, and more. With a U.S. Coast Guard Master License, Sail, and Towing Endorsement, along with certifications as a USCG AUXILIARY and US Power Squadron Certified Instructor, he's a seasoned mariner. Lacey's professional background includes sales of Marine Equipment for West Marine, and he also served in the US Navy.

October 20 - November 24 | \$85
6 sessions

United Lutheran Seminary
7301 Germantown Ave.

There is an additional \$10 fee payable to the Pennsylvania Fish and Boat Commission for the certificate.



Mah Jongg expert Barbara Delp, standing, guides her students through a recent class. With additional support from game assistants, participants quickly build skills and confidence in a lively, social setting.

MAH JONGG 101

W from 1:00 PM to 3:00 PM

SR11. Join this fun class to learn to play American Mah Jongg, an intricate tile game drawing on strategy and pattern recognition that is enjoying extraordinary popularity and growth in both social and tournament circles.

Barbara Delp, a retired attorney, has been teaching Mah Jongg for well over a decade. She enjoys introducing new players to the intricacies of the game and the basic rules of the National Mah Jongg League as well as teaching the finer points and strategies of this challenging game to players looking to advance their skills.

September 17 - November 5 | \$109
8 sessions

Unitarian Society of Germantown
6511 Lincoln Drive

First class is MANDATORY for new students of the game. New students must order the 2025 LARGE PRINT playing card from the National Mah Jongg League for \$15, available at nationalmahjonggleague.org. Do not purchase via Amazon as the quality of the cards are inferior and sometimes incorrectly printed.

MAH JONGG 201

M from 1:00 PM to 3:00 PM

SR12. For the serious players who would like to advance their Mah Jongg skills, this class offers an opportunity to gain insight into playing strategies and the finer points of this fascinating and challenging game. The focus remains on fun and meeting players with the common goal of elevating their skill level. Prerequisites include possessing an understanding the basics of play and the possession of a current year NMJL Mah Jongg card (preferably large print).

Barbara Delp

September 15 - November 3 | \$109
8 sessions

St. Paul's Episcopal Church
22 E. Chestnut Hill Ave.

If you currently do not possess the 2025 National Mah Jongg League playing card, please place your order online as soon as possible with the National Mah Jongg League, NMJL.com. I recommend ordering the \$15 Large Print playing card.

Thank you to West Mt. Airy Historic House Tour Gold Sponsors!

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Weekday Daytime Classes

Monday

ASL Level 1 p. 34
ASL Level 3 p. 35
Mah Jongg 201 p.71
Shibe Park/Connie Mack Stadium p.4
Yoga for Strength and Stress Relief p.64

Tuesday

Boxing and TRX Challenge p.50
Create Your Website w/Wordpress p.37
Doorzien Paintings p.8
Drawing and Painting for Adults p.21
Introduction to Spanish p.33
New Viewing: Themes in Art p.8
Watercolor & Drawing Foundations p.24
Watercolor & Drawing Level 2 p.25
Windows 11 Made Simple p.38
Write New York Times' Love Essay p.27

Wednesday

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Keeping The Senior Mind Sharp p.68
Mah Jongg 101 p.71
Making Art : Pastels p.24
Philadelphians in Movies & TV p.35
Real Men Stretch p.49
T'ai Chi - Yang Style: Beginning p.62
T'ai Chi - Yang Style: Intermediate p.62
T'ai Chi - Yang Style: Continuing p.63

Thursday

Zentangle® Renaissance Tiles p.19
Drawing and Painting for Adults p.21
Perspectives-Battle of Germantown p.10
Screening US Politics p.35
Taiji Qigong: Shibashi (Set 1) p.61
Uno Dos Tres - Very Basic Spanish p.33

Friday

Creative Movement/Pre Ballet p.60
Expressive Collage p.25
Fun with Watercolor Techniques p.21
Writing the Personal Essay Online p.28
Yoga with Massage Balls p.65
Yoga, a Chair and You p.63

FALL FESTIVALS

We love seeing everyone at the wonderful outdoor community festivals. This fall come visit our table at these free, fun events!

Philadelphia Honey Festival

Saturday, Sept. 6, 10am to 4pm
Wyck Historic House and Garden
6026 Germantown Ave.
wyck.org

Mt. Airy Village Fair

Sunday, Sept. 21, 11am to 4pm
Intersection of Greene St. & Carpenter Ln.
www.mtairyvillagefair.com

Mt. Airy Arts Festival

Saturday, Sept. 27, 12pm to 4pm
Allens Lane Art Center
Allens Lane and McCallum St.
www.allenslane.org

Chestnut Hill Fall for the Arts

Sunday, October 12, 11am to 5pm
8000/8600 blocks of Germantown Ave.
www.chestnuthillpa.com

Thank you to our Venue Sponsors of MALT's Fall Term!



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MALT General Policies

Non-Discrimination

Mt. Airy Learning Tree (MALT) believes our community should be truly open for everyone. We are committed to providing a friendly, safe and welcoming environment for all, regardless of race, gender, sexual orientation, disability, ethnicity, national origin or religion.

Code of Conduct

It is the responsibility of all MALT instructors and students to:

1. Foster an education community supportive of continued learning;
2. Maintain the safety and welfare of all members in our MALT community; and
3. Respect the rights of others, engage in civil discourse, and refrain from harassment or discrimination.

MALT reserves the right to remove instructors and students who engage in any disruptive, disrespectful, and/or unlawful behaviors.

Common Sense and Consideration

Common sense and consideration for others are what we aim to practice at all times. All MALT class venues may be shared with members of the public; please be respectful to all patrons of these locations.

Unacceptable behaviors include:

- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning conduct by any MALT student or instructor towards another person.
- Drinking during class in instances when alcohol is not an identified part of the class environment (i.e., wine tasting).

Consequences of Unacceptable Behavior

- Anyone made aware of unacceptable behavior is expected to comply with MALT policies, immediately. If a participant engages in unacceptable behavior, MALT will take any appropriate action, as necessary, up to and including expulsion from the course without refund.

What To Do If You Witness Or Are Subject To Unacceptable Behavior

- If you are a MALT student or instructor and witness or are subject to unacceptable behavior, or have any other concerns, please notify the MALT office as soon as possible: (215) 843-6333

Age Policy

Except where noted in our course catalog, all classes are for ages 18 and up. Adult students may not bring their children to class without explicit permission from the MALT office and instructor.

Liability

Students take courses at their own personal liability and agree to waive and release MALT administrators and staff from any and all claims. The opinions and recommendations expressed by instructors are personal. MALT is not responsible for faculty views.

Access

Access for students with disabilities varies by venue. Please let us know if you have limitations climbing stairs or have difficulty walking. Alerting us will help us make adjustments to the extent possible.

Below is a list of wheelchair accessible MALT locations:

- Center on the Hill
- Church of St. Martin-in-the-Fields
- Church of the Annunciation BVM
- Cliveden Carriage House
- Mt. Airy Axis
- Presbyterian Church of Chestnut Hill
- St. Paul's Episcopal Church
- Summit Presbyterian Church (gym)
- Unitarian Society of Germantown
- Unitarian Universalists of Mt. Airy
- United Lutheran Seminary
- Wesley Enhanced Living
- Woodmere Art Museum
- Wyck Historic House and Garden

Very Important, Please Check Your Email!

If there is a change to your class we will notify students by email. This could be due to weather or if we have to schedule a make-up class.

4 Easy Ways to Register

- 1. Online:** www.mtairylearningtree.org, by Visa or MasterCard.
- 2. Phone:** Call us at 215.843.6333 and leave a message. We will return your call.
- 3. Visit:** Open to the public on Monday - Thursday from 9 AM to 2 PM. Friday 9 AM to 2 PM, we work remotely

Deadlines Early registration is strongly encouraged. While we permit late registration, you may find that a class has filled or has been cancelled.

Returned Check Policy We must charge students \$15 for returned checks.

Age Policy Except where noted, all classes are for ages 18 and up.

Deciding Upon a Course Read the course descriptions carefully. If you are uncertain about whether a course will meet your needs, call us at 215.843.6333.

Withdrawals If you cannot attend a course, you can receive a refund, less the \$6 registration fee, by notifying us **no later than** 2 days (48 hours) before the first class begins.

- 4. Mail:** Fill out registration form on the next page. Enclose a check, money order or MasterCard/Visa number (with expiration date) and mail to:

Mt. Airy Learning Tree
6601 Greene Street
Philadelphia, PA 19119

Refunds will be issued if MALT cancels a course. Refunds or credits cannot be issued for classes missed as a result of illness, personal emergencies, or any other event beyond our control.

No Walk In Students must pre-register.

Discounts and Scholarships Discounts cannot be combined. Not available online, please call our office to register.

- **WHYY Discount:** 10% off up to two classes per term. Member number required.
- **Northwest Village Network and Shtetl 2.0™ Discount:** 10% off up to two classes per term.
- **Fern Bell Scholarship Fund:** Need-based scholarships are available; call to request financial assistance.

REGISTRATION FORM

Please call us or check online to see if your class is FULL before mailing us a check.

name

address

city

zip code

day tel.#

eve.#

email

I prefer not to receive MALT's weekly email newsletter.

Title of Course or Workshop Code (e.g. AC01) **Section** (A, B, C, etc.) **Fee**

1.		
2.		
3.		
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Subtotal:		
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Optional donation to the Fern Bell Scholarship Fund		
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6601 Greene Street
Philadelphia, PA 19119-3114

Questions: call **MALT** at **215.843.6333**

Don't forget to write start dates and locations on your calendar!
We do not send reminders.

LOCATIONS

We are thankful for the support of our neighborhood venues that host our classes each term!

Action Karate

11 W Mt Airy Ave.
Philadelphia, PA 19119

Awbury Arboretum

Cope House: 1 Awbury Rd
The Farm: 6336 Ardleigh St.
Philadelphia, PA 19138

Bella Mosaic

6780 Germantown Ave.
Philadelphia, PA 19119

Cathedral Village

600 E. Cathedral Rd
Philadelphia, PA 19128

Center on the Hill Presbyterian Church of Chestnut Hill

8855 Germantown Ave.
Philadelphia, PA 19118

Chestnut Hill Friends Meeting

20 E. Mermaid Ln.
Philadelphia, PA 19118

Chestnut Hill Hospital

8835 Germantown Ave.
Philadelphia, PA 19118

Chestnut Hill United Church

8812 Germantown Ave.
Philadelphia, PA 19118

Church of St. Martin-in-the-Fields

8000 St. Martin's Ln.
Philadelphia, PA 19118

Church of the Annunciation BVM

324 Carpenter Ln.
Philadelphia, PA 19119

Cliveden Carriage House

6401 Germantown Ave.
Philadelphia, PA 19144

Community College of Philadelphia

1700 Spring Garden St.

Essential Community Connections

8030 Germantown Ave.

Flaco's Dance Factory

411 Old York Rd.
Jenkintown, PA 19046

LaSalle University

1900 West Olney Ave.,
Holroyd Hall

MALT Office

6601 Greene St.
Philadelphia, PA 19119

Mindy Flexer Art School

5225 Greene St.
Philadelphia, PA 19144

Mt. Airy Art Garage

7054 Germantown Ave.
Philadelphia, PA 19119

Mt Airy Axis

520 Carpenter Ln.
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Mt. Airy Performing Arts Academy

230 E Gowen Ave.
Philadelphia, PA 19119

North Light

Community Center
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Philadelphia, PA 19127

St. Paul's Episcopal Church

22 E. Chestnut Hill Ave.
Philadelphia, PA 19118

Summit Presbyterian Church

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Philadelphia, PA 19119

Trolley Car

Table Tennis Club
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Philadelphia, PA 19129

Unitarian Society of Germantown

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Philadelphia, PA 19119

Unitarian Universalists of Mt. Airy

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